

Library

2020

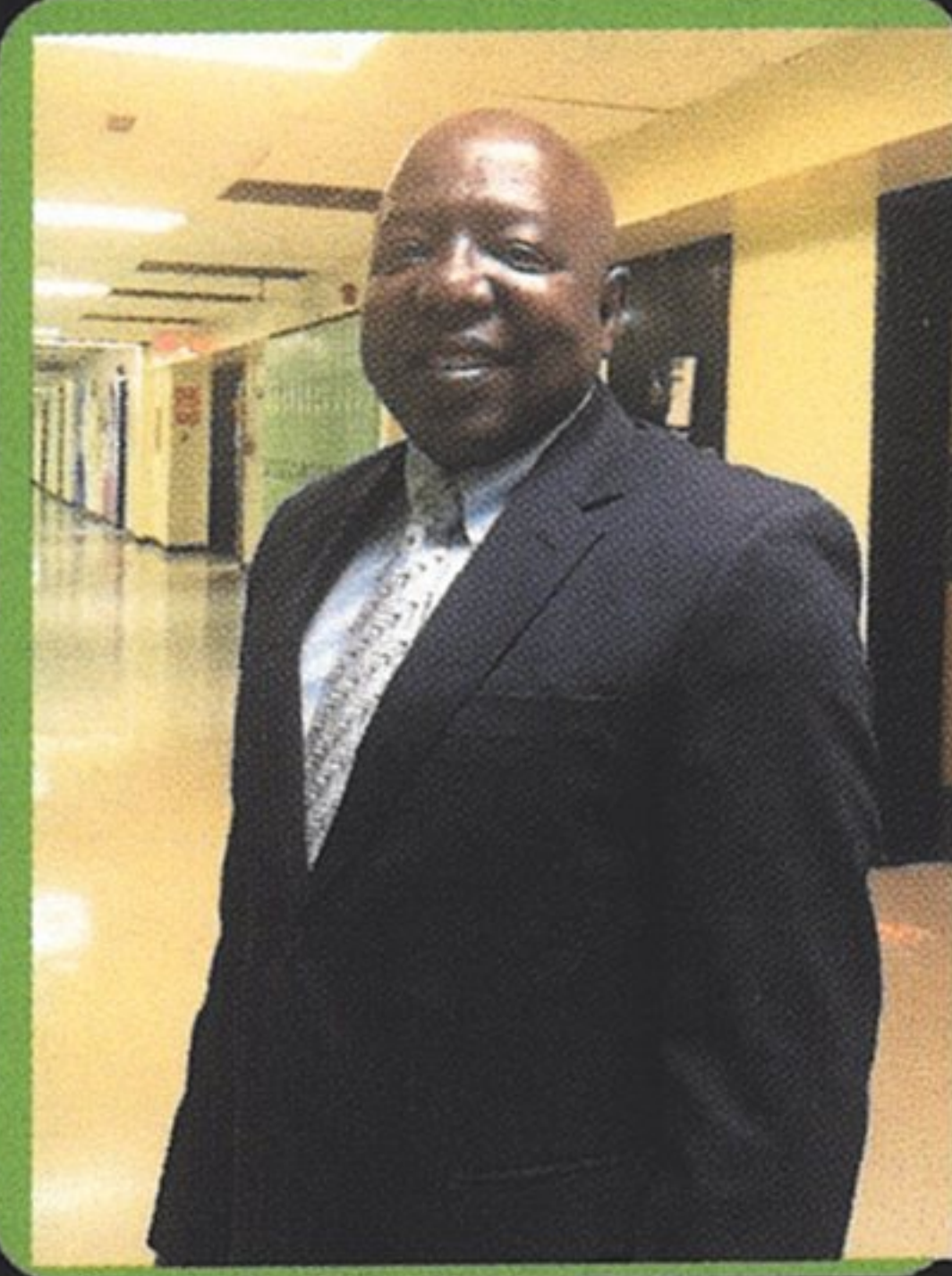
WESTVIEW
CENTENNIAL
SECONDARY
SCHOOL

2021

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ADMINISTRATION



Dr. M. Gala, Ph.D.
Principal

This year has been unlike none in recent history. This is the year that has seen many changes in the way curriculum is delivered. Many of us were able to adapt to the new realities. Some of us struggled and are still struggling. I would therefore start by saying that whatever your response was, it is absolutely okay. I have seen resilience in our staff, students and parents that is beyond compare. With this winning spirit, I have little doubt that we shall overcome. As a school, we are committed to ensuring that every Westview student gets a high-quality education. You have my promise that we will not leave anyone behind with full recognition that some of us are going to need a lot more non-academic attention than others. With the ramping up of vaccinations, we are already seeing a ray of light on the horizon. Stay safe and keep fit.

Hello Westview family!

Westview has become my second home. As I finish my third year here, I can't believe how fast the time has gone. This year has been 'another' year like no other and the pivoting we have all had to do has been a lot of work and has required adjusting and flexibility. I am so proud of all students and staff at Westview that have shown the true Wildcat spirit and kept the learning moving. I continue to learn and be inspired from all of you! I have truly missed seeing all your faces in the halls, classrooms, and my office this year. I look forward to a new year at Westview with the school full of energy, spirit, and learning.

To the graduating class of 2021, you are all examples of determination and hard work and should all be very proud of your achievement!! I wish continued success as you venture from your Westview home on to new adventures. Congratulations!!!

I wish you all a safe and restful summer and see you all in the fall!



Ms. K. Lorenzi
Vice-Principal

Wow what a year for me to join Westview! I have always wanted to come to Westview. I heard about how amazing the students are and about all the amazing things the staff do during and after school for students. With so much of those opportunities not happening due to COVID, I still saw amazing students working hard and doing their best to overcome a challenging year with staff supporting despite so many challenges we have all faced. I look forward to next year and seeing even more greatness and being able to learn with and from you!



Mr. B. Zoras
Vice-Principal



Ms. C. Lee
Vice-Principal

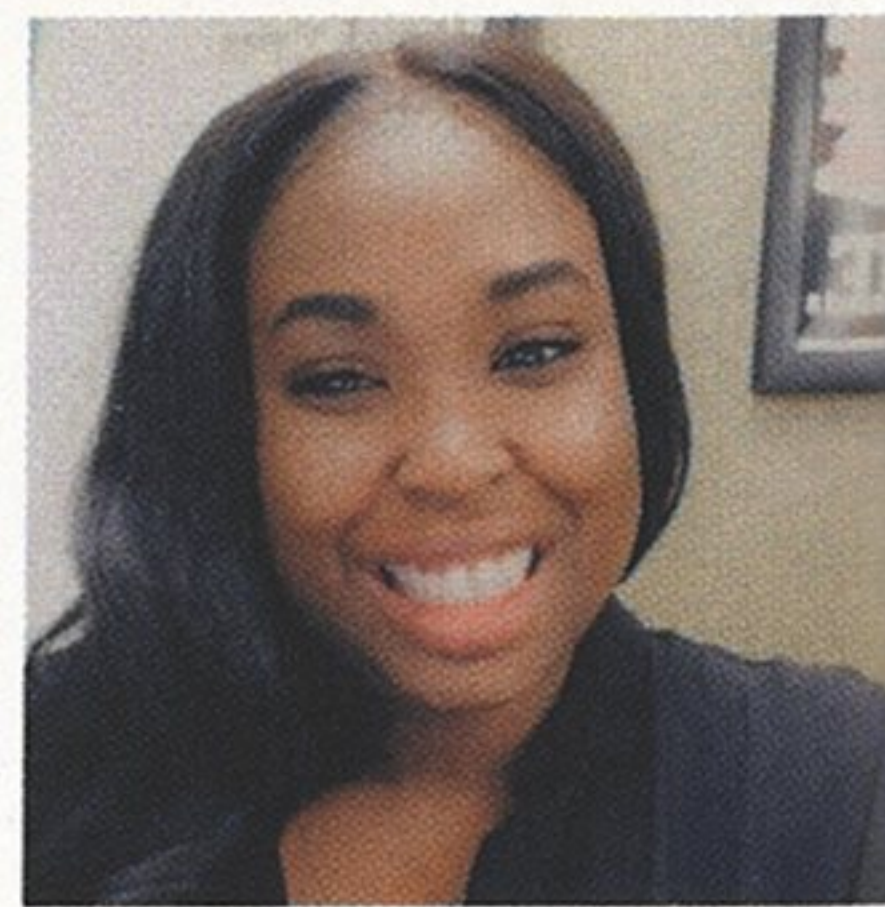
Congratulations to students and staff for completion of another school year. The 2020-2021 school year is surely one for the history books! I am so proud of all of you for your commitment, dedication, perseverance, focus, determination, and your willingness to learn. To our graduates, we wish you the very best for the next chapter in your lives. For Wildcats returning next year, we look forward to another year of hope, inspiration, love, and success. The journey continues.

Huge kudos to the Yearbook Team and staff advisor, Ms. Cooke. Your efforts have gone above and beyond to produce this compilation of lasting memories.

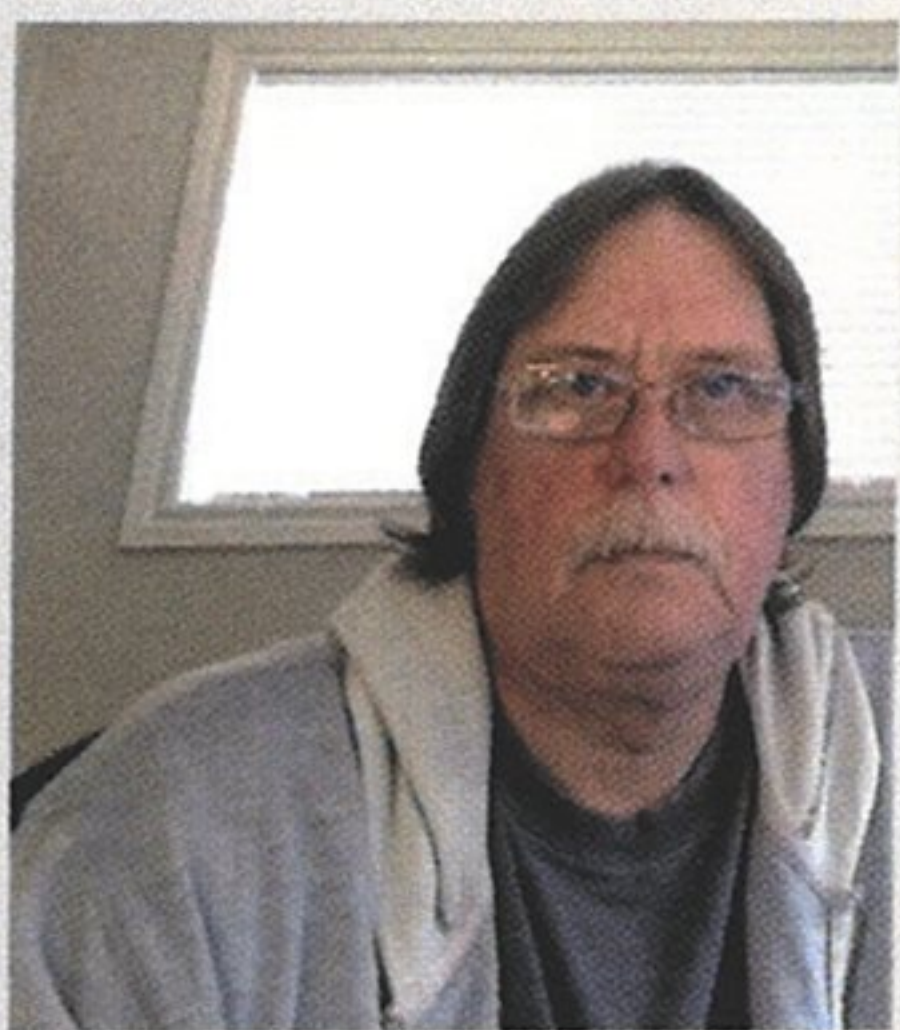
As I write this, schools are closed, and we are all ordered to stay home. Continue to support, care, and love each other. Seize the moment. Stay positive. Stay safe.

DEPARTMENTS

The Arts



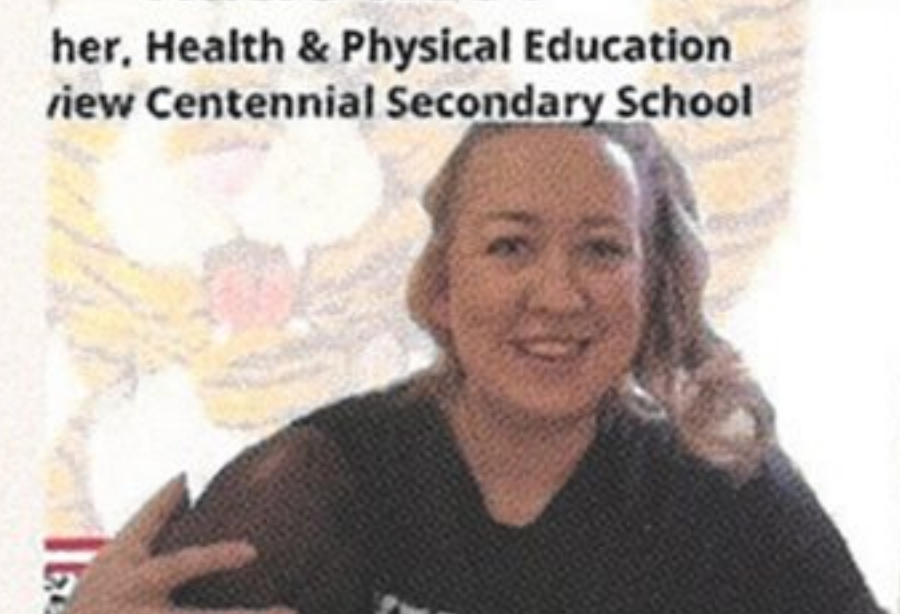
Ms. I. Alexandrova, Ms. B. Cooke, Ms. T. Engesser-Chung, Ms. J. De Francesco, Ms. C. Griffith. Absent: Ms. A. Medeiros. Virtual School: Ms. S. Backman, Mr. A. Soares



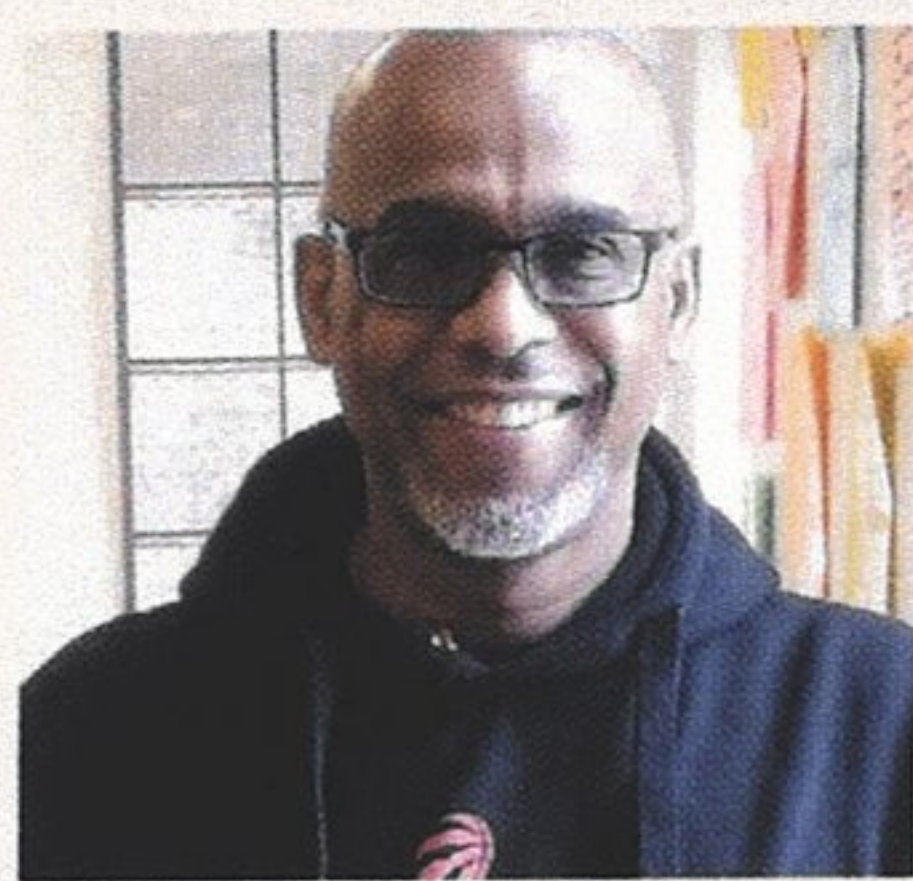
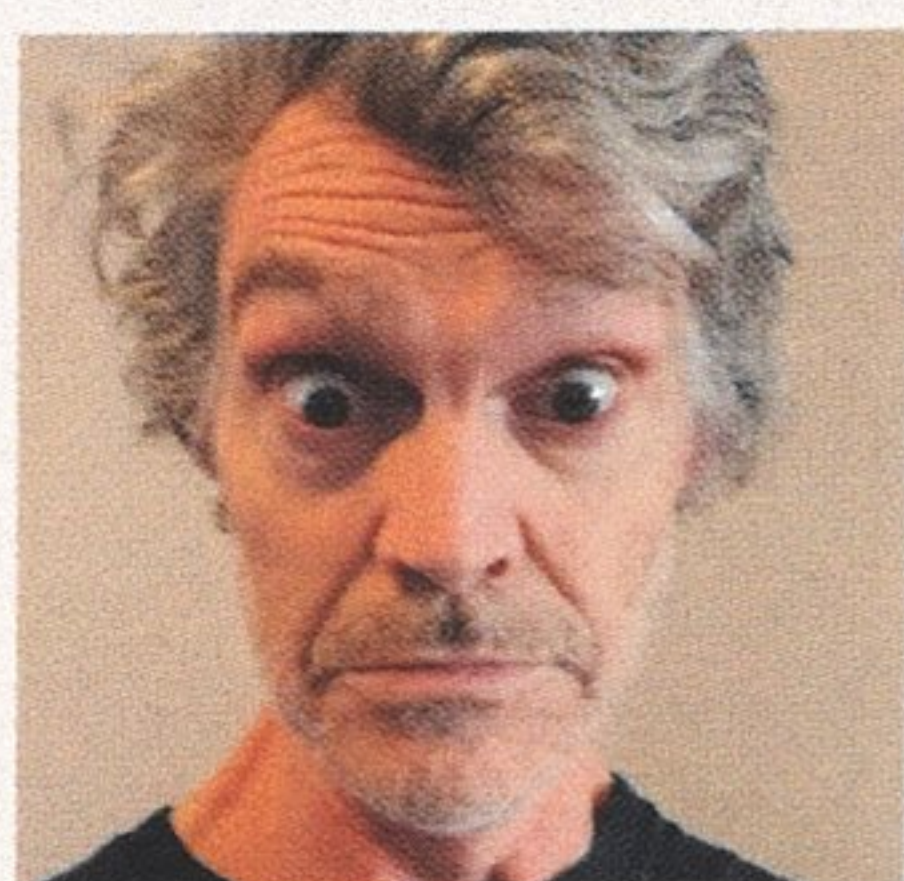
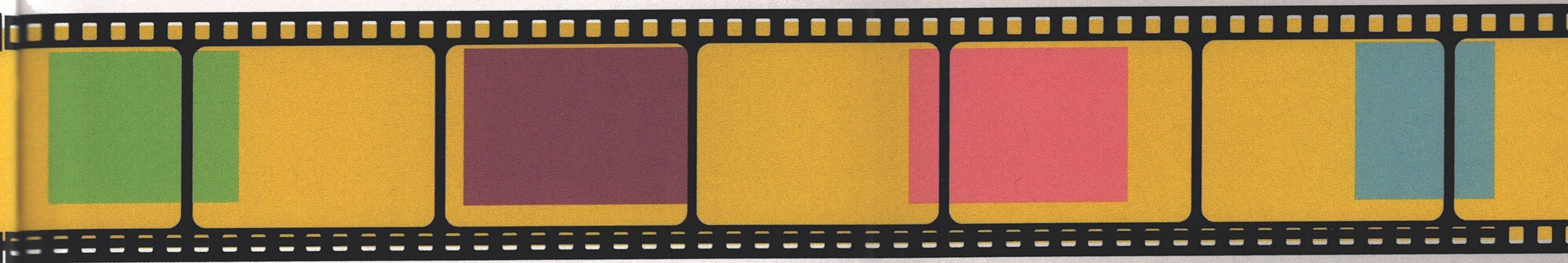
Business and Cooperative Learning

Mr. P. Baxter, Ms. A. Foyle, Mr. D. Mohr. Virtual School: Ms. N. Dindial, Ms. A. Meilach

Contemporary Studies



Ms. J. Darlington, Ms. J. De Francesco, Ms. A. Ionescu, Mr. K. MacTavish, Ms. S. Martin, Mr. D. Mohr, Ms. M. Moro, Ms. K. Root, Ms. M. Shivanandan, Mr. B. Taborek. Absent: Mr. A. Donais. Virtual School: Ms. S. Issacs, Ms. J. Lossigio

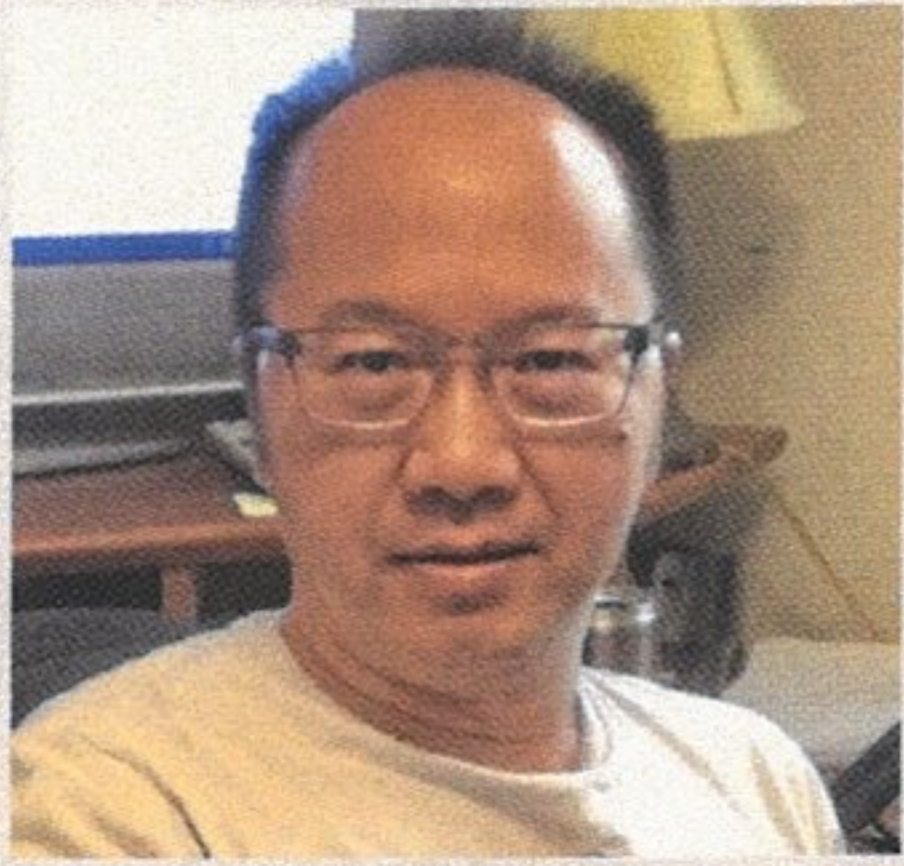
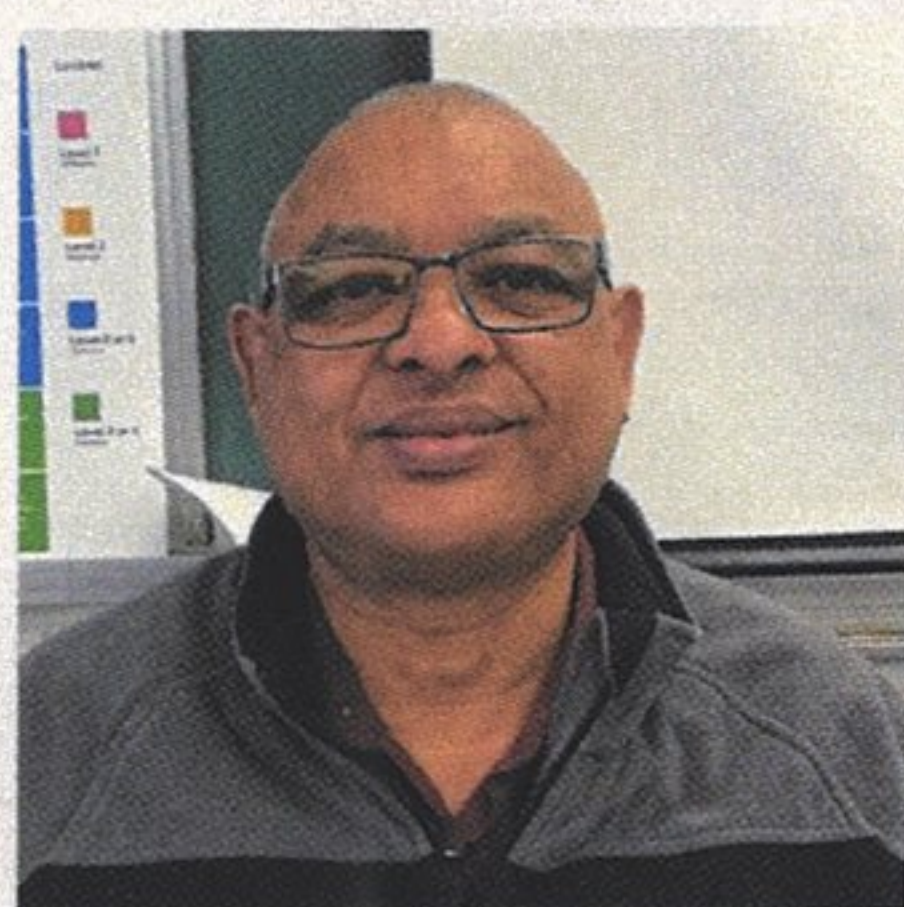


English



Ms. K. Anwer, Mr. T. Douglas, Mr. E. Gaskin, Ms. C. Griffith, Ms. M Karunamoorthy, Mr. M. Petrozzi.
Virtual School: Ms. B. Ferracane

Math



Ms. S. Agha, Mr. D. De Cicco, Mr. V. De Freitas, Ms. A. Devasahayam, Ms. T. Engesser-Chung, Ms. L. Lin,
Ms. T. Nguyen, Ms. V. Quan, Mr. D. Vu, Ms. S. Youn. Virtual School: Ms. A. Lam



Moderns and English Language Learners



Ms. M. Gupta, Ms. A. Ionescu, Ms. M. Marmillod, Ms. S. Martin, Ms. M. Moro, Ms. M. Shivanandan.
Virtual School: Ms. S. Backman, Ms. N. Walker



Office Staff



Ms. P. De Andrade, Ms. R. Pedota, Ms. S. Tran. Absent: Ms. G. Petrolo, Ms. C. Manuelle.



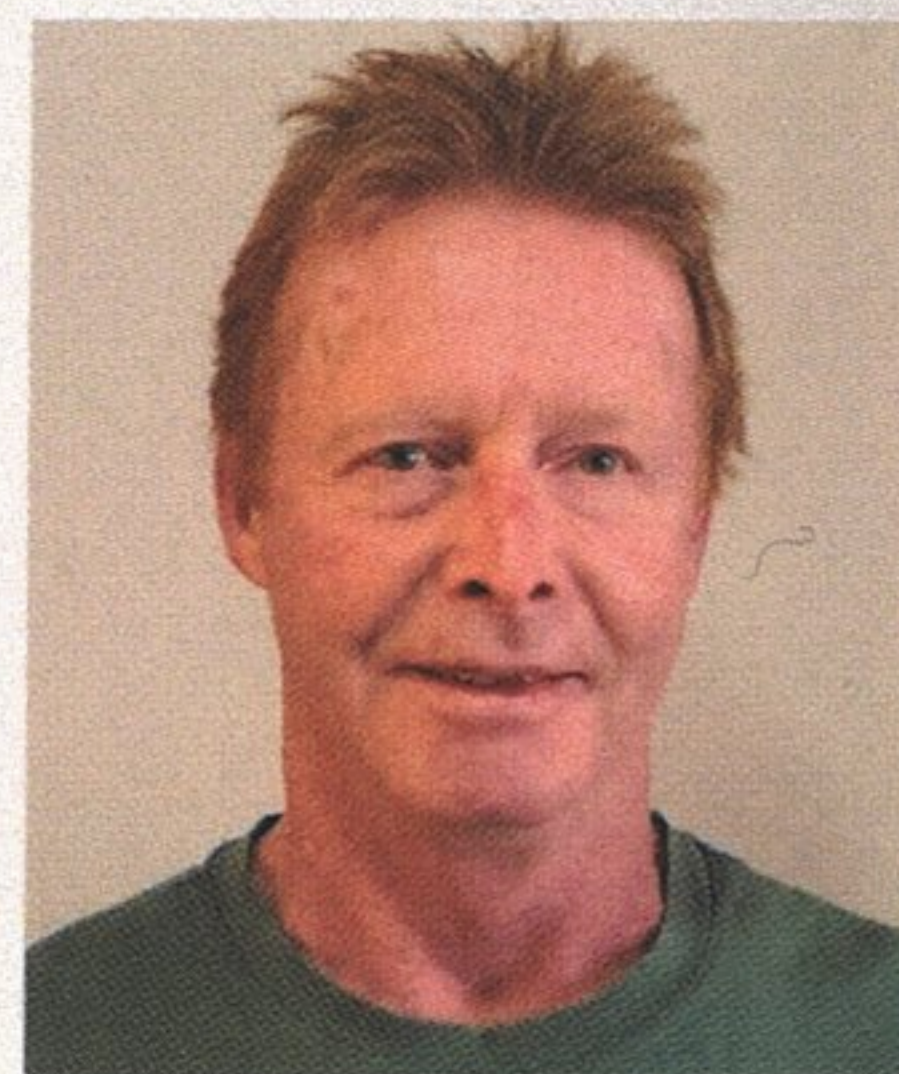
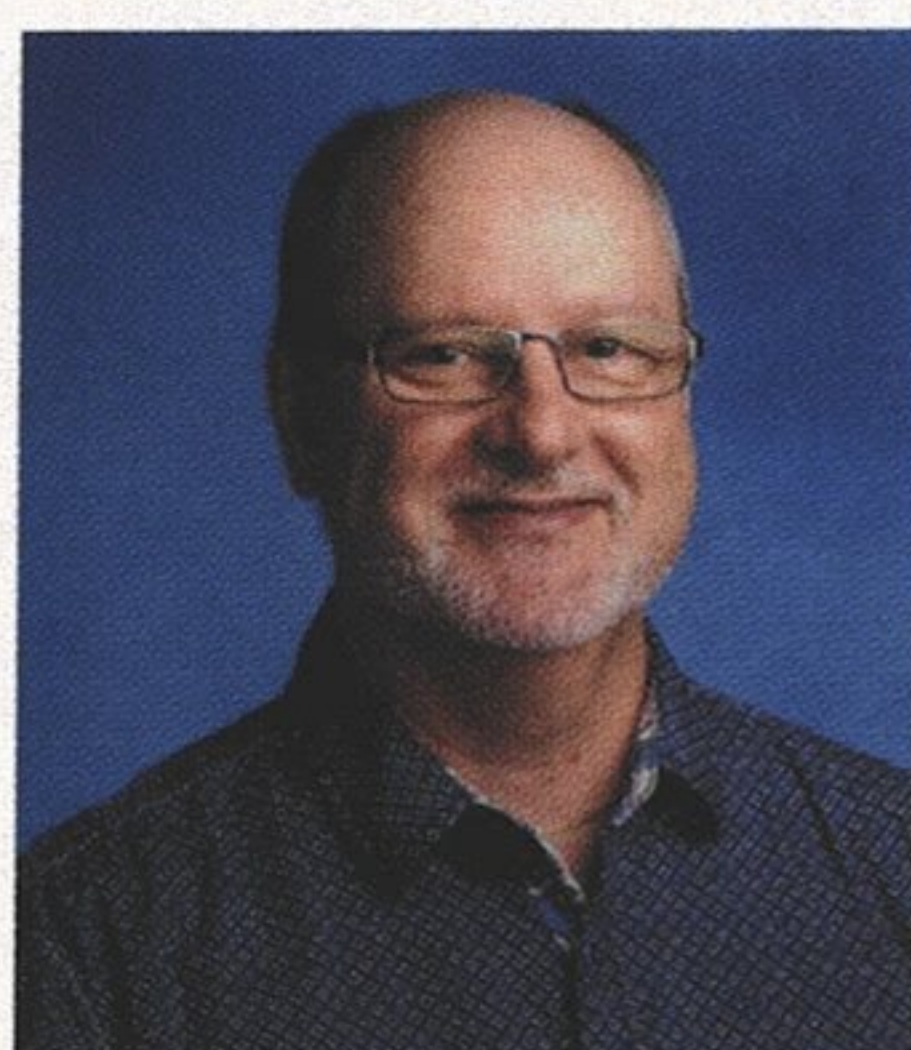
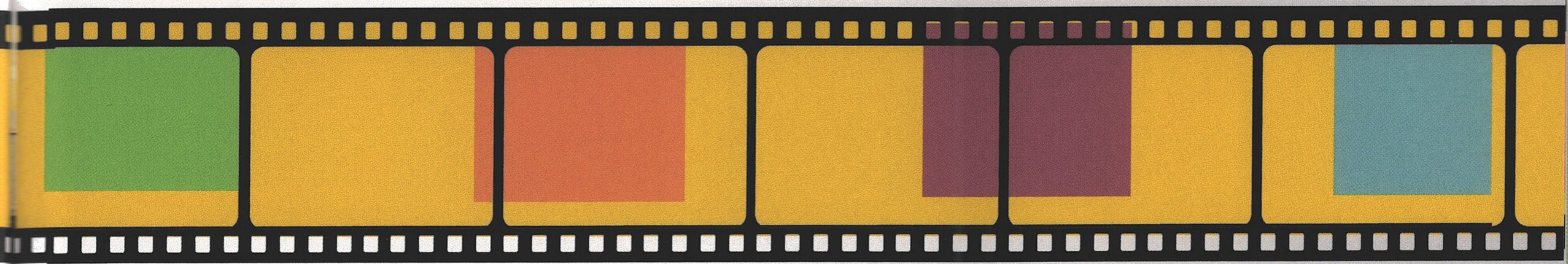
Physical Education

Mr. E. Paisley, Ms. A. Clarke, Mr. A. Cheung, Mr. R. Melendez, Ms. N. Huynh, Ms. K. Root
Absent: Ms. R. D'Andrea, Ms. L. Malile

Science



Ms. P. Brown, Ms. G. Chowdhury, Mr. D. DeCicco, Ms. A. Devasahayam, Ms. M. Gupta, Ms. N. Paul.
Absent: Mr. H. Kamal Eddine, Mr. A. Shakur



Special Education

Ms. I. Alexandrova, Ms. M. Shivanandan, Mr. G. Smith D. Vaughan. Absent Mr. L. Dubinsky, Ms. A. Mangal

Education Assistants



Ms. R. Nanton, Ms. M. Nyman, Ms. J. Ramdass, Ms. F. Rahmati, Ms. A. Wilson
Virtual School :Mr. K. Phagoo



Special Education: The DD Department

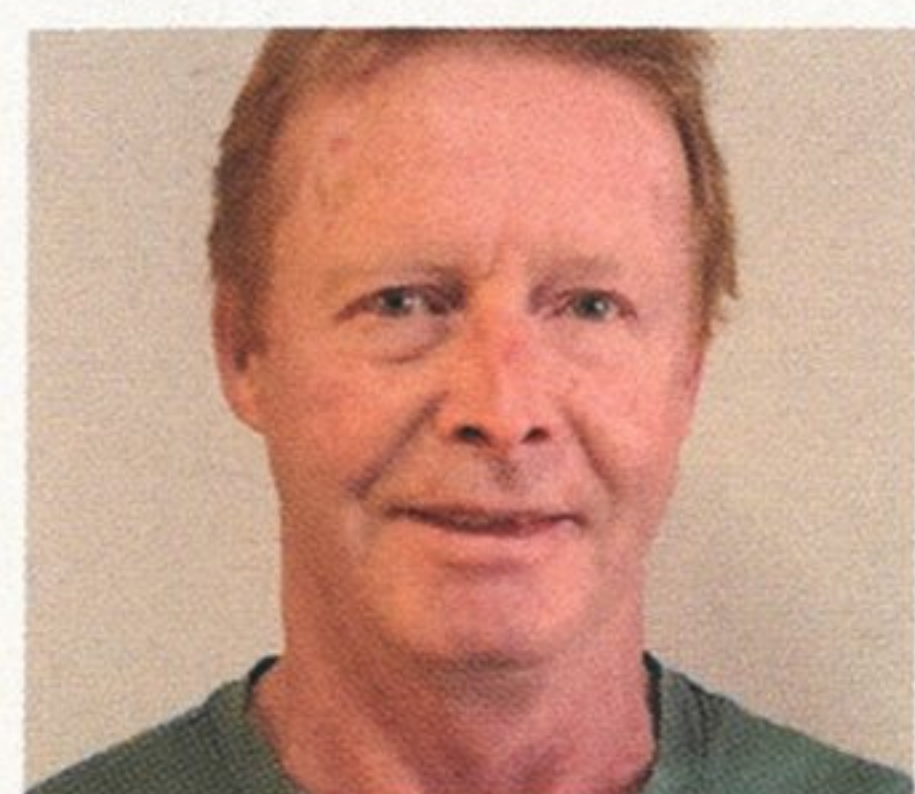
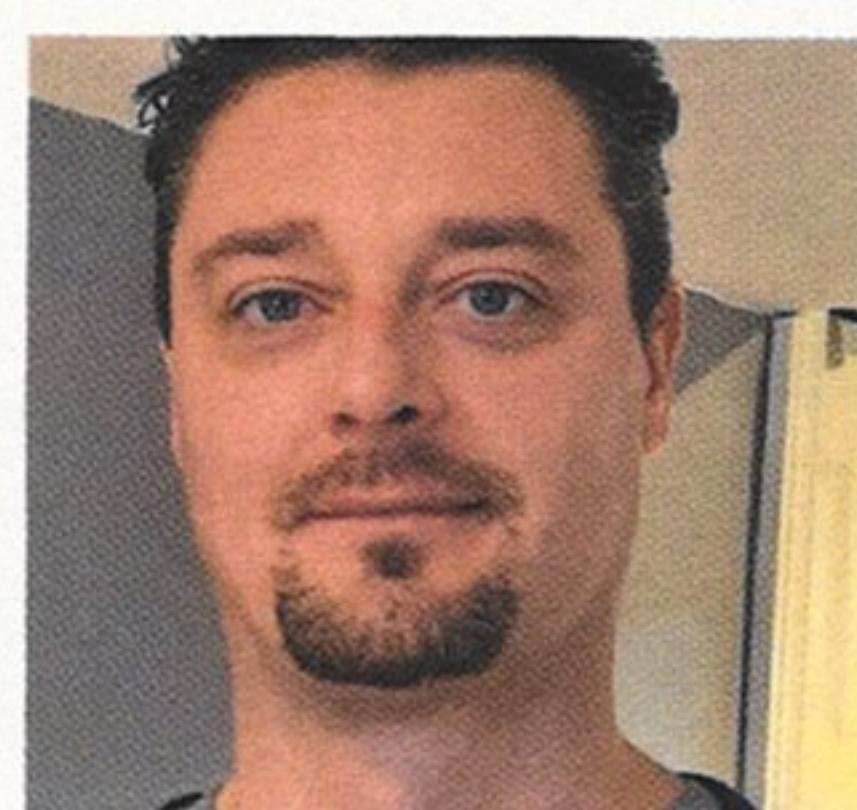
Ms. G. Chowdhury, Mr. H. Lindsay, Ms. C. Omoryui, Absent: Mr. S. Dawa, Mr. J. Starfas.

Education Assistants DD



Ms. C. Abimboye, Ms. S. Meulendyk, Ms. C. Ramsay, Ms. Z. Ranmal. Absent: Ms. L. Gjergjeli, Ms. C. Pinto, Mr. W. Tahir, Ms. A. Williams

Student Success



Mr. D. DeCicco, Mr. R. Fields, Ms. L. Malile, Ms. N. Subban, Mr. D. Vaughan. Absent: Mr. A. Donais

Student Support Services



Ms. S. D'Addamio, Ms. N. Chada, Ms. K. Gordon, Ms. M. Moro, Ms. S. Picente. Absent: Ms. N. Franklin, Ms. S. Meynert, Ms. G. Pathmanathan



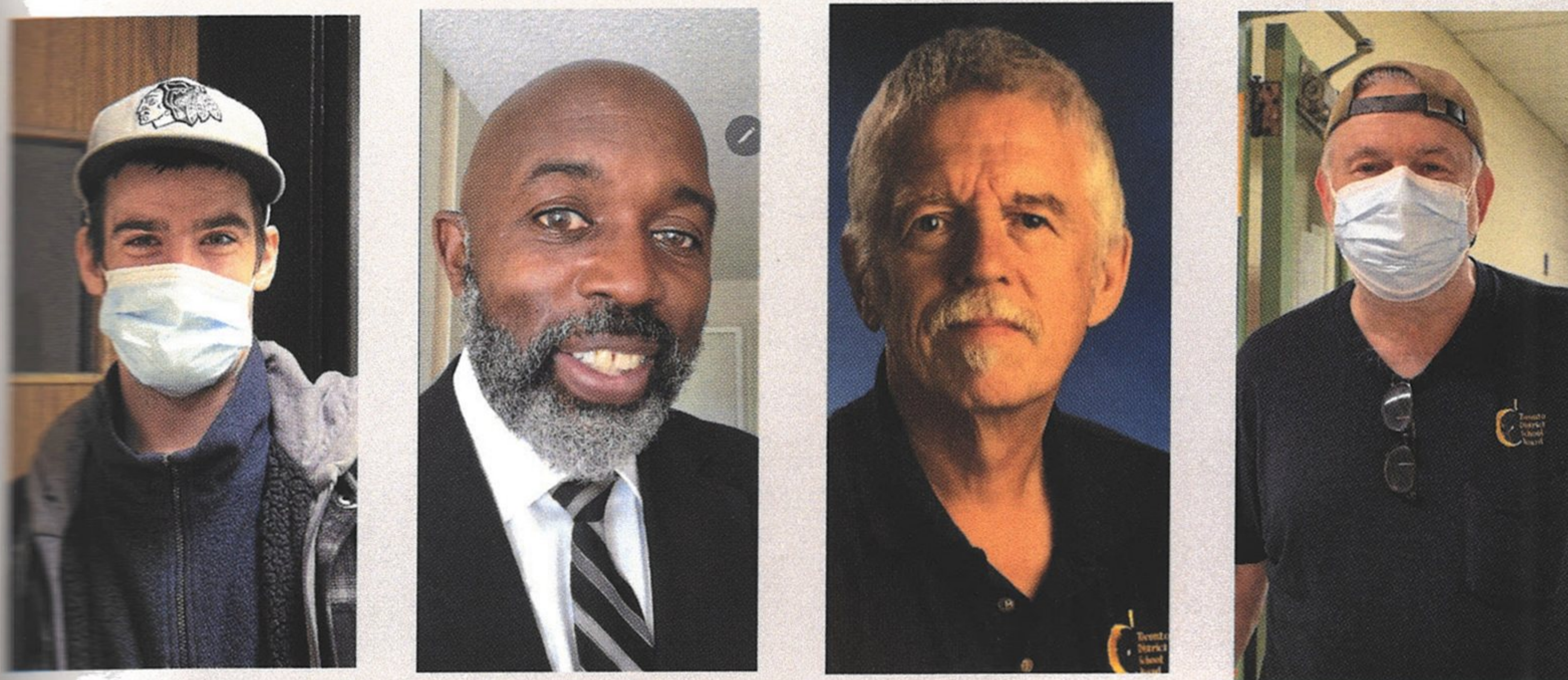
Technology

Mr. P. Baxter, Ms. B. Cooke, Ms. N. Huynh, Ms. V. Kwan, Mr. R. Melendez, Ms. A. Salvatore
Absent; Ms. B. Koshy, Mr. U. Macdonald, Ms. C. Sachamis



Safety Monitors

Mr. N. Agbonifo, Mr. K. Glasgow, Mr. C. Blackwood Absent: Mr. Y. Roble



Caretaking

Mr. B. Atchison, Mr. D. Bannis, Mr. R. McKay, Mr. R. Sturino. Absent: Mr. C. Abraham, Mr. C. Cassells,
Ms. L. Da Silva, Mr. P. Giuca

WELCOME BACK WILDCATS

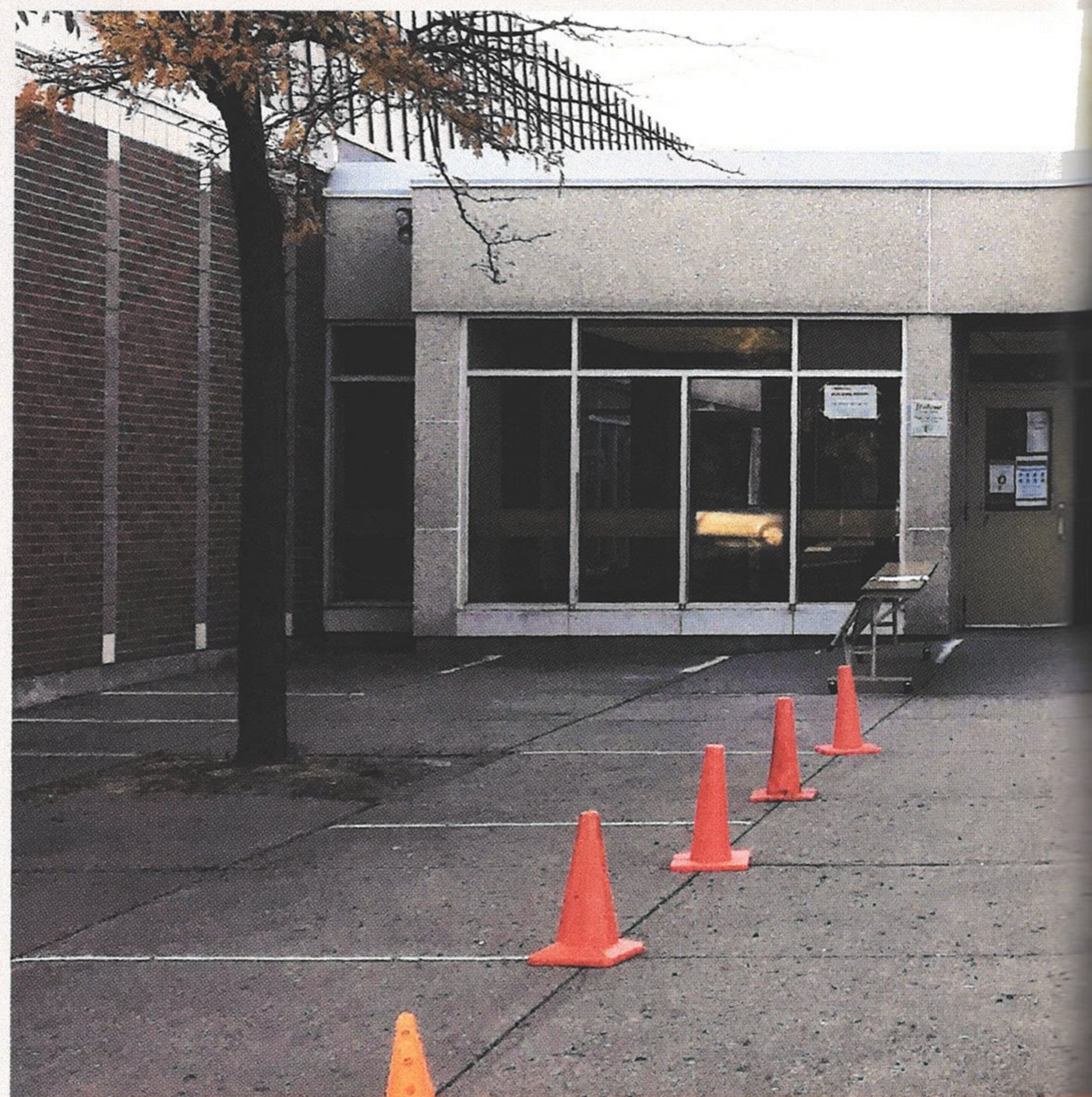
On September 15th, 2020 students returned to Westview Centennial Secondary School after a six month lockout. The pandemic has been hard on everyone including teachers and Westview's administrators. When students returned to school they had some insight on what the new school year would be like from the school's communications and the information from the news. "We've been locked up in our homes for so long and just getting out and getting back to school, kinda felt normal to a certain extent," said Mr. Blackwood, one of Westview's hall monitors and the junior basketball coach.



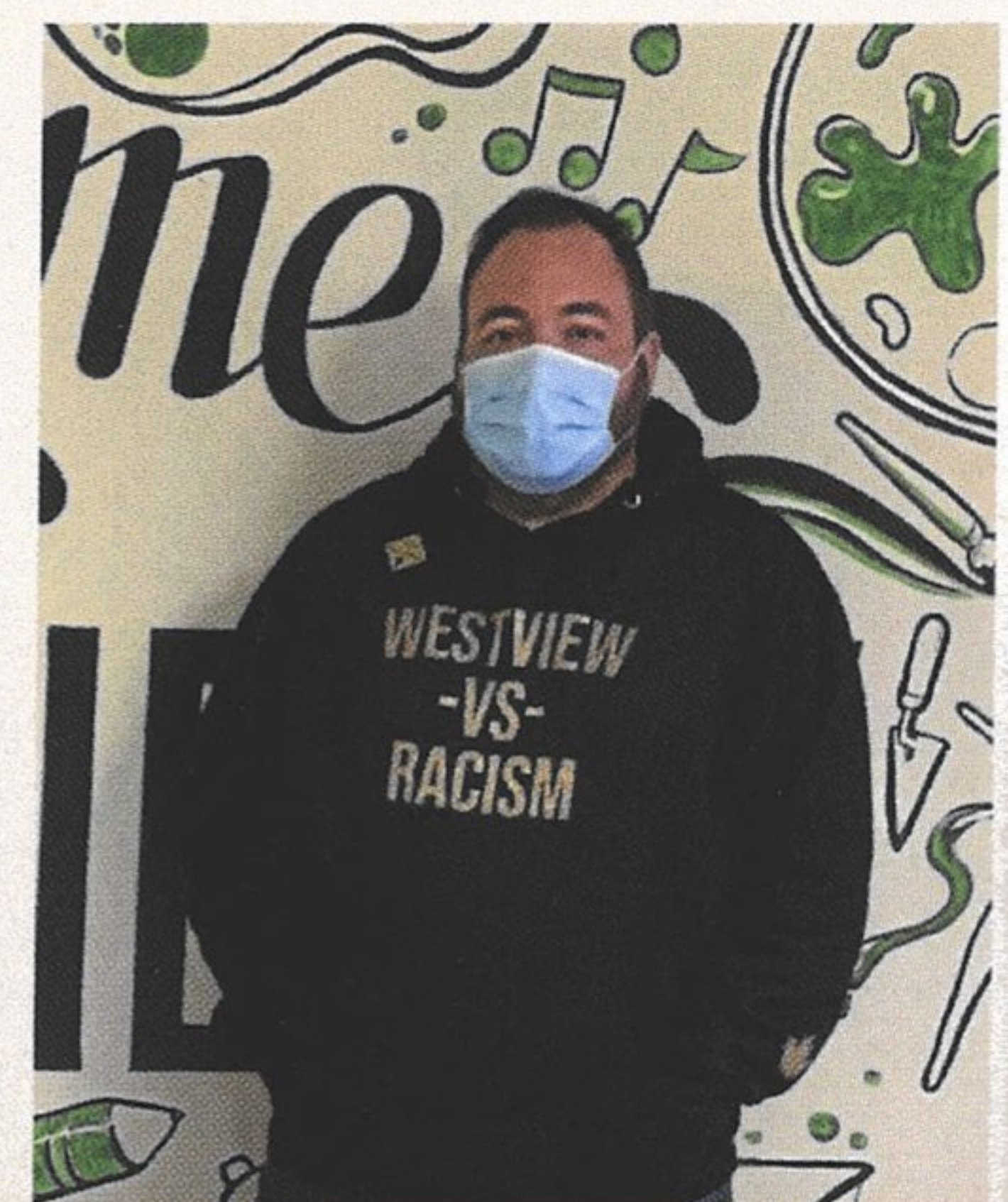
Water Fountains were not able to be used because of cross-contamination.



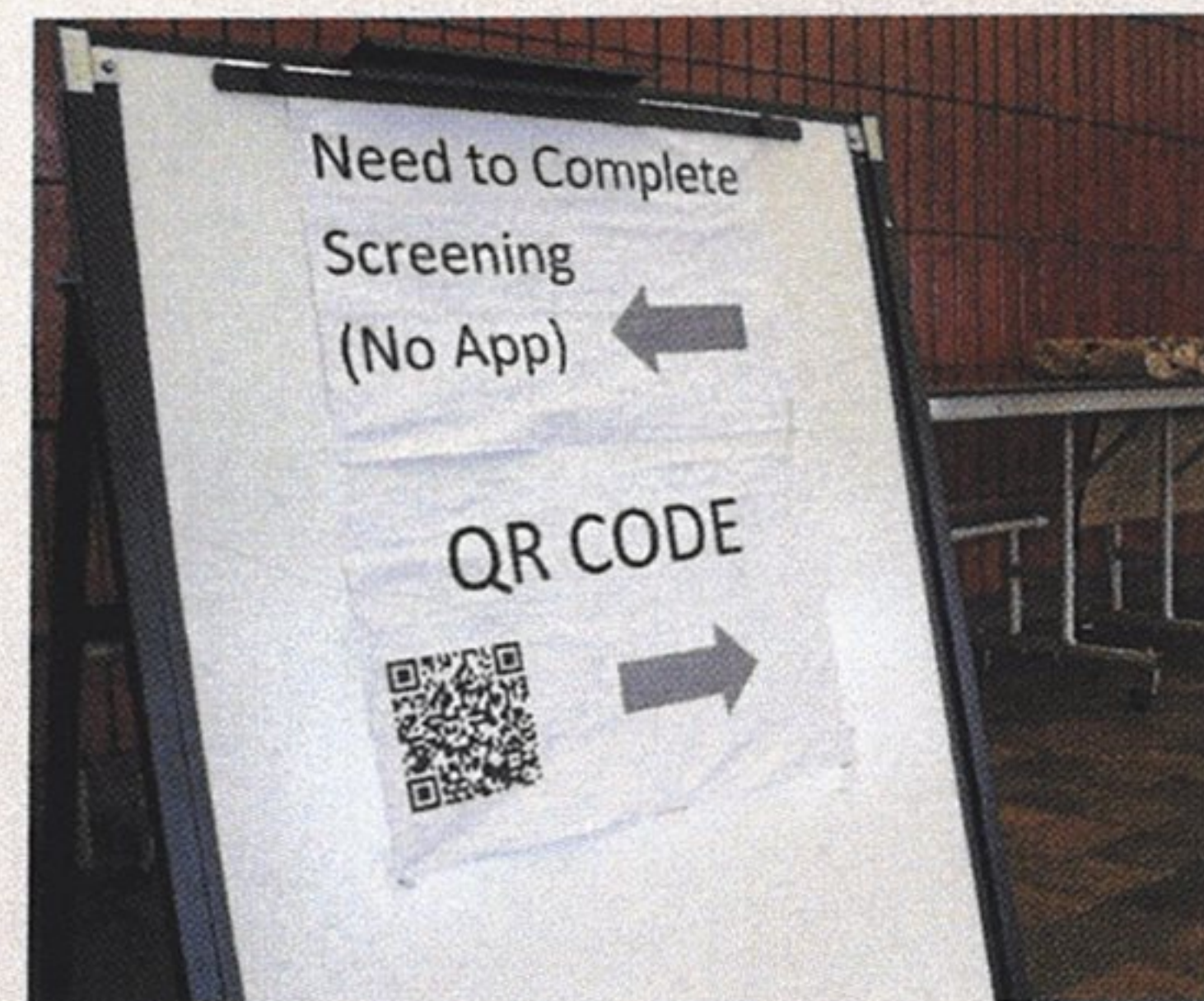
Westview was stocked up on cleaning supplies.



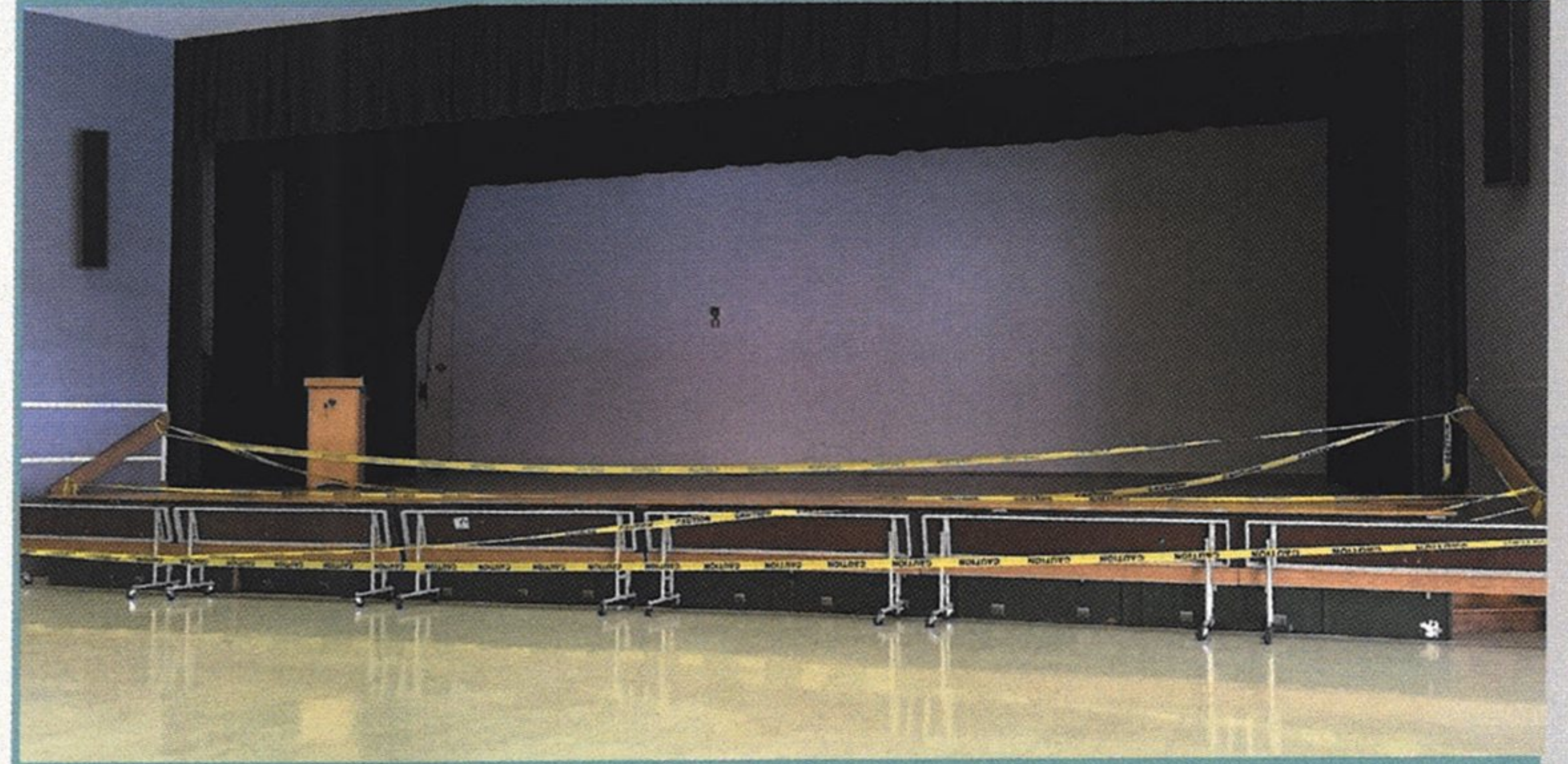
The administration team of Mr. Gala and Ms. Lorenzi and new vice-principals, Mr. Zoras and Ms. Lee along with the hall monitors helped students to enter the school and find their classrooms using the new safety protocols.



Commenting on the difficulties that schools face this year, Mr Zoras said "... I have multiple different plans, so for example right now I'm doing the schedule for next year, and so if I'm trying to get the schedule ready ... are we going to be semestered? are we going to be quads? You know that type of stuff."

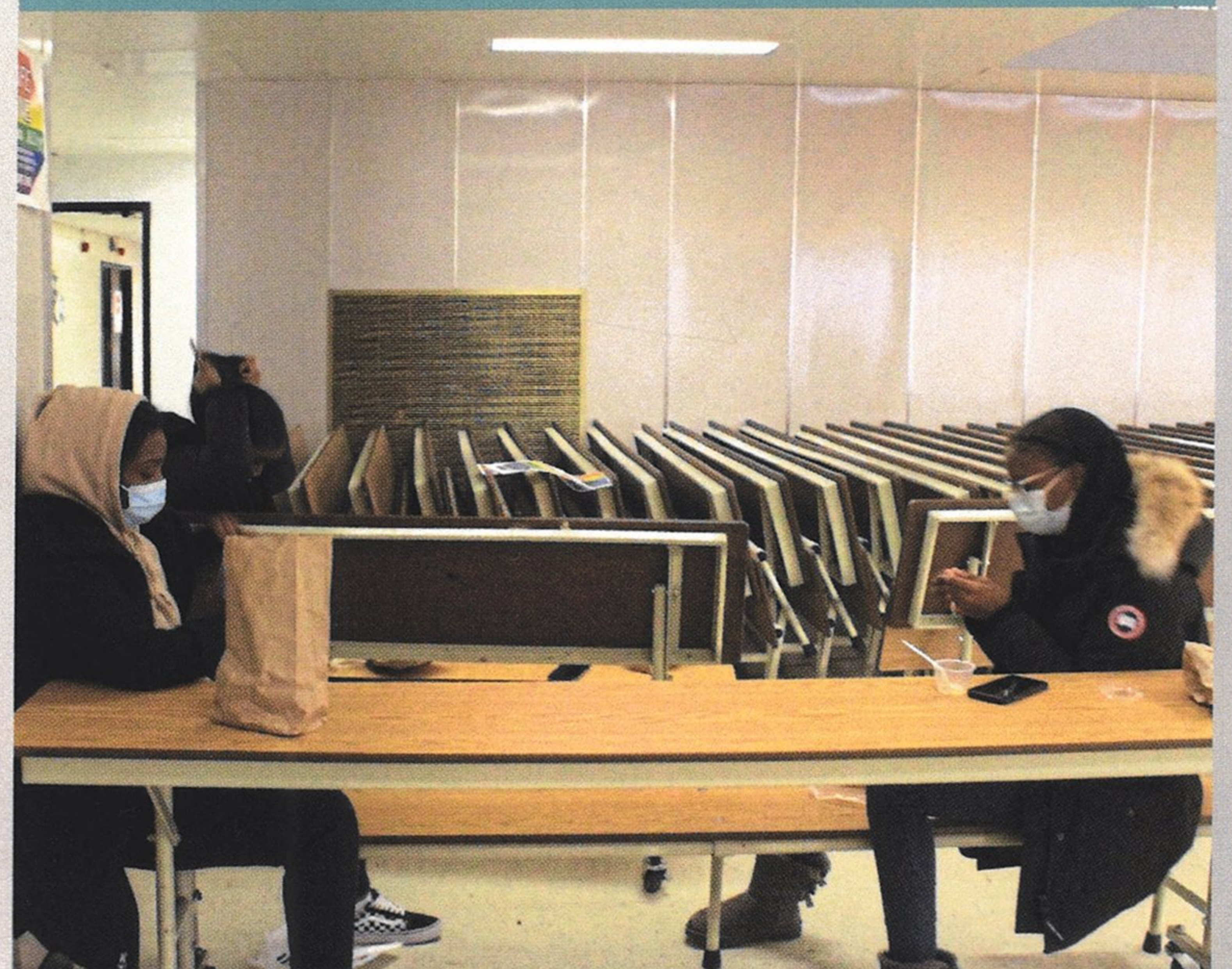


BREAK TIME!



Even though the school year was unlike anything anyone had experienced, Westview still made an effort to make everyone feel comfortable. One the fall weather grew colder the Cafetorium was made available to teachers and students during classroom breaks. That is something everyone also had to adjust to.

That, and the three hour long classes that sometimes were boring because of their length and lack of socialization. Luckily the school had Mr. Glasgow dj in the cafetorium which livened things up.



Run Like TERRY

"It's Got To Keep Going Without Me"

Who was Terry Fox ?

Terry Fox was not only a legend, but a Canadian athlete, and a cancer research activist. He was born on July 28, 1958. In 1977, Terry Fox was diagnosed with Osteogenic Sarcoma (Bone Cancer). After losing his right leg to cancer at the age of 18, Terry Fox decided to run across Canada to raise awareness and money for cancer research. The annual Terry Fox run has raised more than 800 million dollars as of 2020. To this day we never cancel the Terry Fox Run.

"The idea of hope, being able to fundraise and to bring awareness to an issue that seemingly becomes bigger and bigger is the reason why we don't cancel the Terry Fox Run," said Phys ED teacher Ms Root. Terry Fox only had one goal: a cross-country run to raise money for cancer research. He called it, "The Marathon Of Hope." Terry Fox started his run in St. John's, Newfoundland, but unfortunately was forced to stop at Thunder Bay, Ontario on September 1, 1980. After 143 days, Terry's cancer had spread to his lungs and he died on June 28, 1981.



Mr. Paisley above left and this year's participating students



Our Terry Fox Run

This year marks 40 years since the Terry Fox Run began. Over 9,000 schools participate in the Terry Fox Run in Canada each year. In September of 2019, approximately 15 classes at Westview participated in the school run. "Terry Fox demonstrated courage and resilience when he embarked on his Marathon of Hope," said Ms Clarke. He was able to draw awareness to the struggles that those suffering from cancer experience. To show our appreciation and for him to know that his Marathon of Hope still exists, our school fundraised over \$500 that year.



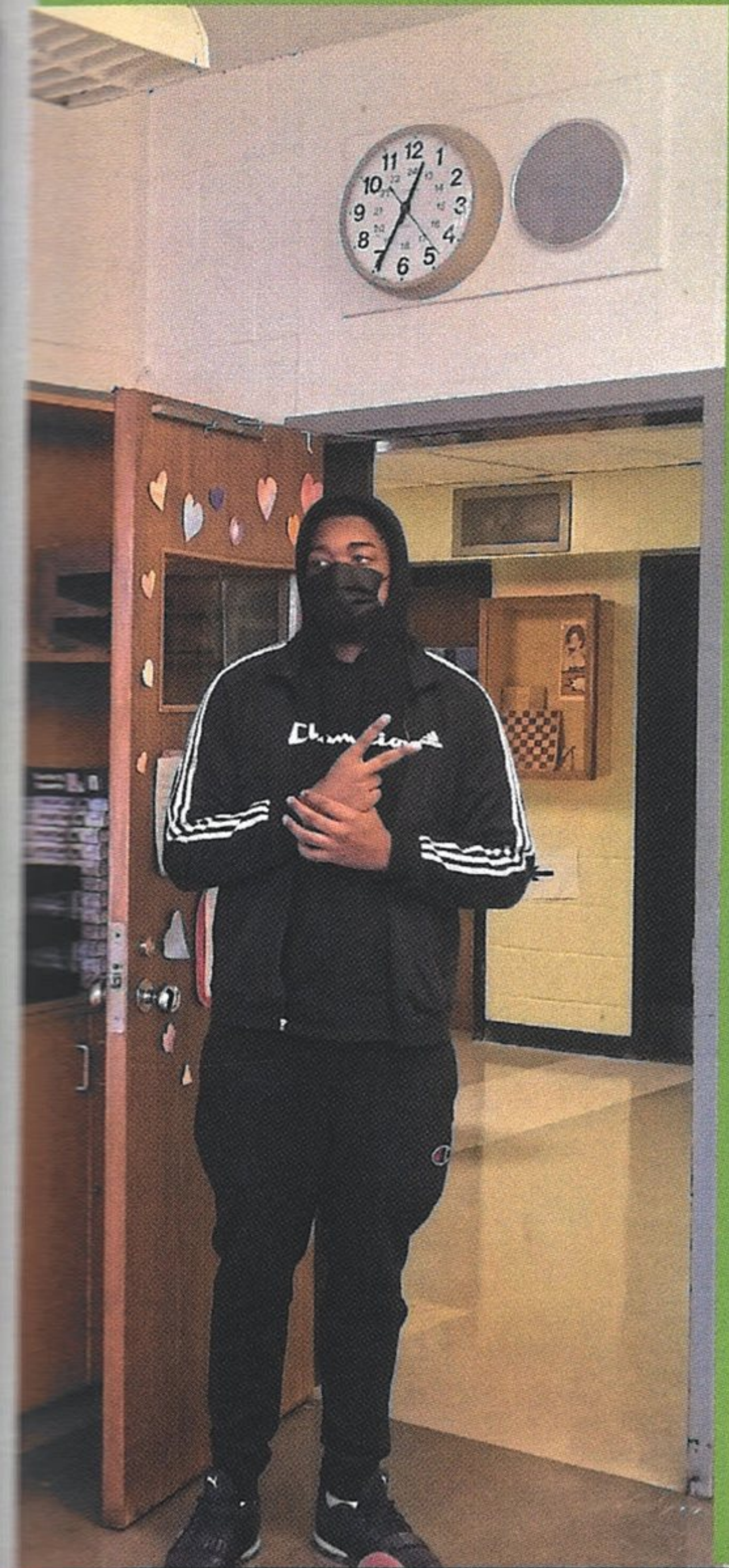
leadership

class

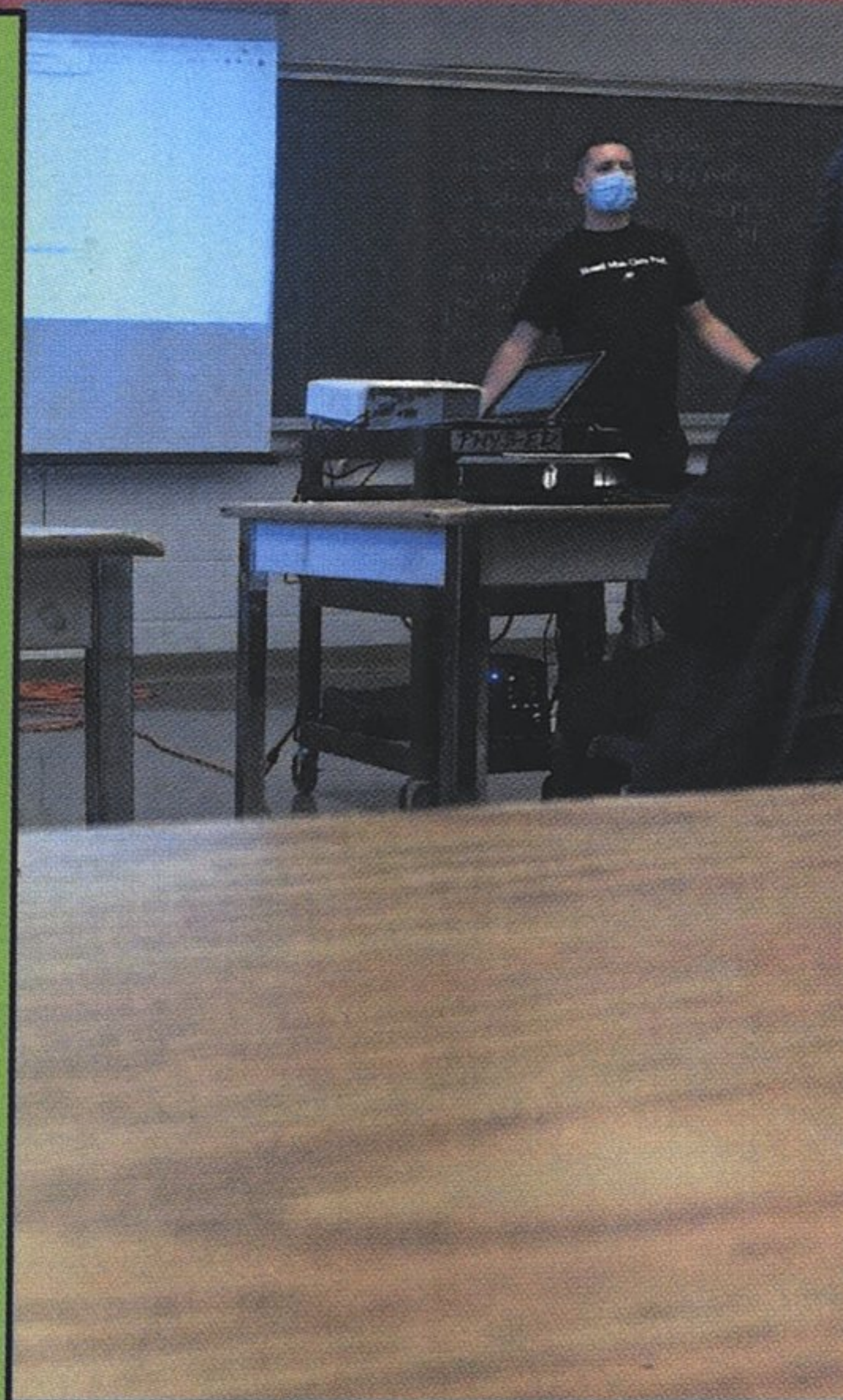
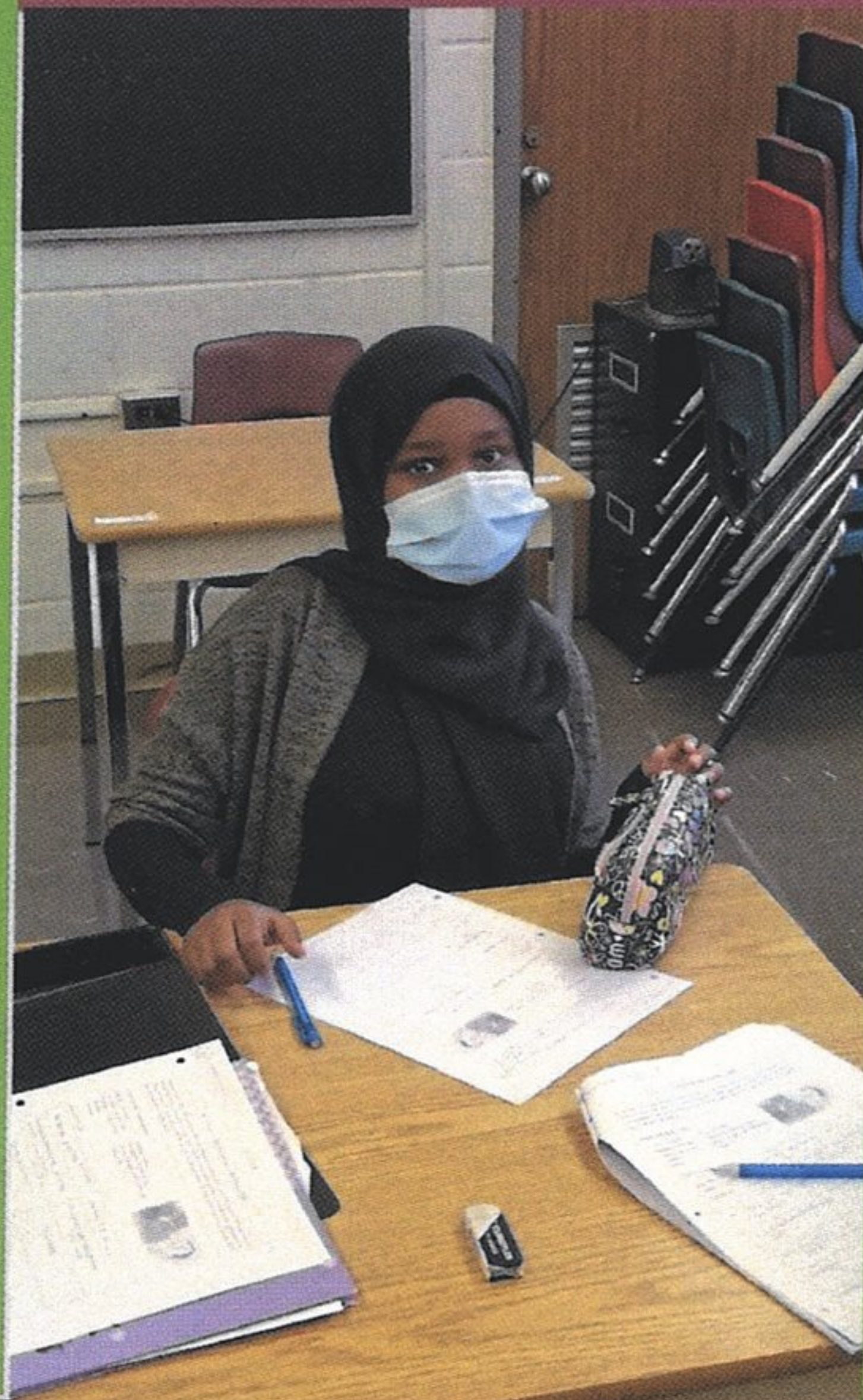
A Leader Knows, Goes, and Shows
the Way

What is Leadership?

The Leadership course, (PLM4M) is a class that shows a student's capacity for community building, and teamwork. Students further learn about their role in becoming a leader. "Leadership class identifies who you are as a leader and how you can take, have, develop your skills and apply them into your future endeavors." Ms Root said. During this pandemic, it is still hard to teach leadership because it involves socializing and interacting with other people but the students and teachers work with what they have. Some things that were canceled during this pandemic were close group work, outdoor assignments, and workshops. This school year the leadership class was taught by Phys Ed teacher, Mr. Paisley.



Phys Ed teacher Mr. Paisley taught the Leadership class during the first Quadmester.



Grade 11 leadership students Nysa Syed and Tina Le practice safe distancing during class.

Girls Phys ED

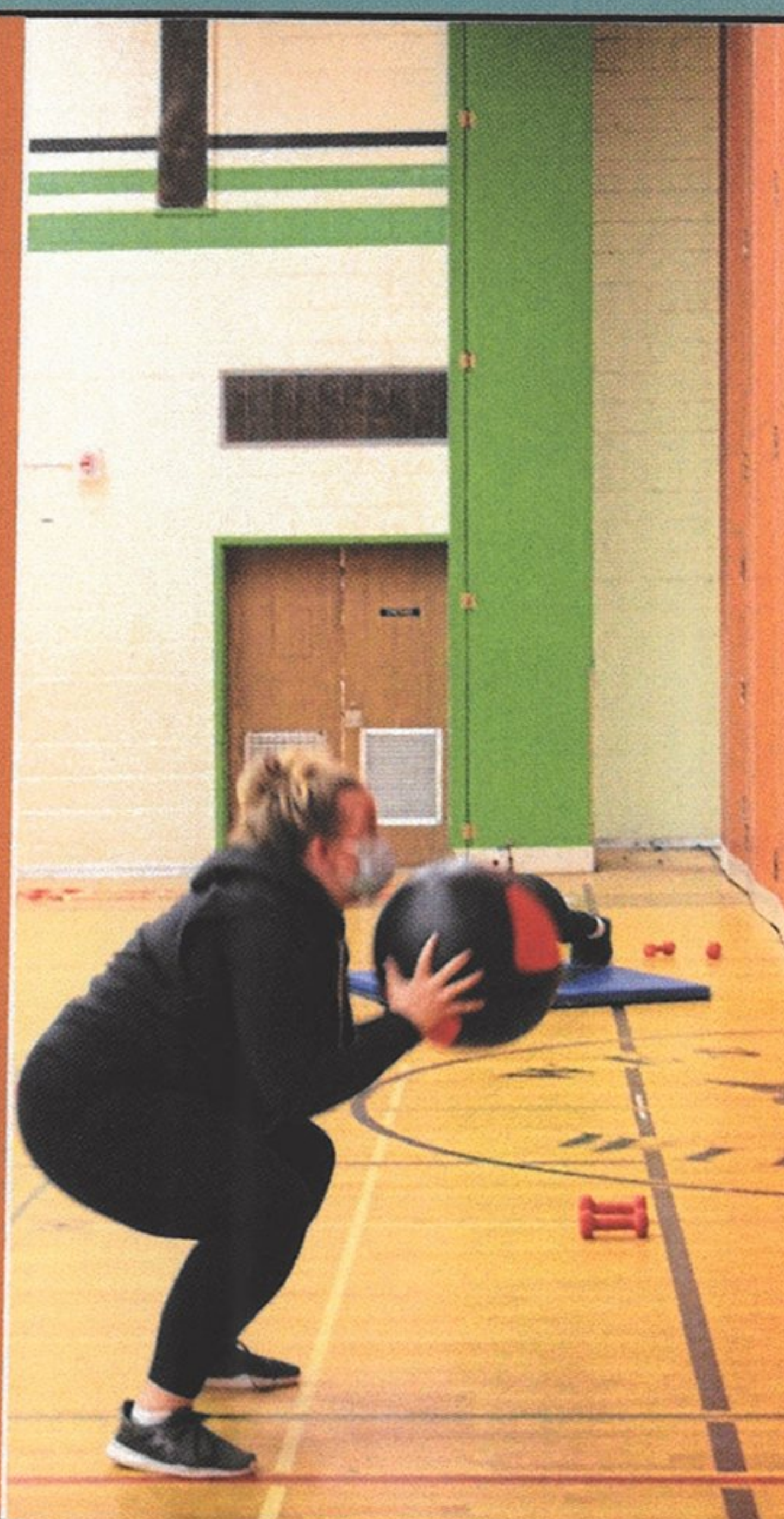
6 ft apart



Class

Strive for Progress

During this pandemic, it's been very hard to take part in gym classes as students are unable to interact closely with each other. Before playing sports in the gym, there are strict-rules to follow such as: always keep your mask over your nose, keep 6 feet apart, sanitize and wash your hands before and after playing, and sanitize the equipment. This pandemic has affected a lot of Phys Ed teachers. "I am used to teaching students in a gym, field or pool setting. This pandemic has forced us to learn virtually. This has impacted my ability to see how students move and perform skills," said Ms Clarke, the Phys Ed Department curriculum leader.



Abigail Flamenco-Cordon follows Ms. Root's demonstration.

Westviews North Gym

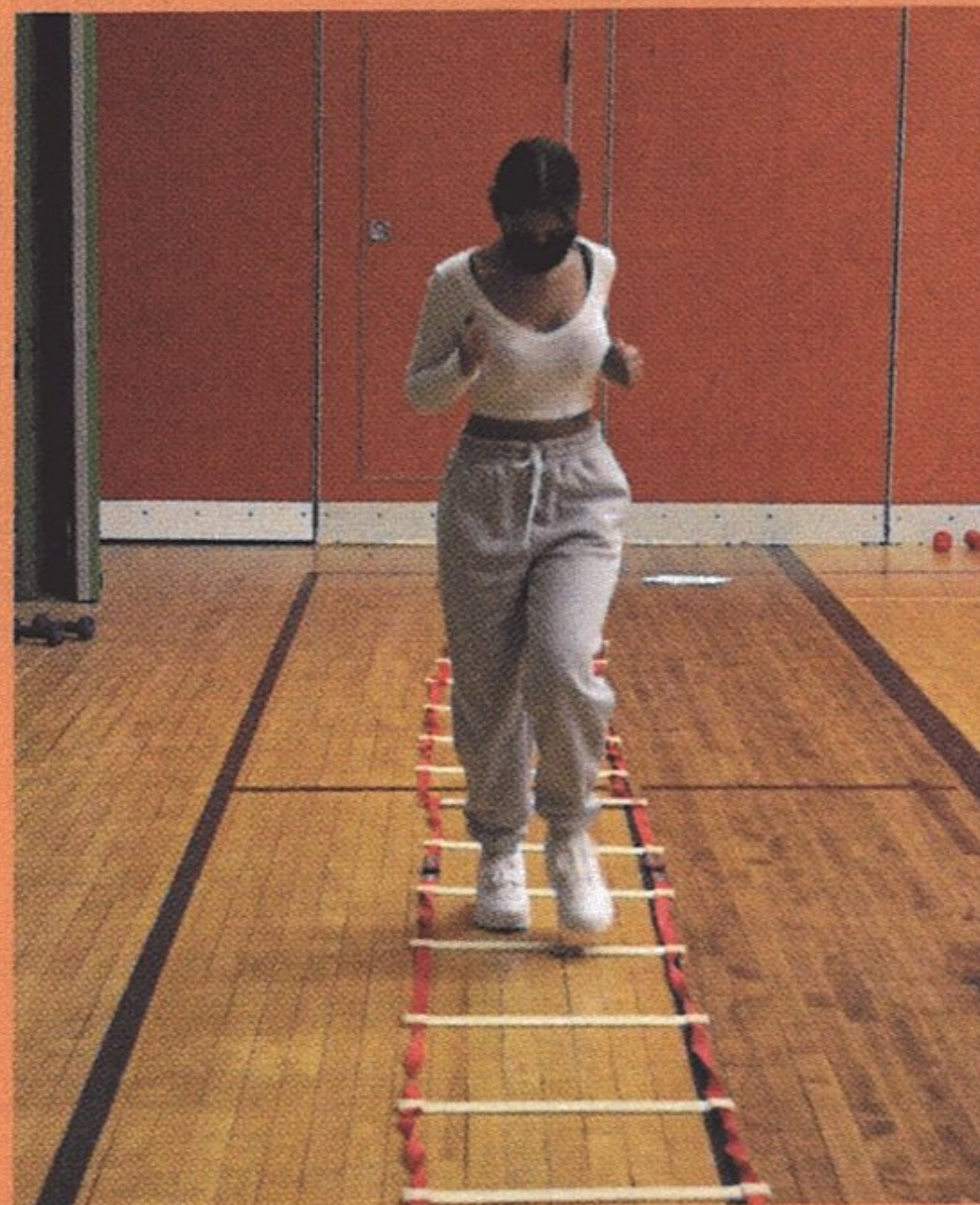
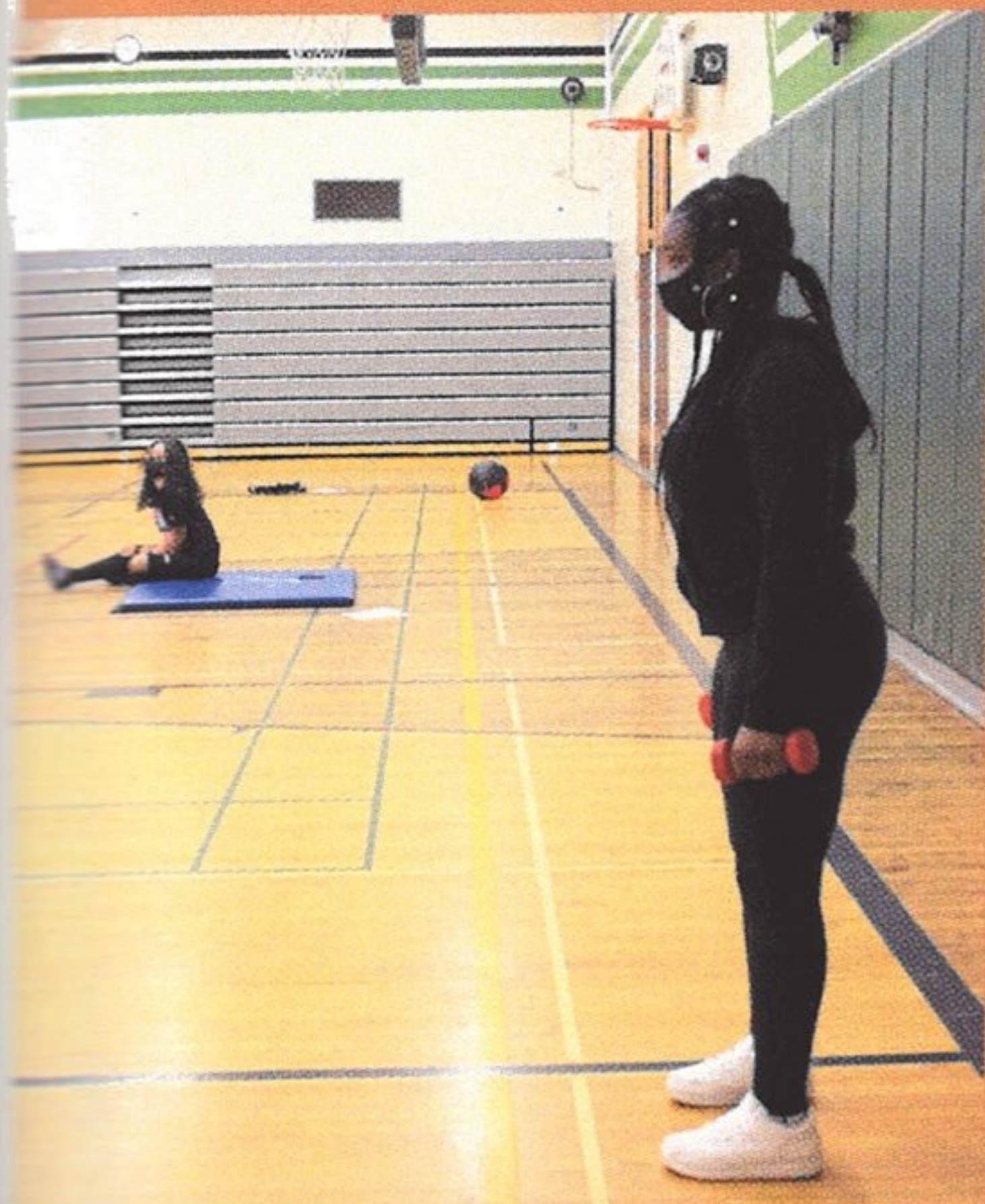
Now this is where the magic happens, this is Westviews North gym. Even though we have a south gym, this is our main gym. This is where basketball games and tournaments were held before the pandemic. Today, the gym is still being used for classes, that include the sports of badminton, soccer, indoor hockey, volleyball and fitness testing including the beep test where (students run back and forth within a limit.) During this crucial time, teachers aren't able to teach the lessons here, yoga lessons, and even the basketball coaches aren't able to do warm ups or practice basketball. This pandemic really affected our ability to do physical and mental activities, you can still do these activities online but some students are not applicable to the idea of turning their cameras on.



Ms. Root added "As a gym teacher I want to bring joy to people playing sports because it's good for your mental health and for them to enjoy that physical movement." Phys Ed teachers aren't able to teach their course during these times virtually. Some students don't want their cameras on for workouts and instead, teachers have to assign work for those students. Other issues become apparent such as students' internet not connecting or not working at all.

"Ensuring that students have proper form and technique is a safety measure that cannot be followed when I cannot see students perform skills. It has been difficult keeping students engaged while online," said Ms. Clarke.

Grade 10 Phys Ed student Allison Kawall on the agility ladder follows the Phys Ed safety rules. These rules do affect students as well. "It is mandatory to wear a mask and stay 6 feet away from others. During gym class most sports require people to get close to each other in order to get the goal or score," said Allison, and she continues, "wearing a mask while being active isn't the most comfortable thing too because it gets hard to breathe and you're not really allowed to take your mask off unless you are away from others."

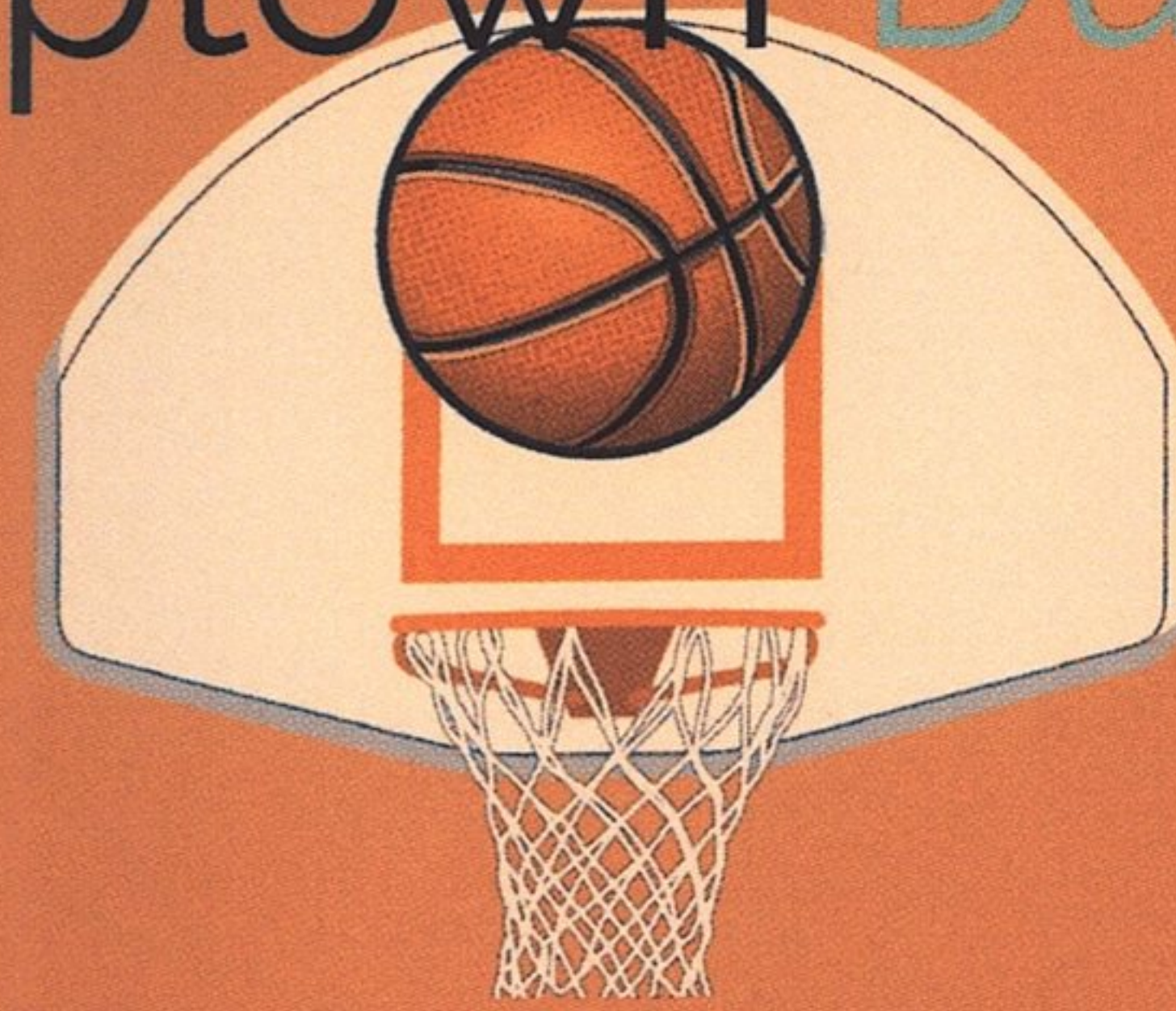


Taneka Heron, left, is using dumbbells, and Allison Kawal is using the agility ladder.



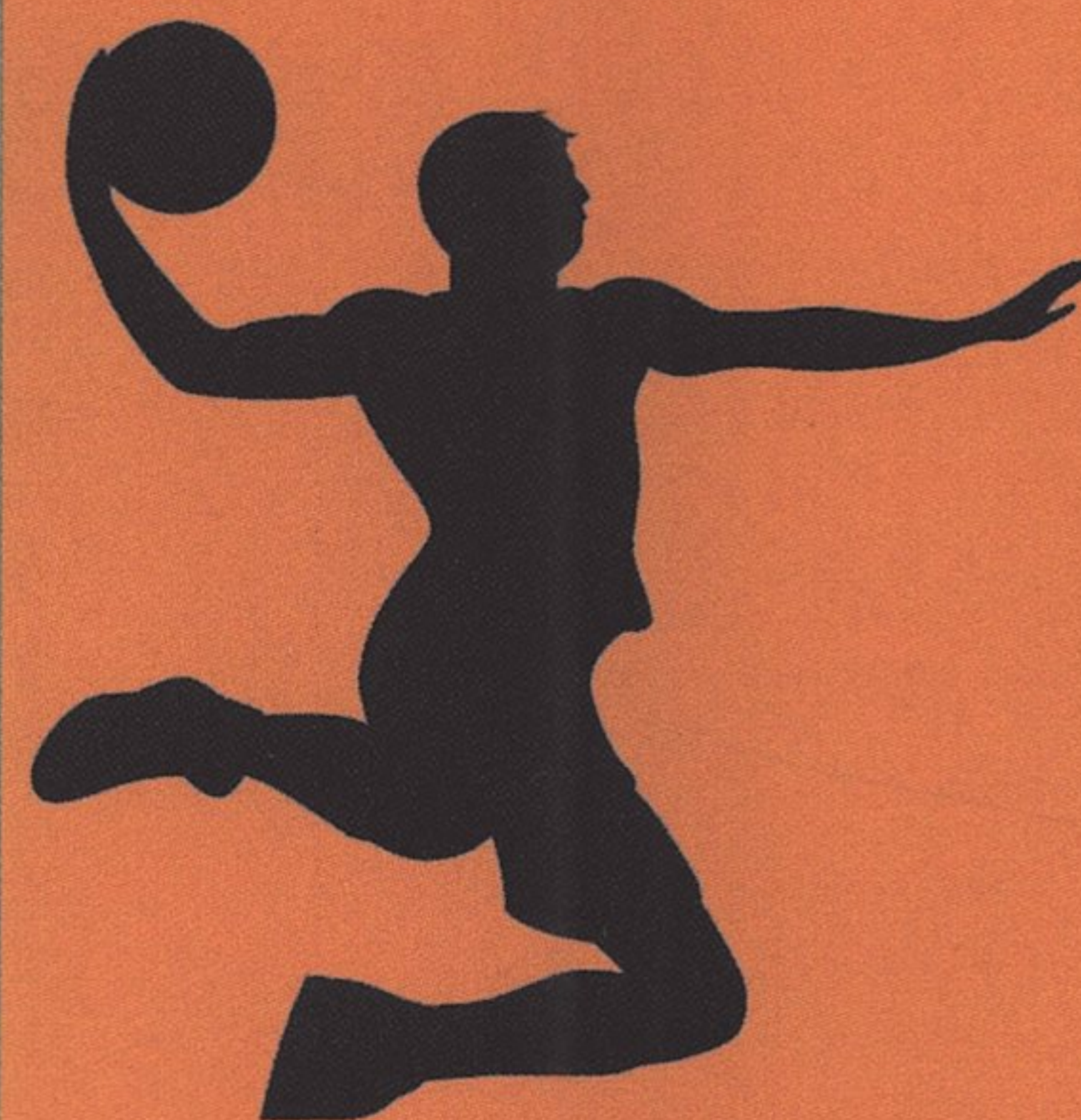
WILDCATS

Uptown Dunk

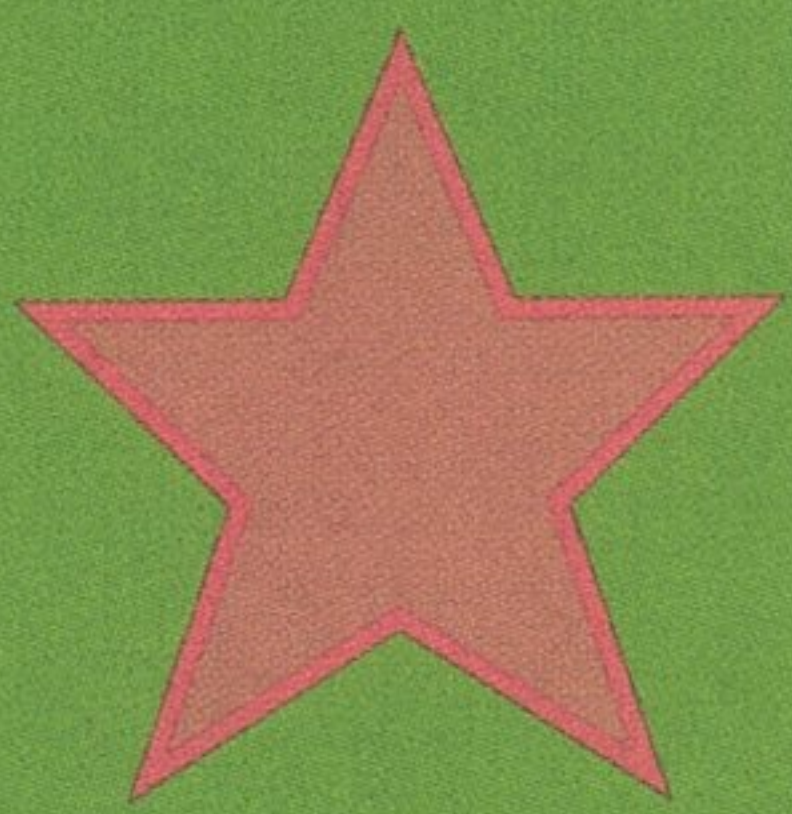
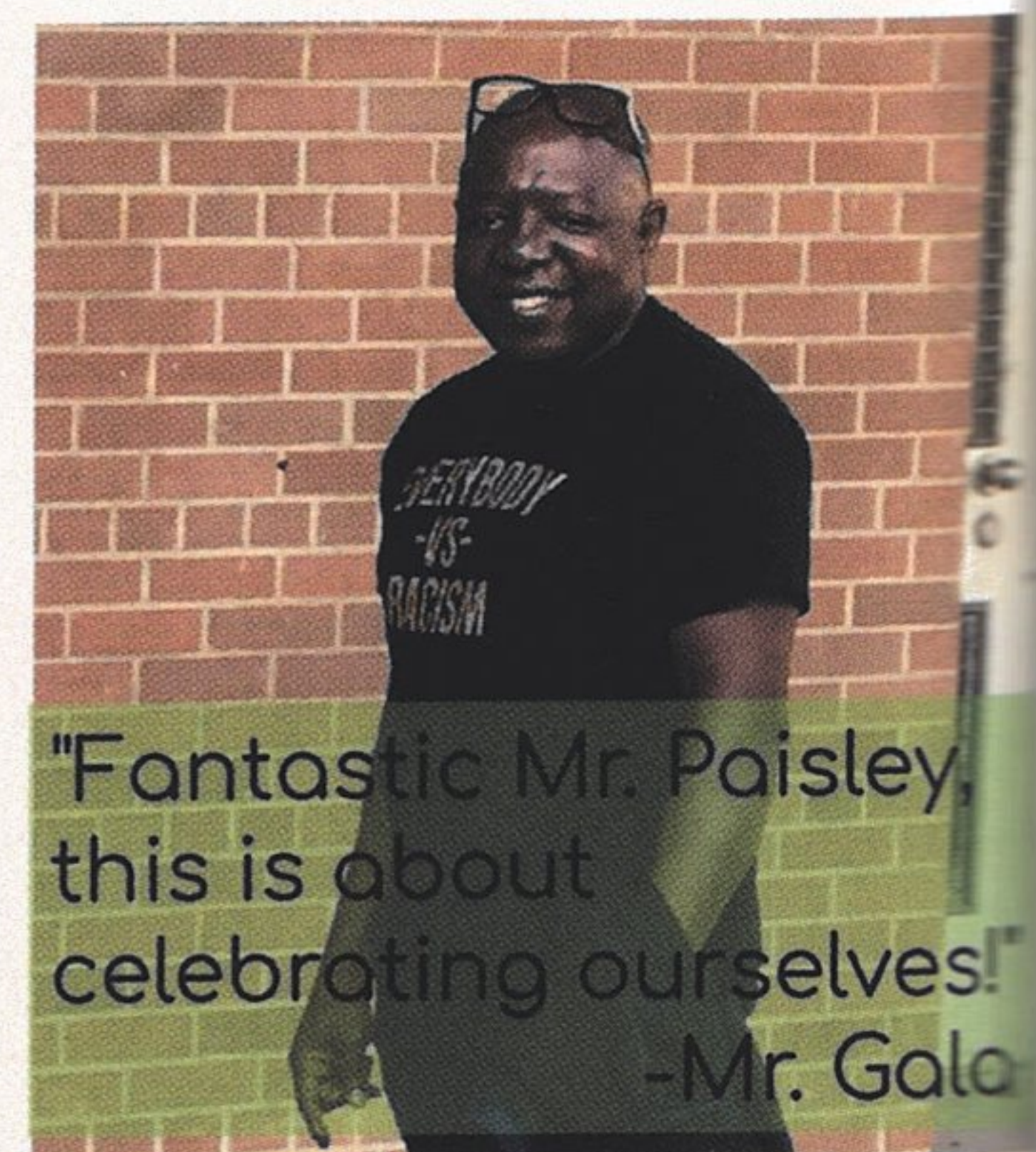
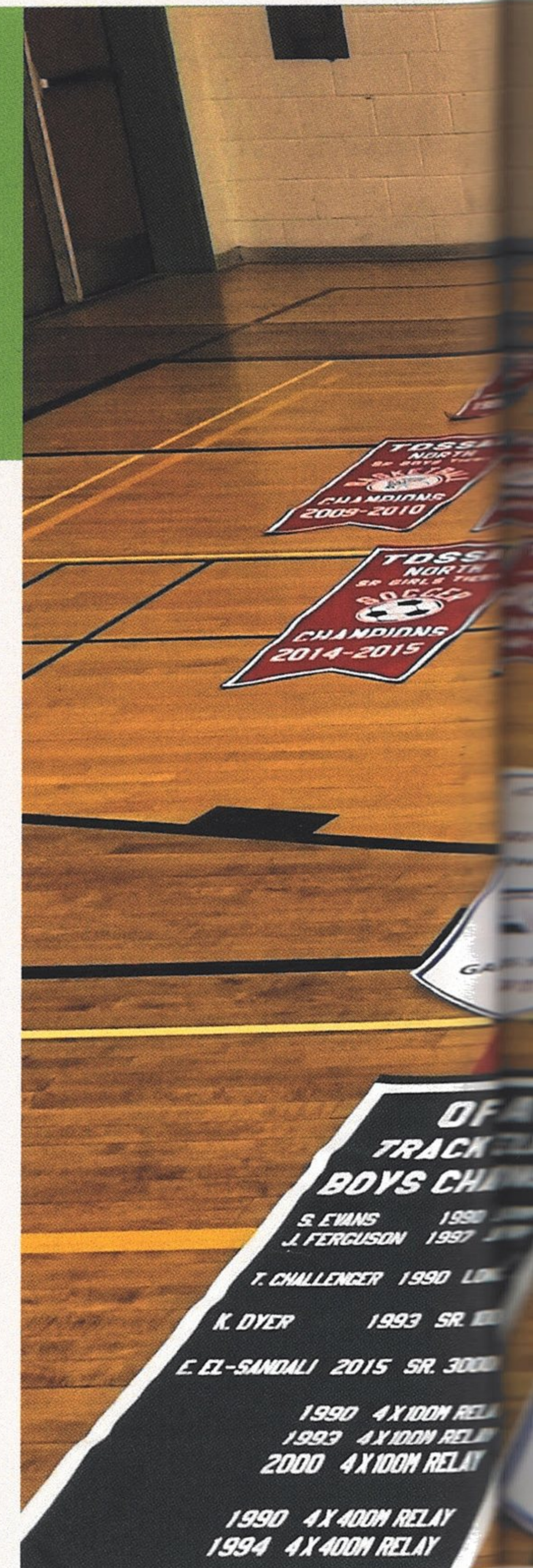


Westview is known for both its senior and junior basketball teams. Ever since this pandemic started, students on the basketball team were unable to workout as before. Workouts that included performing drills, practicing layups, free throws and three pointer shots, or even the three man weave weren't going to take place. (A three man weave is, when you have someone on the right, left, and middle on the court, and when passing the ball you go to the line where you passed it and whoever has the ball by the time you get to the other hoop takes the layup. Meaning you run towards one side of the net, jump, and shoot the ball off the backboard into the hoop).

Working out during the pandemic affected the basketball players in many ways. Players need to stay in shape in order to have stamina for running back and forth on the court, and strength for shooting and passing to teammates. Usually players exercise by doing 50 push-ups and 50 sit ups and this requires space which may not be readily available. It's easy to become lazy and one's body can become sore after the first few days of working out if not done regularly. "Starting to play basketball is a little tough, like when you're a beginner, you have to get used to a lot of practices and can't quit," said Joshua Quiah, a former senior player. There are no basketball teams at Westview this year but the juniors who are now seniors are looking forward to playing more real and constructive basketball after the pandemic. "We missed the year so I know the ball teams are hungry and I'll make sure they're ready to compete when we return," said Mr. Blackwood, Westviews ball coach and hall monitor.



PENNANTS OF pride



"I wanted the student to feel proud of what they have accomplished when they walk into the gym"
-Mr. Paisley

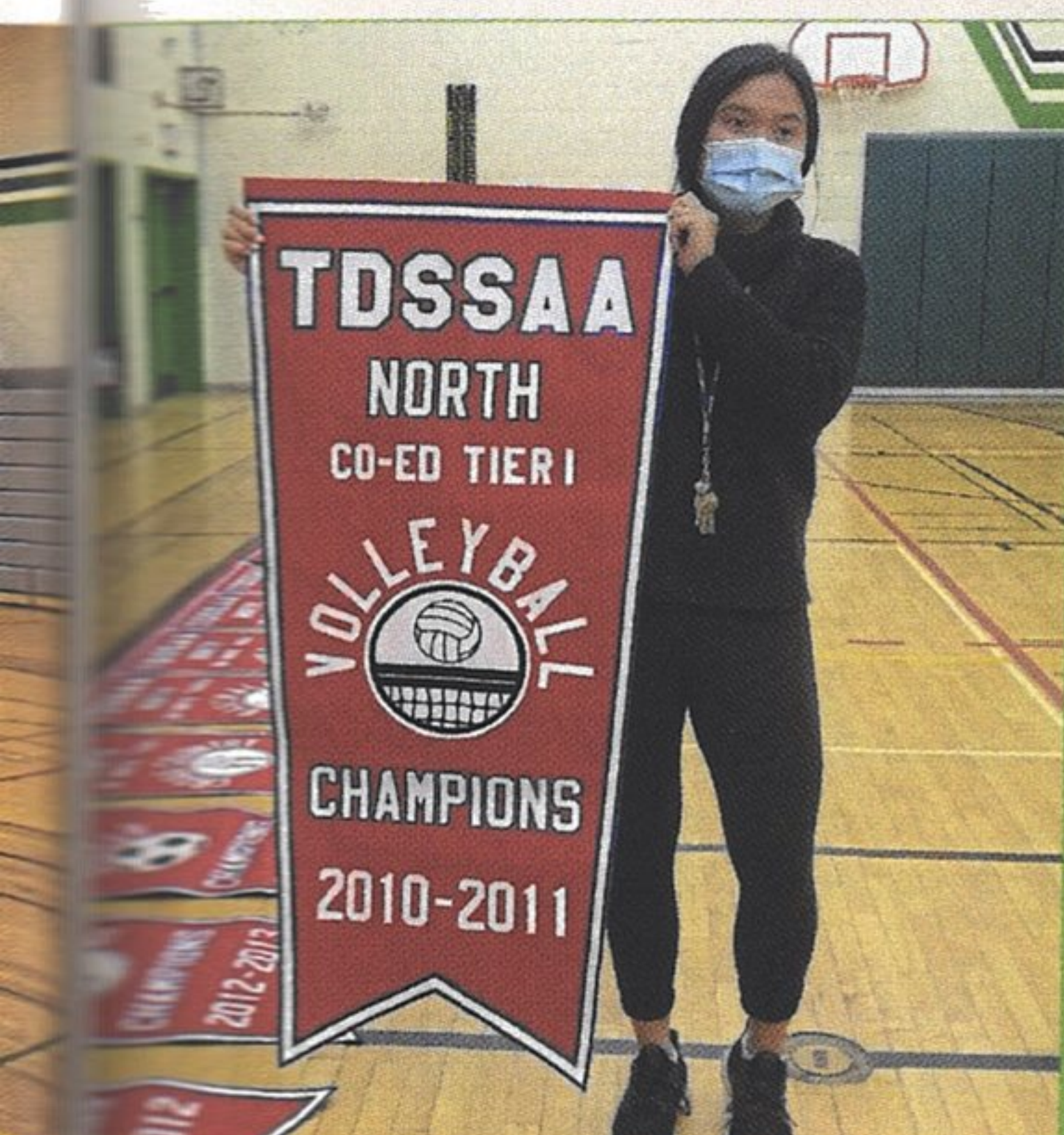
Finding the lost pennants



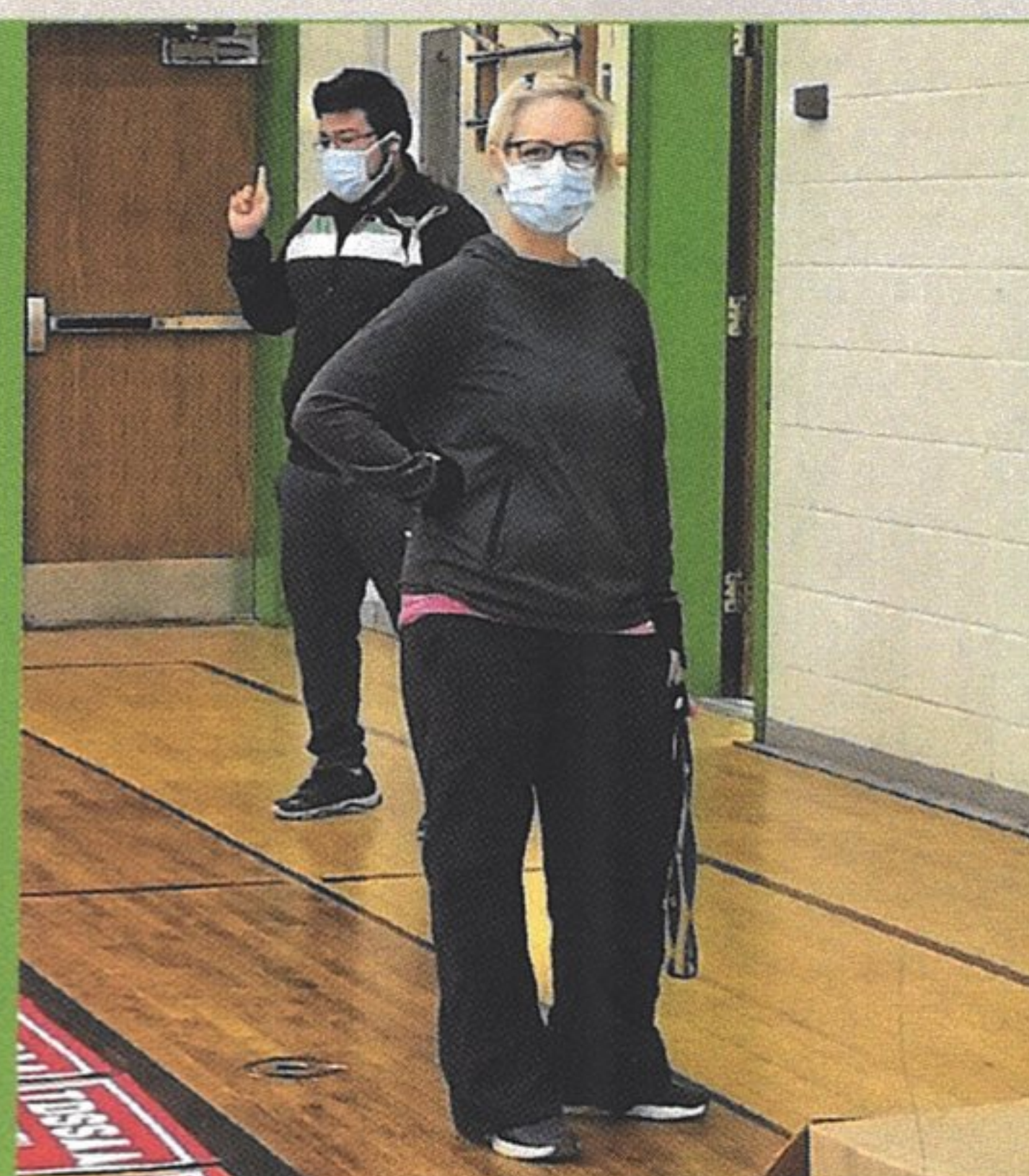


"When I walked into the gym it felt empty." -Mr. Paisley

As Mr. Paisley looked at the walls of our gym, where many of our school's successful athletes practiced and played each year, he felt like they were missing something, like there was a lack of... pennants, that was what's missing! It was at this point in late summer-early fall he started the search for the missing pennants. With the help of his fellow colleagues, including Mr. Quach and Principal Gala, he reached out to the Toronto District Secondary School Athletic Association to learn about which ones were missing. As he did his research he found out that we were missing a lot more pennants than he originally thought, ranging from soccer to basketball, dating as far back as the early 90s. He tried to get as many as he could and managed to recover a good amount. These pennants will go up on the wall of our gym once we are able to go back to school, so we can celebrate our lost victories.



"The journey of life really comes full circle in moments like these. As a Westview alumni, I've been graced with the honour to work side by side with the teachers and coaches who helped our teams achieve these pennants." -Ms. Huynh



Westview has a rich history of excellence in sport, and it should be put on display for all to see. -Ms. Clarke

WESTVIEW GRADUATION CEREMONY

OCTOBER 22, 2020

On October 22, graduation took place for students in rooms 121 and 125.

Westview Graduation Celebration
October 22, 2020

12:50 Greeting guests and students as they arrive to the virtual celebration: G Smith and DD Staff

1:05 Welcome and Greetings

Introductions of Principal, Vice Principals and Guests: G Smith

1:10 Introduction of Graduates: C Omoruyi

1:15 Principal's Remarks

Presentation of Certificates: M Gala

- Emanuel Fynn
- Kenny Ha
- Dalton Kendall
- Winnie Vuong

1:30 Presentation of Cam Amos Award

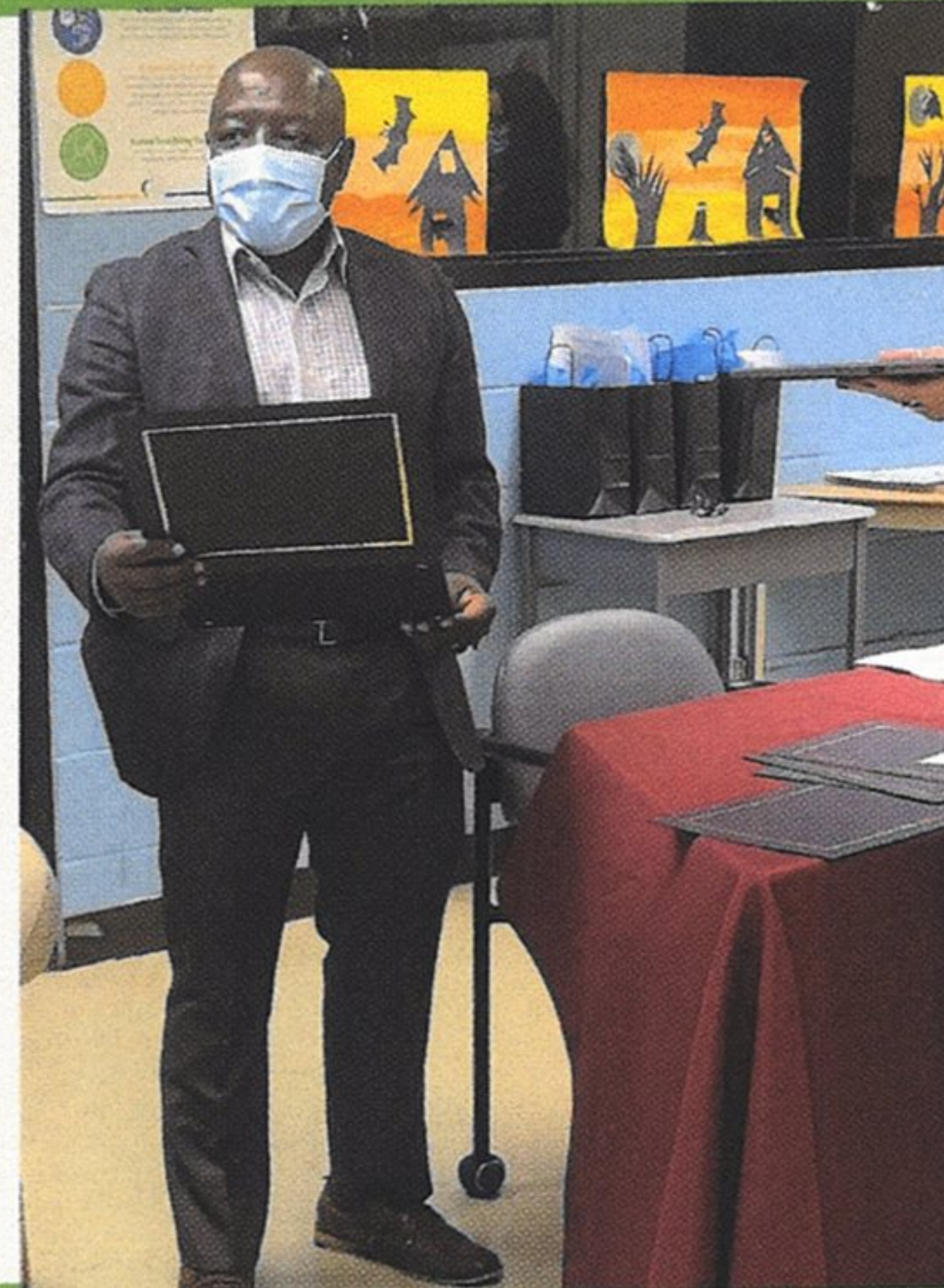
- Kenny Ha M Gala

1:35 Virtual cake ceremony: J Starfas, S Meulendyk

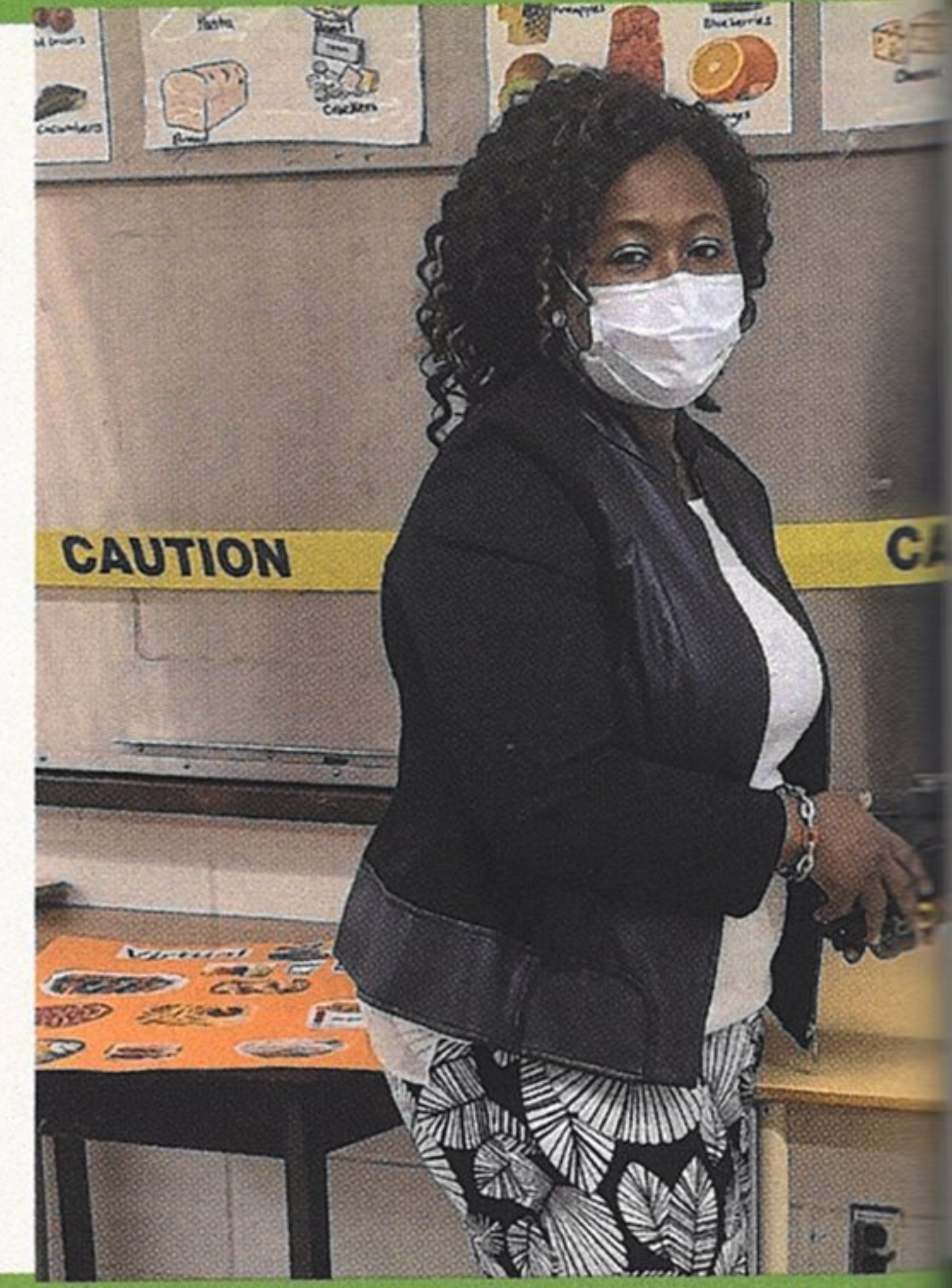
1:40 Presentation of Westview Swag Bags and Graduation Program to Graduates: H Lindsay, C Pinto and students

1:45: Presentation of Graduates to the gathering: C Omoruyi

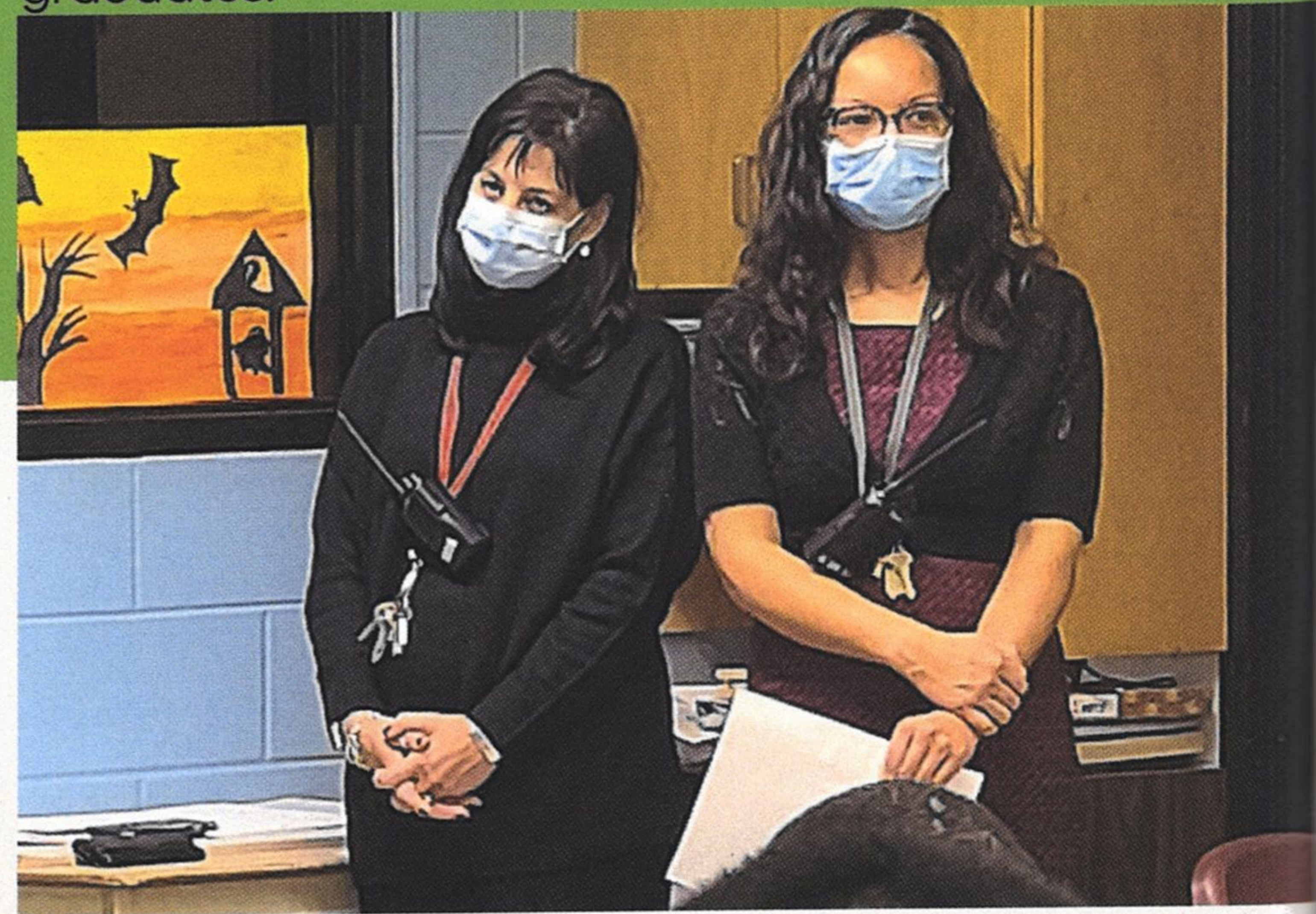
1:45 Graduation Recessional music: Z Ranmall, C Abimboye



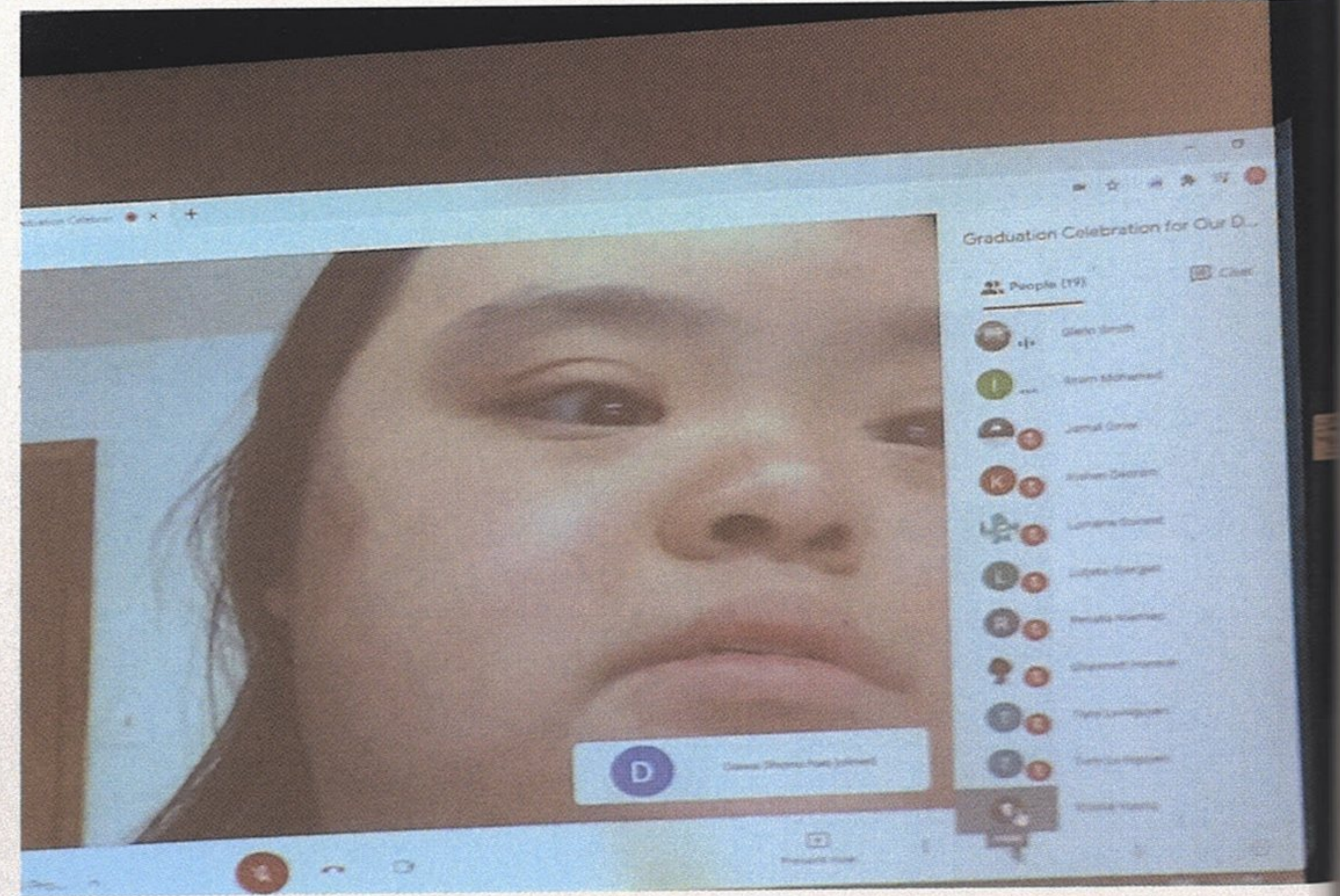
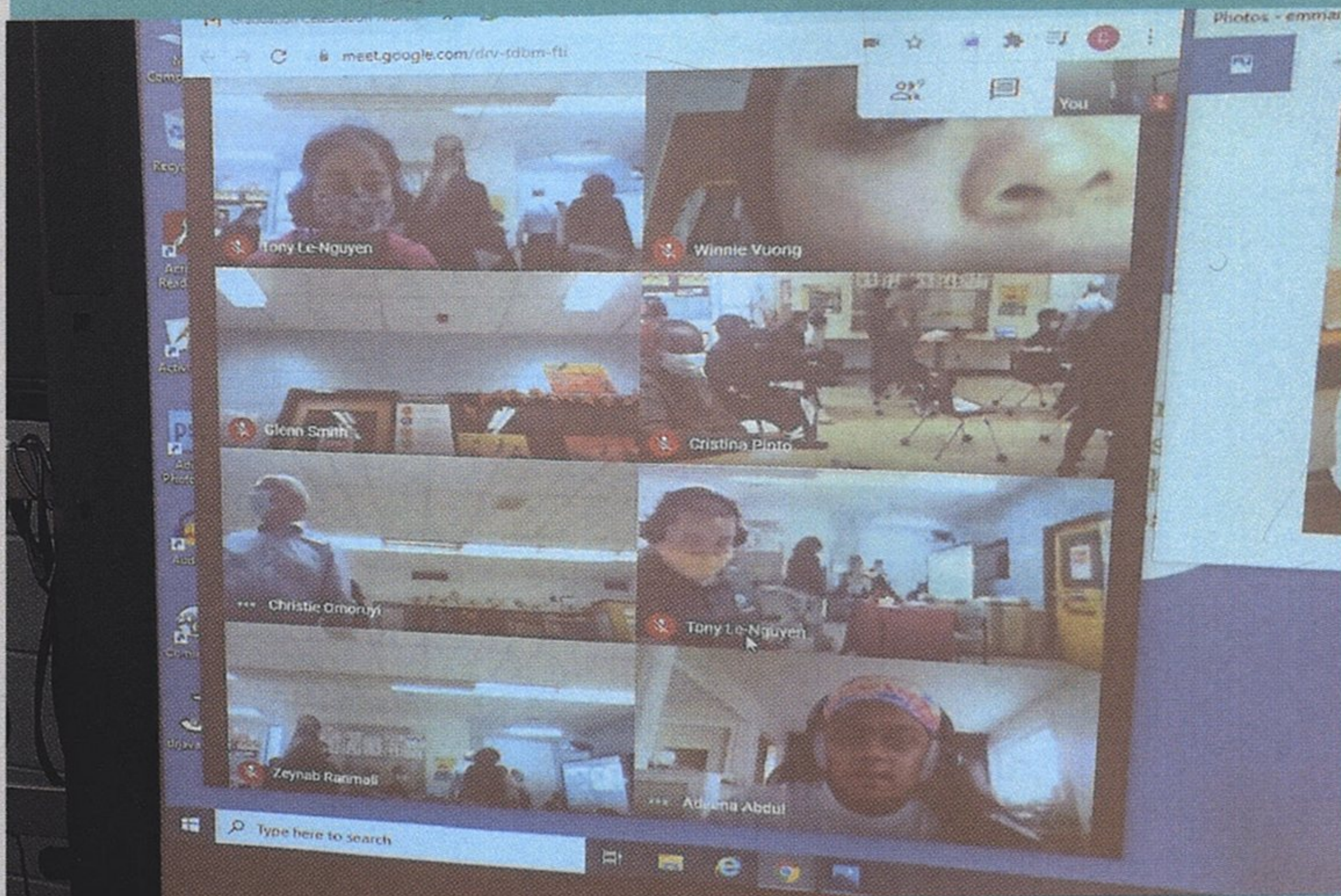
Mr. Gala addresses the graduates.



Ms. Omoruyi.



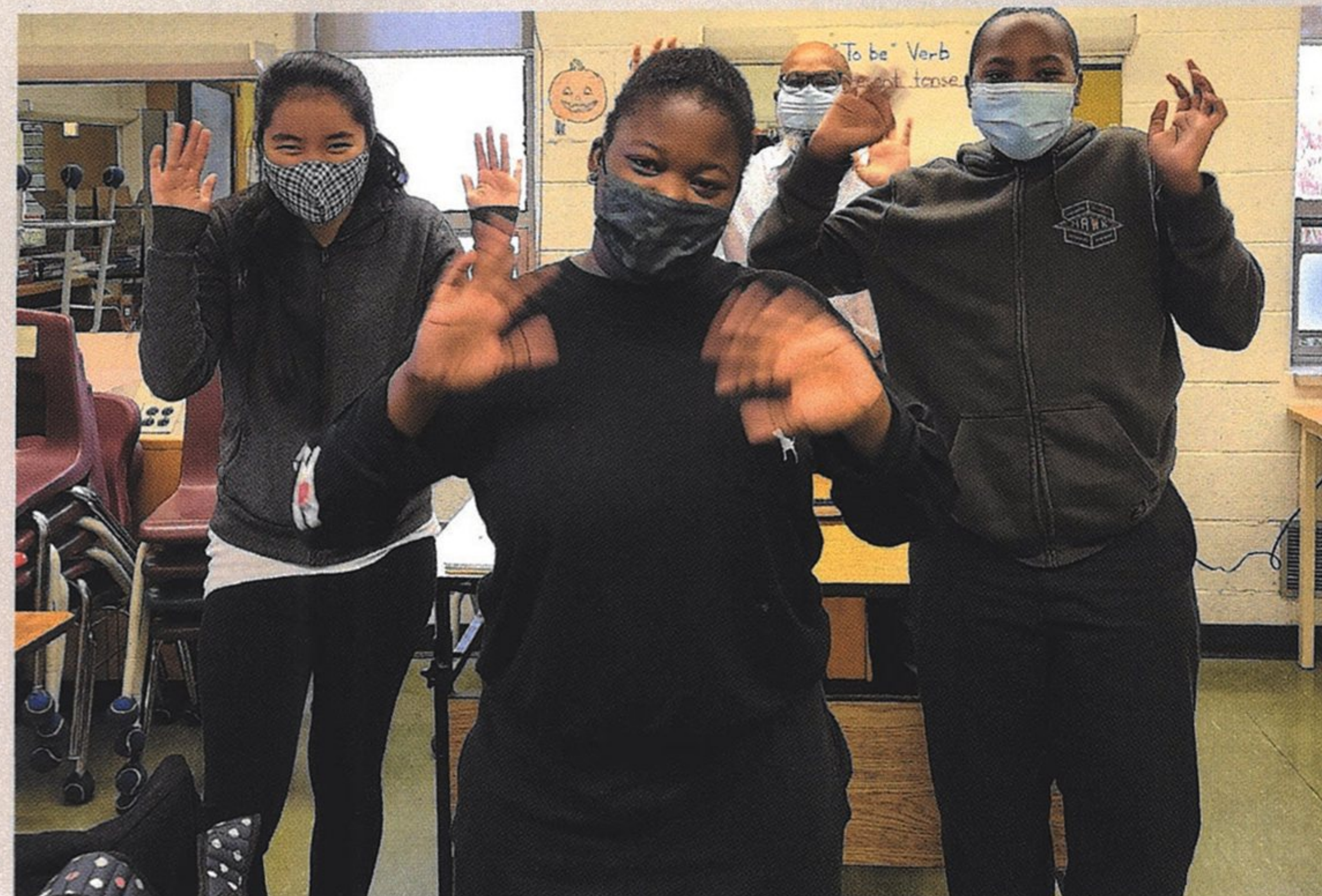
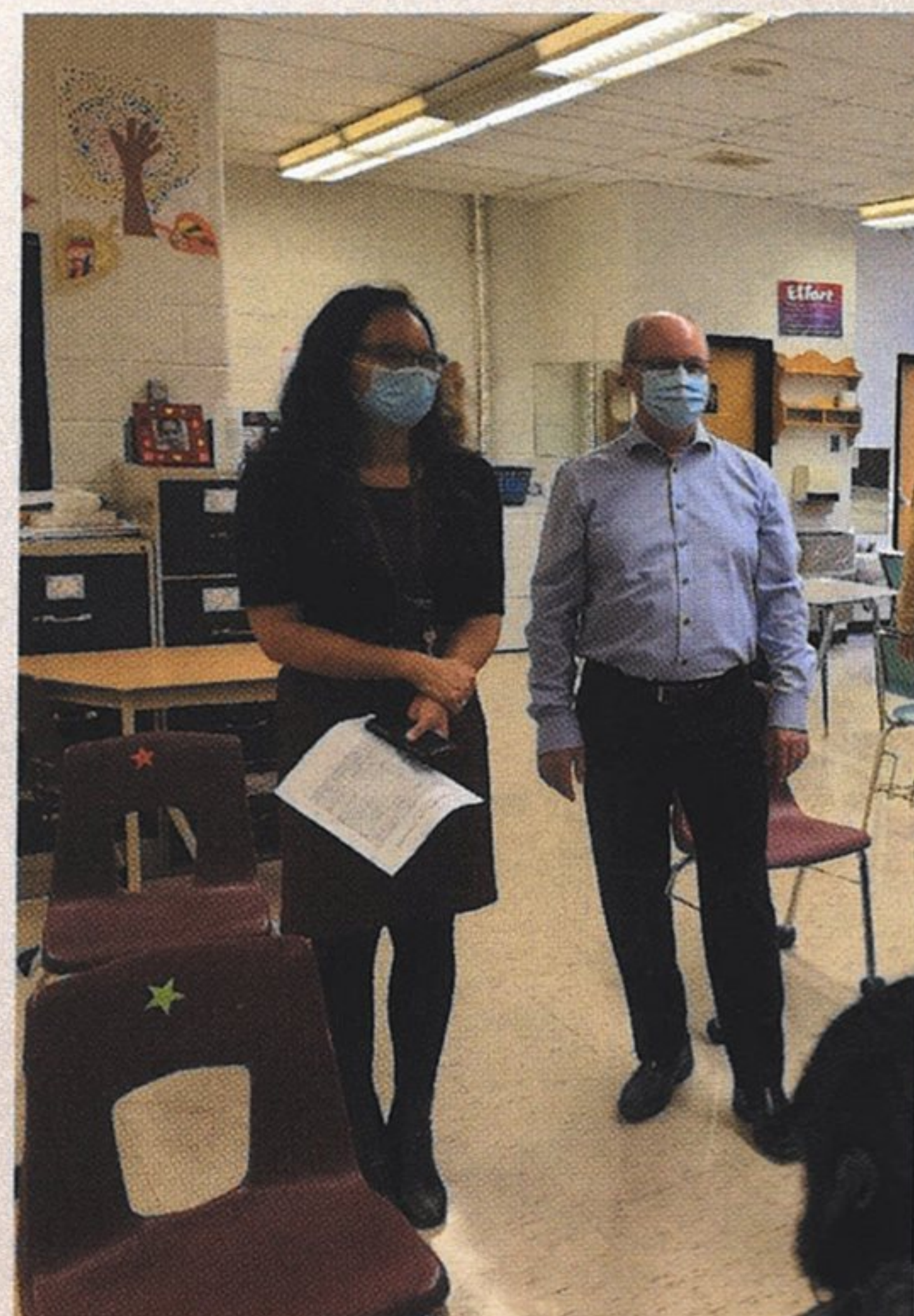
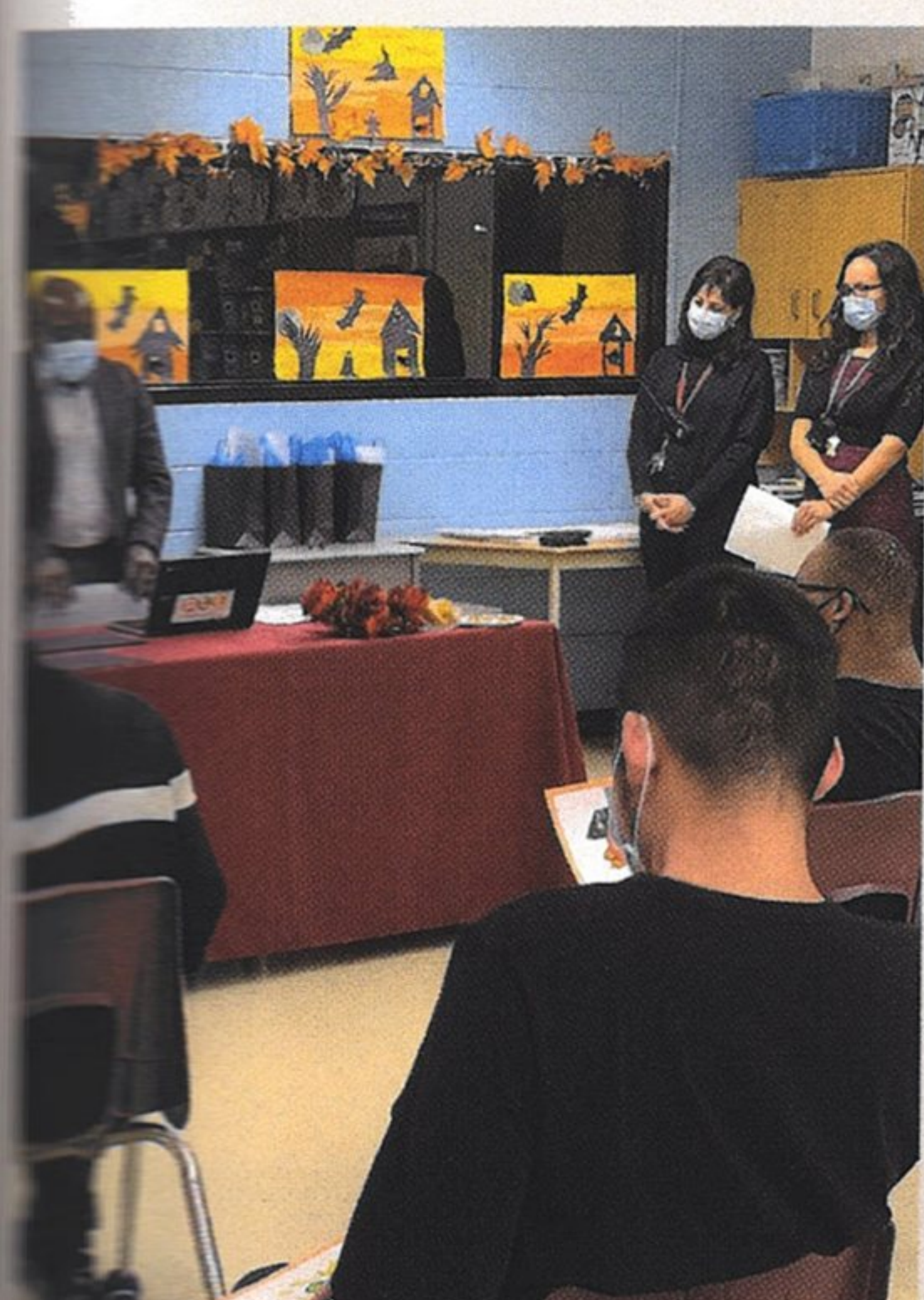
Ms. Lorenzi and Ms. Lee attend.





CONGRATULATIONS TO
KENNY HA, RECIPIENT OF
THE CAM AMOS
AWARD.

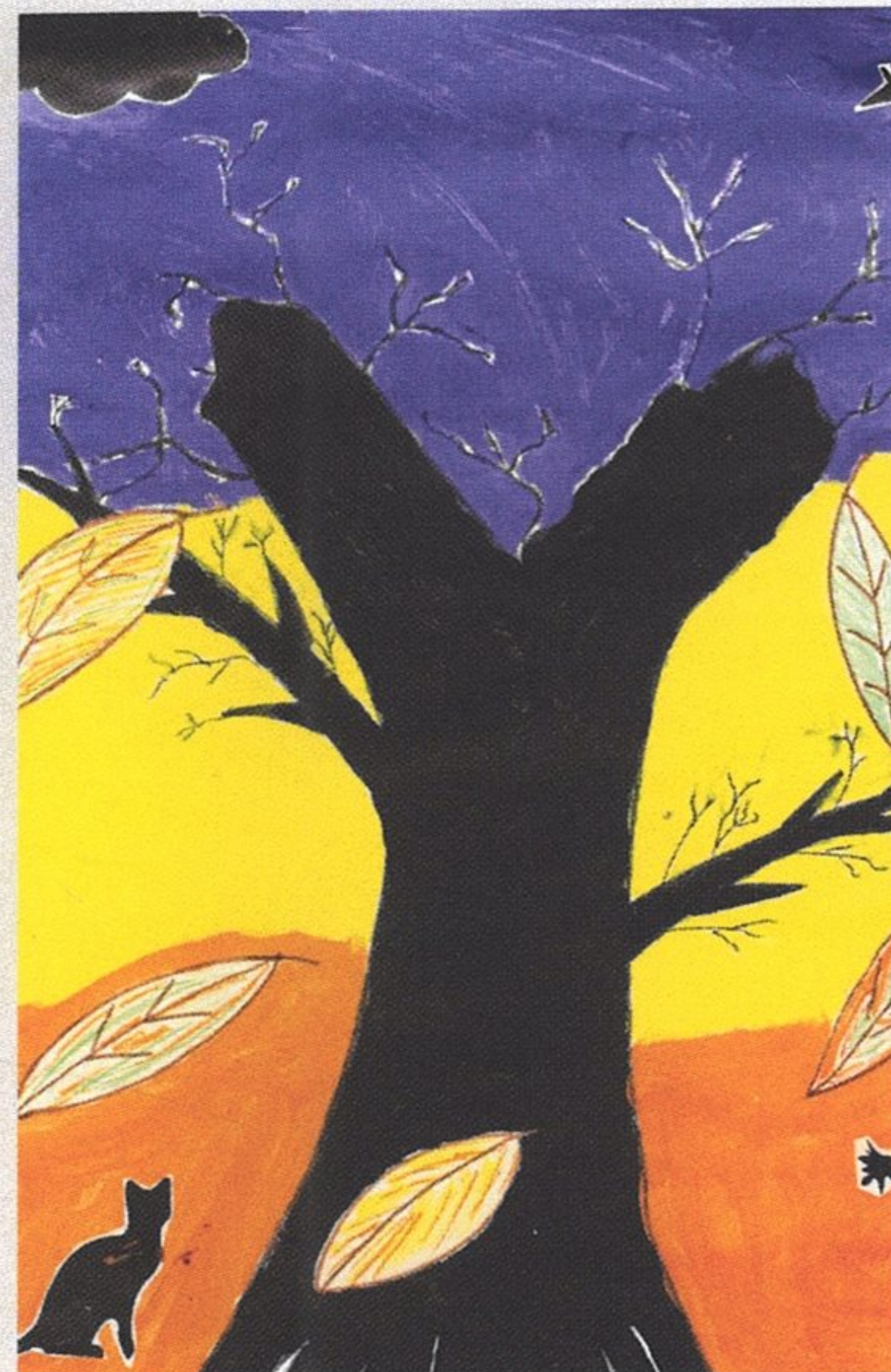
Congratulations to all the graduates: BJ Clement, Kenny Ha, Rohullah Yarmal, Winnie Vuong and Mariana Sabri. Also graduating but not pictured above Annie Tran and Ahmad Adan.



Graduation begins!

Ms. Lee and Mr. Smith.

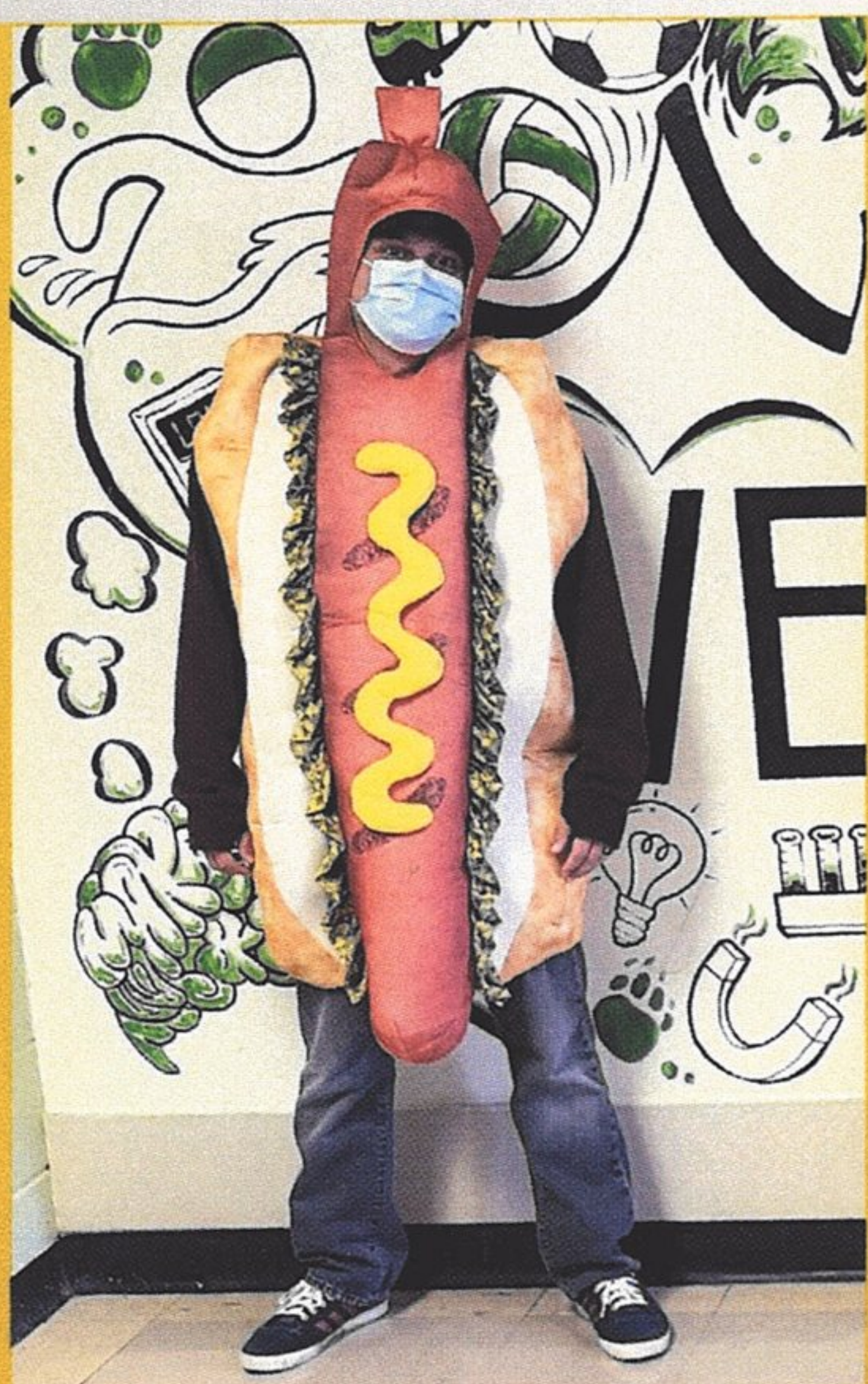
Annie Tran, Mohamed Dirie and Taylor Squire.



Keeping the dress up theme alive while being apart is reflected in crazy hat day via zoom meetings.

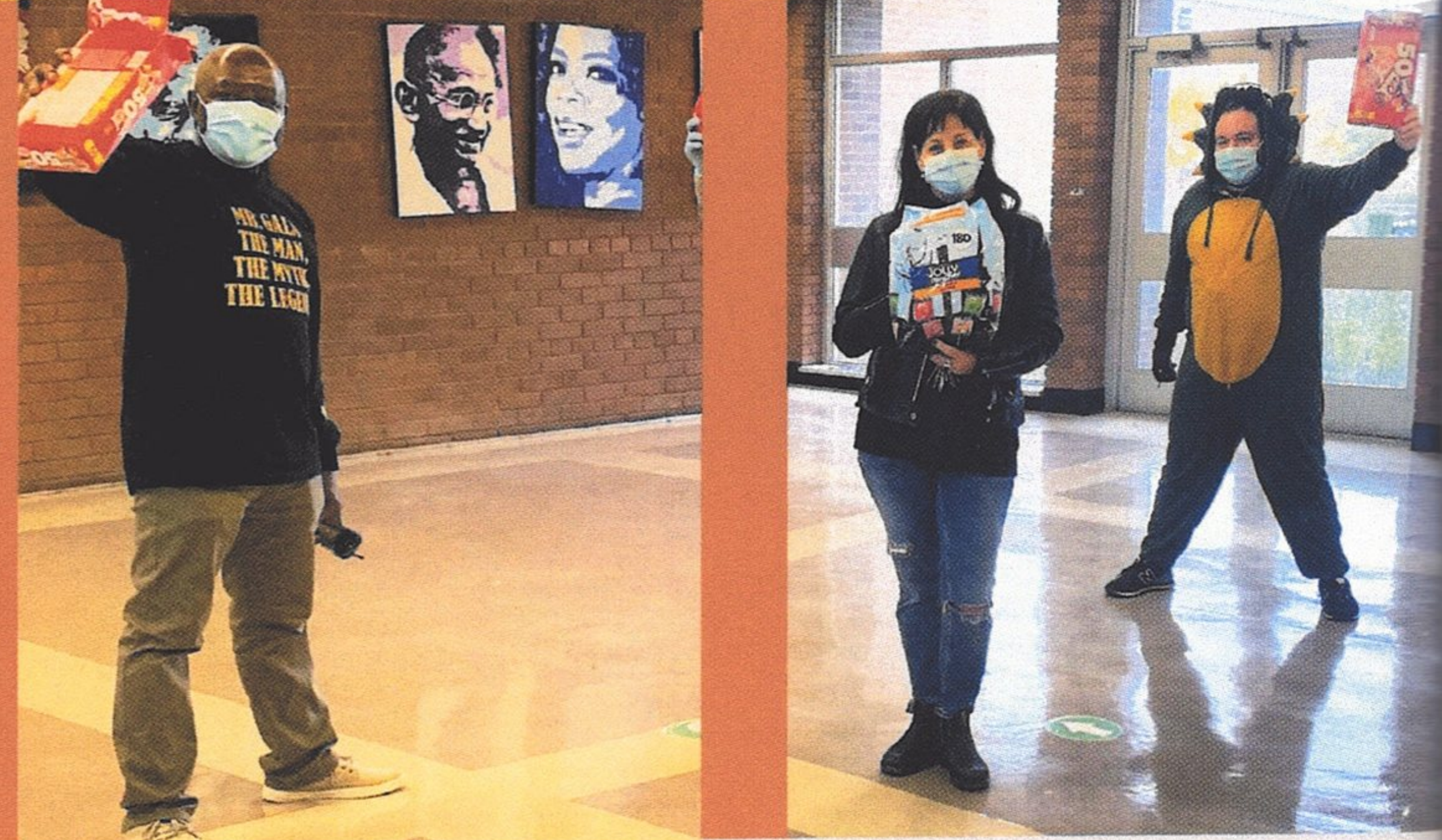
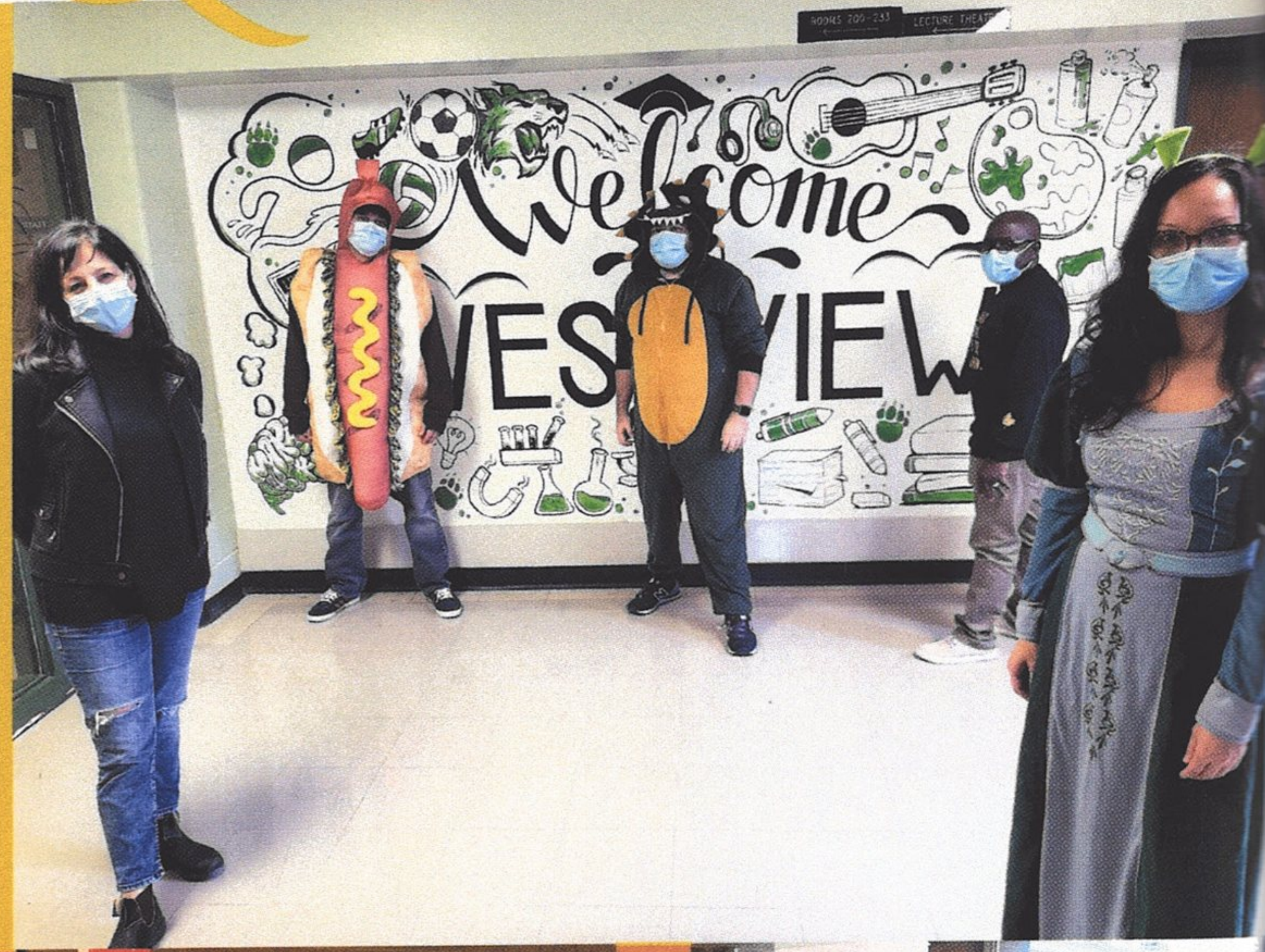
Every fall, students in rooms 110, 121, 125, and 127 have a lot of fun celebrating Halloween. Unfortunately due to the restrictions caused by the pandemic, participating in the usual Halloween dance with students from York Memorial Collegiate Institute and Downsview Secondary School could not happen. Instead the staff decided to celebrate with artwork. The artwork above left was created by Randy Truong and Jordane King.

COSTUMES & CANDY



In addition to the Halloween spirit, evident on the first floor, students and staff were encouraged to wear costumes on Halloween Friday. Visiting that day was Toronto District School Board trustee, Mr. Mammoliti, who was asked to share his costume on Westview's Twitter page. As the administration team walked around the school distributing (individually wrapped) candy, vice-principal Zoras said, "It was really great to see students in their costumes. It has been tough with Covid this year and to have people laugh and share school spirit was really important."

"When I looked in the closet for what costumes we had, my wife actually had the hot-dog one. With a large smile on her face she encouraged me to wear that one and thus the photo," said Mr. Mammoliti.



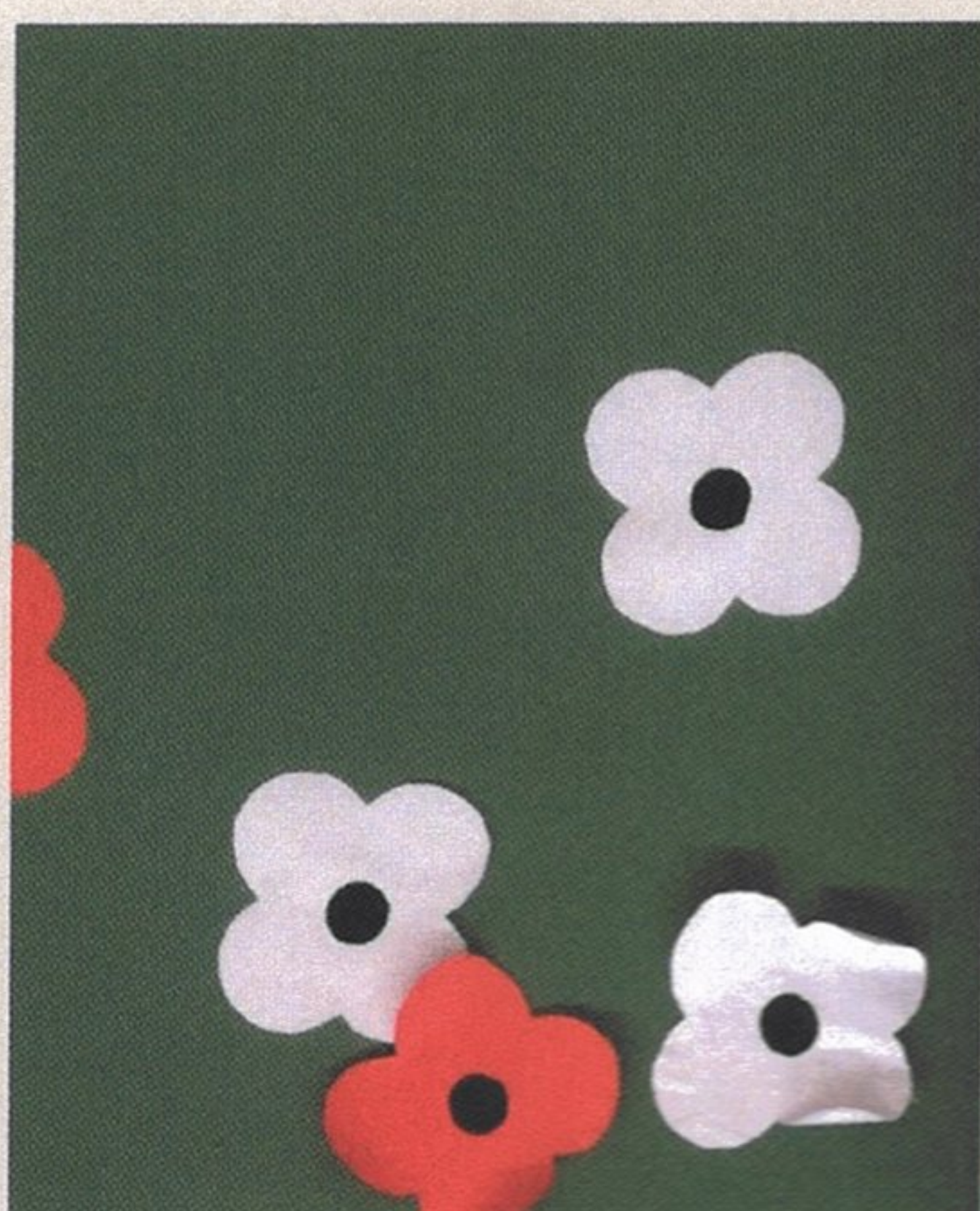
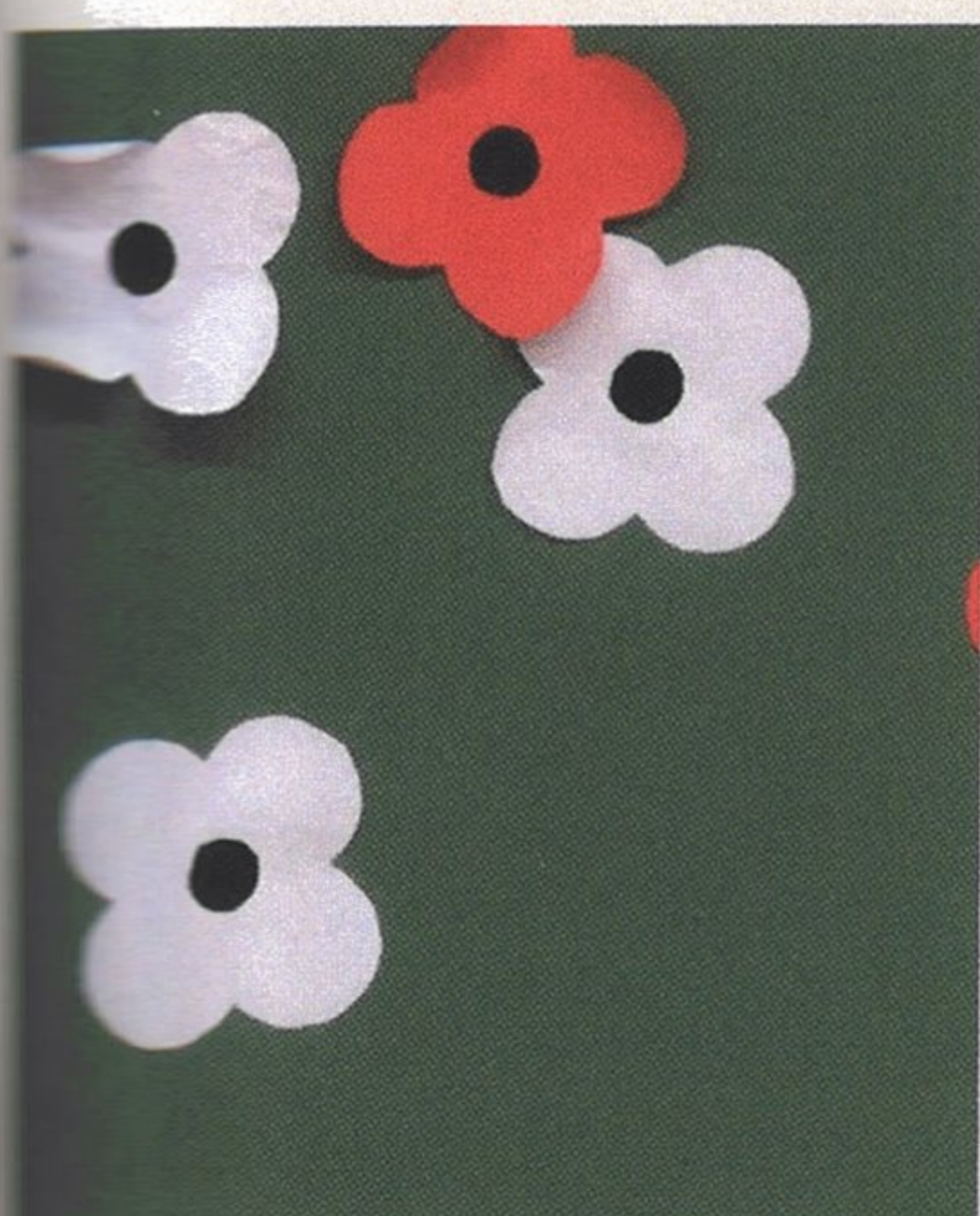
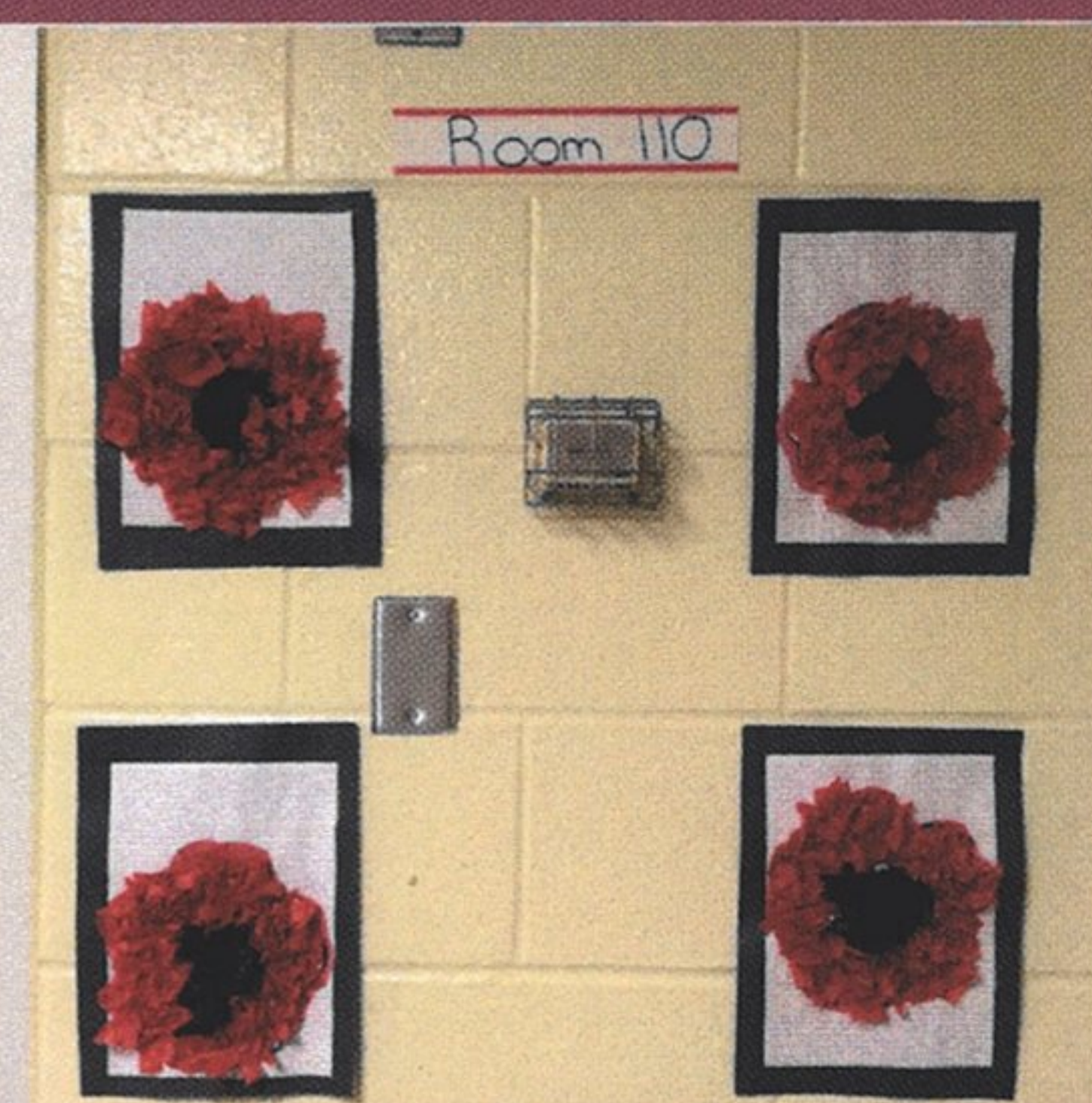
LEST WE FORGET



Mr. Lindsay's students, Mohamed Dirie, Taylor Squire and Annie Tran, helped to decorate -at a safe distance- the classroom door.

Remembering... at a distance

Unlike every year before at Westview, there wasn't an assembly. Instead Mr. Taborek along with students Javed Sattaur and Nahat Nassor commemorated this day with comments over the intercom and ended with a moment of silence and the playing of the Last Post. Classes also had the opportunity to watch a virtual broadcast of Remembrance Day services from David Hornell Junior Public School. David Hornell was a member of the Royal Canadian Air Force (RCAF) during WW2. He was awarded the Victoria Cross, the highest award for gallantry that can be awarded to British and commonwealth forces.



Although red poppies are loved and known for their association with Remembrance Day, white poppies represent not only those who fought for this country but everyone who has been a victim of war.

SUCCESS BEYOND

Cast & Crew

Mentors:

Tyshawn
Jenny
Kevin
Kavenie
Julio
Ekram
Isaac
Isatu
Shaquan
Beyonce

Core Staff:

Shyanne
Shanaz
Moe
Tes

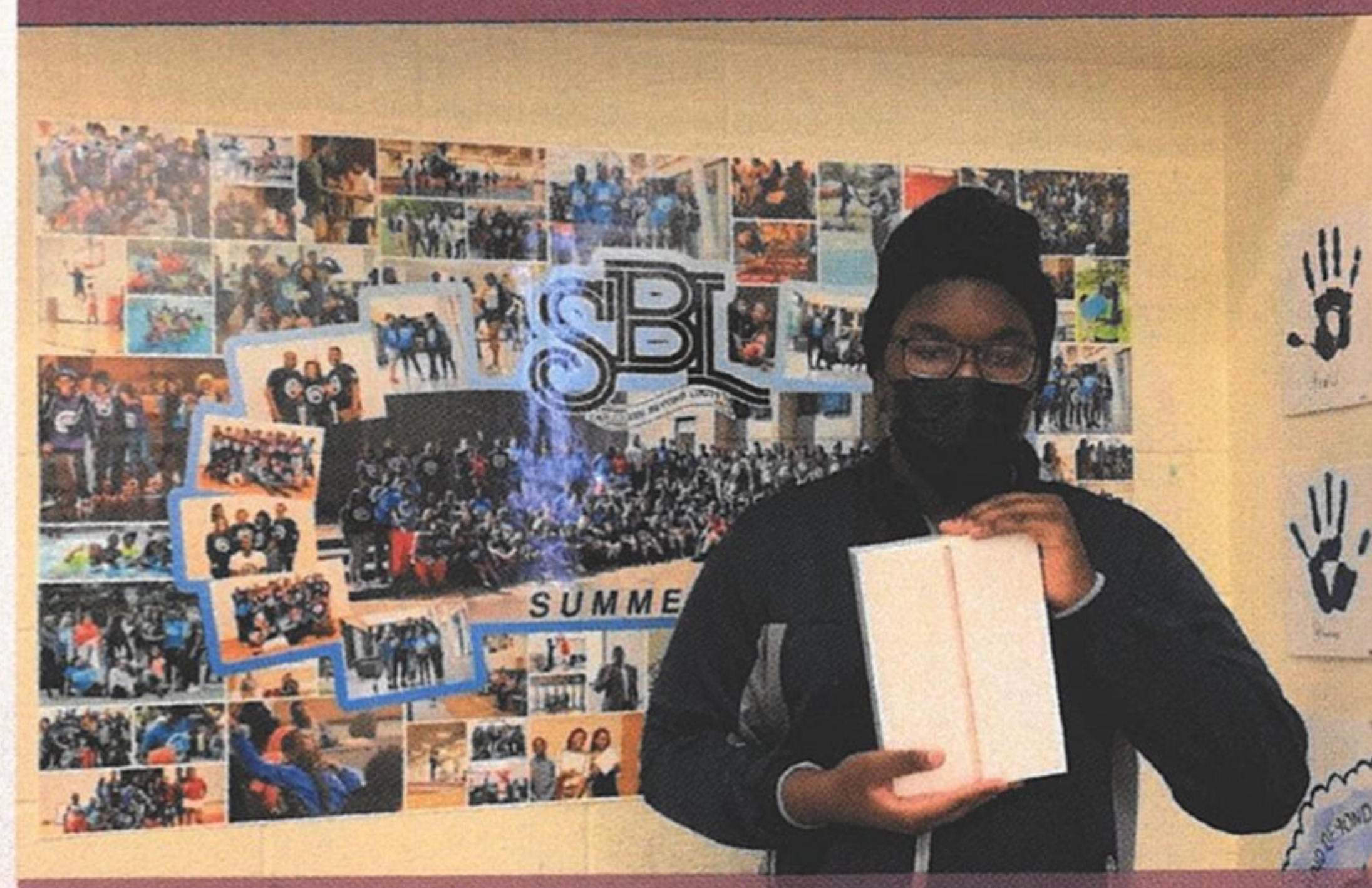
Rec Staff:

PK
Haji
Khadar



WINNER WINNER

One of the many benefits that students love about the virtual program is the awards. Every month, awards go out to the top three winners of Success Beyond Limits' Homework Awards. Students earn one point for joining each (program) day, two points for participating in Mentor Activities, and three points for doing homework. Mentor Activities are activities each mentor creates for mentees to engage in so that the program is more entertaining: "Us mentors have to be creative for these activities since everything is online," said Kavenie. Mentees can keep track of their points when viewing the homework chart presented to them at the beginning of the program. At the end of the month, the top three students win. Third place winners receive a backpack of their choice, second place winners receive a \$100 gift card, also of their choice, and first place winners receive an Ipad.



Franklin was the first place homework club winner in November.

COVID LIMITS

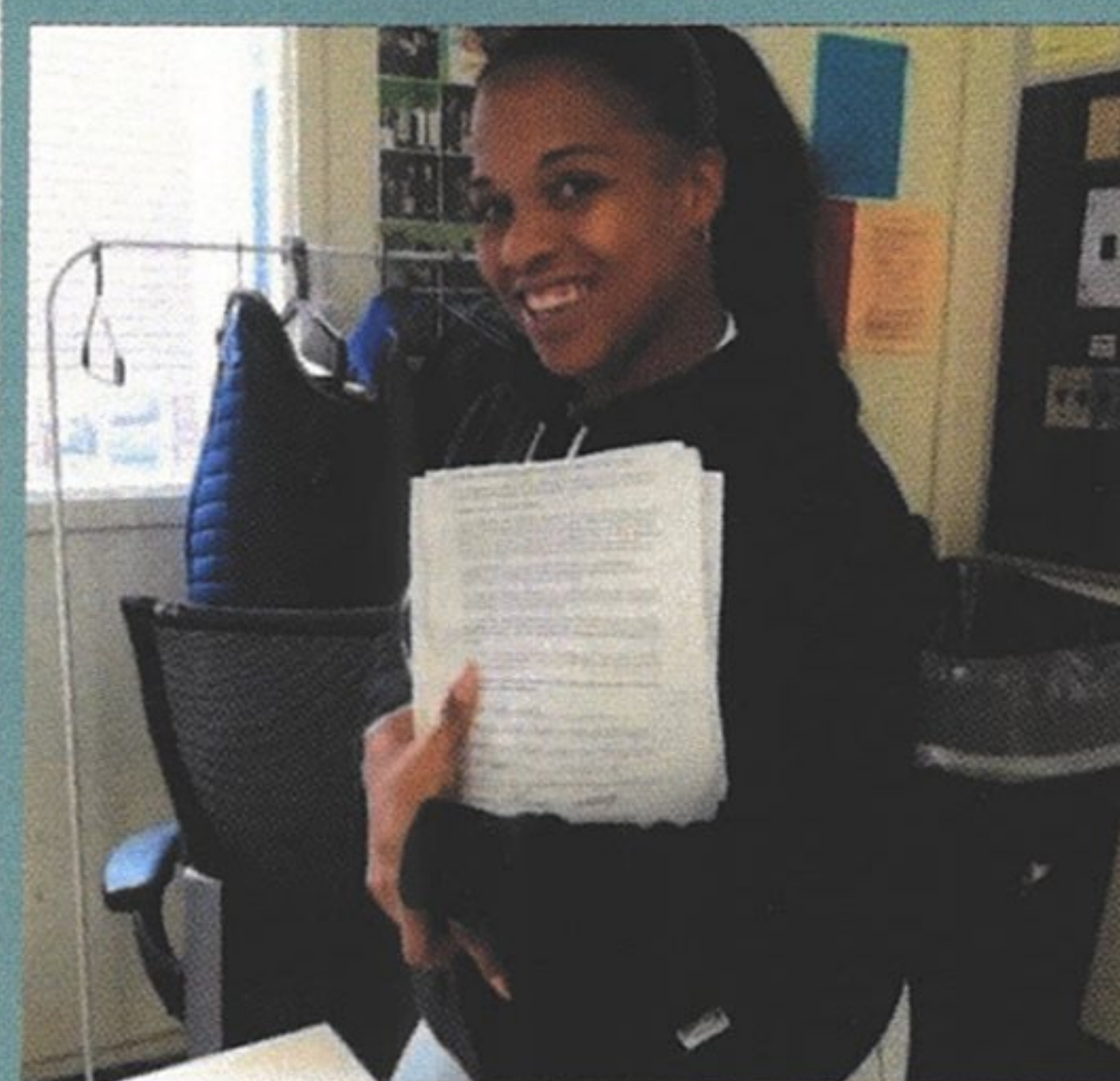
Success Beyond Limits (SBL) is a youth-led community oriented program that provides youth with various supports towards success in their education as well as their lives.

BIG BRO BIG SIS

A mentor assists and guides the mentees whether it's regarding their education or personal problems. They all have a big brother/big sister relationship, it's the same for everyone in the program. Mentee Check-Ins are a way for mentors and mentees to stay connected outside of program days: "Once a week, I contact my assigned mentees and communicate with them to see how they are doing academically, socially etc. I then inform SBL if they need a tutor in advance, so when it's homework time my mentees receive the assistance that they need" said Kavenie. With the virtual program being on Zoom, a lot of students are not comfortable being on camera, "...it's hard for us to get to know the students, like we can't put a name to the face, so I would say at least half of the program we just know a first and last name... it does hinder the program a bit but we are still able to be successful and those relationships are still built, it took a bit longer, but it's a work in progress," said Shyanne, the After School Program Coordinator.



SBL
IN



A
NUTSHELL

"Accepting"

"SBL accepts and assists anyone no matter who they are. No matter where you're from, your race, ethnicity, gender, grades etc. They've accepted me and given me the roles of a mentee, volunteer and now, a mentor, which contributed towards my growth."

-Kavenie B.

"It takes a community to raise a child"

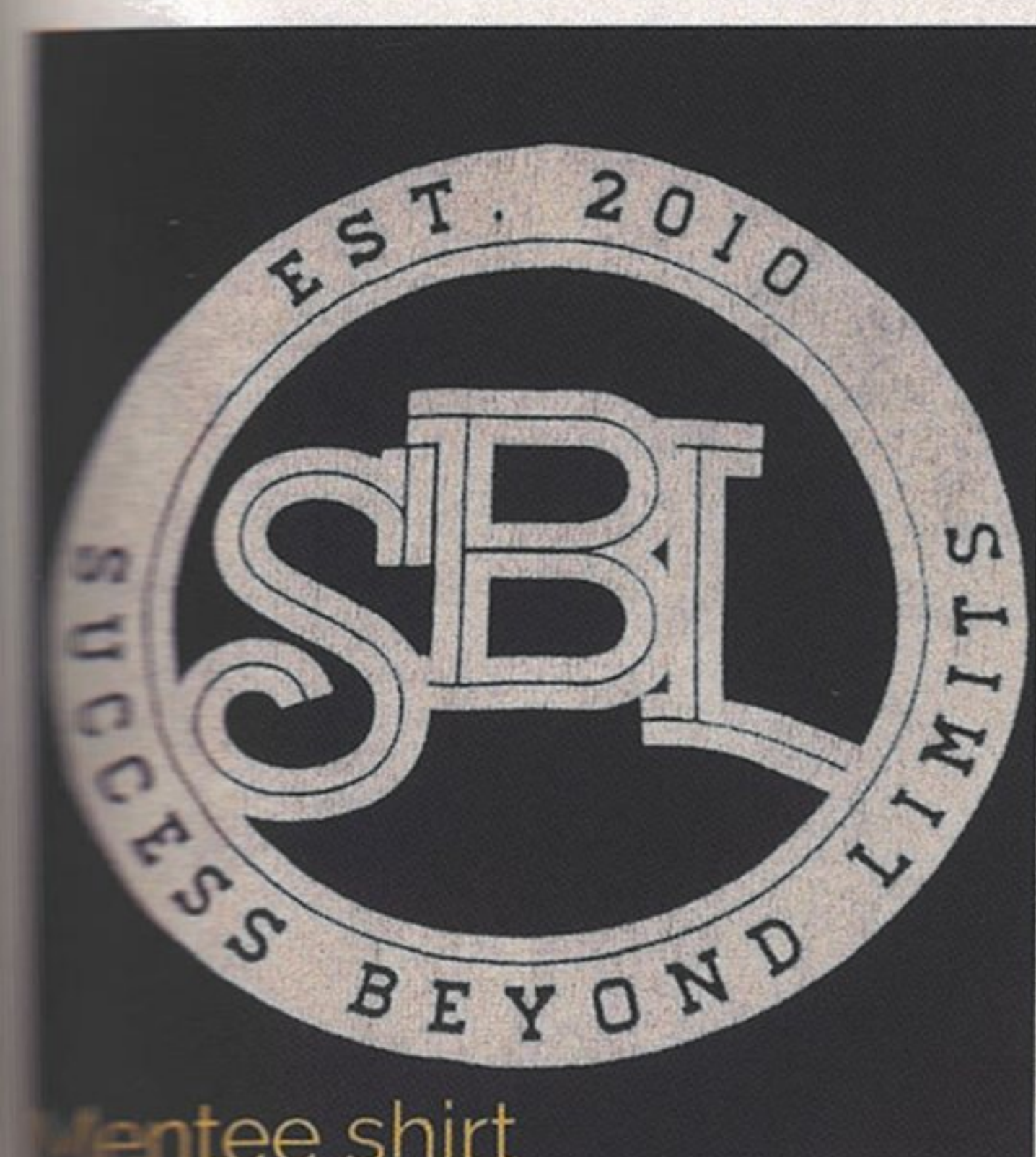
"A lot of things contribute to who a child becomes, it's not just their parents. It's their friends, teachers, communities; it's the opportunities they get, their dreams and goals they accomplish. That's what SBL helps with."

-Shyanne W.

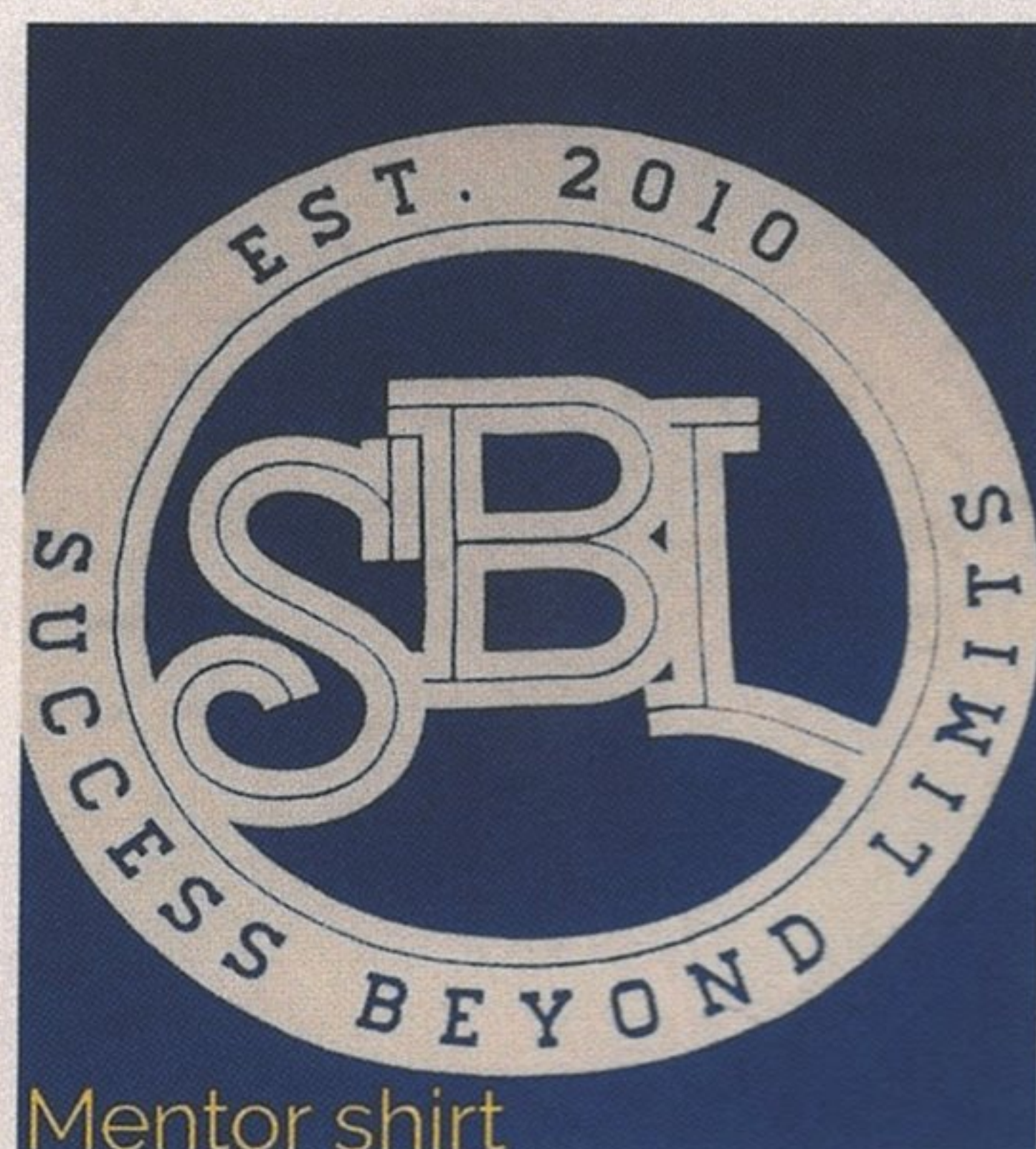
"Fun"

"I like SBL because it's fun. We get to do things that we don't usually have the opportunity to do. They give away so many prizes and gift cards, and they really helped me a lot in math class."

-Sabir N.



Mentee shirt



Mentor shirt

OUR WILDCATS ADAPT

This is the first year that Westview (like all other schools in the world) has gone virtual, not necessarily by choice but due to the safety of the community. Students have arguably been impacted the hardest due to this change, though like Dolly Parton said, "We cannot direct the wind, but we can adjust the sails." Overtime, the Wildcats have found ways to adapt to the struggles of online learning and come up with strategies to persevere through all the ups and many downs of this pandemic.

STRATEGIES

"I recommend other students to complete their work during class time so after school is done they can do other things that they enjoy."
- Nicolas Ngo.

TAKE BREAKS

"Breaks are important to me because working non stop will actually make me work worse and so taking breaks helps me mentally reset." - Nicolas Ngo, grade 9. Taking breaks is important in recovering from stress, which can, in turn, improve your performance. It's not bad to want to finish all your work as soon as you can, or be worrying about due dates, but just because you hand in your assignments early that doesn't necessarily mean that your grade is going to be better.

MAKE A LIST

Making a to-do list helps you improve your time management skills. It enables you to keep track of your top priorities such as due dates, assignments, and stress relievers. You can create one that is daily, weekly, or monthly; having one that is physical, like on a calendar or white board, allows you to not overlook or ignore these tasks, though having it on your phone is great too. Also, setting alarms and reminders in addition to this encourages you to remember and adhere to the time you set to complete these tasks.

SNACK

"Paying attention to a screen is definitely a lot easier for me," says Vince Mercader, who is in grade 9. "A strategy I suggest is getting some food while working so I don't get bored easily," he adds. If you're having a hard time paying attention, just grab a snack while listening to your lessons; you'll gain more energy, and satisfy your taste buds!

"IT IS NOT THE STRONGEST OF THE SPECIES THAT SURVIVES, NOR THE MOST INTELLIGENT, THAT SURVIVES. IT IS THE ONE THAT IS MOST ADAPTABLE TO CHANGE."

- CHARLES DARWIN (1809-1882)

Online school is not all that bad, many students actually prefer learning this way. Of course, everyone is different, and a lot of students have and still are struggling with this version of school and everything that comes with it. Everyone has had trouble staying motivated throughout this school year, but eventually they learned to adjust and get back on track. A few of our busy students took some time to share some of their strategies that helped them.

SELF CARE

School can get overwhelming, with all the assignments, classes, due dates, and the speed of it all. It's important to not make school consume all of your time and energy; do something that makes you happy, an activity that's entertaining to you, a stress reliever. "I watch anime, do art, listen to music, talk to friends, watch netflix or just enjoy a delicious snack," says Crisbel, who's in grade 9 as well.

INCENTIVE

Giving yourself something to look forward to is a great way to help you stay motivated amongst all the stress. Thinking about why you are doing all this, what you'll gain and the "treat" you'll get to indulge in when you complete those certain tasks allow you to think of the brightside. These incentives you give yourself don't need to be huge, they can be small. You can say "I may be stressed out now but at least summer break is almost here" or "If I complete this now I'll have free time later." Remember you are allowed to treat yourself, it's not selfish or worthless, it is good to reward yourself for the hard work you are doing.

YOUR BEST

"I try my best to do the work and if I think I did my best I just leave it be. no need to get overwhelmed more," Vince says. As long as you feel like you are doing your best that's all that matters. That being said, it's okay to ask for help too, that doesn't mean you are dumb, it means you want to get better!

"Take time to be and enjoy yourself. Go and do something you love, like watch your favorite series/movie, hang with your friends/or help them with something, exercise, listen to your favorite music, eat something tasty, and above all, take a break, the work is always gonna be there so don't stress about it."

- Crisbel.

Culture is what

people do after all and it's the people of Westview; staff and students alike that make Westview the spirited place that it is. This casual connection during the online school days was missing. This is why Community Days @ Westview was created. Community Days @ Westview was a set of school-wide virtual events that ran most Fridays during Quad 3 of our 2020-2021 school year. Events were open, to be run by staff or students of Westview who had the time and energy to play host and advertise their event, with the majority of the coordination and planning done by Sadaf Agha, a teacher familiar to many at Westview.

A Google form was sent out with an editable list of events to survey student and staff interest. The events included anime trivia (winner received a \$25 gift card), quick and easy snack ideas, origami, painting, and mindfulness & meditation, just to name a few! We had a great turnout at the first event with many students dropping in and inviting friends in the anime duel of the year.

Join us for...
COMMUNITY DAYS @ WESTVIEW! <-Click to access the meet

TRIVIA: Anime Fri, Feb 19th @ 3:30-4:30



Test your knowledge of anime shows! There's no way you'll recognise ALL the plots and characters... or will you?!?!

ORIGAMI Fri, Feb 26th @ 3:30-4:30



Origami is a Japanese traditional paper-folding art. Join us as we listen to soothing music and fold paper!

RECIPE: Indian-Style Omelette Fri, Mar 5th @ 3:30-4:30



For this recipe you'll need: 2 eggs, an onion, salt, ground cumin, red chilli pepper or paprika, garam masala or black pepper, and cilantro!

RECIPE: Mug Cakes Fri, Mar 19th @ 3:30-4:30



For this recipe you'll need: flour, sugar, oil, eggs, cocoa powder or vanilla extract, baking powder, some salt, other choice toppings!

PAINTING SUNSETS Fri, Mar 26th @ 3:30-4:30



You'll need thick paper/canvas, white, black, red, blue, yellow acrylic paints and paintbrushes. We'll learn how to paint a gradient!

TRIVIA: Pop Culture Fri, Apr 9th @ 3:30-4:30



Think you're in the know? Come test your knowledge of pop culture and find out!

RECIPE: TBD Fri, Apr 23rd @ 3:30-4:30



Session Leader: Desiree Grant
Ingredients:

Community



One of the events was making mug cakes!

Mug Cake Recipe

Looking for a delicious chocolate delight to cheer you up that you can make with simple household ingredients? Look below:

Link:

<https://www.allrecipes.com/recipe/241038/microwave-chocolate-mug-cake/>

What you'll need:

¼ cup all-purpose flour

¼ cup white sugar

2 tablespoons unsweetened cocoa powder

⅛ teaspoon baking soda

DAYS AT



½ teaspoon salt
3 tablespoons milk
2 tablespoons canola oil
1 tablespoon water
¼ teaspoon vanilla extract

How to make it:

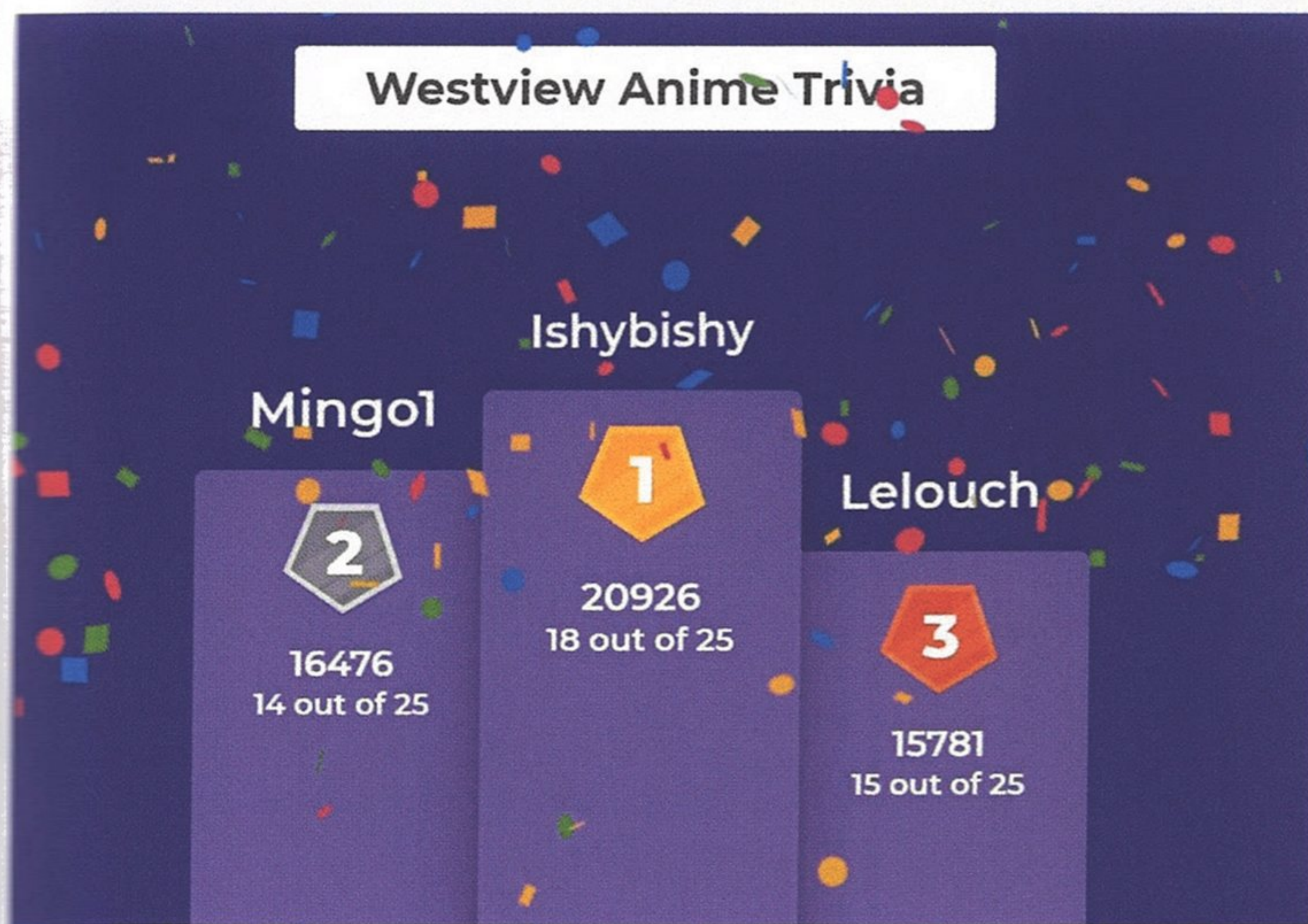
Get a mug and a fork.

Mix each ingredient in, one at a time using a fork.

Once all is mixed and there's no lumps, microwave for 1 min and 45 seconds.

Enjoy!

Westview Anime Trivia



Anime Trivia, with a prize!

5-Quiz Who is the main character in My Hero Academia?

5 of 25 < >



<input type="checkbox"/> Bakugou Katsuki	X	0
<input checked="" type="checkbox"/> Midoriya Izuku	✓	6
<input type="checkbox"/> Todoroki Shouto	X	0
<input type="checkbox"/> Kirishima Eijiro	X	0
<input type="checkbox"/> No answer	X	8

20s time limit

WESTVIEW

In this trivia session both hardcore anime fans and those just dipping their toes into the exciting world of Japanese animation/manga were able to compete against each other while learning about some mainstream anime and even some obscure and bizarre ones for the true fans out there ;). The trivia session spanned 2 rounds. In Round 1 students logged on to a Kahoot featuring questions from characters from anime such as Naruto, Bleach, One Piece, HunterxHunter, Death Note, My Hero Academia, Attack on Titan, One Punch Man, Fullmetal Alchemist, Jojo's Bizarre Adventure, Haikyuu!, Jujutsu Kaisen, and Monster just to name a few including characters from notable anime movies like Spirited Away, Howl's Moving Castle, and Your Name. In Round 2, participants listened to 5-10 seconds of the intro songs to various anime shows and had to type out the anime show it came from with the game increasing in difficulty as we progressed! What an unforgettable experience. Pictured here are the screenshots of the top scorers in Round 1. (If I forgot to mention one of your favourites, please forgive me! - Ms. Agha~)

Anda Bhurji Recipe

Ms, Agha here, sharing a spicy family recipe with you all. It's amazing to see so many variations of this recipe, my family's is just one version and you are free to make it your own! Anda means egg in Urdu and Hindi. Bhurji means scrambled.

What you'll need:

- 1 egg, whisked to blend yolk and egg whites
- 1 pinch salt
- 1 pinch turmeric (also called haldi)
- 1/2 small onion, chopped
- 1/2 tsp fresh ginger, grated
- 1 pinch ground cumin (also called zeera)
- 1 pinch red chili powder (also called lal mirch) [Substitute with black pepper if you want!]
- 1 pinch coriander powder (optional)
- 1/2 green chili, chopped (optional)
- some fresh coriander to top it with (optional)

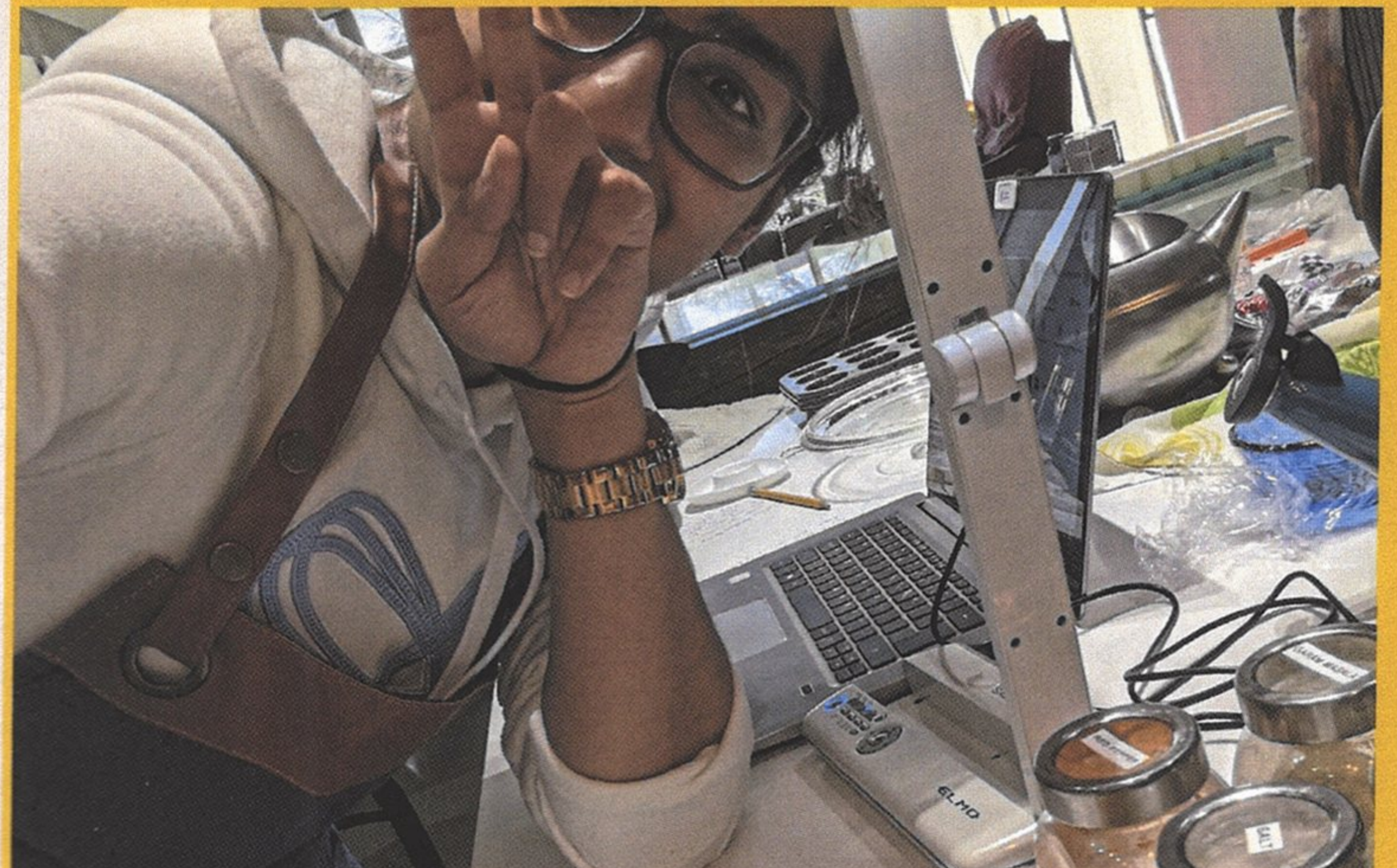


How to make it:

In a small bowl whisk together the egg, salt, turmeric. Chop up your onion, and green chilli.

In a small frying pan on medium-high heat, brown your onions in a little bit of oil, then add ginger, and spices. Once fragrant, add in your whisked eggs, and scramble them in your pan.

Once the egg is completed cooked, remove from stove, top with fresh coriander and enjoy with a roti!



CREATIVE WRITING

WESTVIEW'S AUTHORS IN CREATIVE QURANTINE

A collection of poems and humorous essays written last year by Ms. Anwer's grade 10 (ENG2V1) students. In a year unlike any other, Westview's authors have had to face unprecedented challenges in writing brought forth by the pandemic and quarantine.

When asked about the effects this phenomenon has had on students writing, English Department Head, Ms. Anwer, said,

“The quarantine is a mental health challenge and our screens are both helpful and harmful. Writing can be a way to use screens in a productive way (or, you can even use a pen *gasp*). But, life is less diverse right now and that can result in less inspiration.”

The written pieces featured were written by last year's grade 10 students in April 2020, right around the time the pandemic first occurred. The featured poems are themed around the time of social distancing and the featured essay is an amusing classroom perspective on types of people in group projects. Writers face a unique kind of creative pressure due to the surrounding stress caused by the pandemic and can often easily find themselves slipping into writer's block.

Ms. Anwer said,

“I find students push themselves to produce and I am proud of them.”

Staying creative and inspired in such a bleak time is going to prove a challenge for any type of creator. So when asked on what advice to give to students who are struggling with this, Ms. Anwer said the following,

“I would say that this time will live on as one of the most singular and historic episodes of our age. If you can make your voice be heard, you might appreciate it now and later when you look back.”

POETRY IN THE TIME OF SOCIAL DISTANCING

I can see them feeling nauseous
Lyrics that tempt me
Life's too short to be cautious,
Said Jessie Reyez
Shoes and fades, are mine no more
I never wanna be unable to go the store... anymore
And when this is over, I will go straight out the door...
A haircut is what imma be going for
By: Tyshawn Grant

I can see my bed 24/7
It is as though I'm forbidden to go anywhere else in my
home
Lyrics that amuse me...we know we're getting better, said
Ateez
Ironically this situation is getting worse
The taste of green tea is mine no more
I never want to look at a screen for 7 hours repeatedly
again
When it's over, I will give hugs so hard my friends might
suffocate
By: Elaine Nguyen

Classroom Perspective: Types of People in Group Projects

By Jessy Wickliffe

Everyone has experienced the good, the bad and the ugly surrounding group projects, whether it being in school or within the workplace. But we all know the people that constitute the group normally, and make or break the final outcome. These people can be classified according to work ethic, in specifically three groups: The Slacker, The Hog and The Collective.

The Slacker is the member of the group that regularly chooses hardworking co-members, then proceeds to do little to nothing. They either contribute really weak ideas and work to the project, or they refrain from participating all together. They wait for the rest of the group to finish the project and assign The Slacker a task. The Slacker, as per usual, does not look into the task until the last minute. Resulting in them repeatedly asking, "What do I do?" In some cases, the Slacker does their part correctly and saves the group from complete failure. In other cases, due to lack of preparation, they fail to complete a simple task, costing the competent group members a good grade. Regardless of outcome, The Slacker will put their name on the assignment with minimal work done. They are incompetent, lazy, and arguably, selfish.

Let's move on to "The Hog", another type of group member. The Hog is a know-it-all perfectionist. This person wants everything done their way, and thinks they're smarter than the rest of their entire group. The Hog is hard-headed, difficult and almost never open to different ideologies or concepts. This member discards everyone else's ideas, does the entire group project themselves, only then 'delegating' particular parts to each group member. This an extreme description of The Hog, as they do come in many different forms.

A different type of Hog is the subtle kind. Their co-members deem them as the "smartest" amongst the collective. The Hog is aware of this, and uses it as an opportunity to do the entire project individually. They distribute minor duties to their colleagues in the nicest way possible. They also manage to make the entire bunch feel as if they had a great contribution to the assignment. Whichever "Hog" you encounter, this person regularly carries their group to success, but the difference between an extreme Hog and the subtle Hog is that most people will want to work with the subtle Hog again.

Lastly, we have the Collective. A teacher's ideal group. Everyone in this group equally contributes to the assignment. Everyone takes on a responsibility and does the best in their power to execute it successfully. At the end, they come out with an incredible group project. One is not likely to encounter this type of group until they get older or progress in their field. Regardless, the best group to have is The Collective. Teamwork!

I can see the world
before me, everyone 6ft
apart
Lyrics that give me belief
... let the moon come
shining into your life
again

I listen to the absence of
the wind and look
outside my window to
see the swaying trees
I never...want to be stuck
into this loop again
As soon as this is over, I
will go out and capture
nature

By: Shauntae Harrison

I can see my friends
through a screen, no
more hail ups indeed.
Lyrics that give me hope
through this crisis "For
every dark night there's a
brighter day,"
said Tupac.

Sunlight and listening to
Reggae music at BBQ's is
mine no more.

I never wanna be on this
house arrest situation
anymore.

When it's over I will link
up with my friends and
embrace mother nature.

By: Kavenie Arian B.

I can see the tears of shoes I haven't wore in years,
In Nike's name I pray for forgiveness.

Lyrics that encouraged me from a crisis I am
frightened of,

"Every little thing is going to be alright," said Bob.
The presence of friends is mine no more,
Laughter with my amigos were moments of
satisfaction.

I'm claustrophobic... I never want to be stuck inside
again,

When it is all over, I will scream with full
excitement to dear mother nature.

By: Nakesha Jean- Charles

I can see ALL the memories, from me riding bicycles
around the neighborhood as a kid, to exploring the cruel
streets of Toronto with my friends.

Oh my goodness, it feels like this pandemic will never end.
"Two more weeks!" Doug said, as the optimism begins to
leave my body, as I now become acclimated to the fact
that I can't just be around anybody.

Spending my normal teenage life at school with my friends
are here no more, I'm beginning to lose hope, I'll even give
up my favourite pair of shoes for just one more walk to the
store.

I never expected this to happen so soon, but all I know is
that when this is over and through, I will definitely be taking
a trip to the moon.
By: Isaijah Wallace

COOKING WITH CLASS

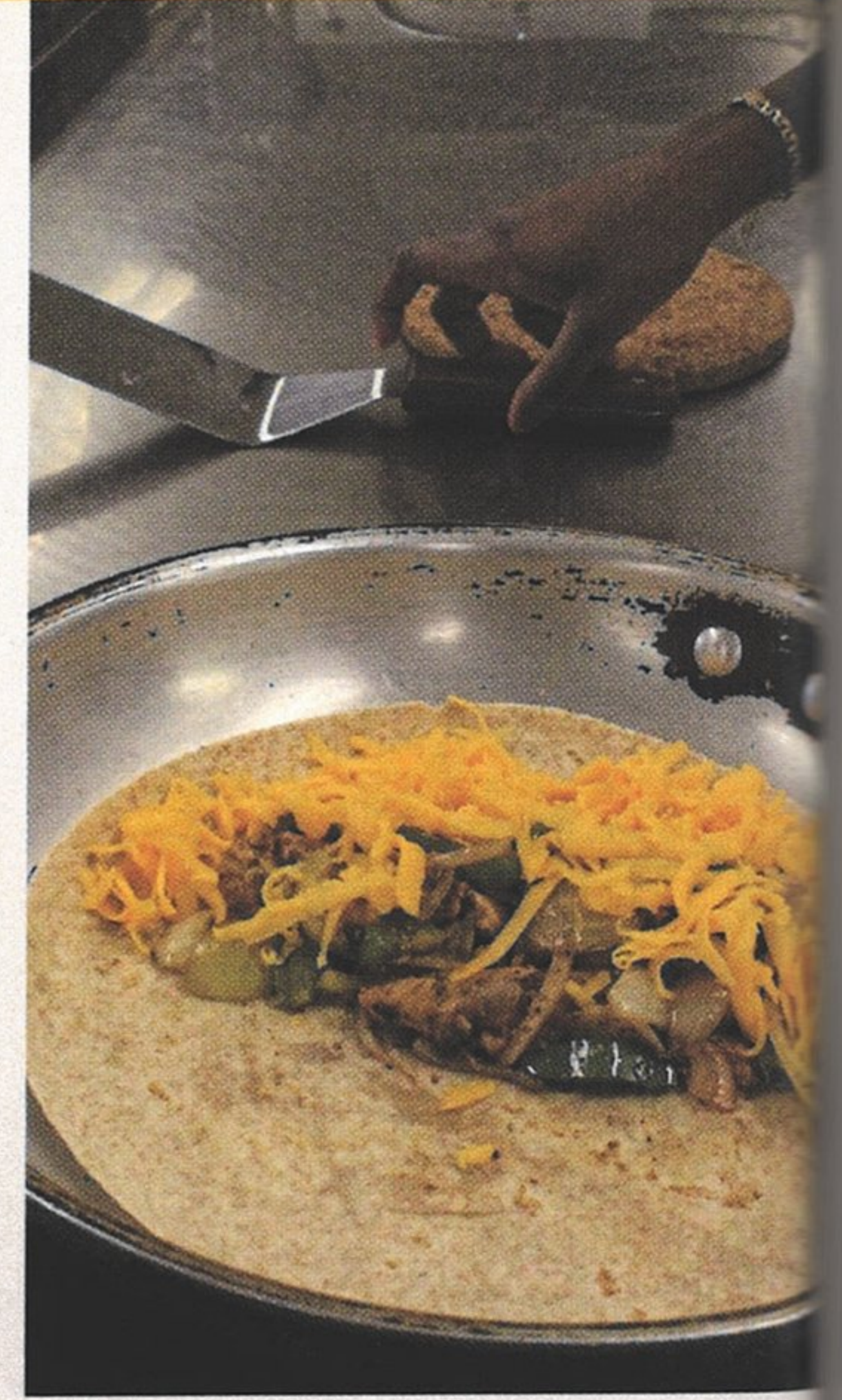
Teaching Hospitality has changed a lot since Covid -19. "Everybody keeps our classroom and food lab clean and sanitized at all times," says hospitality teacher Ms. Koshy, she adds, "Everybody follows the safety, hygiene and sanitation procedures before, during and after cooking. In addition to this, we strictly follow all the Covid-19 protocols (e.g. masks, social distancing, etc.) to make healthy recipes which the students take home." Ms.Koshy emphasized that by following the Covid-19 protocols only two students can cook at a time.



Lisa Tran prepares a chicken breast for marinating..



Above and below: Students Lisa Tran and Riccia Bynoe-Molango prepare these steak quesadillas filled with cheese, salsa and sour cream, with guacamole for dipping. Students can also make a side of rice and beans to stretch it into a full meal. Quesadillas are also a great accompaniment to soup!



Cooking at home with Stacey-Ann, Josh and Jermaine



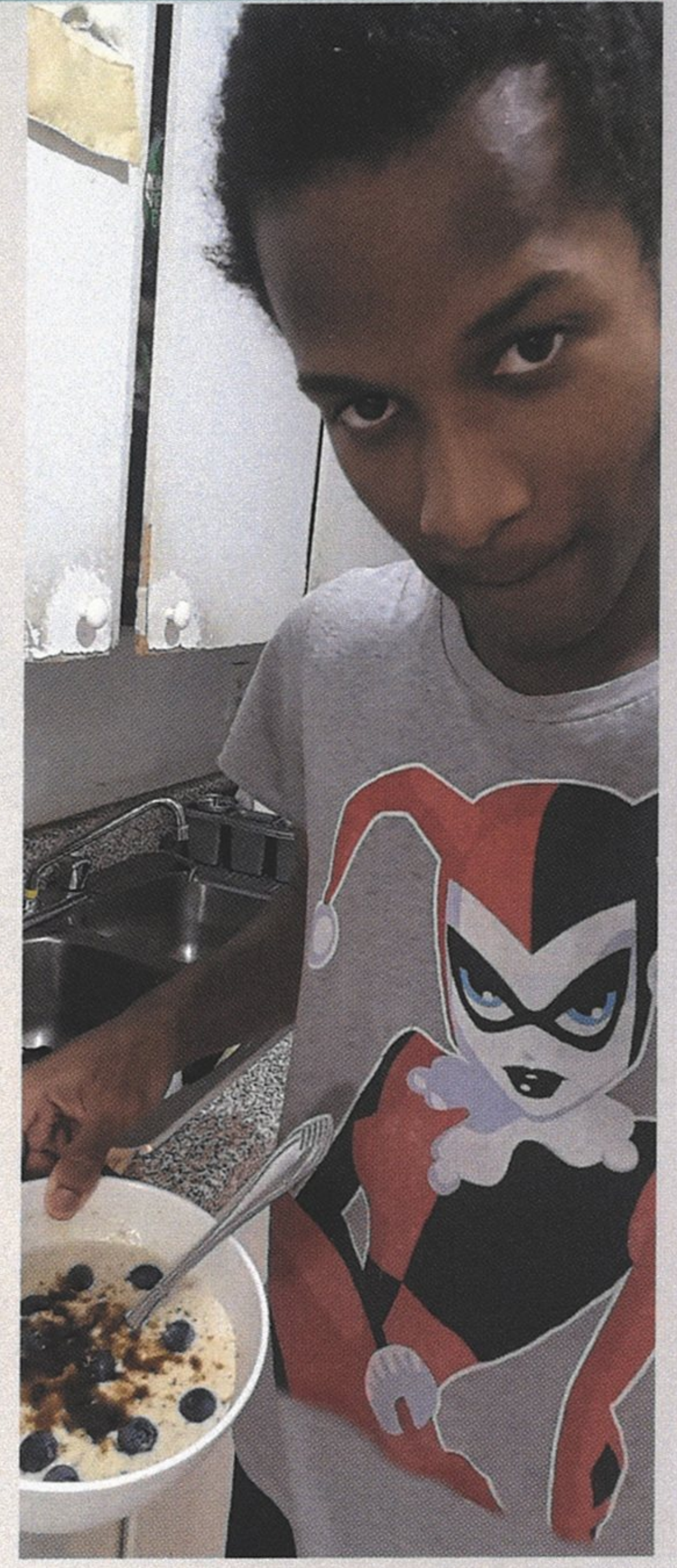
Dish Prepared: Jamaican Festival

Stacey Ann says, "I made Jamaican Festival for my cooking class. For my first time making it, it turned out really well and it was delicious. I have made this dish many more times after this."



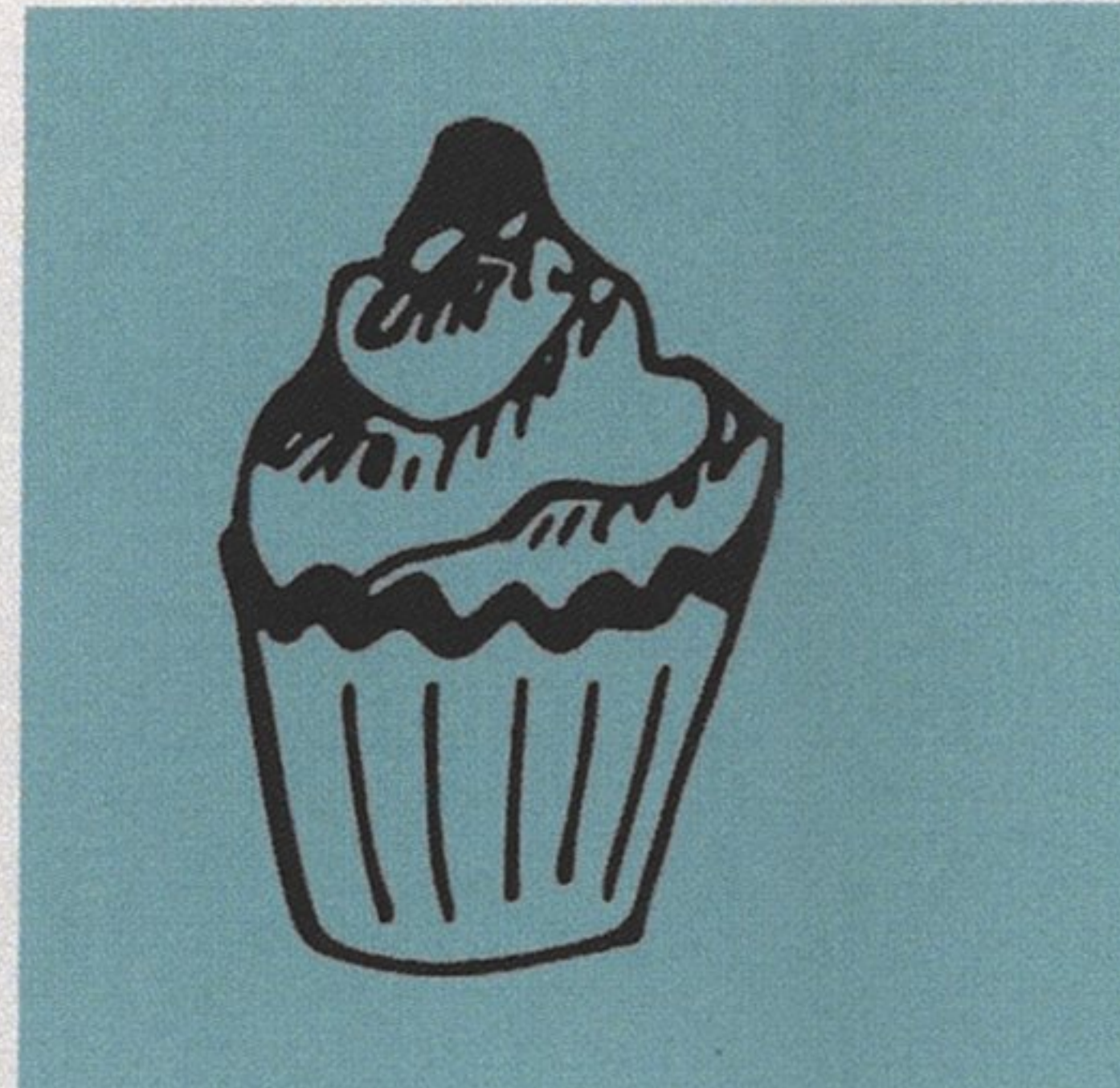
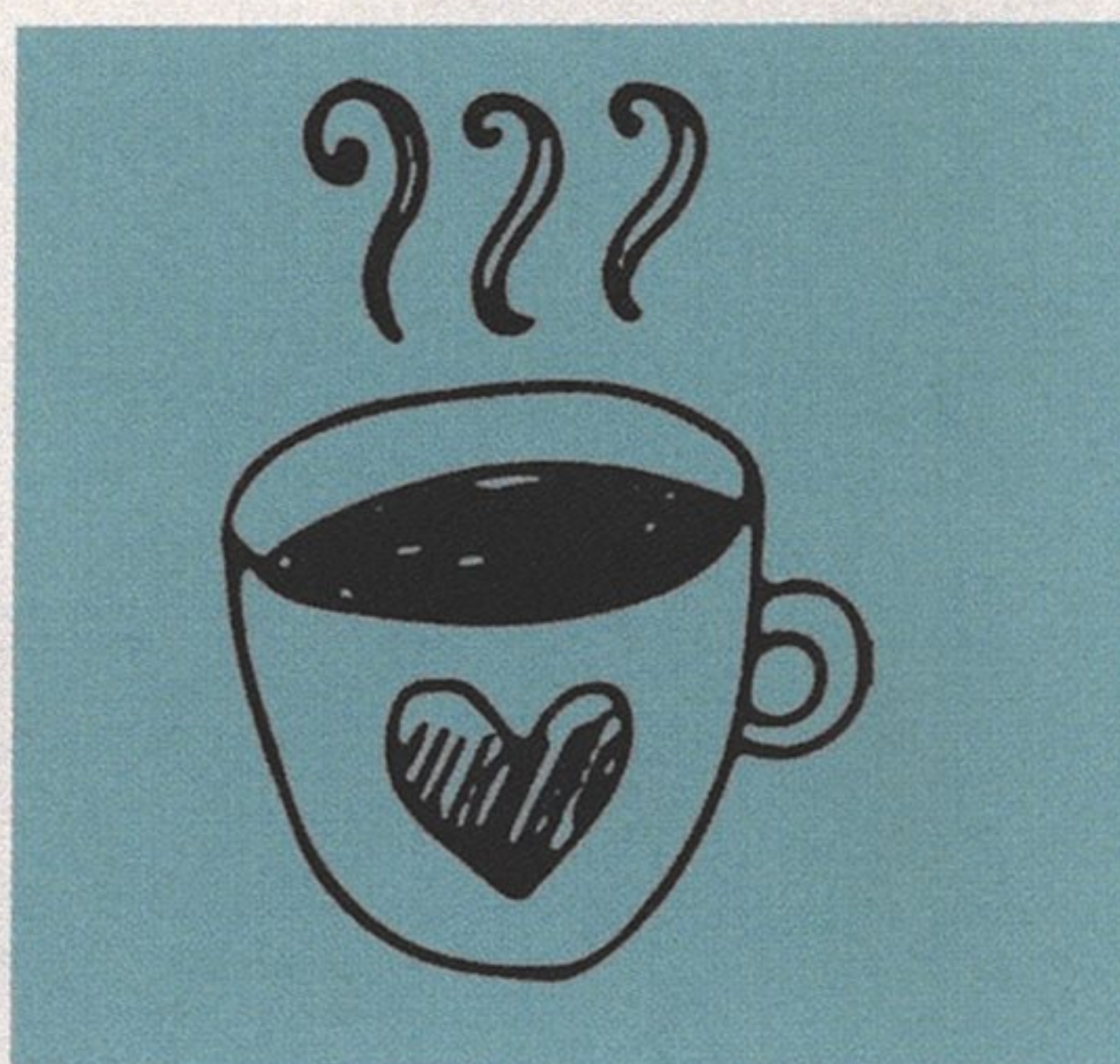
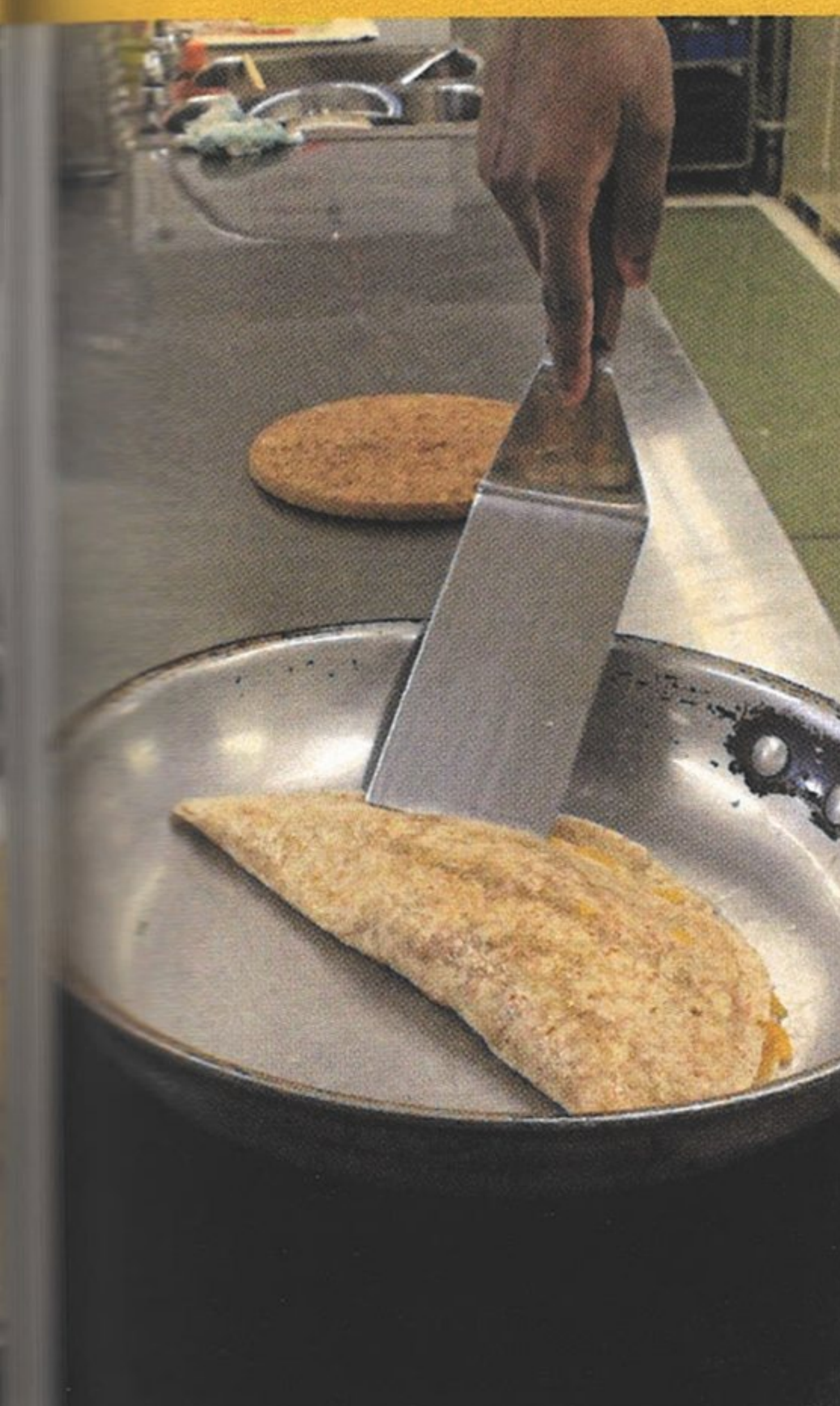
Dish prepared: Oatmeal Cookies

When asked how was cooking from home different from cooking at school, Josh said, "The difference between cooking at home and at school is that at school I cook with my classmates and at home, I cook only with my parents."



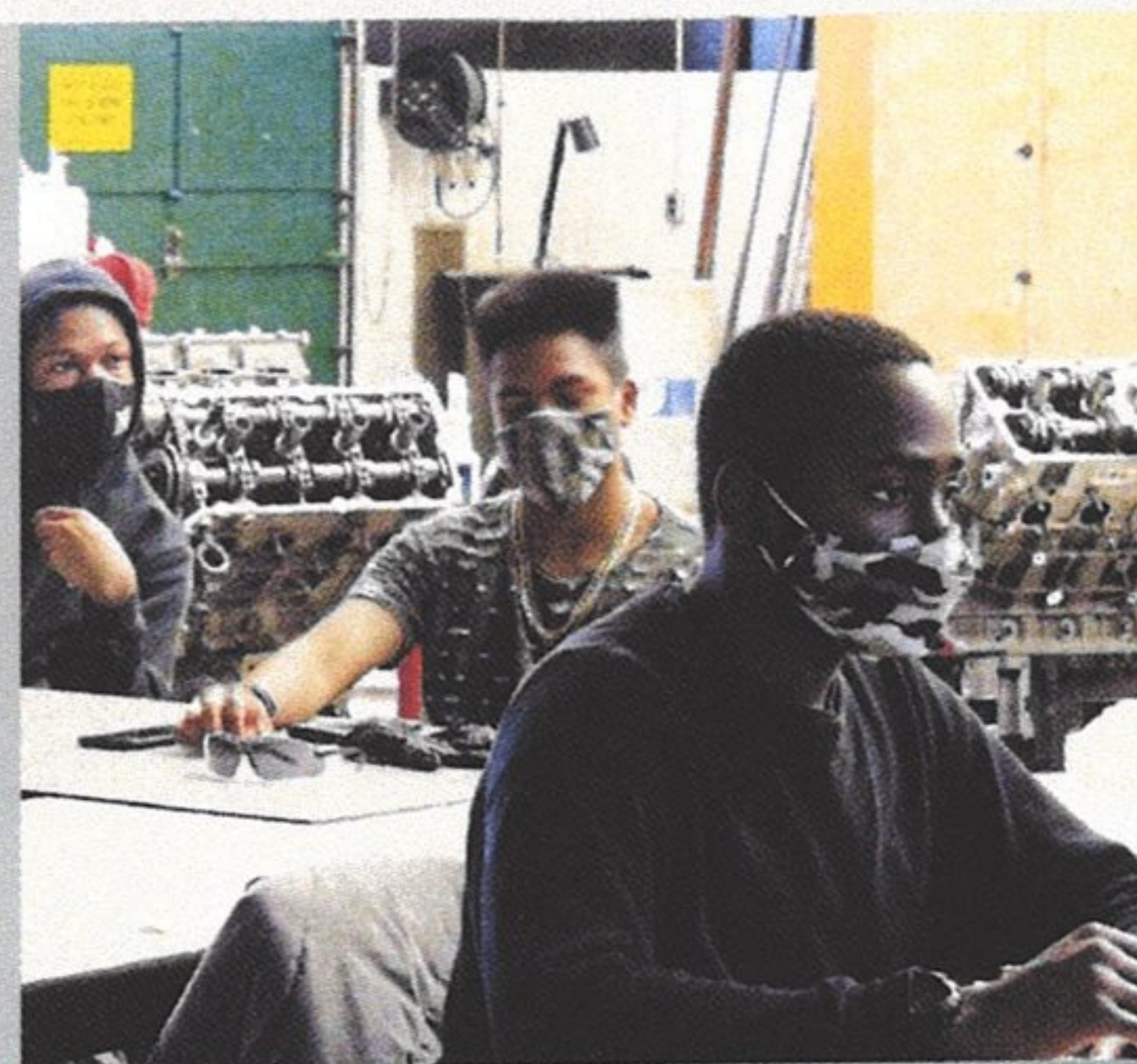
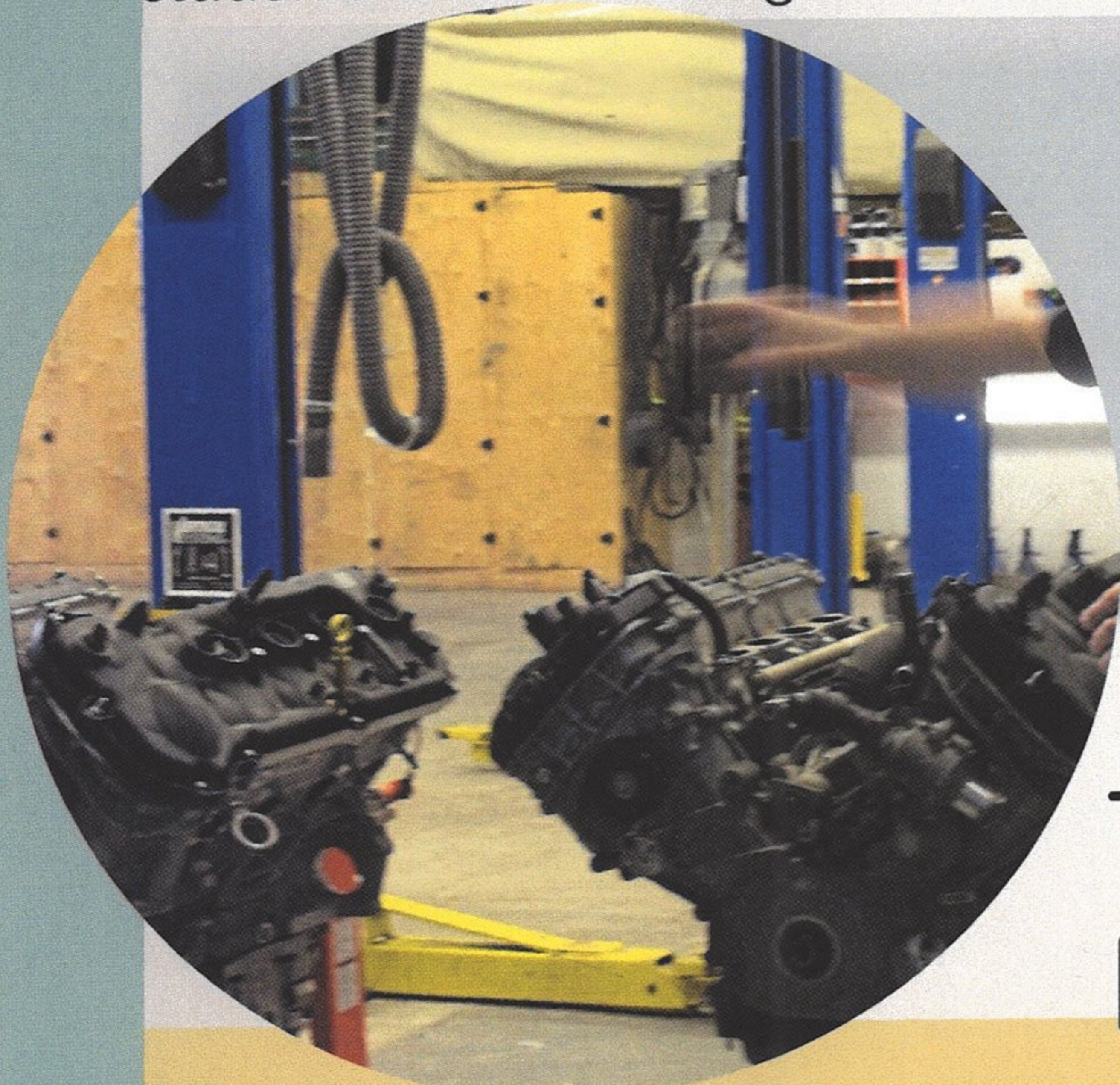
Dish prepared: Oatmeal with Blueberries

Food's student Jermaine says, "I never thought oatmeal would taste good with blueberries, it turned out well and I would make it again."





Due to the pandemic pretty much shutting the class down, teaching is being done through an e-learning website funded by the SHSM- specialist high skills major program - which requires students to move through activities that simulate what you might do in a shop.



THE

The Engine of Auto Class Mr. Baxter

Auto Class throughout the years has had a significant impact on both the students and the teachers. The head of the auto department, Mr. Baxter engages the students and enjoys teaching his craft to the young minds of Westview. He states that auto mechanics and technology has always been a significant part of his life as he's been working in a shop since he was 14 and has been in the trade for 27 years prior to becoming a teacher. It is what he knows and he enjoys reaching out to the youth of today. He recalls many memorable experiences with his students, from rebuilding the notorious 'Firebird,' to the time he asked a special needs student who was not doing so well academically, to take apart an engine and measure it, which he did, flawlessly. Mr. Baxter exclaims, "If I taught auto the way I learned it, it would be a colossal failure, because when I was learning it there would be an endless amount of notes to copy, but kids these days won't sit down and take the notes." so Mr. Baxter is always finding new and innovative ways to reach the students.

Auto Class is available in grade ten, eleven and twelve. Grade ten and eleven being open courses and grade twelve requiring the grade eleven prerequisite. The program is set up so that everyone can work at their own pace however there is a difference in the curriculum for each grade. In auto you're learning a whole different skill set, it allows you to "explore potential career paths that don't require you to go to university." For example you could come out as a licensed technician and make more than the "professionals." Some people cannot bear to be stuck in offices and would much rather do something they love and get paid for it. Although the skilled trades may not require you to go to university, Mr. Baxter emphasizes that "if you wanna rise to the top you gotta' study in school."



Associate teacher, Mr. R. Colmer instructs a class.

AUTO EXPERIENCE

Vehicles cannot be brought in to work on manually. When asking students if they prefer 'normal' school or 'covid' school, many preferred how things were before, thus causing a disconnect between students and virtual school.

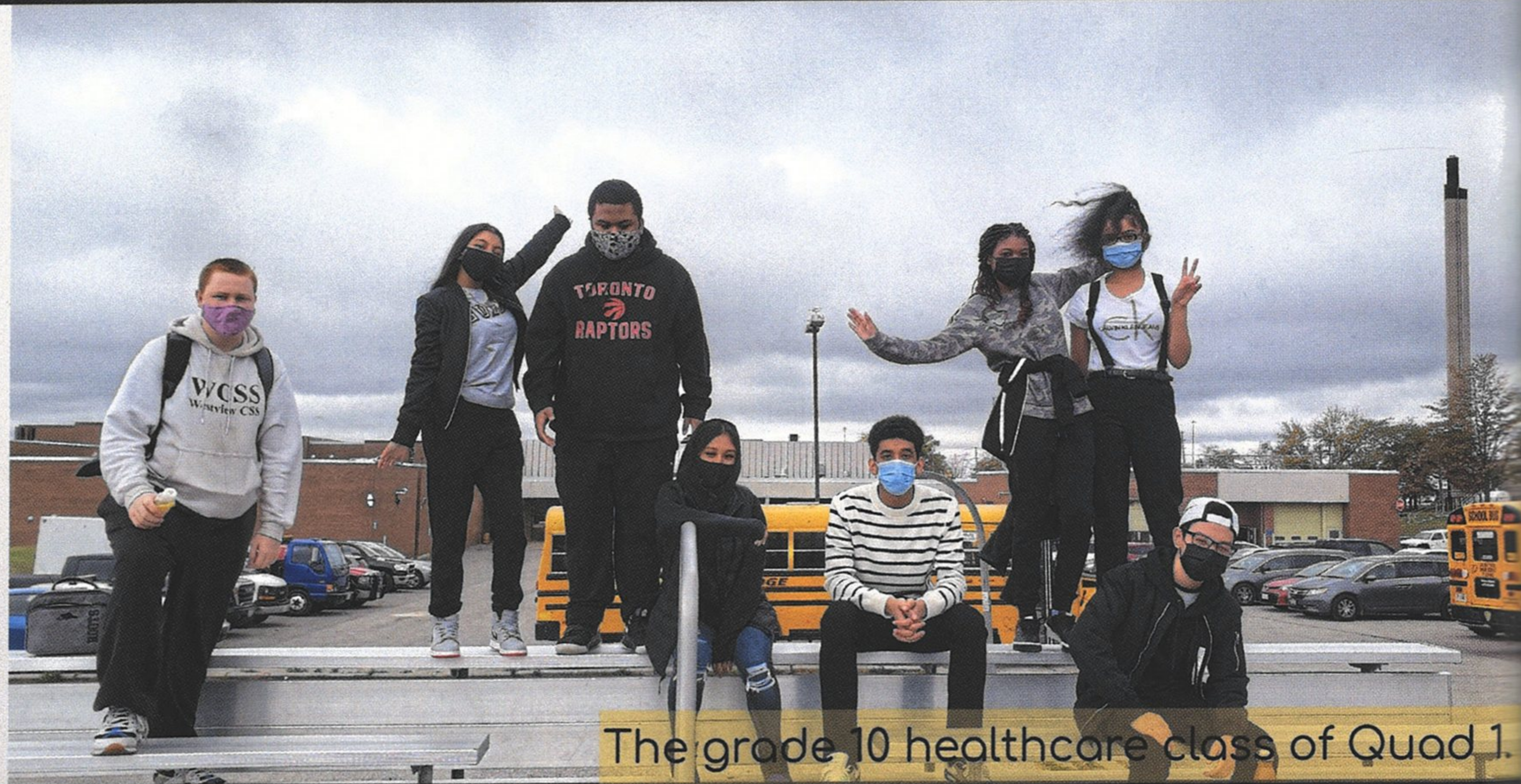
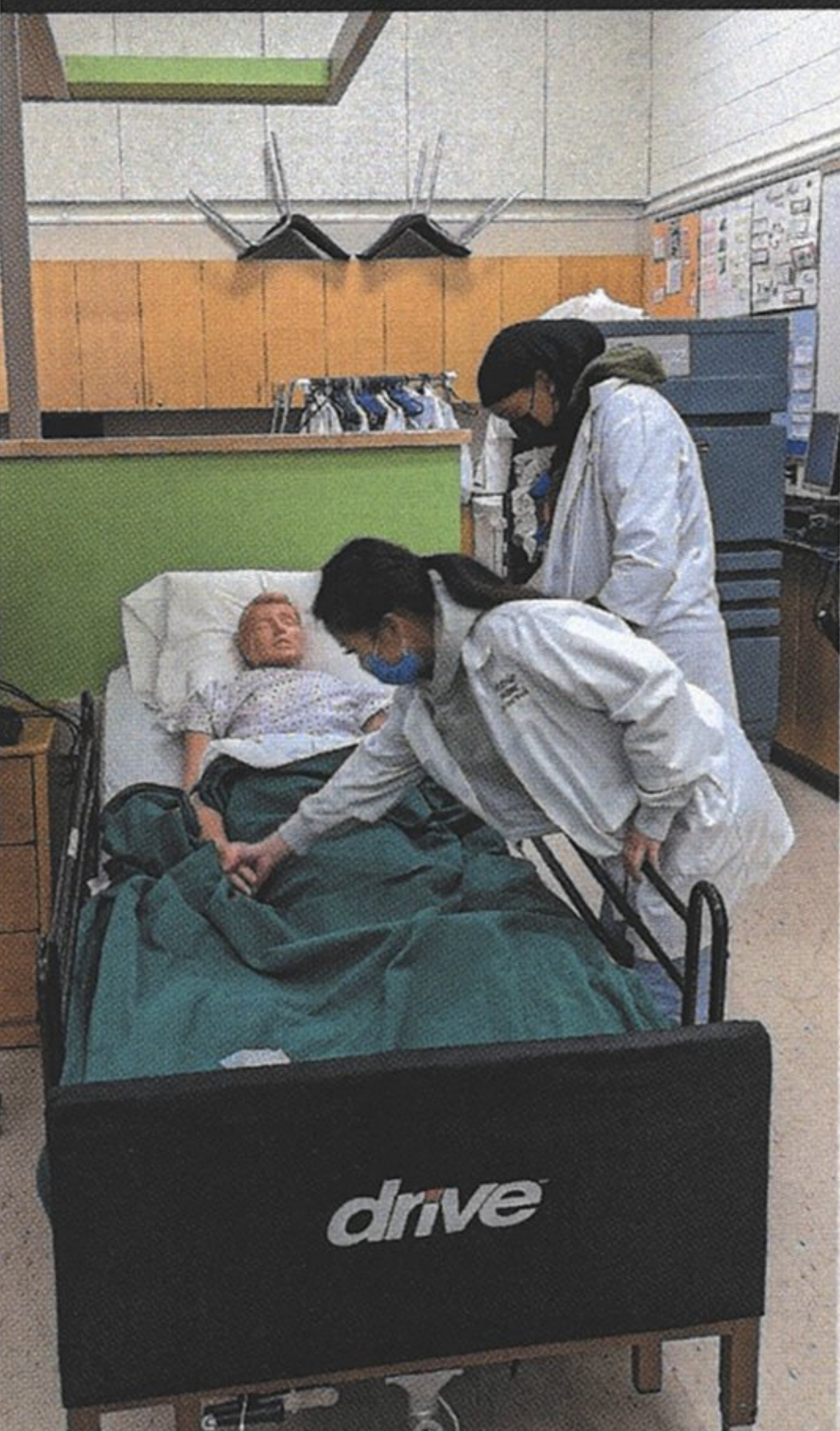




Due to the quadmester system, Christine Juman, a grade 10 student was able to take the grade 10, 11, and 12 Healthcare courses all this year! For as long as she can remember, the healthcare industry has always peaked her interest and she aspires to one day become a Cardiothoracic surgeon or a Cardiologist. "The cardiovascular system was always my favourite to learn," says Christine, she's also fascinated by the way the heart, lungs and other organs work together with the other systems to keep the human body alive; "I just hope to one day combine my passion and knowledge to change people's lives," she continues. This pandemic allows those who want to go into the healthcare field to be more aware of what they may deal with in the future (hopefully not), but that doesn't discourage this future doctor, "It actually encouraged me even more to enter it... seeing every frontline worker risk their lives to save others is very inspiring," Christine says.

No DESPAIR in

Selfcare



The grade 10 healthcare class of Quad 1.

Like Christine, most students share feelings of being overwhelmed and unmotivated; she points out that "Being in a healthcare course is not just about hospital sense and so forth but about mental health and well-being." Ms. Huynh adds, "When I was teaching it was a lot of factual information, I was talking about the human body and things like that, so I've started talking a little bit more holistically with the students too and they really enjoyed that." She regulates mental health talks with her class, they read books as well as quotes together and talk about what they mean to them, allowing her students to feel safe and comfortable.

Ms. Huynh is no stranger to Westview, though this is actually her first year teaching the Healthcare class; "I really really enjoy teaching healthcare because I can talk about the human body and the students are just as interested in that stuff in the same way as I am." She has taken an online course herself so she is very familiar with what it's like and how stressful it can be. That experience taught her to not overwhelm students, to give them enough breaks, and to not try and fill the three hour morning sessions with too much information. It's no surprise that students who are in very much hands-on courses are missing out on actual hands-on work due to the pandemic, though Ms. Huynh seems to be handling that pretty well; Christine remarks, "She had successfully incorporated all the hands-on work into virtual learning in fun ways without compromising the experience. Props to her!"

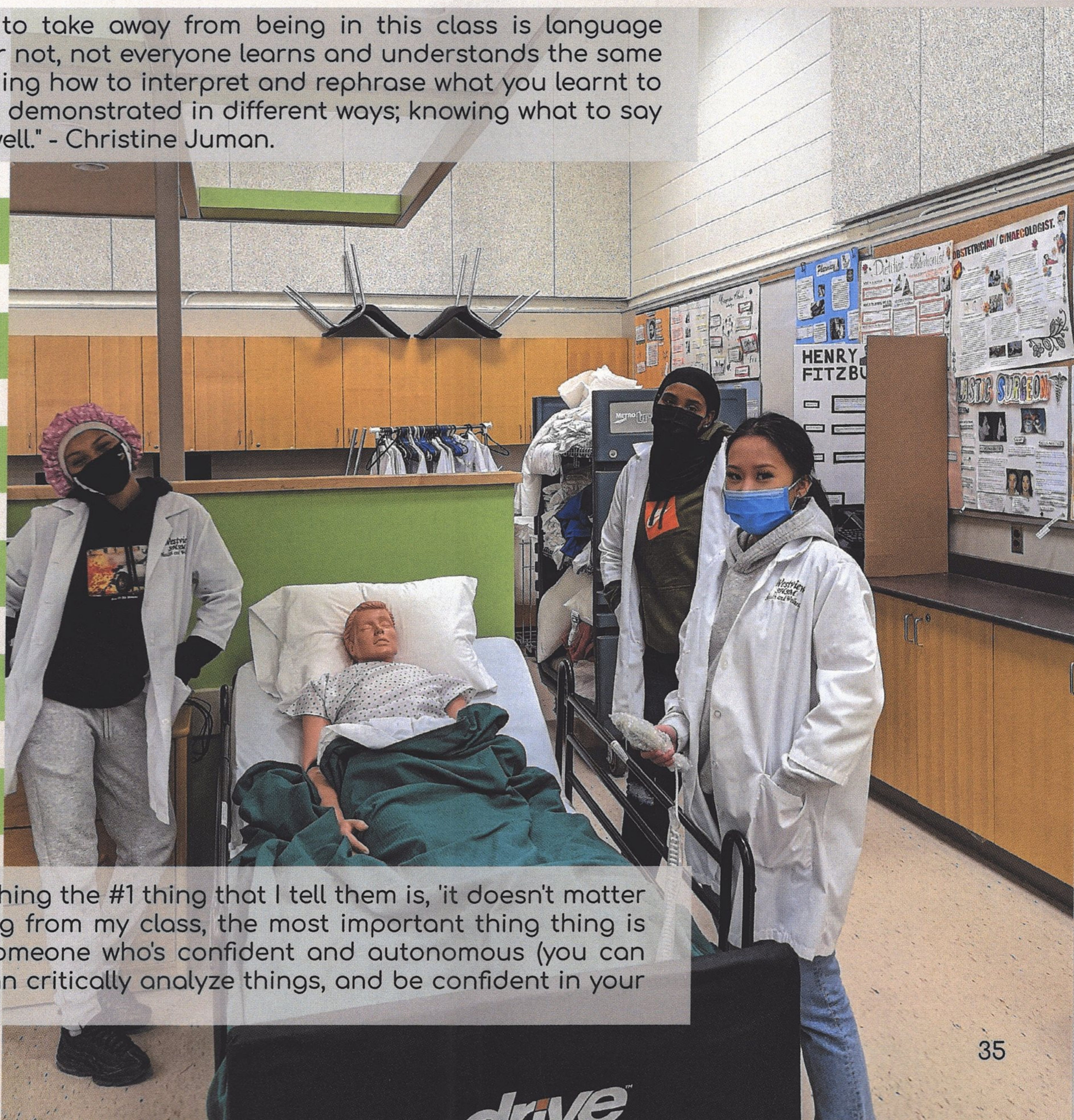


HEALTHCARE



"One thing I was able to take away from being in this class is language articulation. Believe it or not, not everyone learns and understands the same way as you. Understanding how to interpret and rephrase what you learnt to others (patients) can be demonstrated in different ways; knowing what to say to who is important as well." - Christine Juman.

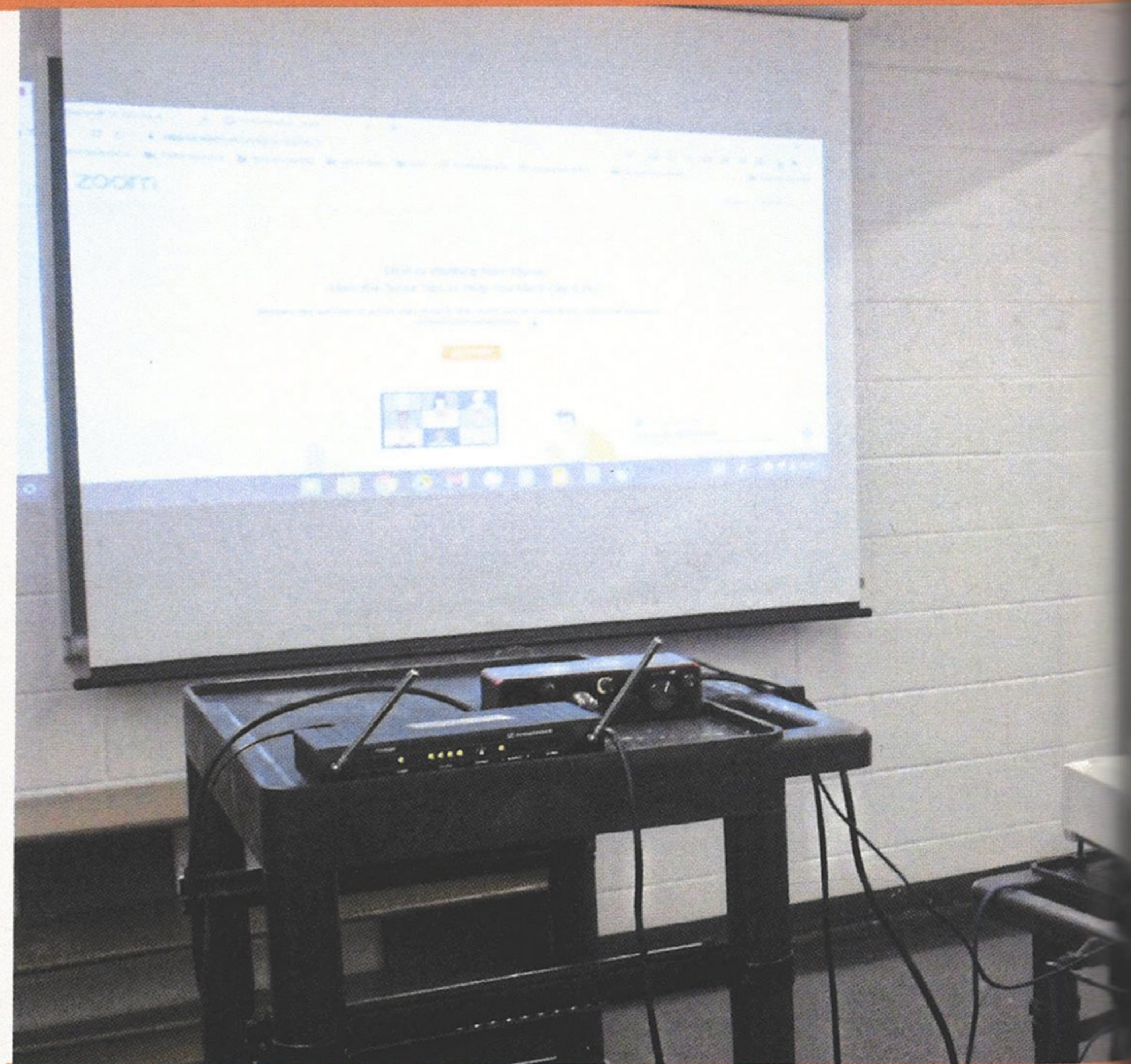
A quick biopsy



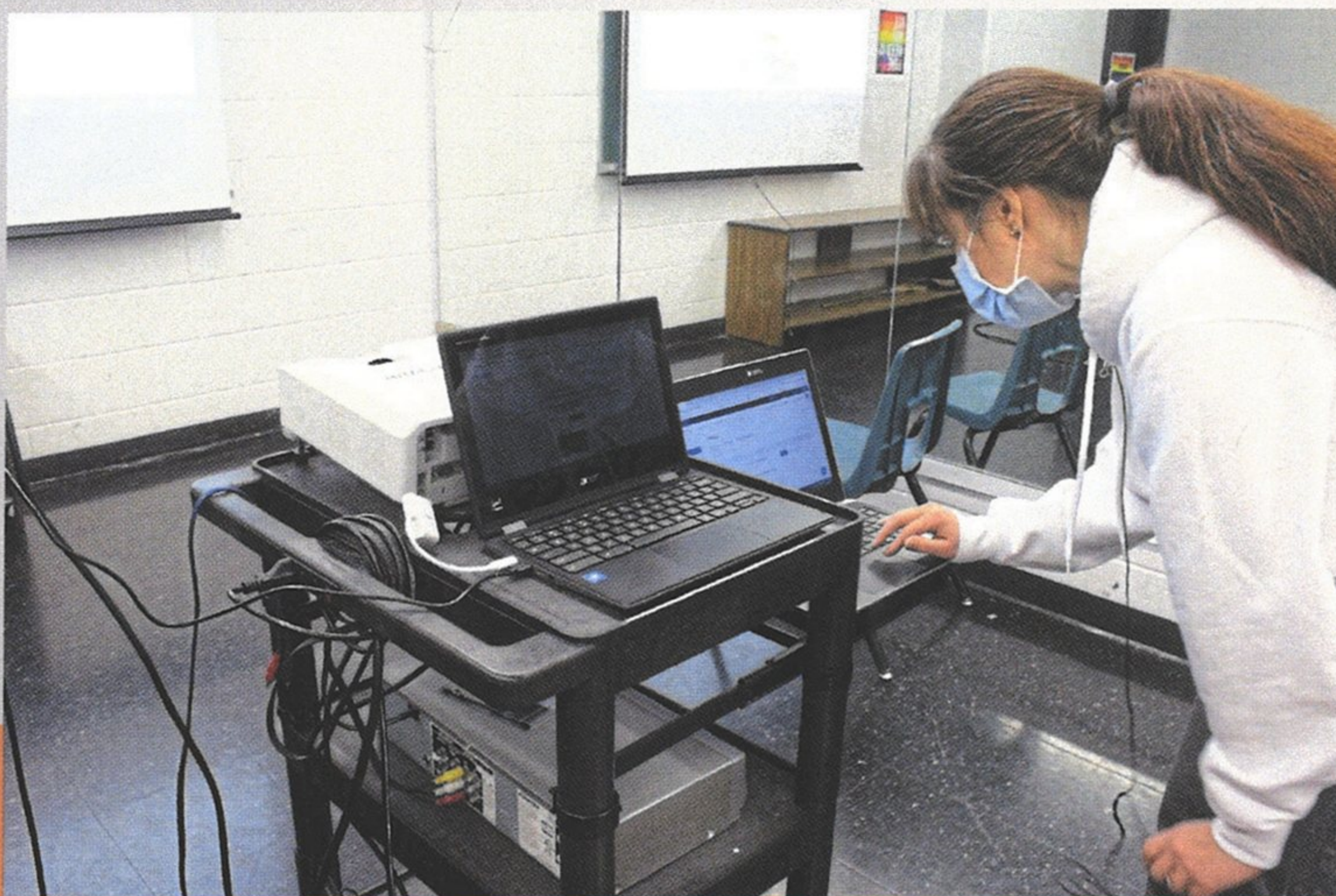
"No matter what I'm teaching the #1 thing that I tell them is, 'it doesn't matter if you remember anything from my class, the most important thing is that you come out as someone who's confident and autonomous (you can think for yourself), you can critically analyze things, and be confident in your own voice.'" - Ms. Huynh.

MOVIN', GROOV'N & ZOOM'IN

This year dance class has been difficult due to pandemic restrictions, but the restrictions did not stop Ms. Engesser-Chung's passion to teach her dance students. She managed to find a way to make it efficient for students to dance at home virtually where students can watch, learn and follow her dance moves. "It's important to keep these students actively engaged in their dance classes to improve their physical and mental health. My biggest challenge was in figuring out the technology needed to teach dance virtually. I had to make sure that they could hear both me and the music, and that we could all see each other clearly. In my initial setup, I was using three computers, two amps, a projector and a lapel mic just so we could all see and hear each other in Zoom. The lapel mic kept falling off while I was dancing, and the sound was still not ideal. I figured out how to play the music internally through Zoom, but then they couldn't hear me at all! Eventually, we managed to buy an audio interface, which is a special type of mixer for computers," said Ms. Engesser-Chung.



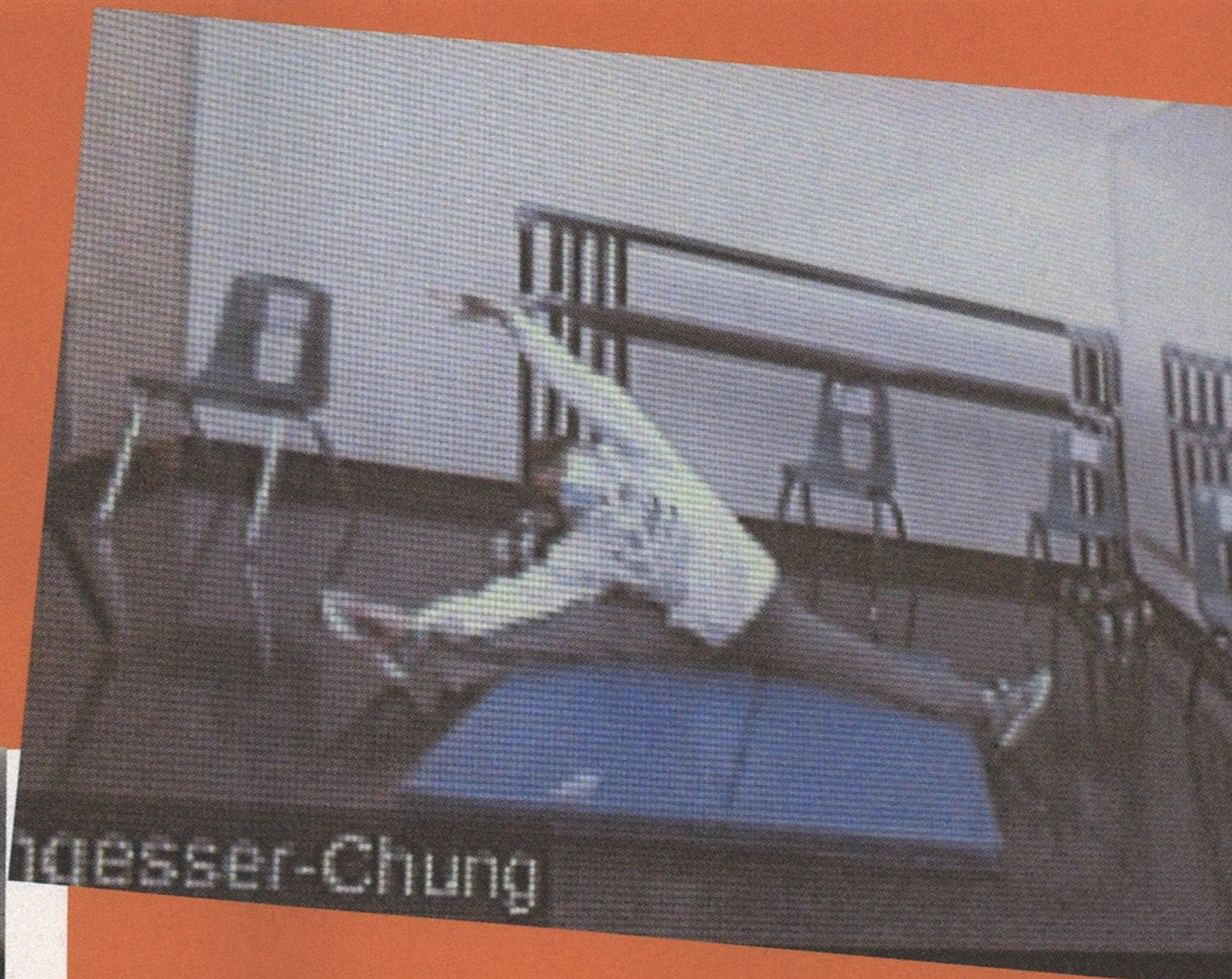
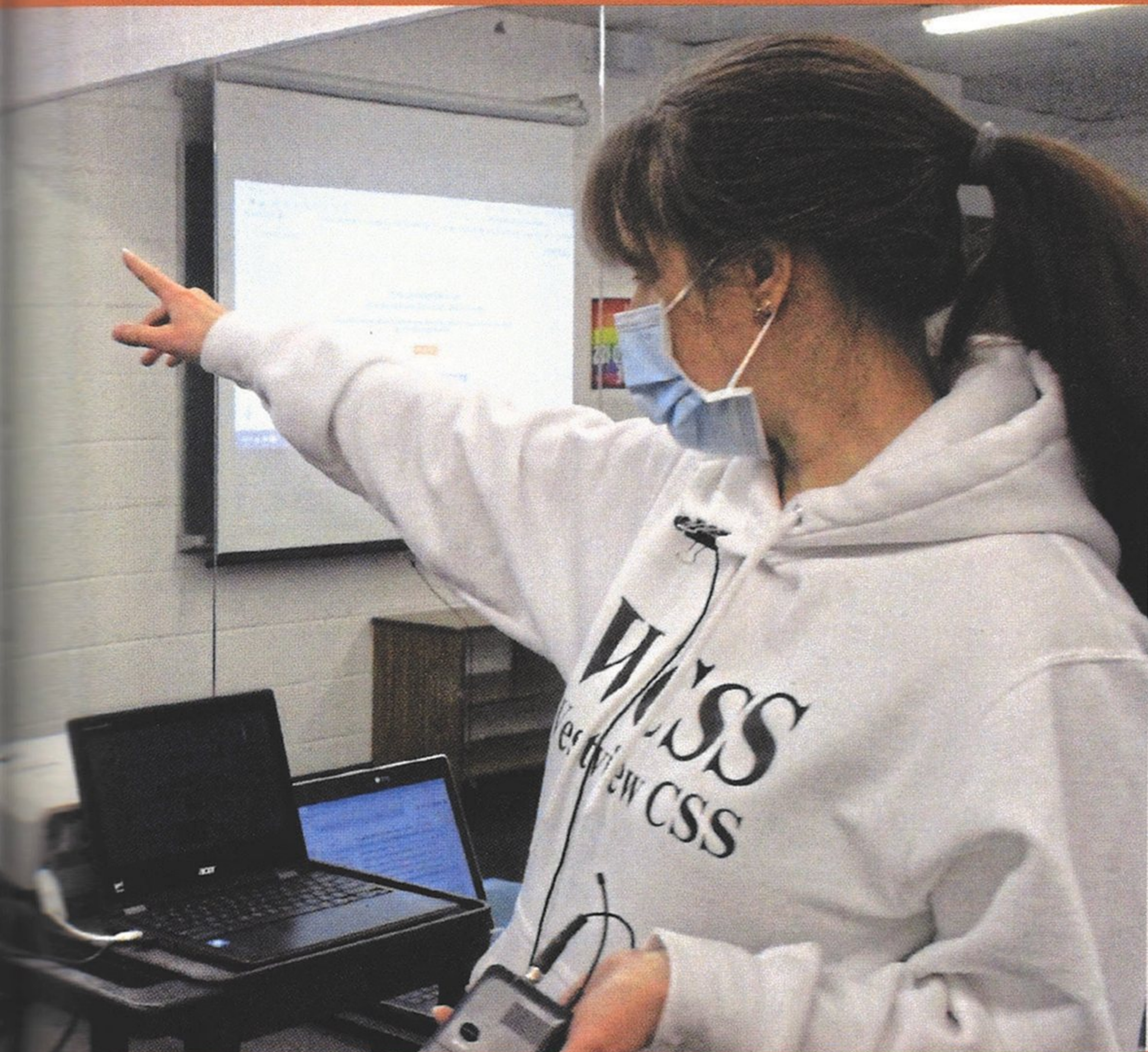
"Dancing helps you to stay physically and mentally fit".



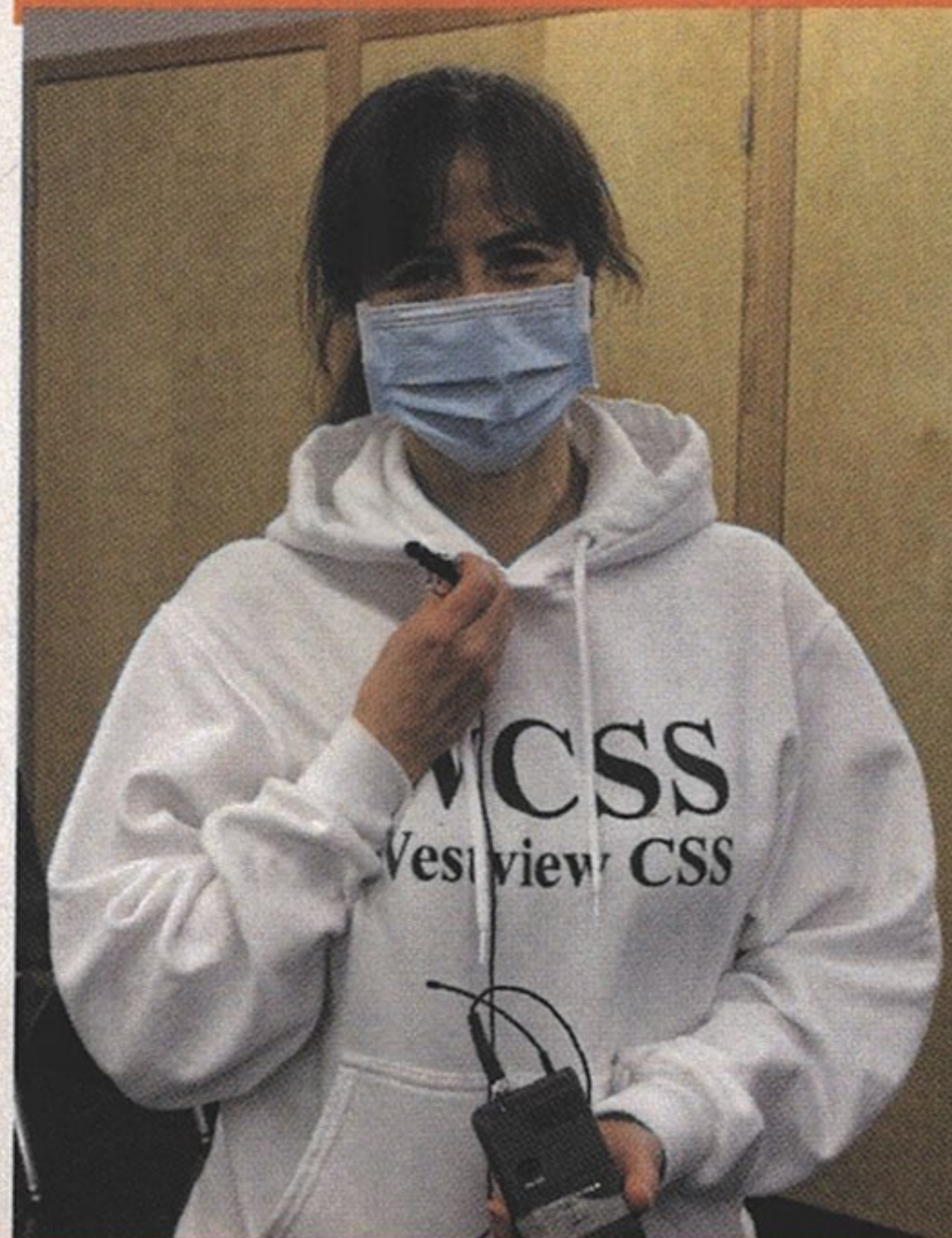
"I had to switch to Zoom, because Google Meet was not able to handle my audio needs," said Ms. Engesser-Chung.



"My biggest challenge was in figuring out the technology needed to teach dance virtually."

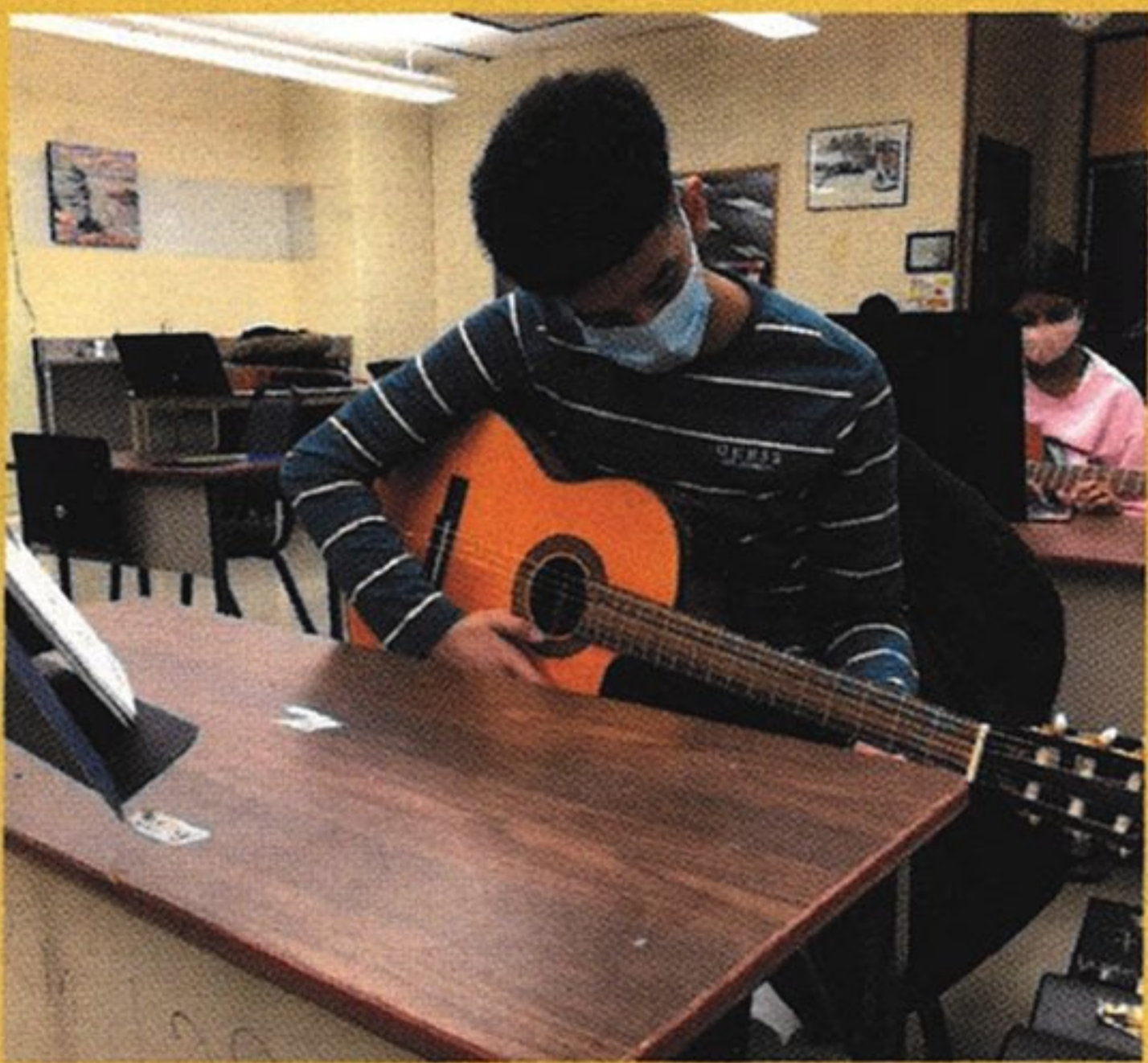


Ms. Engesser-Chung begins her classes with a warm-up.



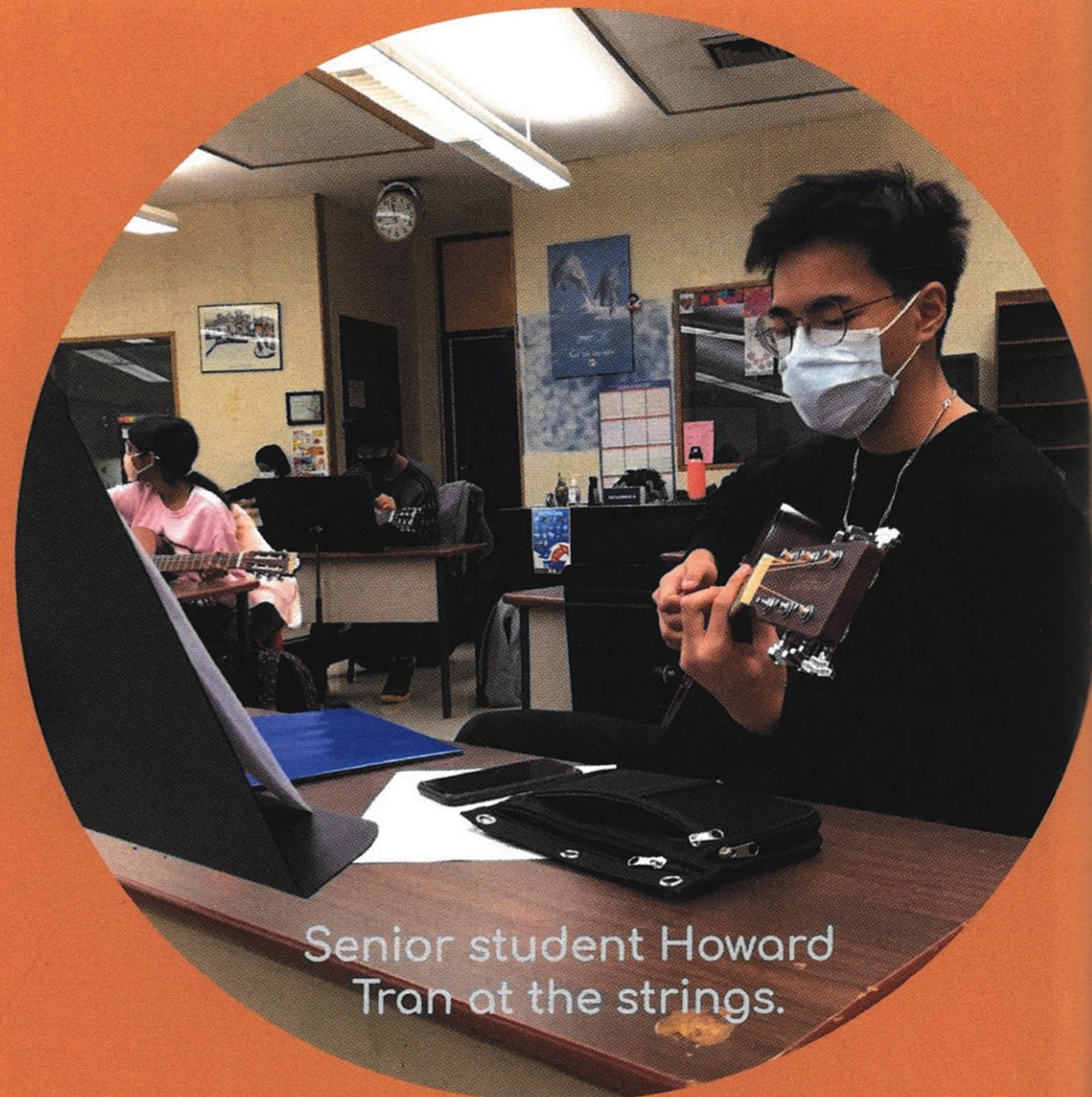
During these tough times, it can be difficult for the students to get up from their comfortable couch and attend their online dance classes, but it will effectively promote good health. Ms. Engesser-Chung continues, "Honestly, it was very difficult to keep the students motivated online, as this was a completely different experience from dancing in person. I encouraged them to take advantage of the chance to stretch and move around, and to take a break from sitting in front of the computer all day. I told them that sometimes I get frustrated too, and some days I don't feel like moving either, but then I get up and just do it and end up feeling energized for the rest of the day!"

TUNING IN music to class



NEW music teacher, Ms. De Francesco, has been teaching for two years. In the past she had only taught pre-decided music classes, but this year will be different, as of upcoming quadmester three she will be teaching the Introduction to Music course. Ms. De Francesco has some suggestions if you are a beginner and planning on taking up an instrument as a hobby, "I recommend practicing for 30-40 minutes everyday," and continues, "practicing requires long-term planning, patience, and understanding. Your intent while practicing is also extremely important. You could practice for over an hour but if you're feeling frustrated and impatient it will be an inefficient practice."

Ms. De Francesco has noticed an increase in learning computer literacy skills related to music production, which she thinks is amazing and exciting. Students today are able to collaborate online and create professional sounding music with software. The program is called Soundtrap. It is a free online production software that allows students to produce their own songs and podcasts. It is easy to use and has a collaborative feature that allows you to share your work with other musicians.



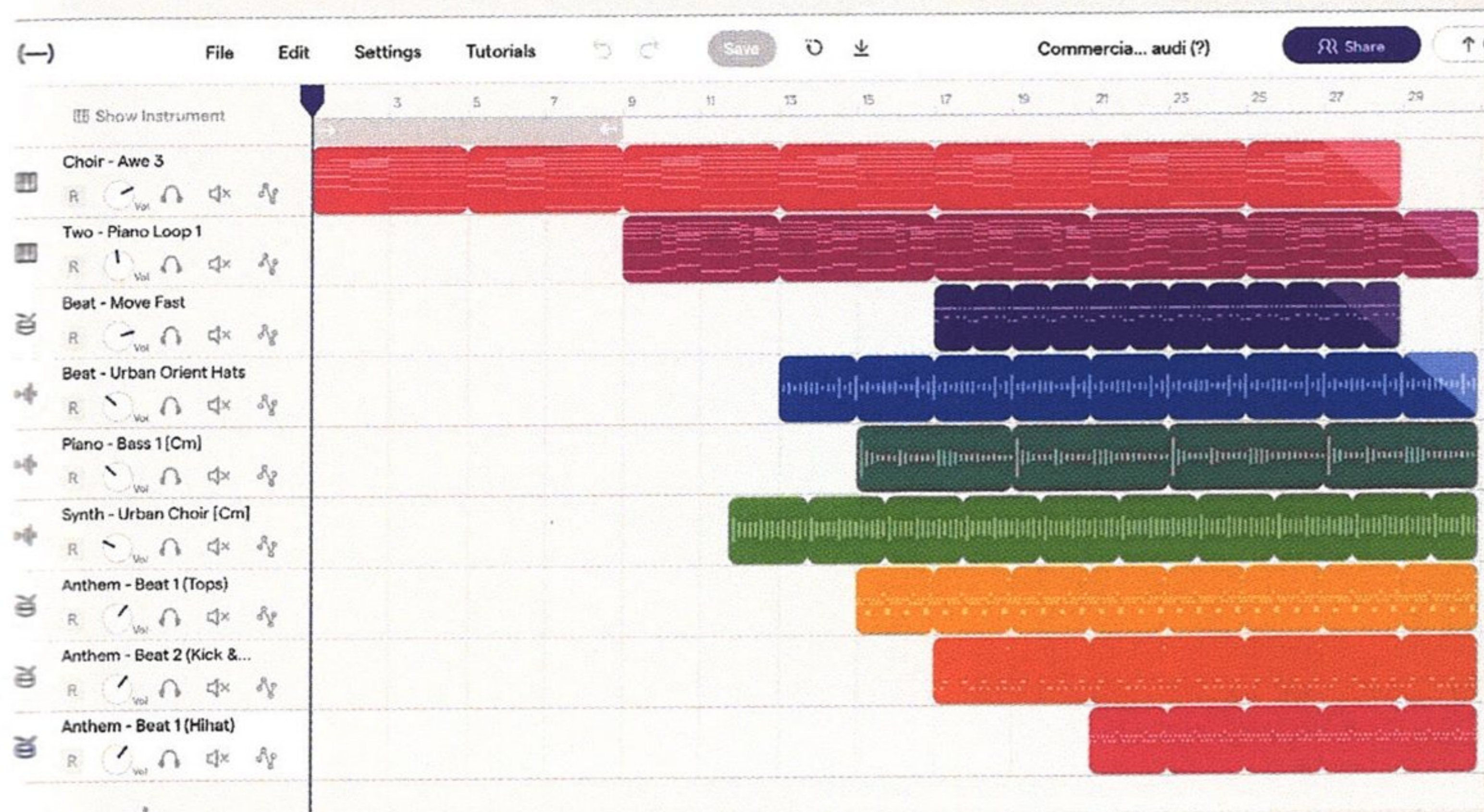
Senior student Howard Tran at the strings.

Strumming It Up

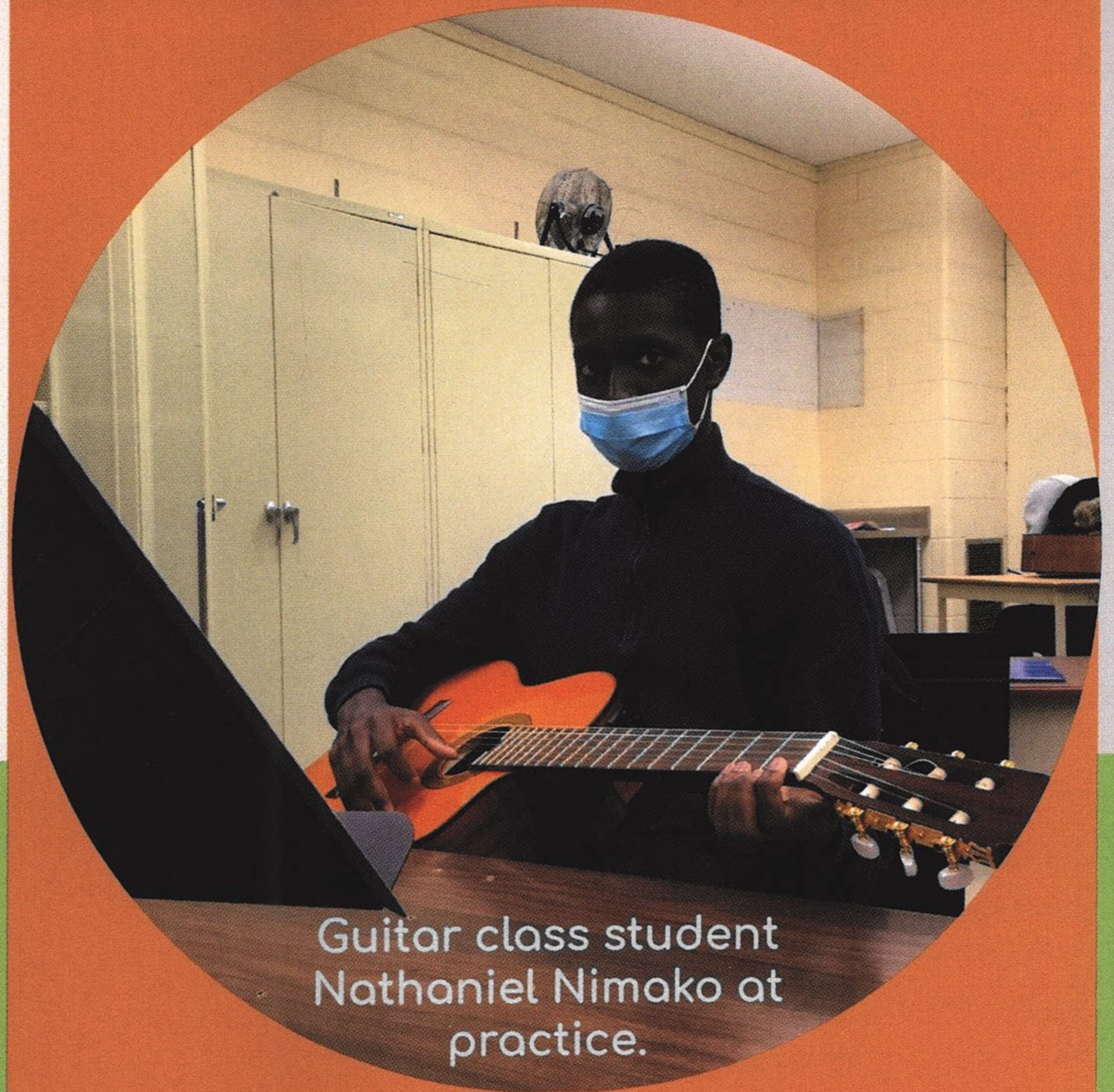
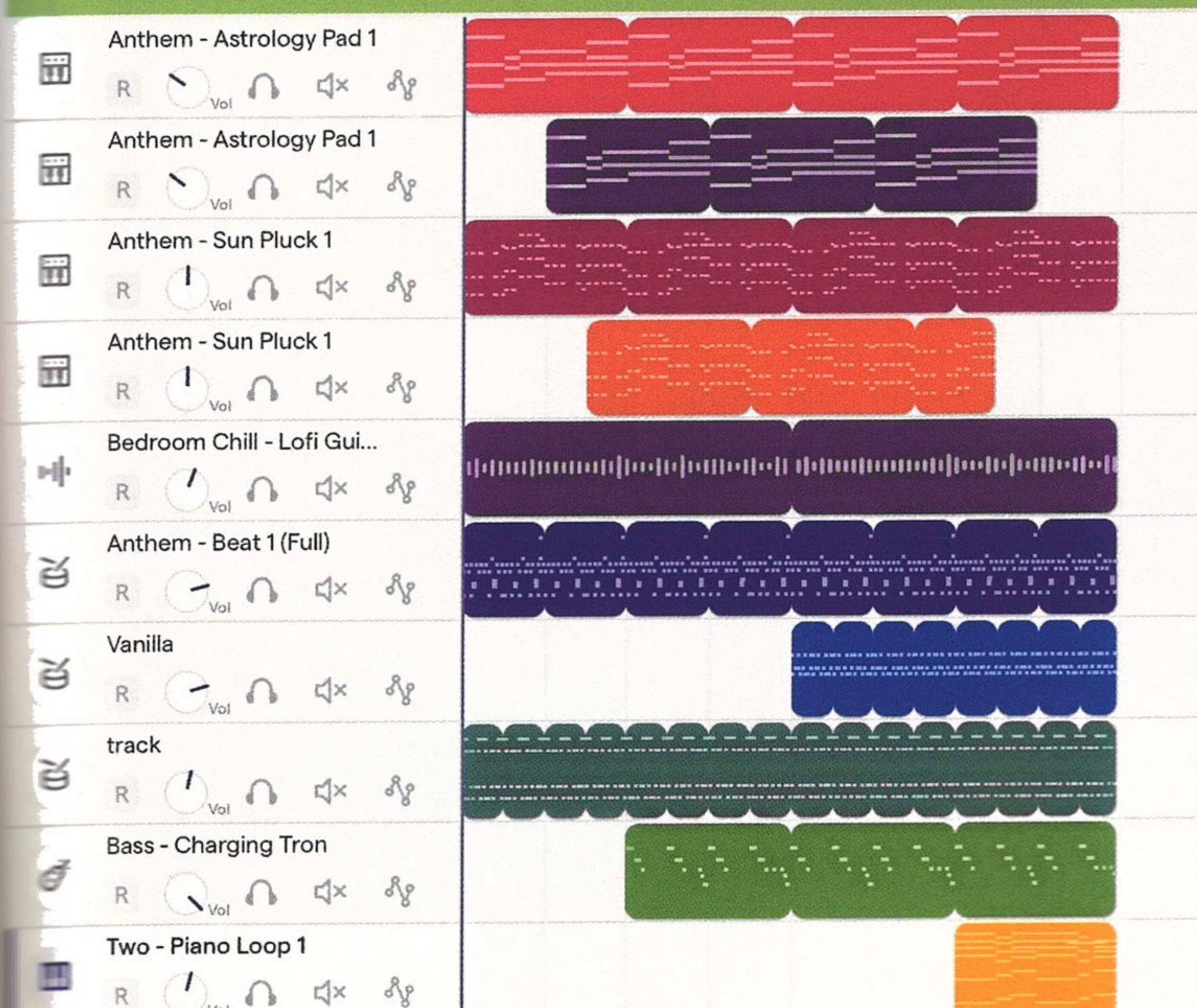




With Covid-19 protocols everyone has been greatly affected. When Ms. De Francesco was asked what challenges she faced teaching her music class online she responded, "The hardest part has been creating community, and building collaboration. While it's been difficult teaching under Covid -19 restrictions, it has provided the opportunity for me to learn about how we can recreate these opportunities online."



The picture above and below are screenshots of songs created by students in the Guitar class. They were required to create a song for an advertisement of a product of their choice using loops, creating beats, and composing and recording their own melody. Some products and companies that students chose to create songs for included Audi, Chapman's Ice-cream, light sticks that would be used at concerts, a dance company, and a gaming company.



Guitar class student Nathaniel Nimako at practice.

Music provides something for all of us. For some, it is comfort, support or even stability. There are songs for every mood we experience: Sad songs, love songs, instrumentals for sleep or studying, songs for parties and dinners. When we find someone who likes the same artist as we do, we feel a personal connection and understanding towards them. Music is important because it expresses the thoughts and feelings that we sometimes can not put into words.

CREATIVITY STARTS HERE

Art has taken a different turn this year. The pandemic has changed the students' way of learning and has disrupted their daily routine. It has become a huge challenge for them, especially for the seniors who are applying to art school and have to finish their portfolio.

The lockdown started in March of last year when grade 11 students were taking art so they didn't get the opportunity to enjoy their class and create a lot of art work for their portfolio.



Surrealist painting created by Anna Le



Art work

A Difficult Chapter

"It is difficult to help students when you can't see what they are doing. When in class we are able to help by showing right away. It takes a lot longer to do that virtually," art teacher, Ms. Alexandrova said.

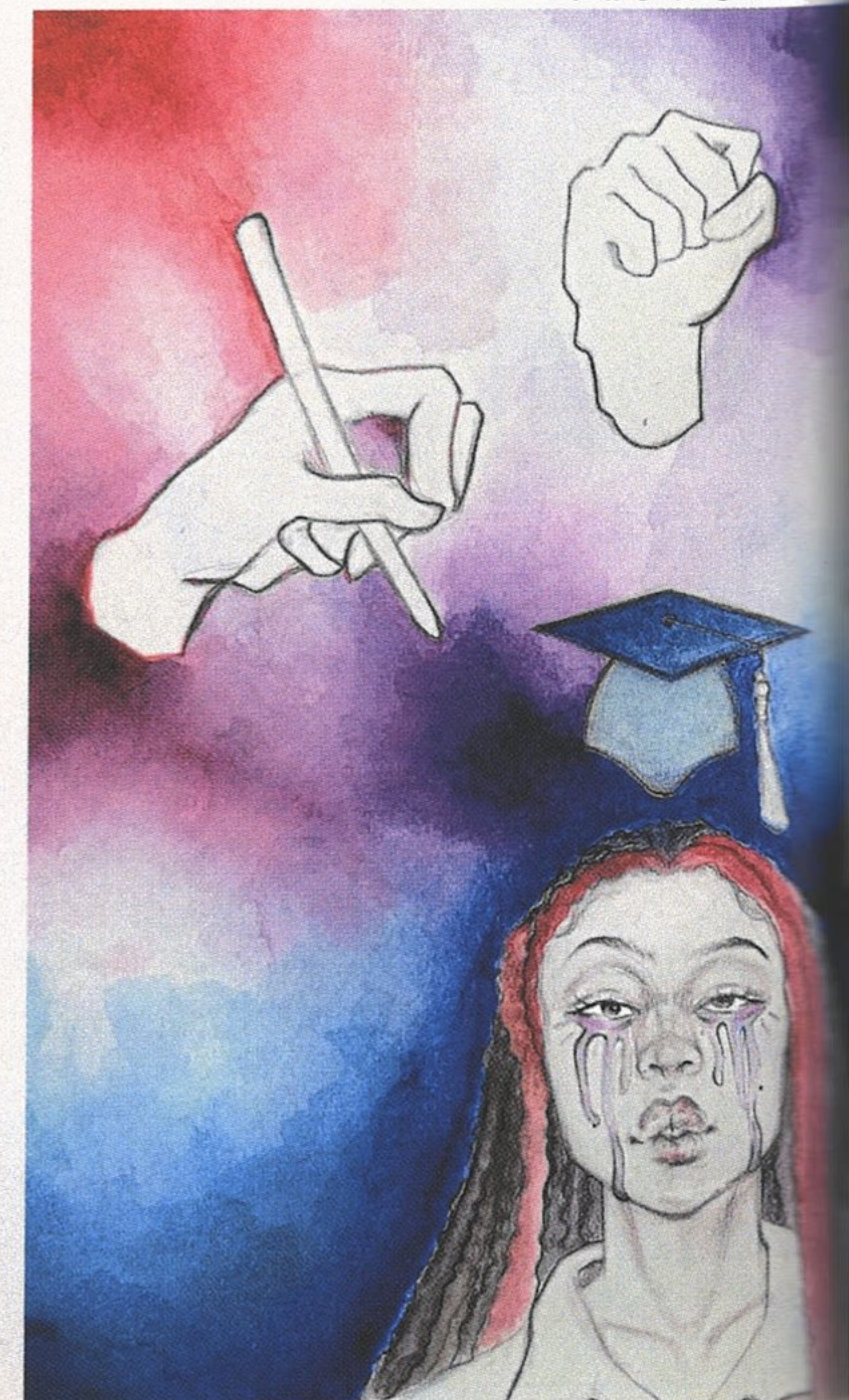
"I was really looking forward to learning new art skills but Covid had to ruin it," Anna Le said, a grade 12 student.

"Most of my artwork is self-generated. It would be so much easier for me if teachers assign art assignments because I will know what to create and the criteria," Alicia Jaundoo said, a grade 12 student.

"It's difficult to get feedback on my piece from teachers right away when we are doing online," Alicia said.



Art work created by Jenny Le



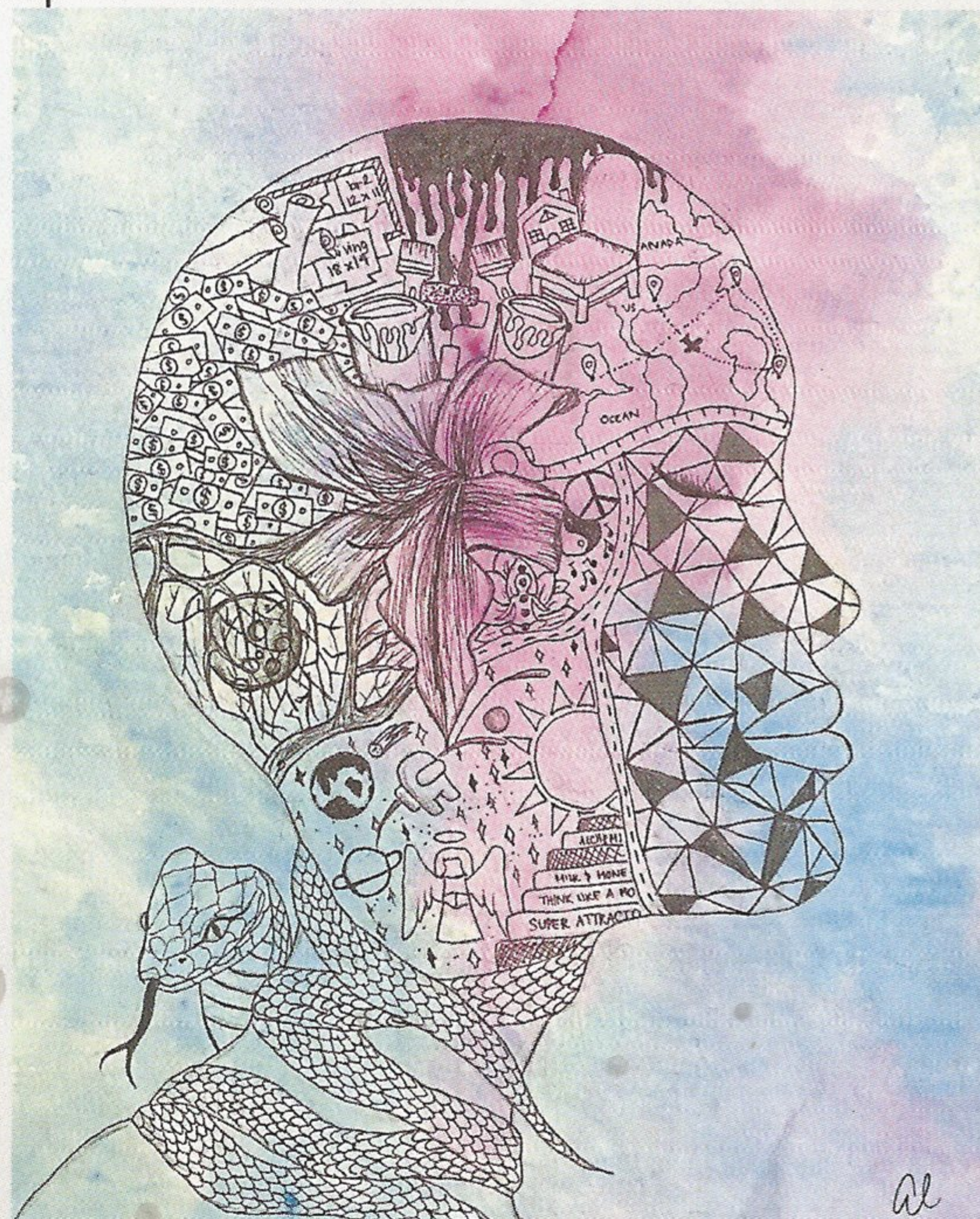
Art work created by



created by Phillip Aboukhamis



Leah Thomas

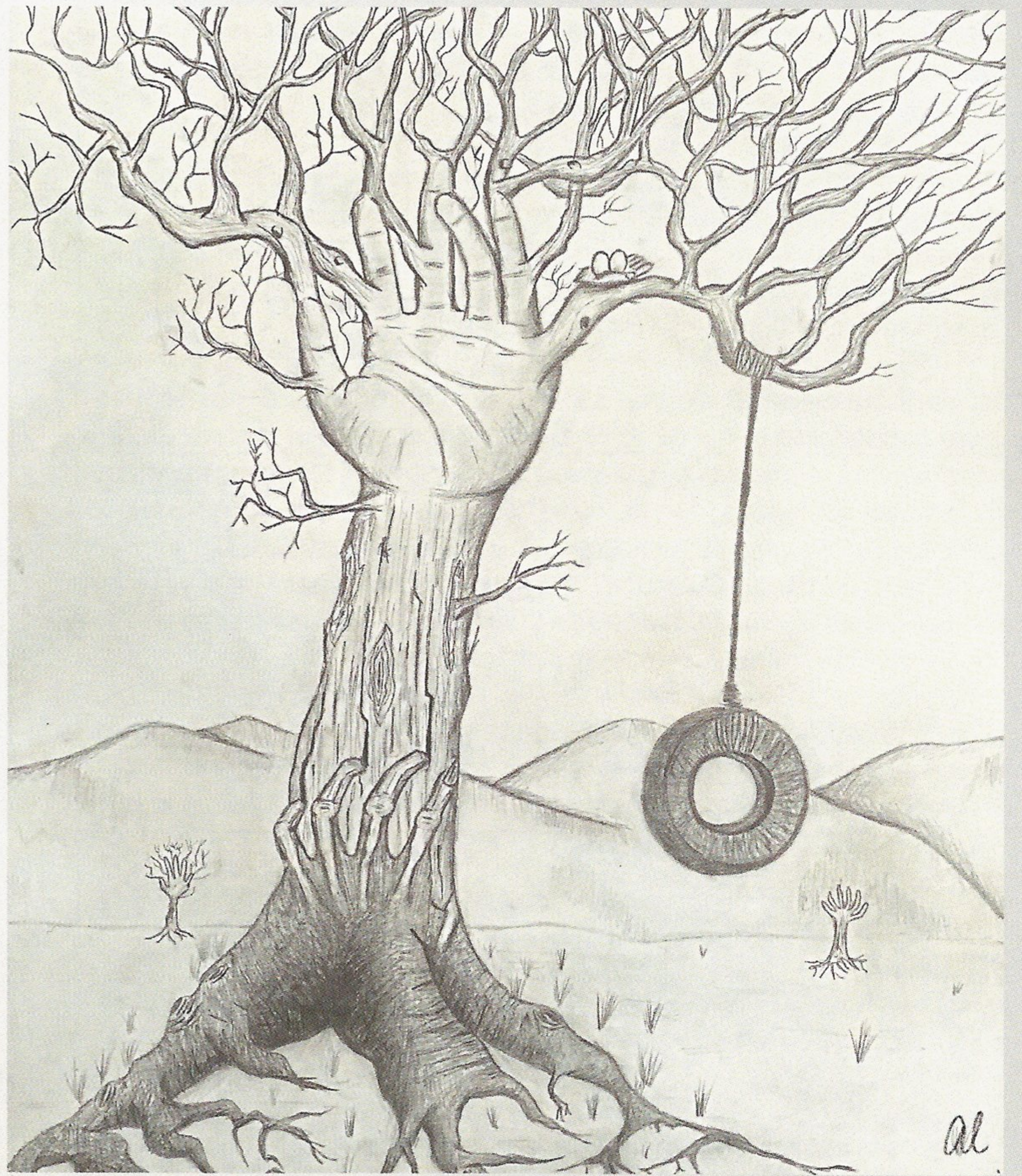


Doodle portrait created by Anna Le

Art Is Like Therapy

"Art builds critical thinking skills, not to mention it can be a meditative experience which can help with our mental and emotional well being. Ms. Alexandrova said."

"Being stuck at home sucks, but art has helped me cope with stress. It's a way for me to get away from reality." Alicia said.



Handscape drawing created by Anna Le

Free Art Kits

Ms. Alexandrova continued, "Many students don't have access to art supplies such as paint, paint brushes, and sketch paper at home. But the school offered art kits to each student, including pencil crayons, markers, a HB and 6B pencil, a kneadable eraser, watercolour paint and a ruler. The school paid for the course kits and we gave them out at the beginning of the quad to each student in the class. Students doing virtual class only had to drop by the school to pick a kit up."

Senior art student Anna Le said, "It's very stressful to create artwork for my portfolio when I don't have access to a lot of art materials. But I am very grateful for the course kit I received from my teacher which was very helpful. Recently, I have been using Procreate at home, a digital illustration software that has many amazing features from sketching to illustration. Procreate has saved my life."

BINGE WATCH

journey via the screen

There is no denying that television was one of the saving graces during the unrelenting global pandemic. For well over a year, we experienced some of our most challenging times, but we found distractions and sometimes solace in entertainment. Many of us spent a lot of time in front of our TV's and or devices streaming shows and movies from the wild web. Perhaps on a smart TV, a digital set top box, satellite, or on a mobile device. We likely consumed a mountain of snacks and drank a swimming pool worth of tea, coffee, hot chocolate, or sugar drinks. And we loved nearly every minute of it!

Time with the screens, both big and small, provided an escape from the surreal, mental exhaustion of navigating the virus, and let's be honest, it limited our "doom-scrolling". The screen was a companion during lockdowns and social distancing; it made us laugh, pushed our imaginations, and made us feel connected.

Much of our viewing time was spent watching shows and movies that were created and released some time ago and are now finding success with reviving memories of the 'good old days'. At the same time, many found new audiences to appreciate the value of a scare, a cry, or a good belly laugh. Did anyone try and sneak quotes such as, "PIVOT", or "Bears, Beets, and Battlestar Galactica" into your conversations? If so, you can thank Friends (1994-2004) and The Office (2005-2013) two sitcoms that found new life thanks to what we streamed.

Many movies spent a shorter time on the big screens as theatres were shutting down, so many moved quickly to streaming. It was not long after that many movies skipped the wait for theatres to reopen and were released on our favourite streaming platforms.

- Onward
- The Invisible Man
- The Hunt
- Emma
- Star Wars: The Rise of Skywalker
- The Way Back
- Frozen 2
- Birds of Prey and the Fantabulous Emancipation of Harley Quinn
- Bloodshot
- Trolls World Tour
- Sonic the Hedgehog
- The Call of the Wild
- Artemis Fowl
- Greyhound
- The King of Staten Island
- Hamilton
- The SpongeBob Movie: Sponge on the Run
- The One and Only Ivan
- Bill and Ted Face The Music
- Antebellum
- Mulan
- Run
- Soul
- Wonder Woman 1984
- Tom and Jerry
- Raya and the Last Dragon

DID YOU KNOW?

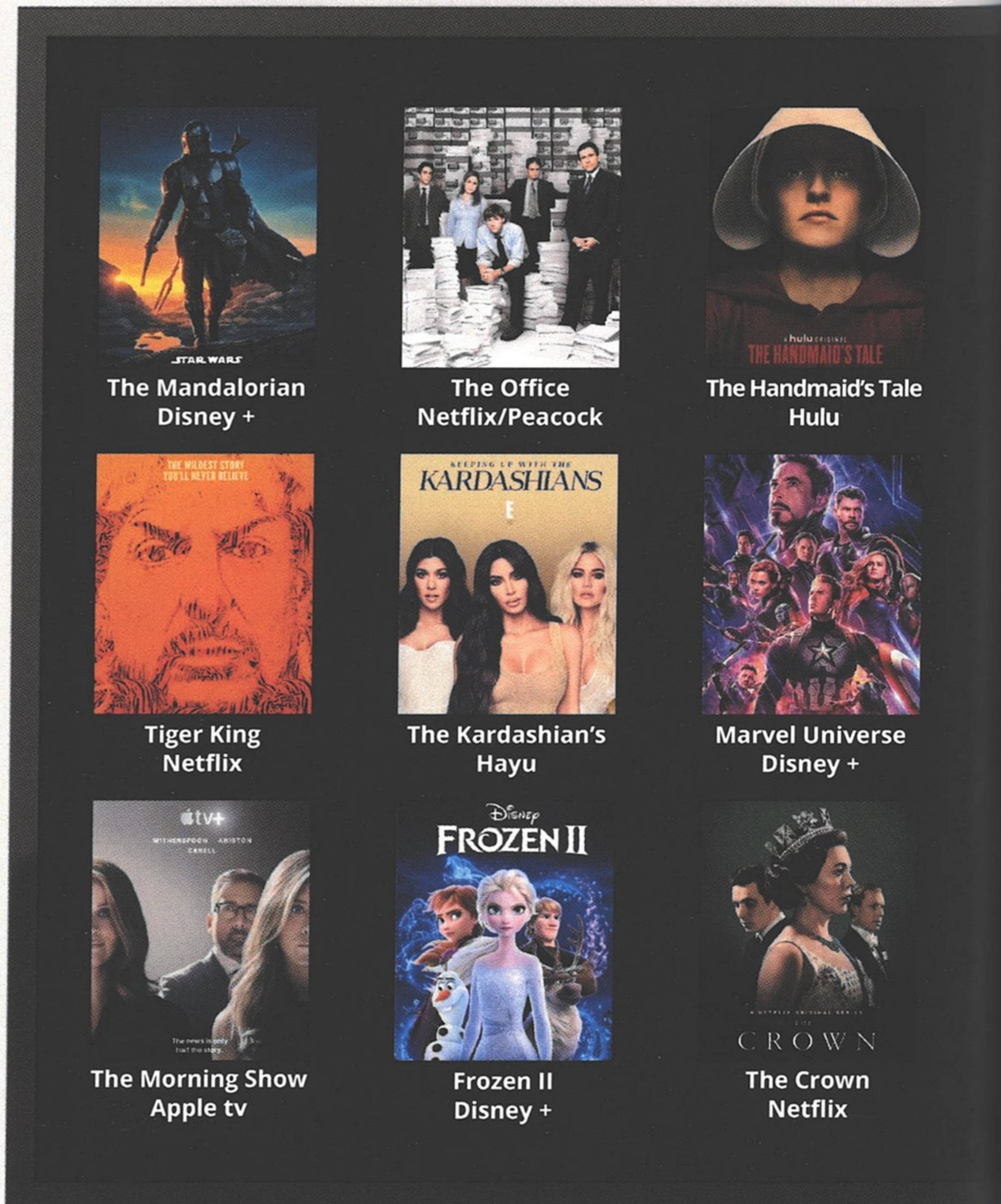


The Mandalorian: Effective Nov. 2020 was 5x more popular than anything else on Disney+.

DID YOU KNOW - FRIENDS

- First aired in 1994.
- Ended in 2004 - 52.2 million watched series final.
- On Time Magazine's 'The 100 Best TV Shows of All-Time' list.
- In 2015, Netflix bought the North American streaming rights - a deal said to be worth around \$500,000 per episode.
- In 2020, Friends moved from Netflix to Warner's new streaming service HBO Max in the US and to Crave in Canada.

WHAT WE WATCHED



COST TO CUT CABLE



Monthly Cost
\$18.99 (CA)
\$18.00 (US)



Monthly Cost
\$11.99 (CA)
\$7.99 (US)



Monthly Cost
\$5.99 (CA)
\$4.99 (US)



Monthly Cost
\$7.99 (CA)
\$8.99 (US)



Monthly Cost
\$5.99 (CA)
\$6.99 (US)



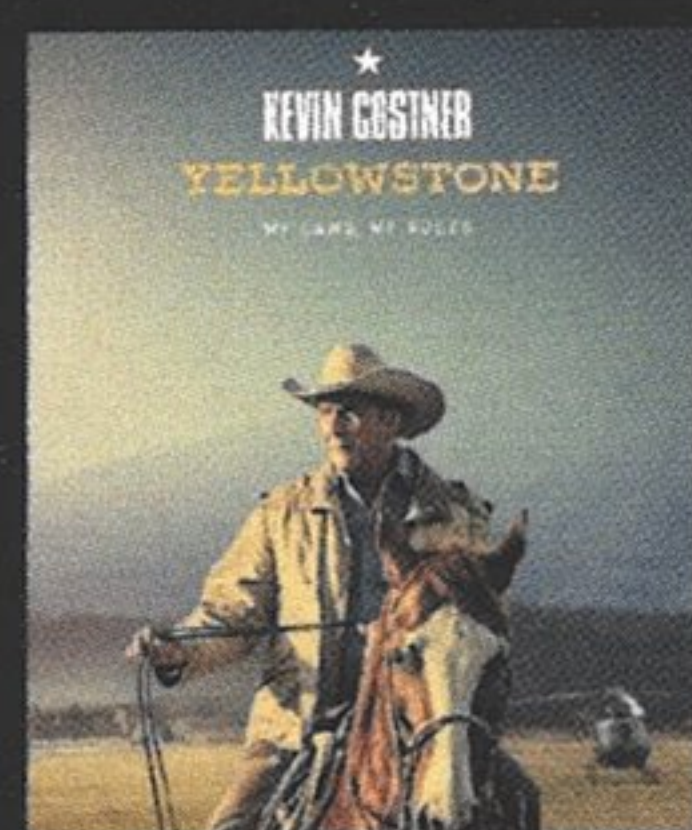
Monthly Cost
\$9.99 (CA)

"PIVOT"

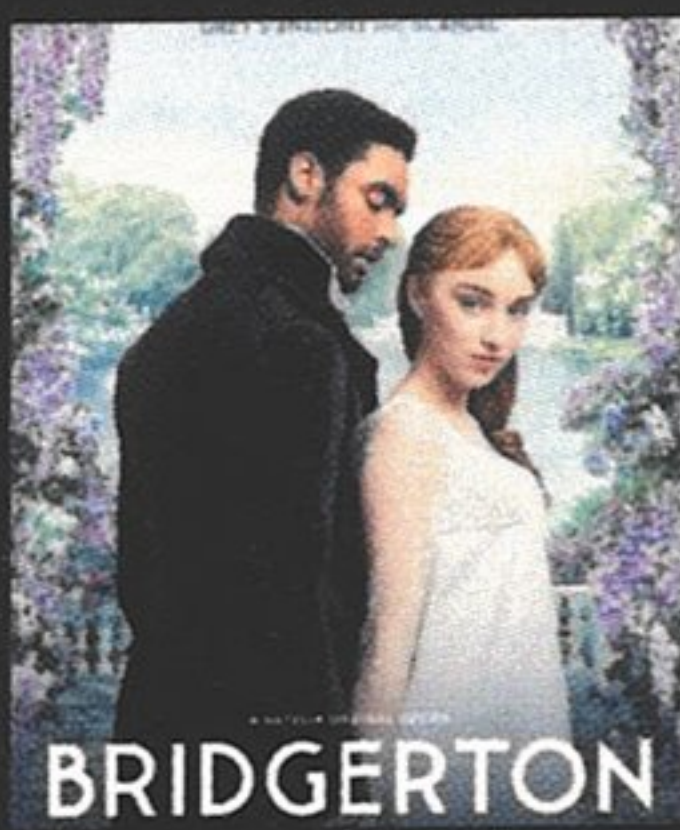
DID YOU KNOW?

Unlike television networks and cable channels, online streaming services do not have to release ratings and viewer number because they do not rely on advertisement revenue. Netflix, the industry's leader is especially notorious for keeping viewer numbers secret.

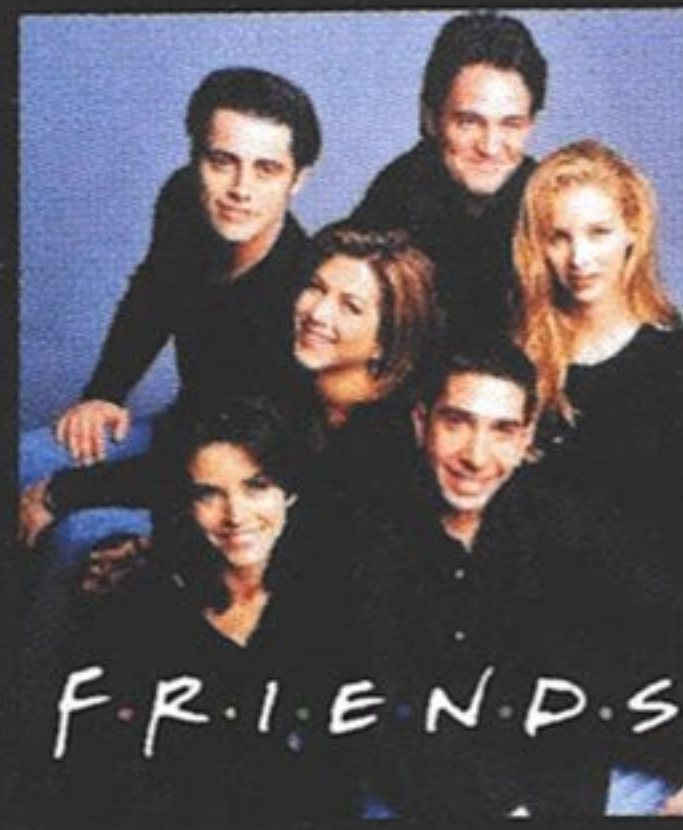
Source: factretriever.com



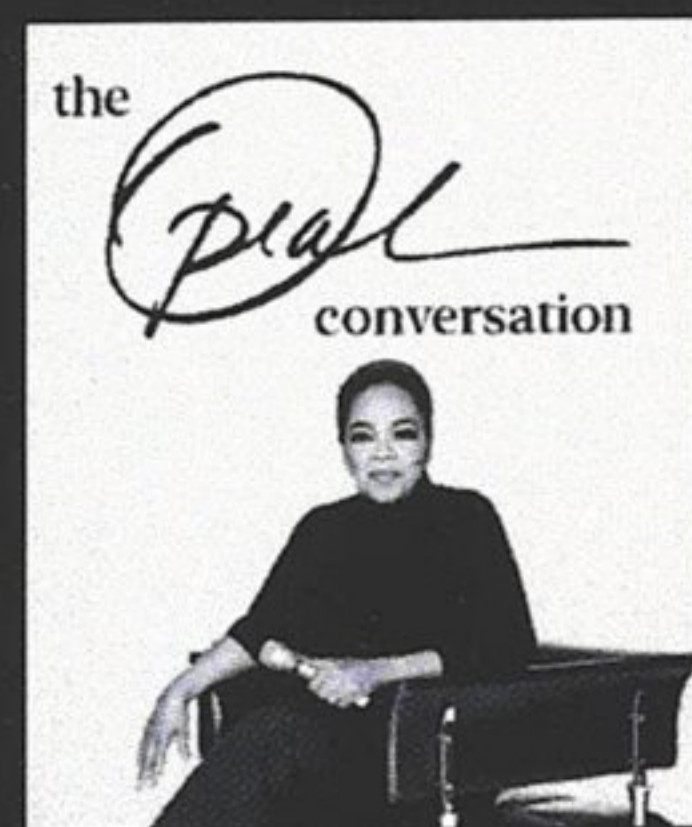
Yellowstone
Amazon Prime



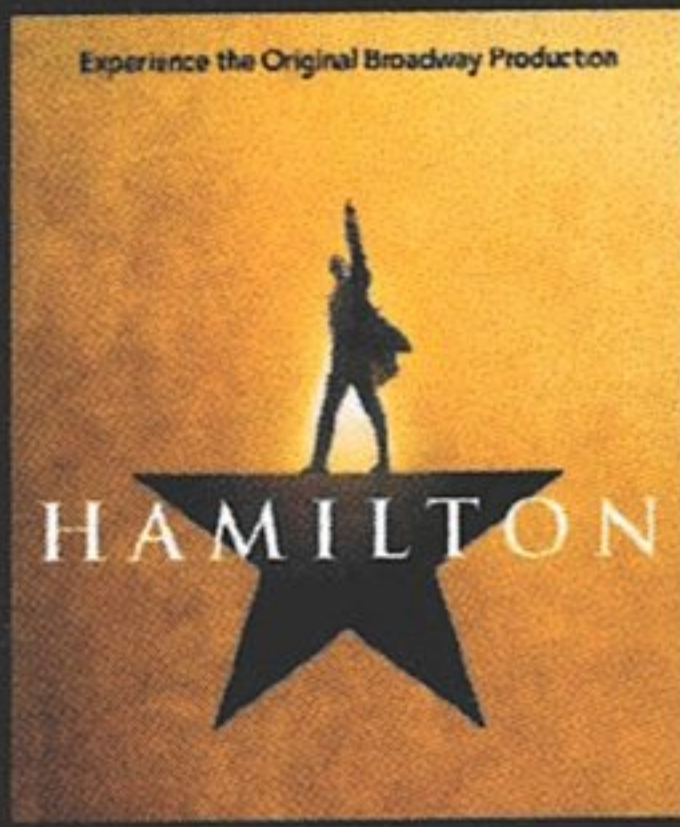
Bridgerton
Netflix



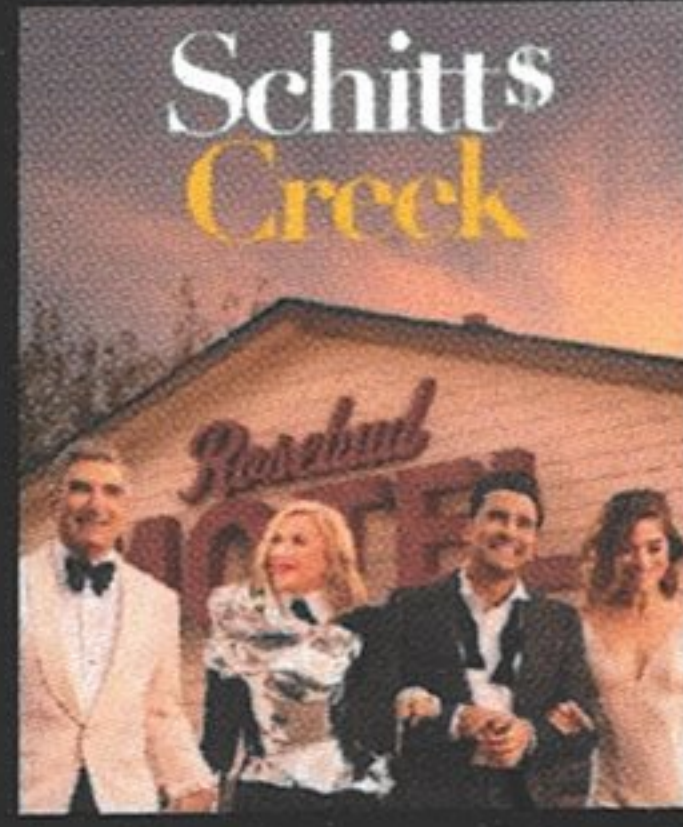
Friends
Crave/HBO Max



Oprah Conversation
Apple tv



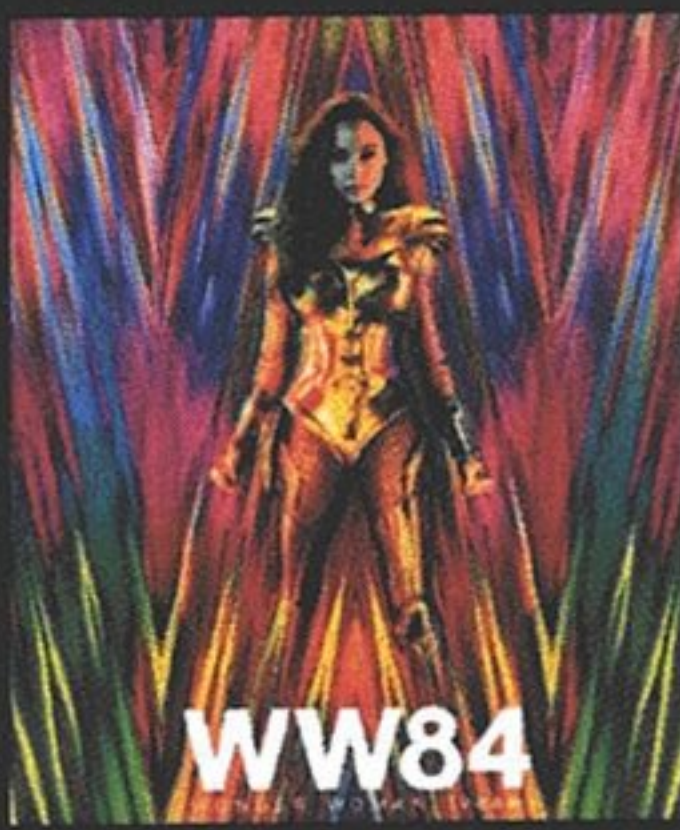
Hamilton
Disney +



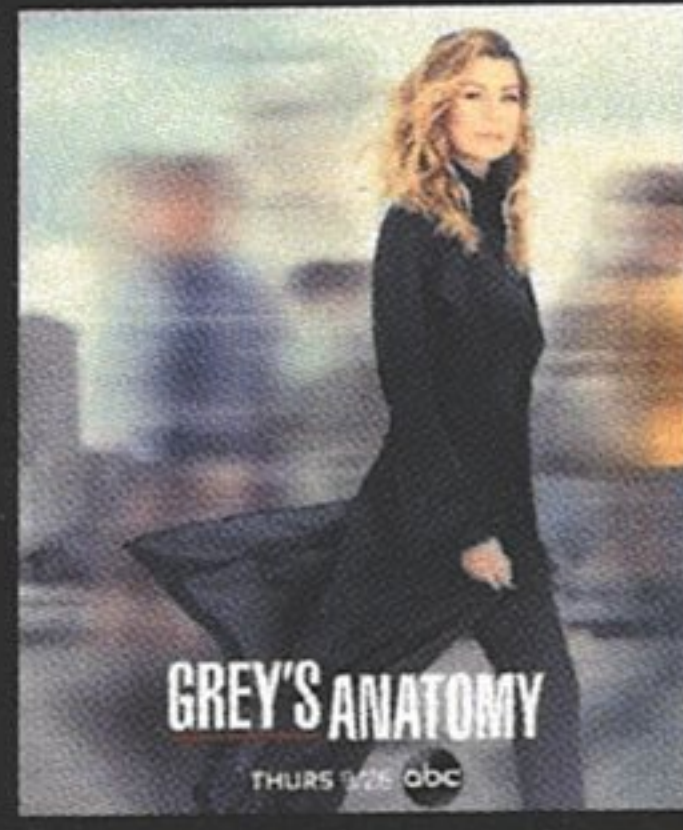
Shitt's Creek
Netflix



Queen's Gambit
Netflix



Wonder Woman
1984



Grey's Anatomy
ABC/Netflix

DID YOU KNOW - THE OFFICE

- The US version (aired March 24th, 2005) was based on a British show with the same name about a paper company.
- Online sales on iTunes saved the show, if not for that the show might have been cancelled.
- In January 2021, The Office left Netflix for NBCUniversal's and their streaming service - Peacock. Peacock is only available in the US so for the foreseeable future Canadians can still watch on Netflix.

OTHER STREAMING SERVICES

- Starz
- Paramount+
- Shutter
- HBO MAX
- Peacock
- CBC GEM
- Hulu
- YouTube Premium
- MUBI
- DAZN
- BBC Select
- Britbox
- fuboTV
- CBS All Access
- tubi
- Sundance Now
- CuriosityStream
- PLEX

NETFLIX FACTS

Netflix Logo Evolution



1997-2000



2000-2014



2014-2017



2017-Present

Originally Netflix
was known as
KIBBLE



Netflix started as
and still has a DVD
rental service.



Netflix is worth
\$162 BILLION
as of April 2020.



Netflix paid Disney \$300 million to stream
its content before the release of Disney +.

Netflix continues to
outspend its competitors in
terms of original content.

Netflix once generated
more internet traffic than
Google itself.

In March of 2021, Netflix began testing a new method
to stop users from sharing account passwords.



66%

Over 66% of
Netflix users
share an account.

2/3

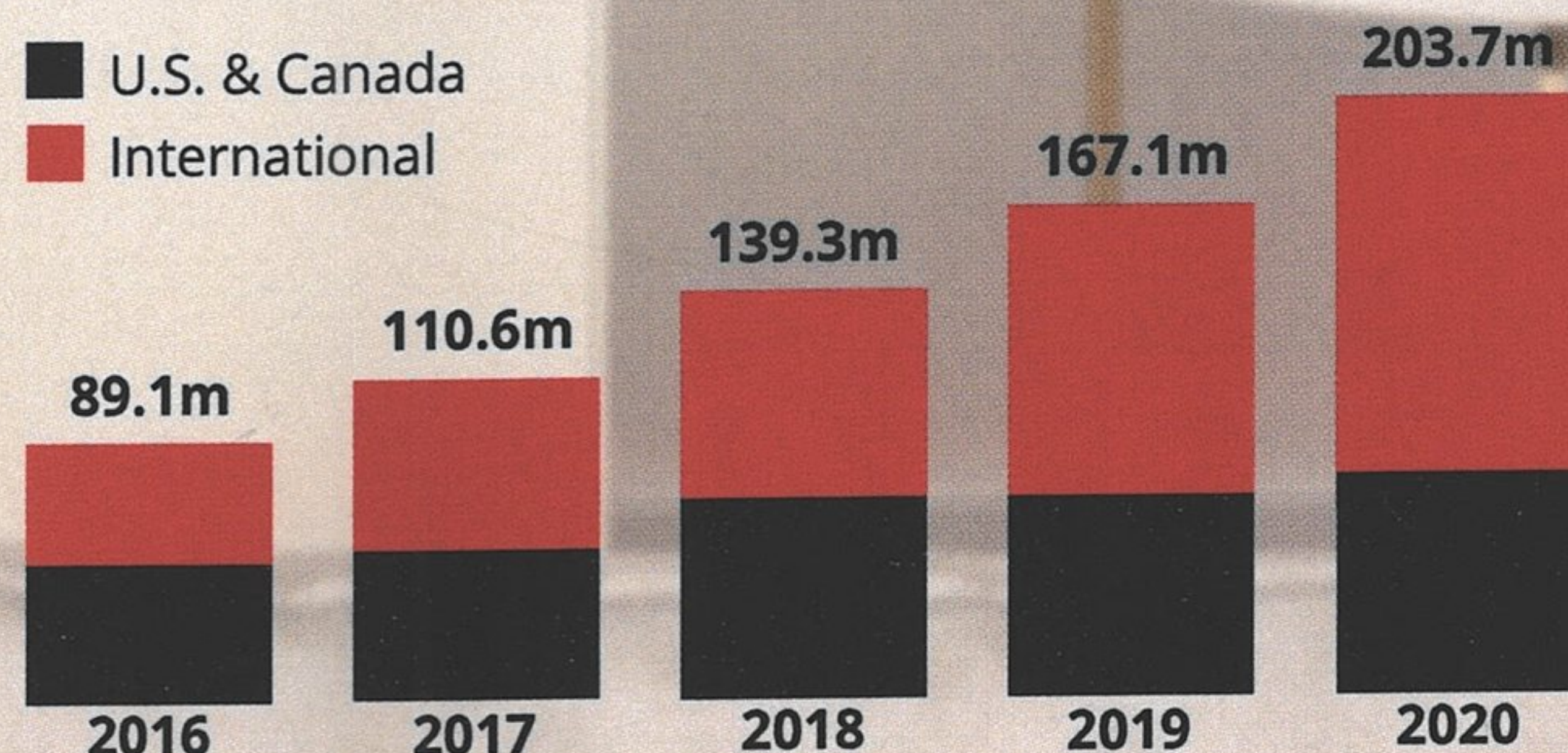
Almost two-thirds
of American
households own a
Netflix account.

80%

80% of Netflix
subscribers use
the service on
their smart TV.

Netflix passes 200 Million Milestone. Number of paid Netflix
subscribers worldwide at the end of the respective year.

■ U.S. & Canada
■ International



Source: <https://cdn.comparitech.com>

73 million
subscribers in US
and Canada

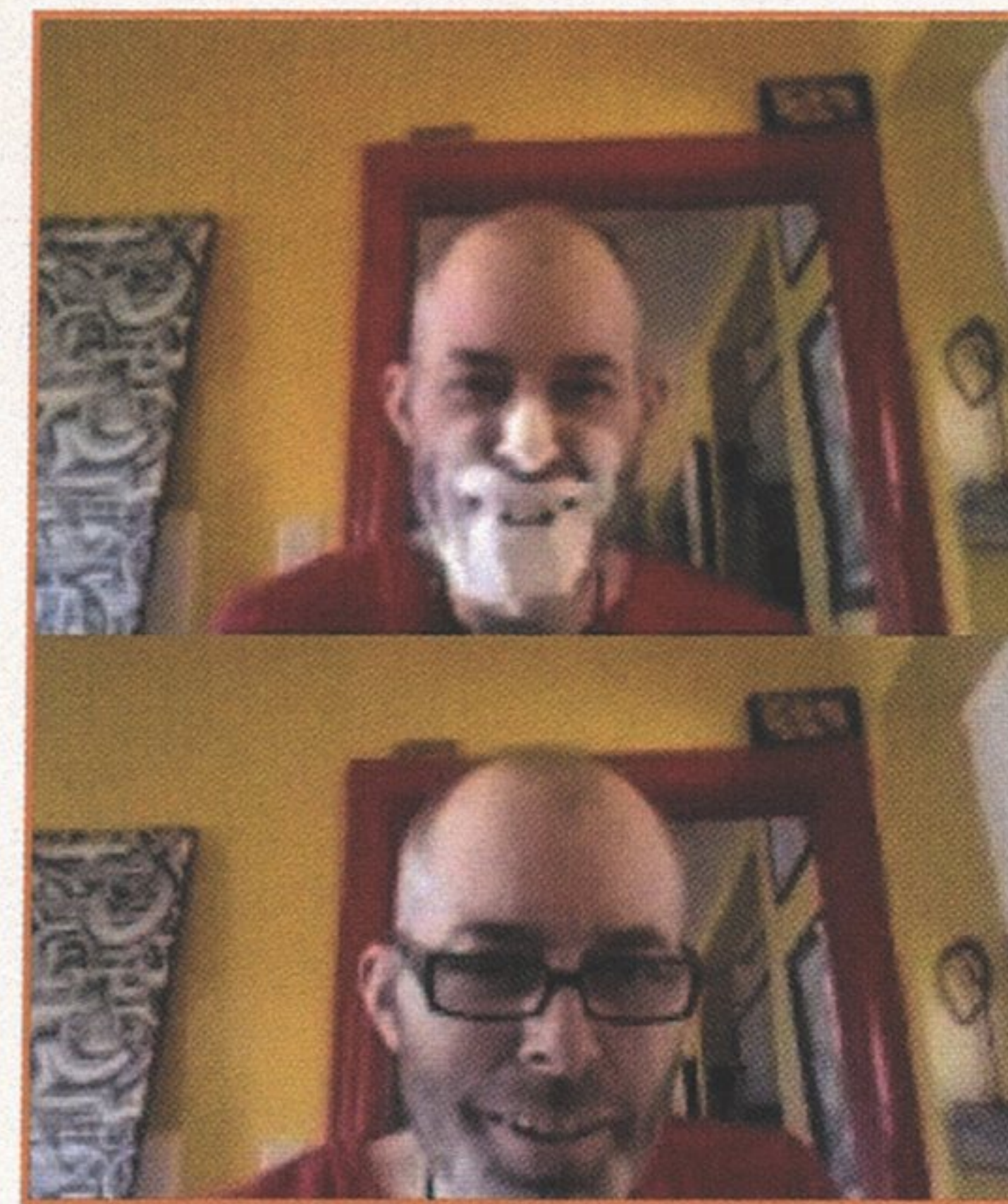
66 million
subscribers in
Europe, Middle
East and Africa

37 million
subscribers in
Latin America

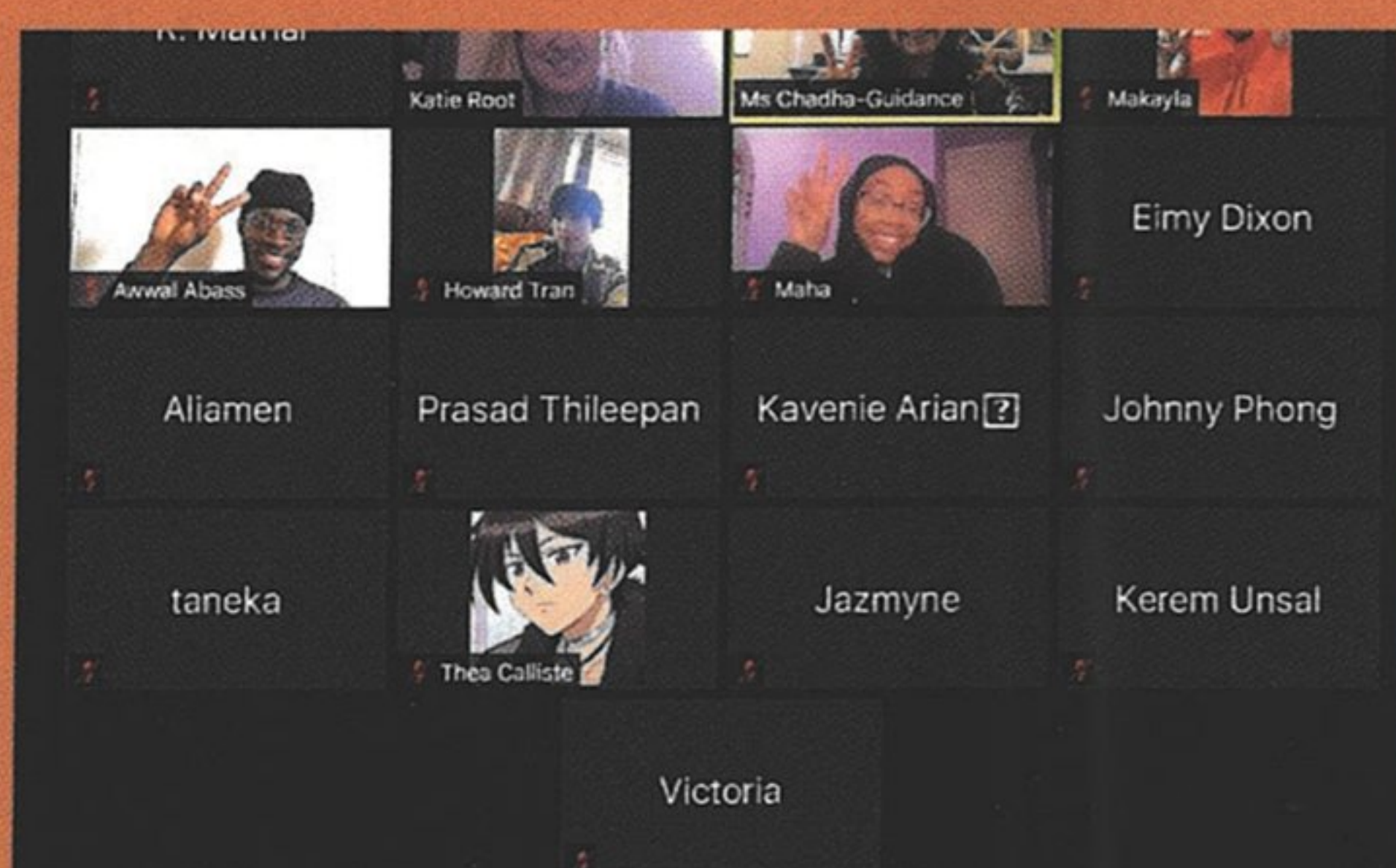
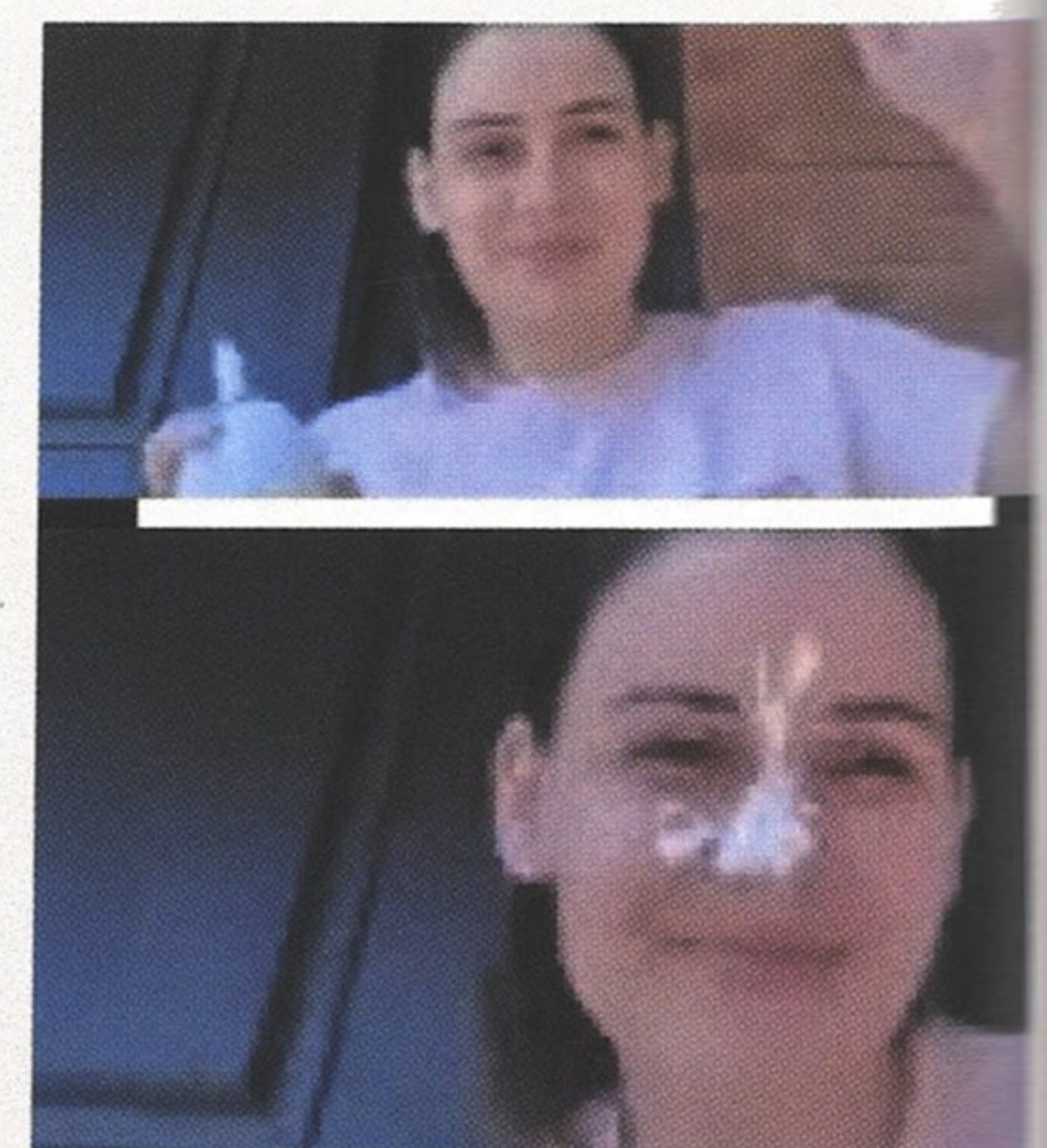
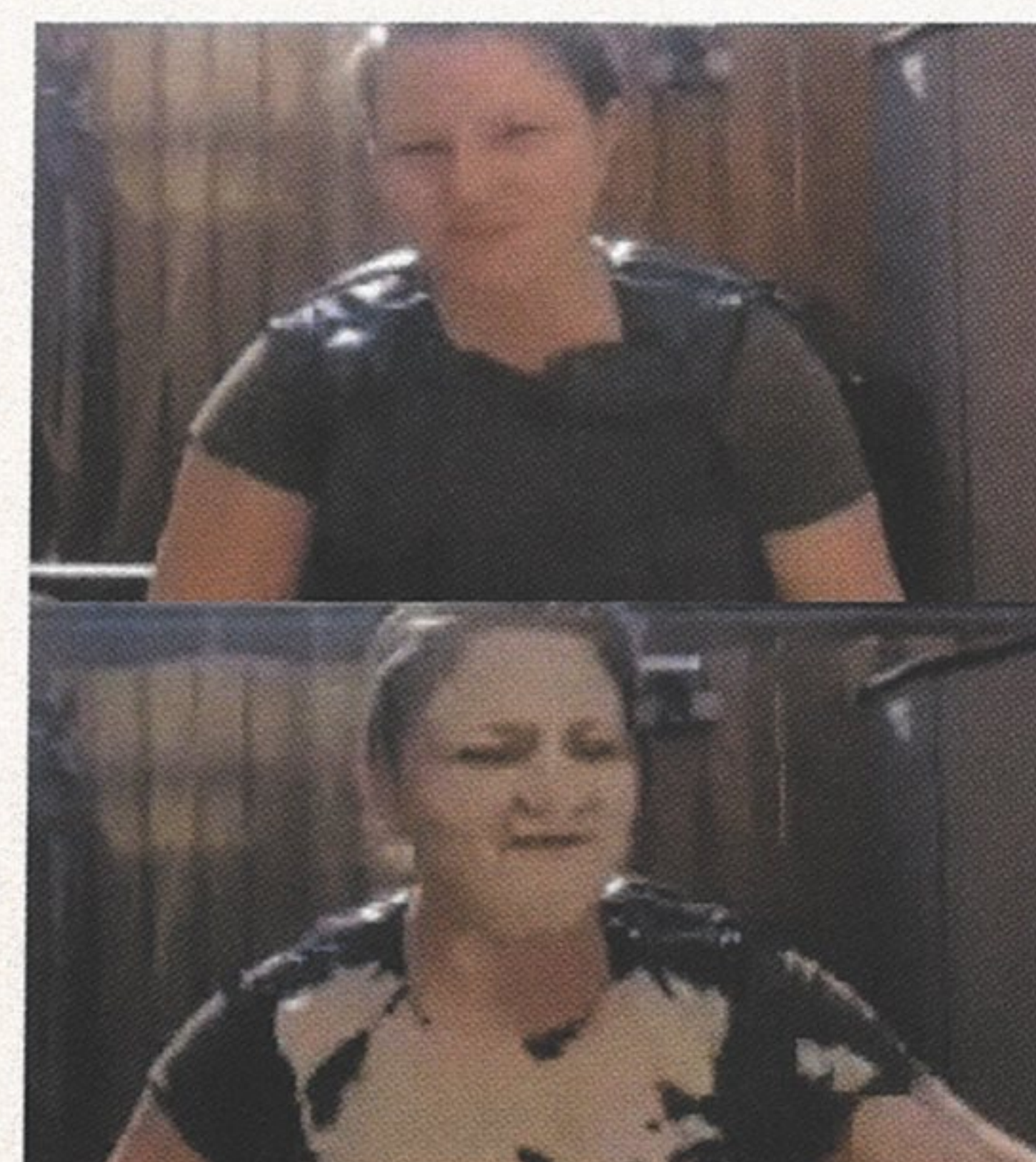
FUNdraising FOR Prom

2021 was not what we were hoping for but at Westview we always come together and make it work! Prom 2021 was an amazing event which included fundraising events, a Prom package and a virtual meeting. Earlier in the school year, Ms. Root set up a Prom committee where any grade 12 student was welcomed to join. The Prom Committee consisted of Ms. Root, Ms. Chadha, Mr. Donais, Ms. Mathai, Howard, Maha, Makayla and Natalia. Throughout the course of the year, Prom Committee met regularly to brainstorm how we could create a magical night for our Westview graduates. "A Night Around the World" was decided as this year's theme. Next, we had to come up with ways to fundraise, as we wanted the night to provide everyone with the feeling of prom. We set our goal on making Prom Packs that would be stuff with items to enhance the virtual experience. Events were then discussed and set up in a way that would allow for a package to be purchased online at one time. Fundraising included two trivia nights, a raffle with lots of prizes, and the ultimate pie in the face event where some staff graciously volunteered to have a pie in their face, including our administration team. Once all the fundraising was said and done, we were able to raise \$440! With the help of the school and our newly raised funds, we were able to create some beautiful Prom Packs for the grade 12 students. We were also able to combine our efforts and get the Graduations caps, gowns, sashes and tassels into our Prom Packs.

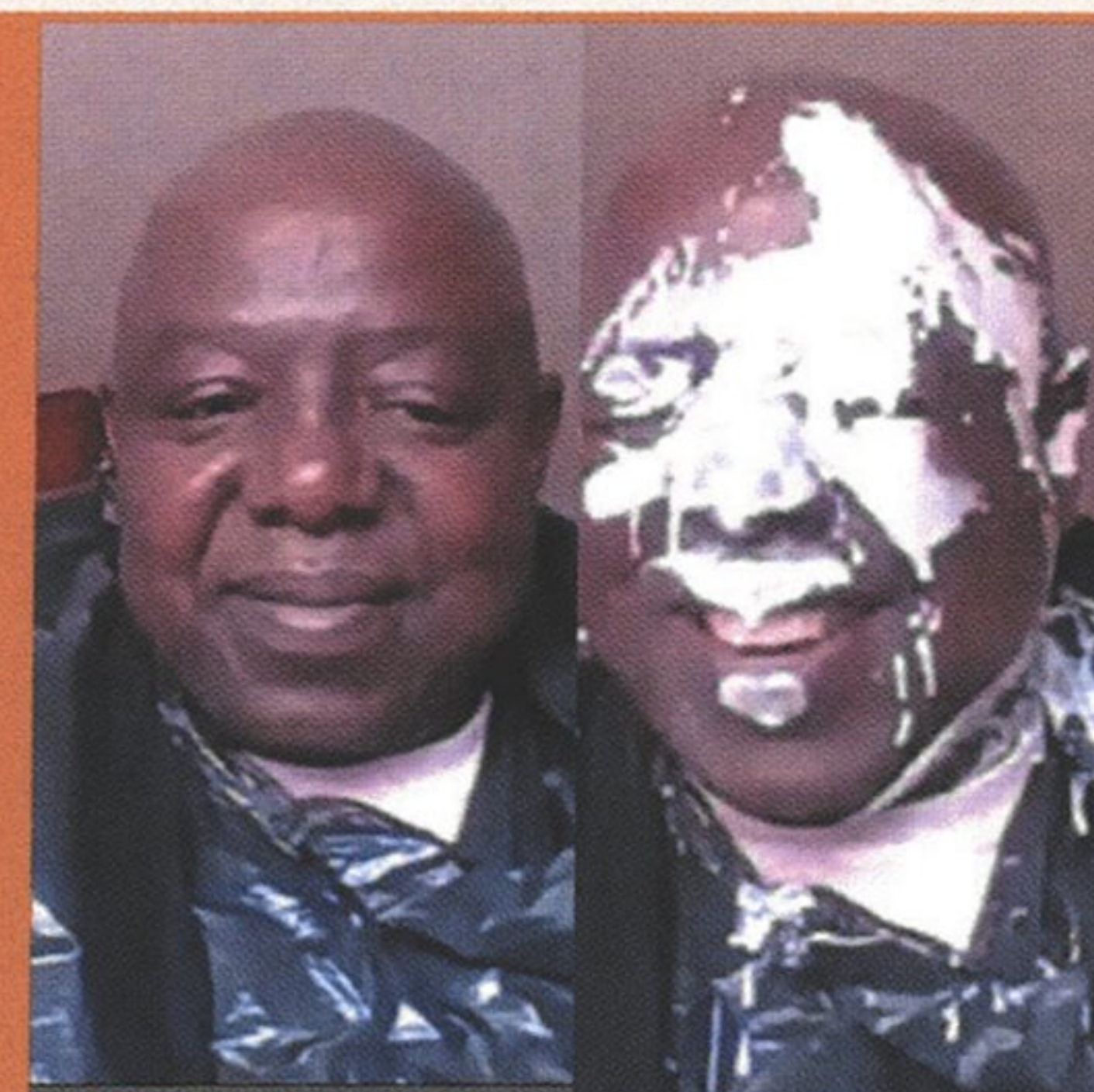
A pie in the face for Prom



Proud (and brave) pie recipients. Above: Mr. Mohr and Mr. Petrozzi
Below: Ms. Darlington and Ms. Moro



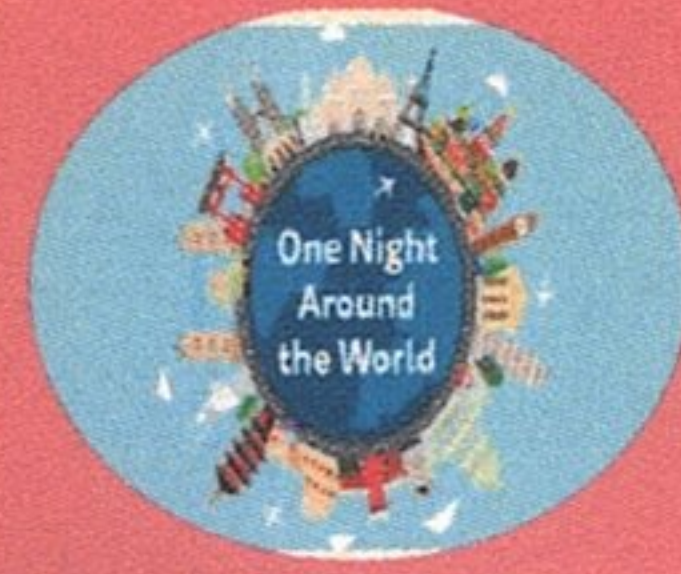
Trivia night topics included International Women, Music, 6ixbuzz or Nah, Year of 2020 -Events. Winner of the first event was Jazmyne Bramble-Francis.



Mr. Gala and at right Mr. Zoras.



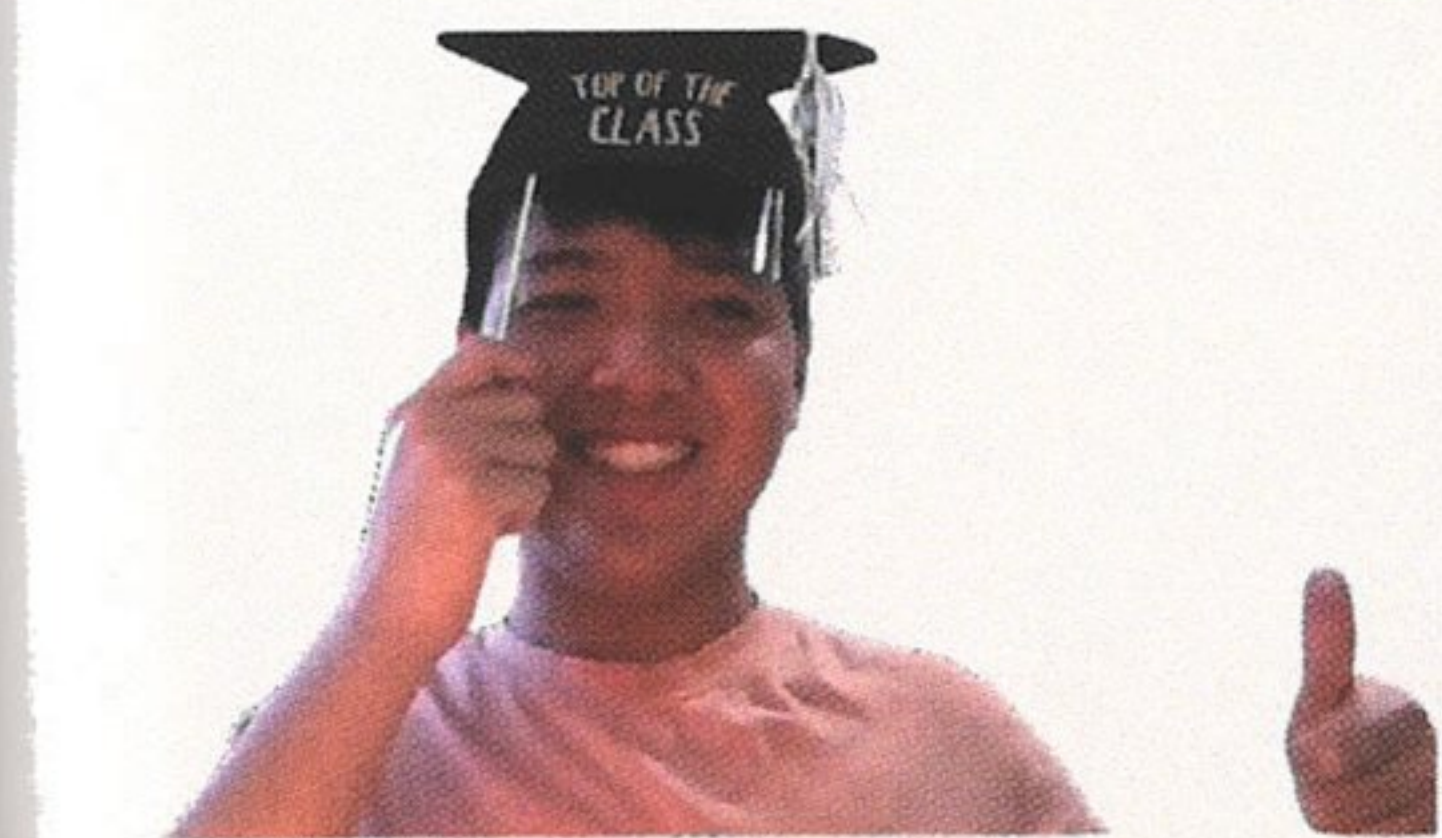
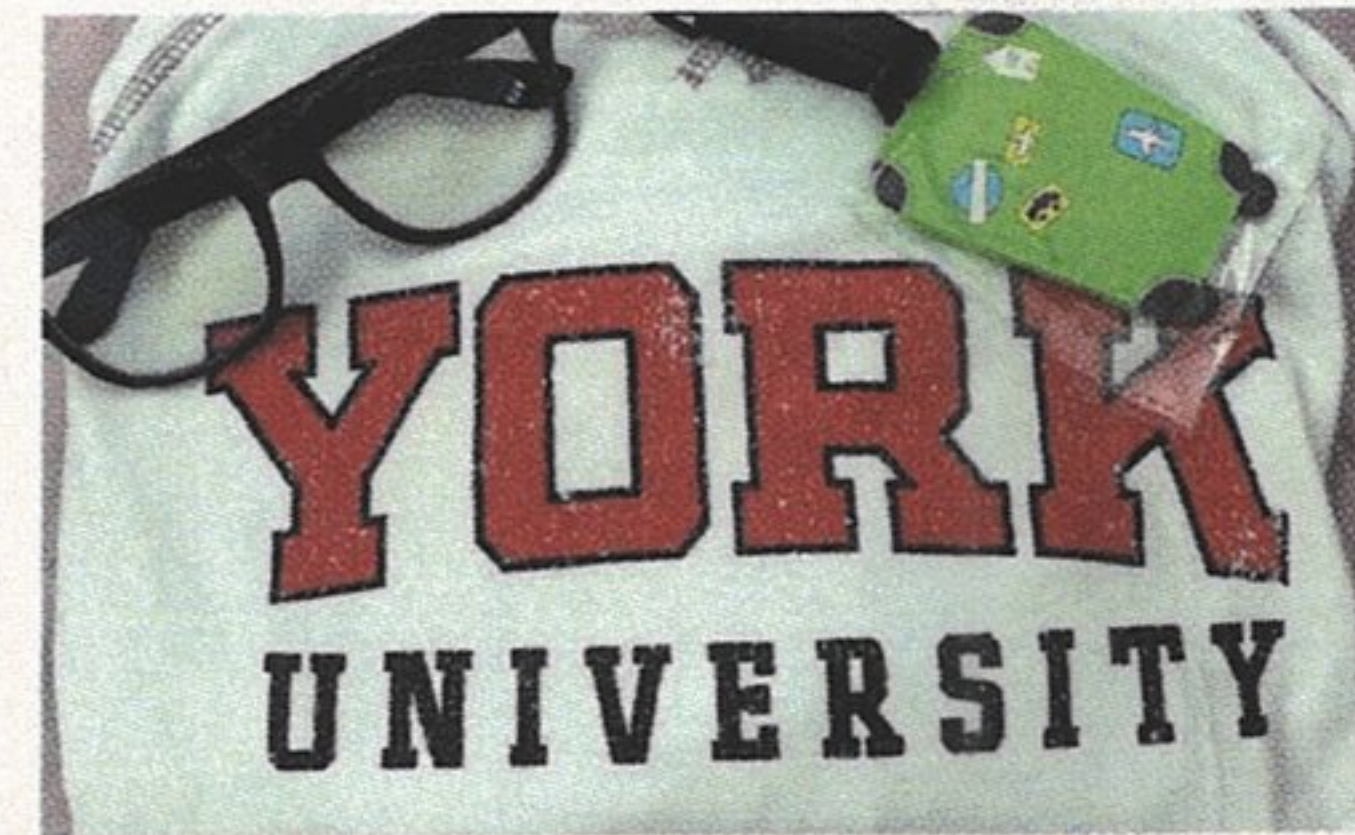
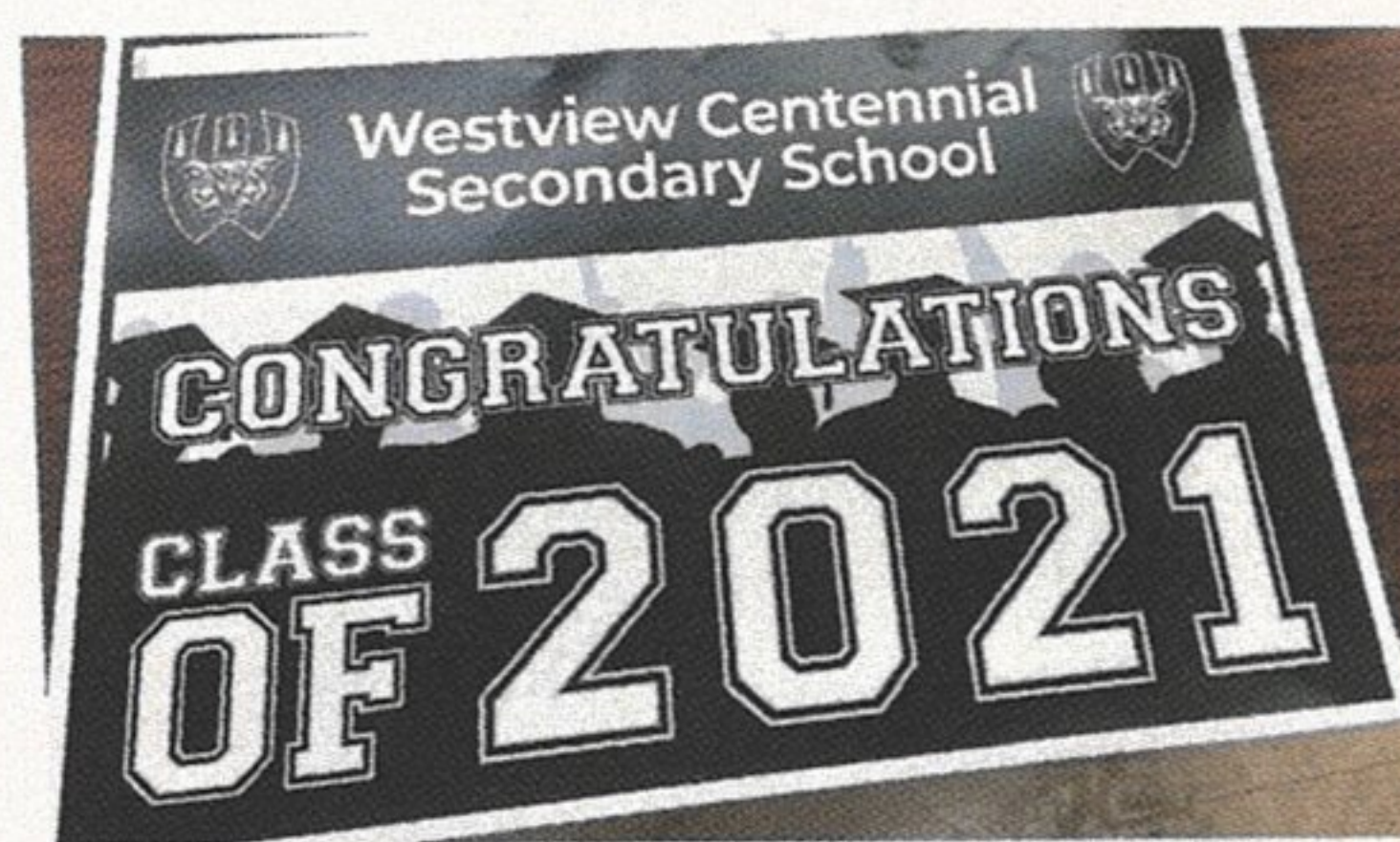
A NIGHT AROUND THE World



On Thursday, May 20th, A Night Around the World came to life. Although we were disappointed that Prom 2021 could not be in person, it was great to see many of our graduates and teachers come and support this event. Our virtual prom consisted of digital opportunities for students to take photos, play online games, listen to some reminiscent music, and vote for fellow classmates they felt would suit the 'most likely to' categories, along with Prom King and Queen. 🎉

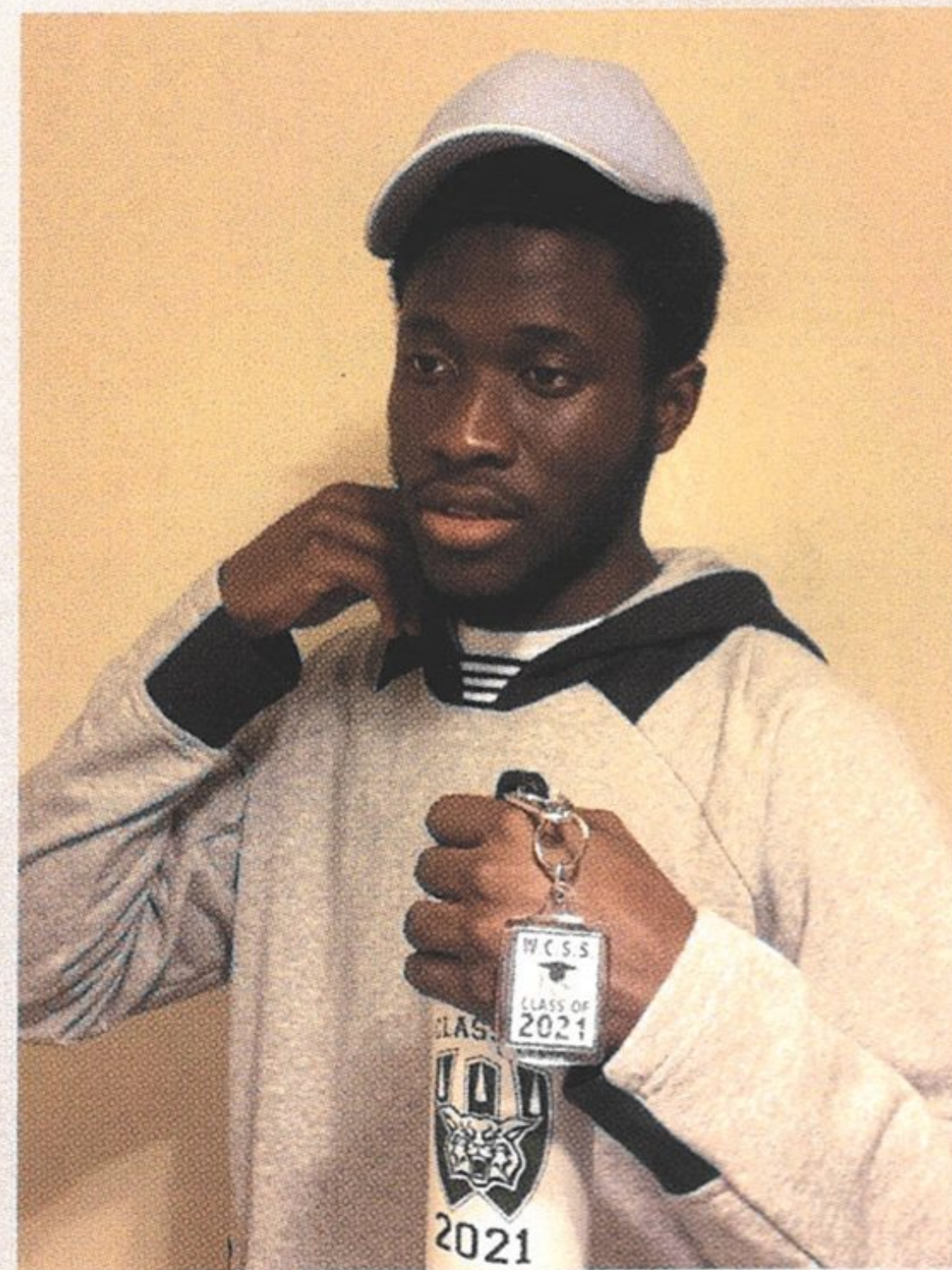


Congratulations Prom King Joshua Adams & Prom Queen Makayla Robinson



Above: Desiree Grant and John Tran

Above right: Prom Pack gear, Above a happy grad.



Prize winners Aliamen Olumegbon and Awwal Abass.

Most Likely to:

- Be on the 'Best Dress' list - Chavez Sequea
 - Start a Book Club - Trista Juman
 - Be the Next Prime Minister - Tamara Calliste
 - Own a Auto Body Shop - Peter Toma
 - Become a Chef - Fatuma - Moussa Adbi
 - Develop their own App - Matthew Indareo
 - Become a Judge - Pooja Patel
 - Become a Surgeon - Rosie Tran
 - Move to New York & pursue an Art Career - Anna Le
 - Become a Professional Athlete - Julio DaCosta
 - Win a Nobel Prize - Chioma Ezech
 - Become the Principal of Westview - Thea Calliste
- Prom Queen - Makayla Robinson
Prom King - Joshua Adams

GRADUATES



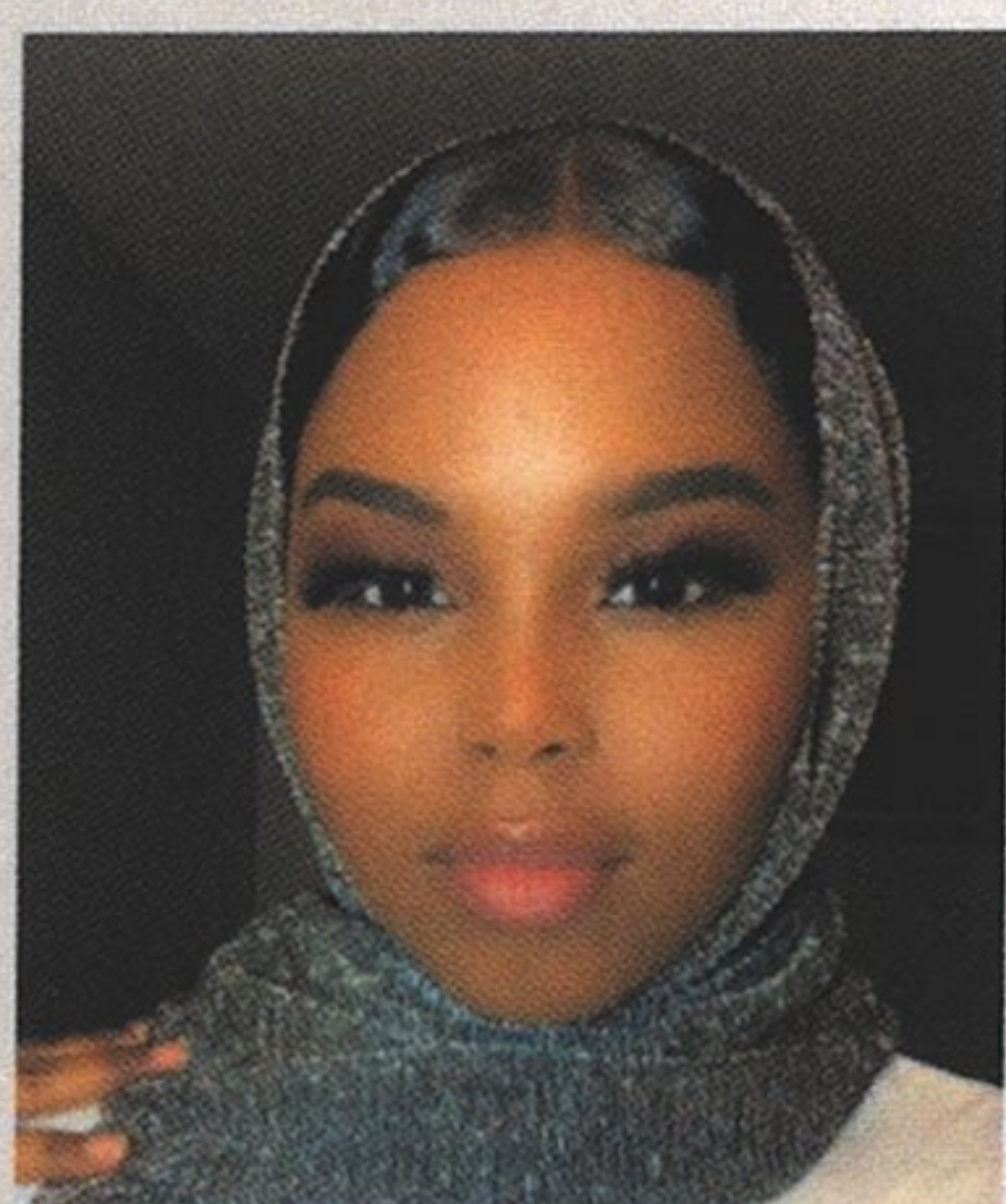
Khadija Abdullahi

Congratulations
Graduates!



Adna Ahmed

I wanted this year to fly
by not zoom.



Shukri Ahmed Rashid

Thankful for my ice caps
that kept me awake
through all my classes.



Aisha Ali

"You drown not by falling
into a river, but by
staying submerged in it."
-Paul Coelho



Nailah Ali

We are adults? When did
that happen? And how do
we make it stop?



Coleen Alli

dattebayo!



Maliah Andall

I walked.



Isatu Barrie

Y'all don't know nothing
about me other than my
name and still can't
pronounce that right.

Moving In Silence



Hardeep Bhangu

Always have hope and faith, no matter how hard life gets.



Tamara Calliste

We all only have "one" life to live, so live it to the fullest.



Thea Calliste

Some people want it to happen, some people wish it would happen, and some people make it happen.



Ray Chaitram

"When you finally realized how fast time is going, you then realize you can never go back."



Anthony Drepaul

This year was different, maybe uh... unique even!...but like...the refund please?



Chioma Ezeh

"Have some fire. Be unstoppable. Be a force of nature..." Christina Yang



Angela Fianko

Self love is the best love.



Amanda Georgakakos

Lol, high school musical set me up for failure.



Nadasia Graham

yes



Muriel Grant



Intisaar Hamud

Wakey, wakey...don't
wanna be late today -
felix, stray kids



Israa Hamud

Excuseeee Meeee...I'm
SHY



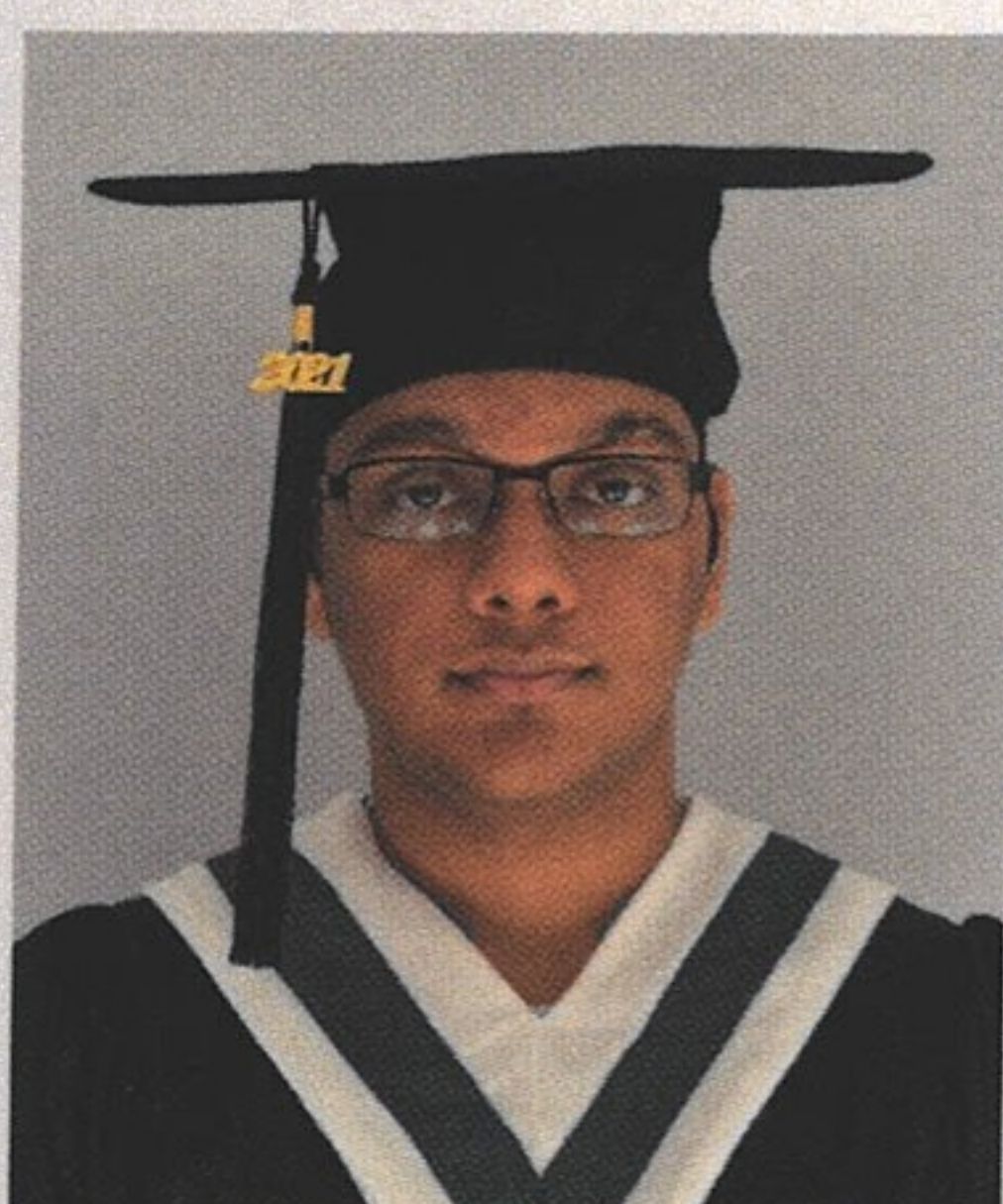
Janelle Henry

As I taste greatness,
memories are a beautiful
glade with fruits of joy
and laughter.



Tatianna Henry

Suite life on deck s3 ep22
(20:20)



Matthew Indardeo

"Sometimes you will
never know the value of a
moment until it becomes a
memory."
-Dr. Seuss



Stacey Iraoya

Took me 3 years and a
panoramic, 16% would
not recommend.



Alicia Jaundoo

Stay humble.



Trista Juman

"If you can imagine it,
you can achieve it, if you
can dream it you can
become it."- William Ward



Okeri Katjihingua

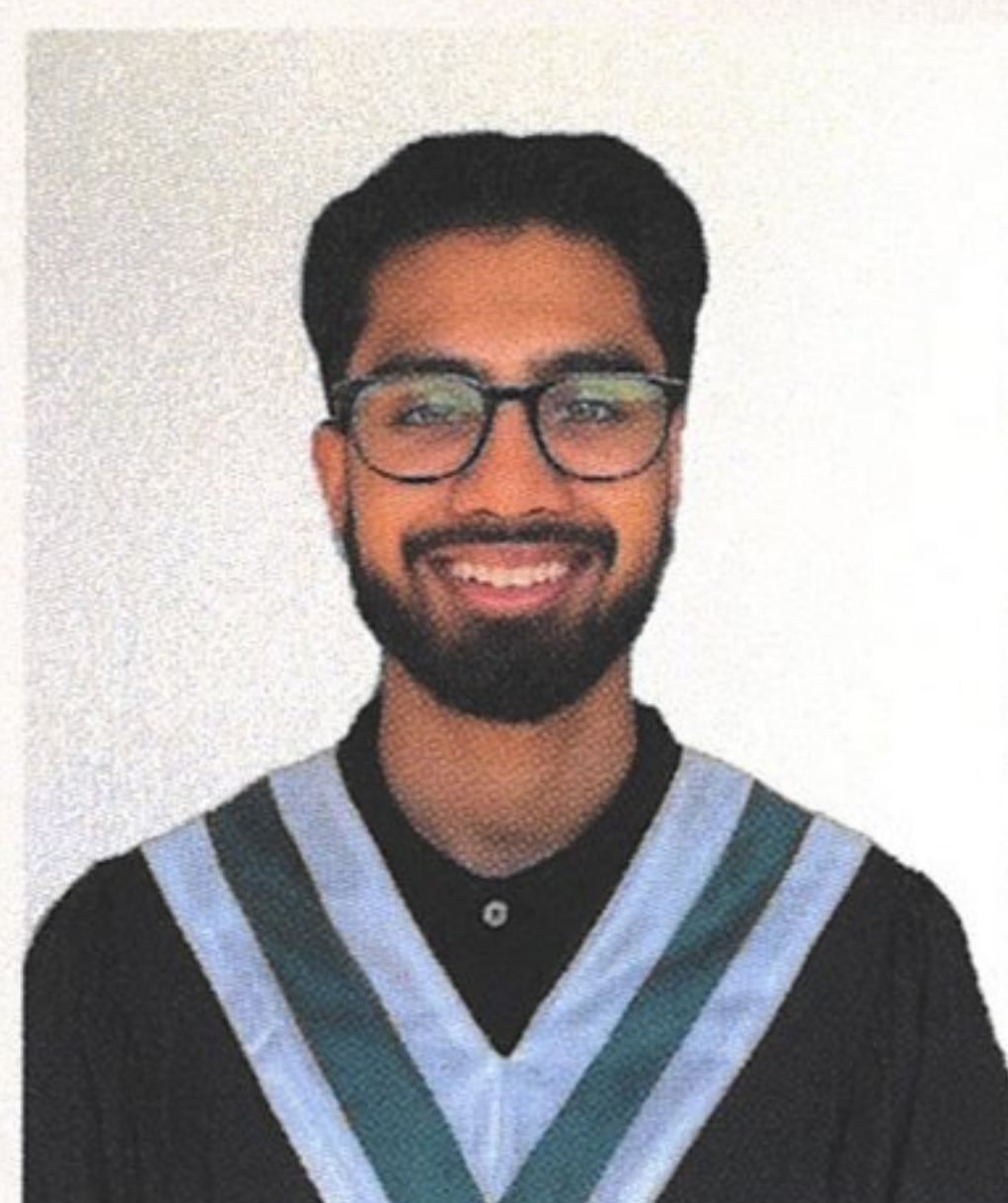
Niki Manaj once said,
"Barbz stay in school..."
But I literally never want
to do this again.



Alisha Khairoodin

It's been a wonderful
journey here at Westview.
Always remember to
never give up on your
dreams.

"Nuff said, S/O to the homies. We made it."



Nicholas Khan

Why pass a test when you can just pass away.



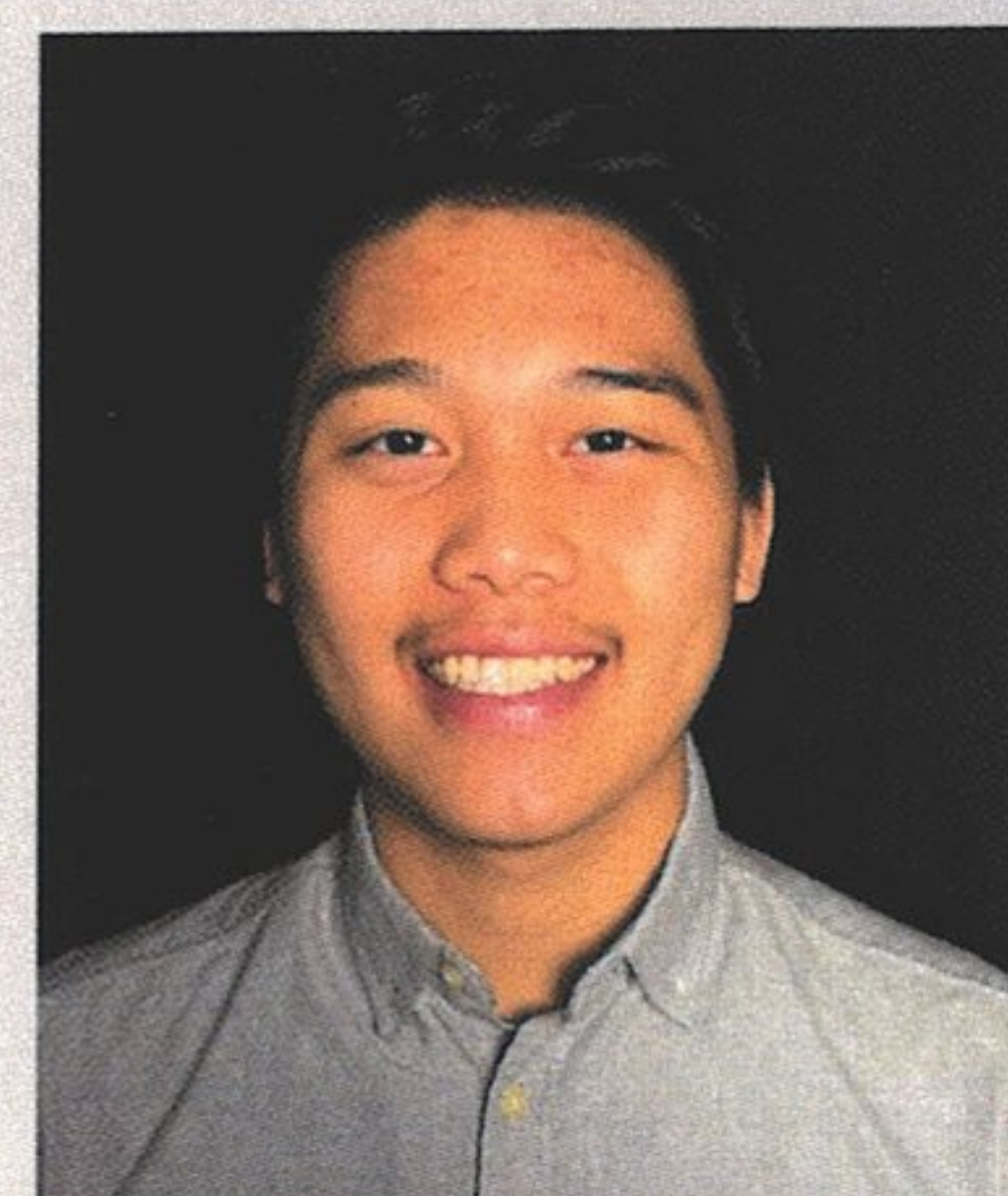
Anna Le

Goodbye everyone, I will see you at my dental clinic.



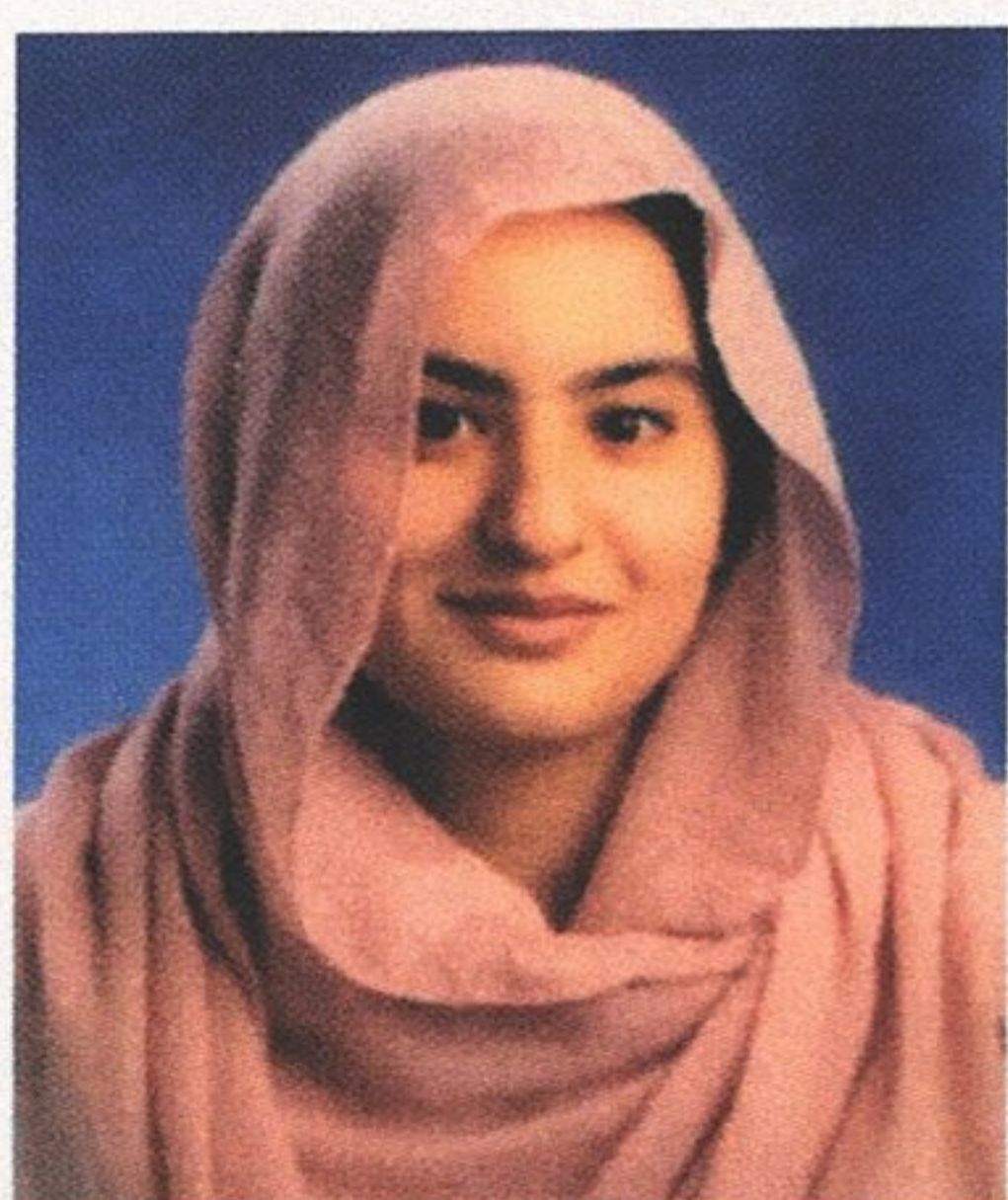
Minh Anh Le

Ciao, kiddos! I'm off to the next stage of life!



Martin Lim-ary

If you ever feel useless, just remember the guidance office exists.



Rameen Mahboob

"Today is the day my life begins." -Alex Karev



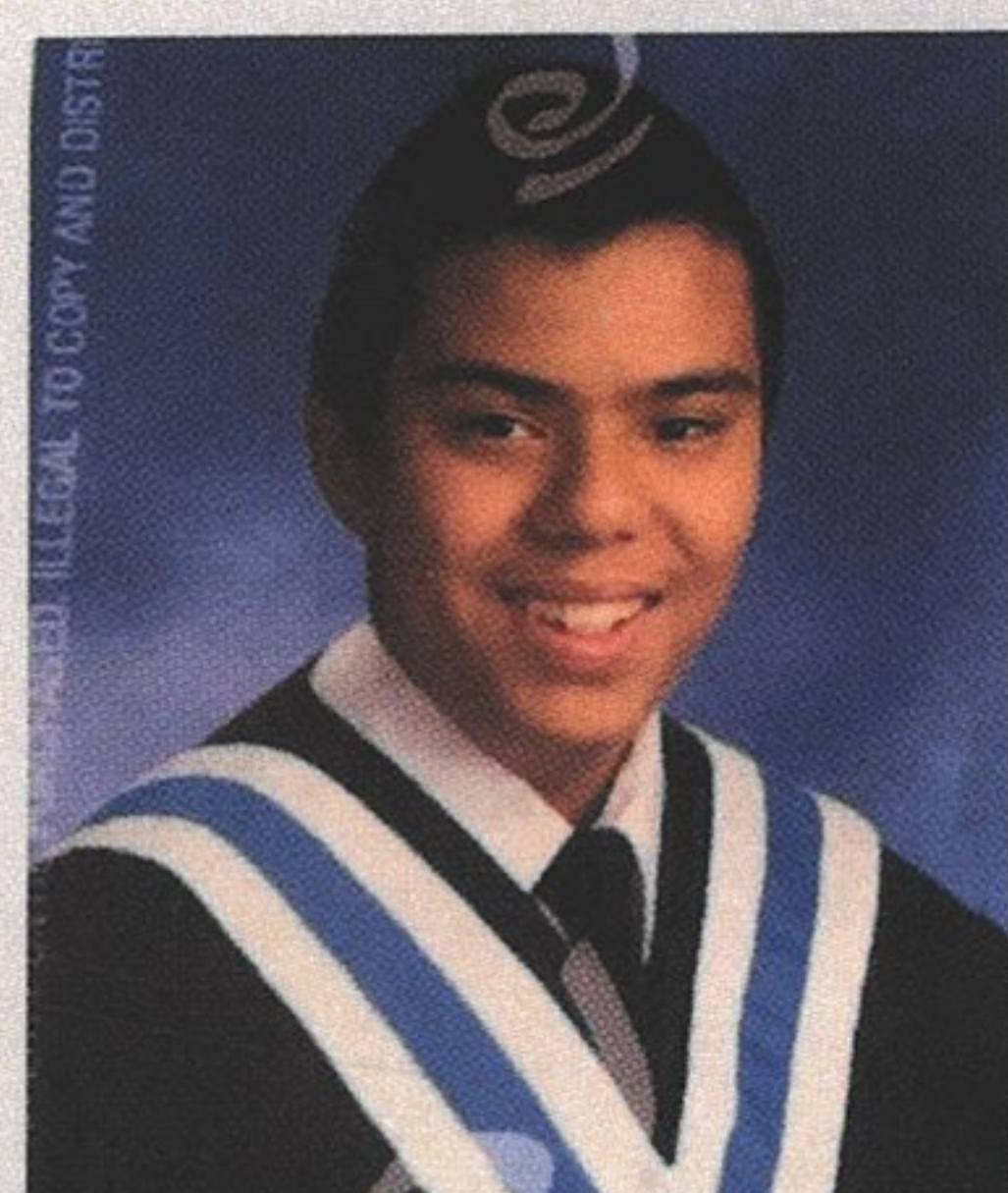
Ekram Maye

I came, I left and you're still there. Awhh.
#classof2021



Aliyah McDowall-Trevisan

That which does not kill us, makes us stronger.



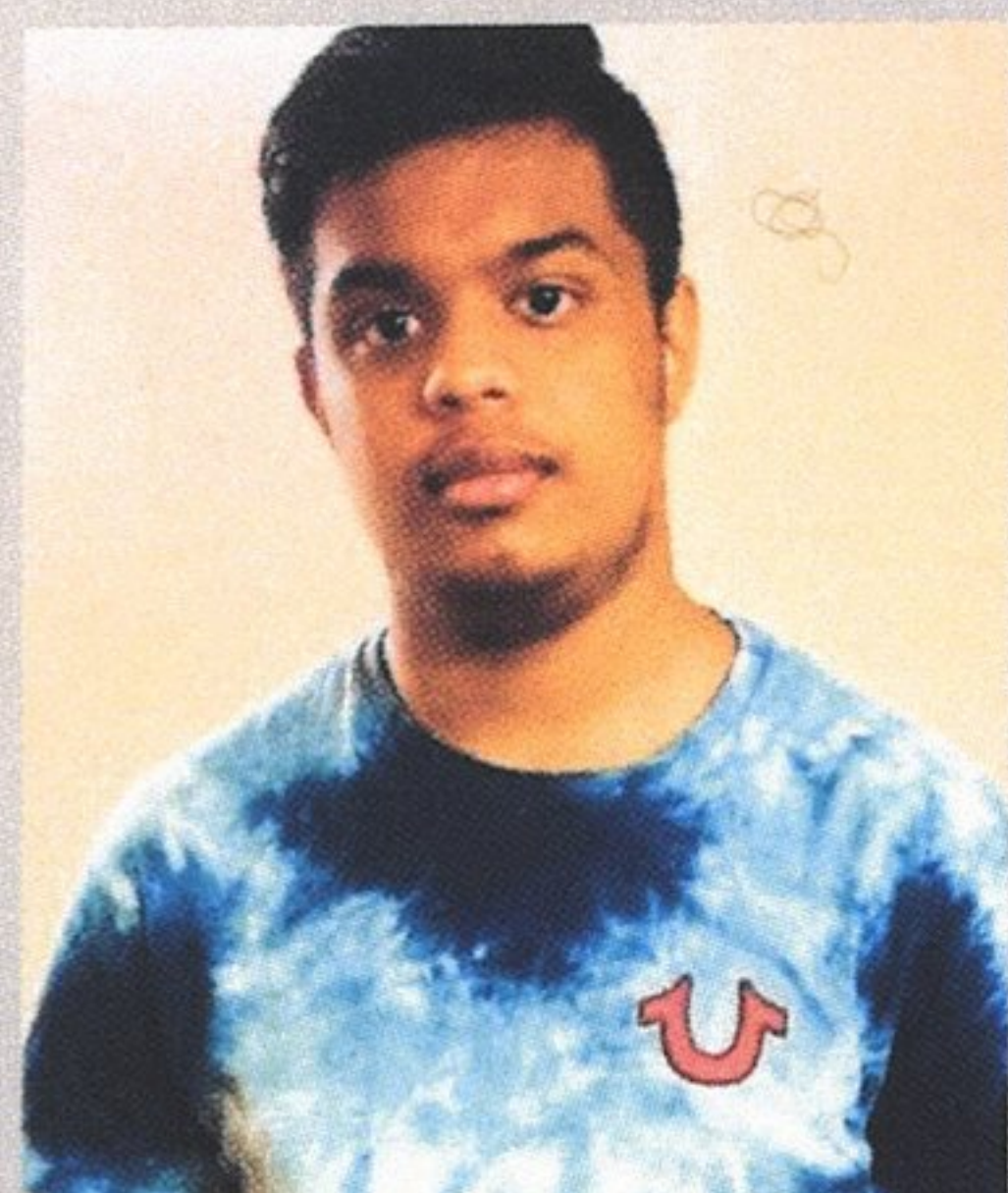
Saeed Mohammadi

I WILL FOREVER LOVE
YOU NARUTO
UZUMAKI



Layla Mude

The best way to predict the future is to create it.
Continue achieving!



Anojan Nandakumar



Nadi Nar Chhin

I saw myself go through so many stages and safe to say, I ate that ish up purr.



Jason Narine

It's not about how many times you can fall down but how many times you can get up and keep pushing.



Reanna Nauth

Dem can tek everyting buh yuh education.



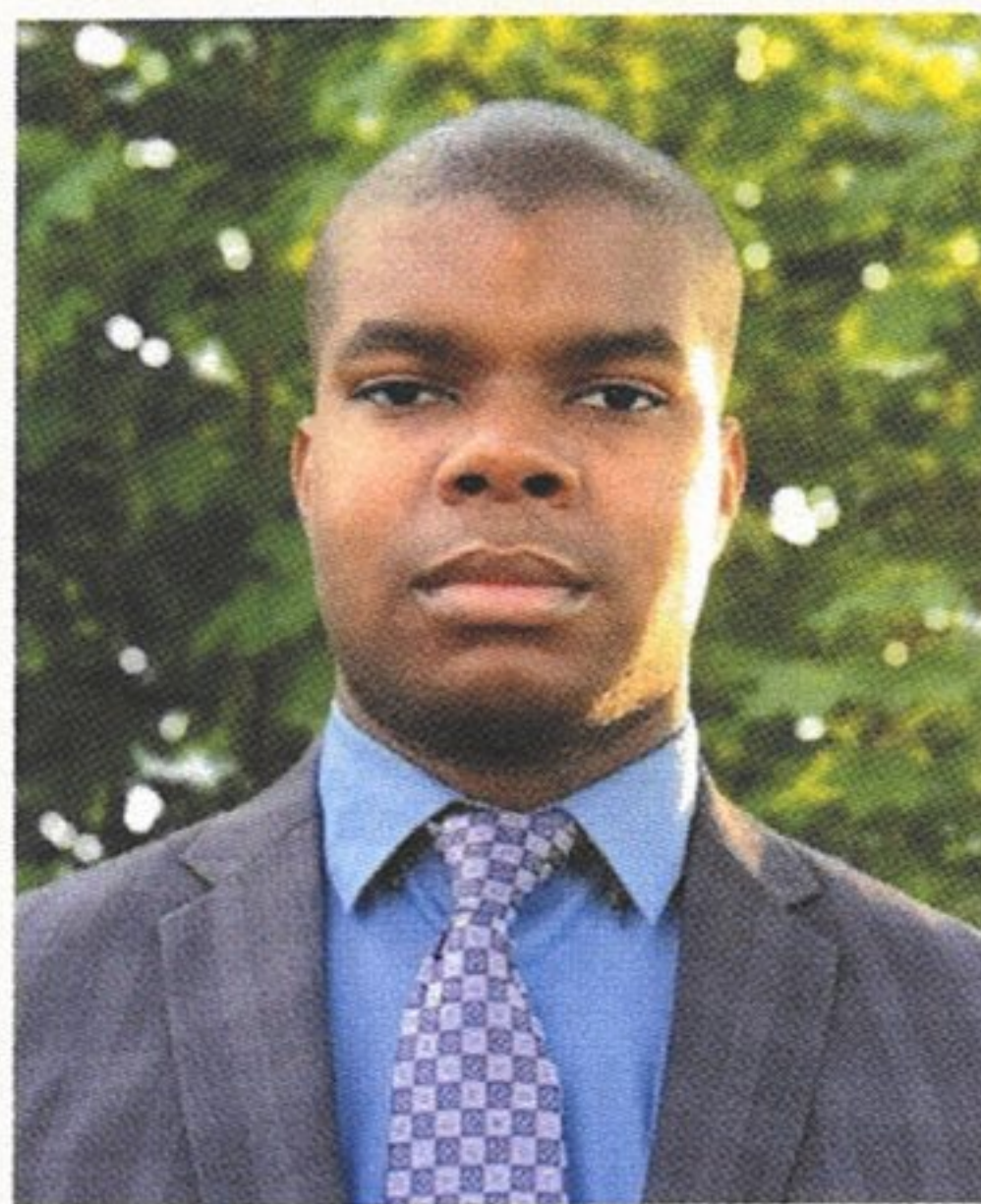
Gift Nosakhare

I'm so happy I am graduating, it has been a great experience/time at Westview!



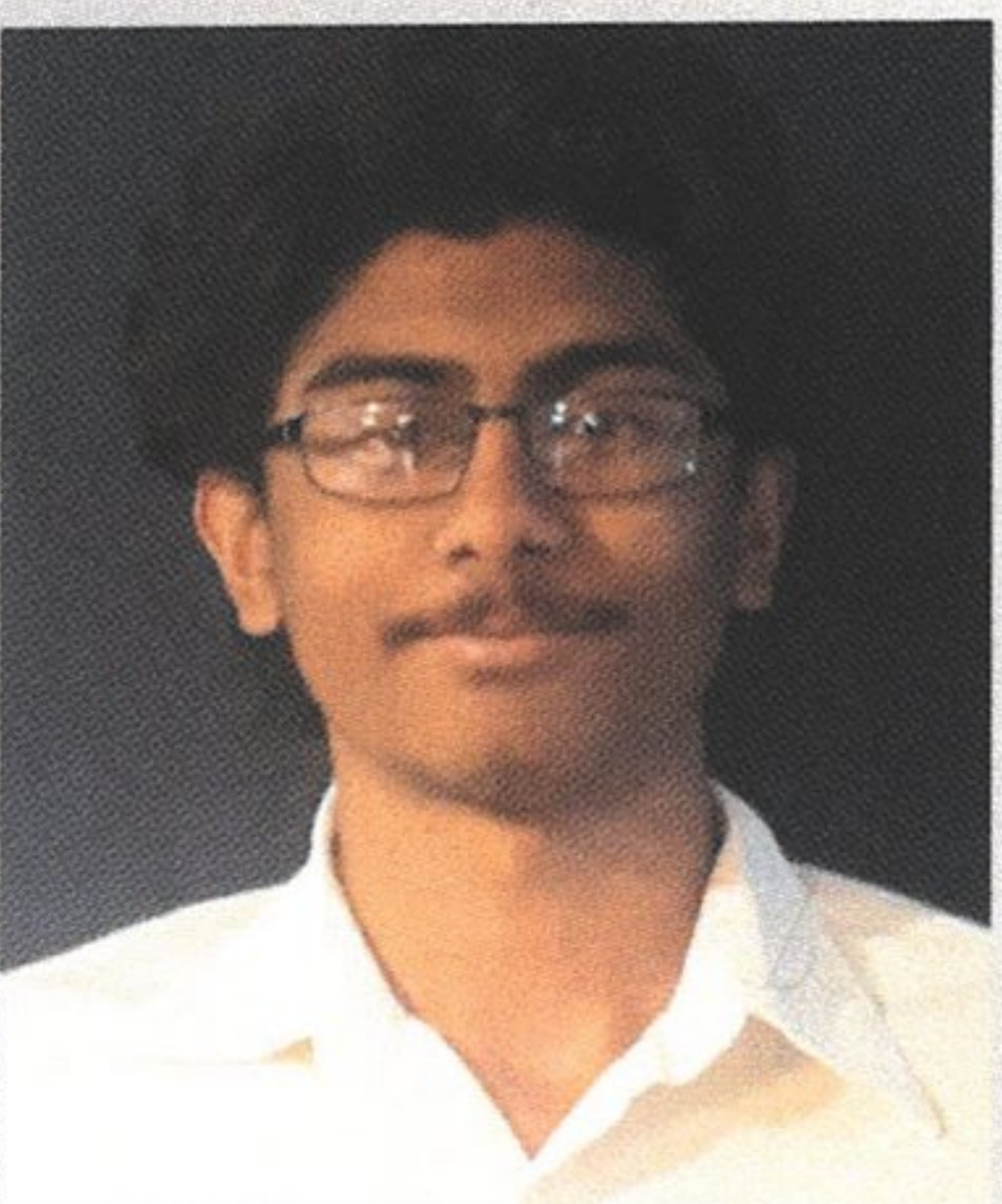
Saudia Rahim

Came in the same, left the same #4'10"



Tyler Robinson

"The future is mine, I just have to make the best of it."



Jami Sattaur

Do your best and you will reach high levels in life.



Preeya Somwaru

"Success is only meaningful and enjoyable if it feels like your own."- Michelle Obama



Leah Thomas

N/A



Romone Williams

No matter how hard or impossible it is, never lose sight of your goal .

Already bigger than you.



Zariya Williams

"When life shuts a door,
open it back up. That's
how doors work."



Derrick Yeboah

Never lack.



Joshua Boateng

I am gonna miss all of
you, Westview.



Thi Quynh Ngo



Ashwaq Egeh



Hser Nay Hser Nay Gay



Talisha Palmer



Jaylon Reid



Elizabeth Sawh



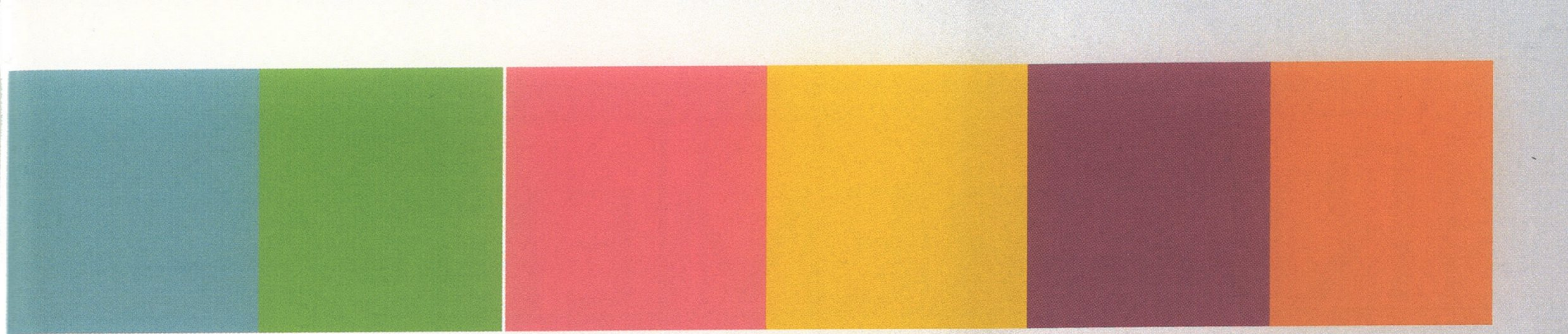
Faraz Sharfuddin

Graduates Not Pictured

Fatuma-Moussa Abdi
Adeena Abdul
Ilyaas Abdullahi
Zahara Abdullahi
Joshua Adams
Ahmed Adan
Dahir Ahmed
Morufat Aji
Rekik Aknaw
Yoland Alfred
Nassor Aliy
Salum Aliy
Faith Andrews
Prince Asare
Mohamed Asir
Muyideen Ayinde
Sohrab Azizi
O'Dave Barnes
Nelson Bayere
David Bibilari
Mahamed Birjeb
Bismark Bonsu
Emmanuella Bonsu
Gage Bright
Tara Bun
Jordan Burford
Nicoy Burke
Derano Caesar
Tyrell Campbell
Ashanta Chambers
Shayyid Charles
Rakesh Ching
Jawayne Clarke
Laith Cole
Nicolas Corriveau-Wells
Kionte Cummings
Jaylen Da Costa
Julio Dacosta

Kishen Deoram
Crista Do
Jamal Douglas
Tyreke Douglas
Keyonie Edward
Ariel Farnell
Beyonce Forbes
Alston Francis-Sergeant
O'Shawntie Fuller
Alan Gangabisoon
Dayna George
Darius Grant
Desiree Grant
Nikia Green
Fernando Anubis Gutierrez
Coba
Adora Gyamfi
Rebecca Ha
Sandy Hansraj
Bharathi Hari Karan
Sahal Hashi
Sonia Hoang
John Howard
Hser Eh Tha Mee Hser Eh Tha
Mee
Annjenica Inderlall
Jamie Jeffrey
Nathan Johnson-Audain
Zion Jones Barry
Leean Joseph
Intyaz Kanhai
Tisha Kant
Ummu Karaalp
Sarah Kawall
Kerlene Khan
Linda Khoan
Jacky Khong
Jordane King

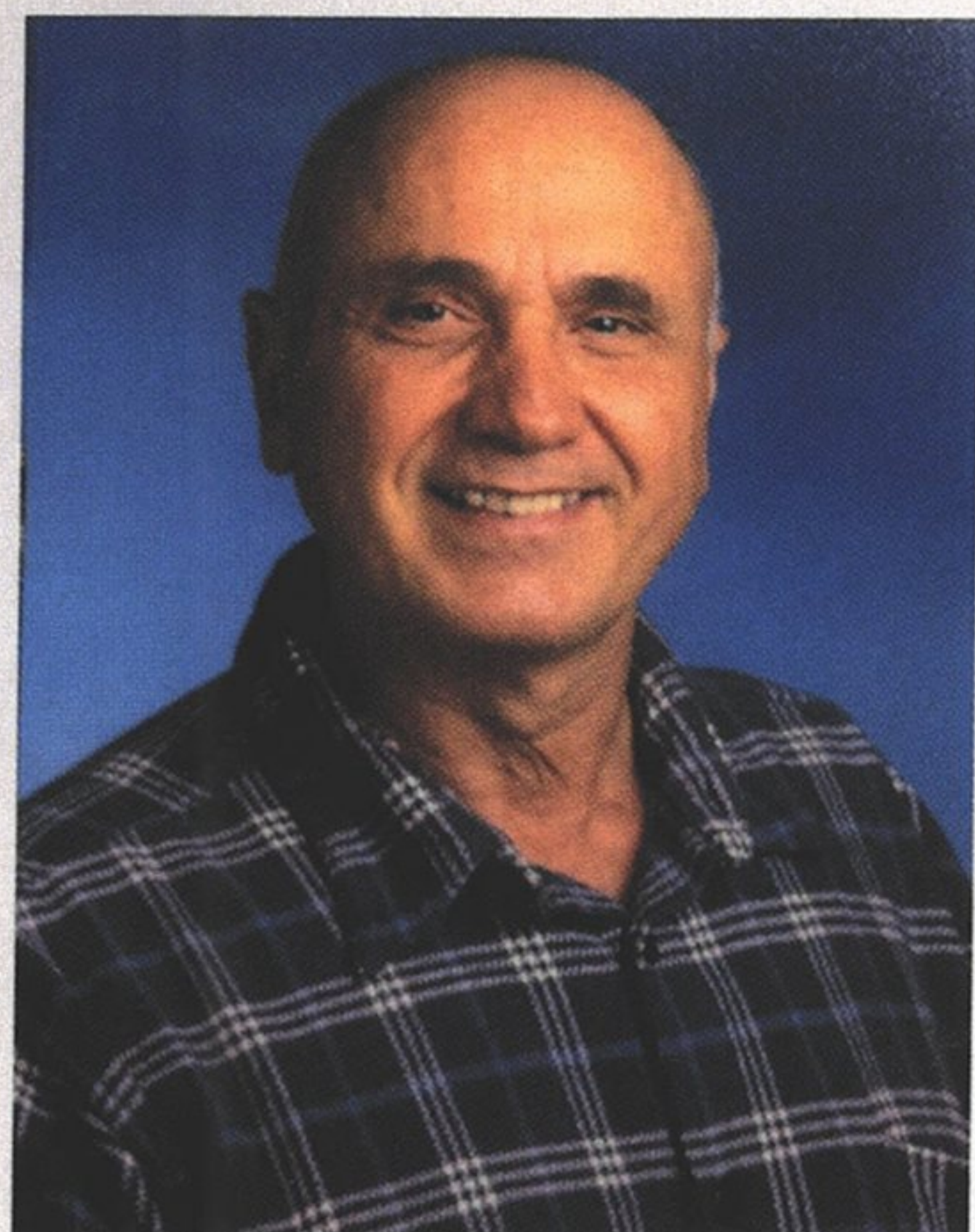
Harriet Kusi
Eva La
John La
Roy Lachmanaya
Thu-Katie Le
Tony Le-Nguyen
Bryant Lesabe
Jason Leung
Tifarria Lewis
Cindy Lieng
Thomas Lieu
Natalia Linares-Alvarado
Alvin Luu
Steven Luu
Tristan Ly
Jahshyla Mayers Simpson
Maylin Esther Medina Soriano
Ali Mohamed
Ayub Mohamed
Marian Mohamed
Halema Mohamud
Hussien Mohamud
Elijah Moore
Devyon Morgan Reid
Quinton Nembhard
Edward Ngo
Kenny Ngo
Steven Ngo
Duy Nguyen
John Nguyen
Lucky Nguyen
Nam Nguyen
Phillip Nguyen
Tiffany Nguyen
Tu Nguyen
Uyiosa Nosakhare
Kevin Ochoa-Aguilar
Emmanuel Olowoyo



Ikram Omar
Ikhlas Osman
Isaac Owusu Appiagyei
Jovan Panca
Aesha Patel
Pooja Patel
Duy Long Pham
Tony Pham
Brandon Phat
Hang Phu
Marcela Pleitez
Kenroy Primus
Megan Quach
Elmer Quintanilla-Garcia
Ronisha Richards
Jahheim Robinson
Makayla Robinson
Jermaine Rookman
Aisha Salim
Donte Salmon
Shaquan Salmon
Abdullah Shaikh
Faraz Sharfuddin
Lillian Sia
Rei-Ann Simpson
Vanessa Singh-Budhai
Sineha Sivasubramaniam
Meryem Sozlu
Miguel Srey
Sanjay Sutharsan
Kevin Tang
Keemo Taylor
Teresa Teresa
DaJohn Thomas
Peter Toma
Annie Tran
David Tran
David Tran

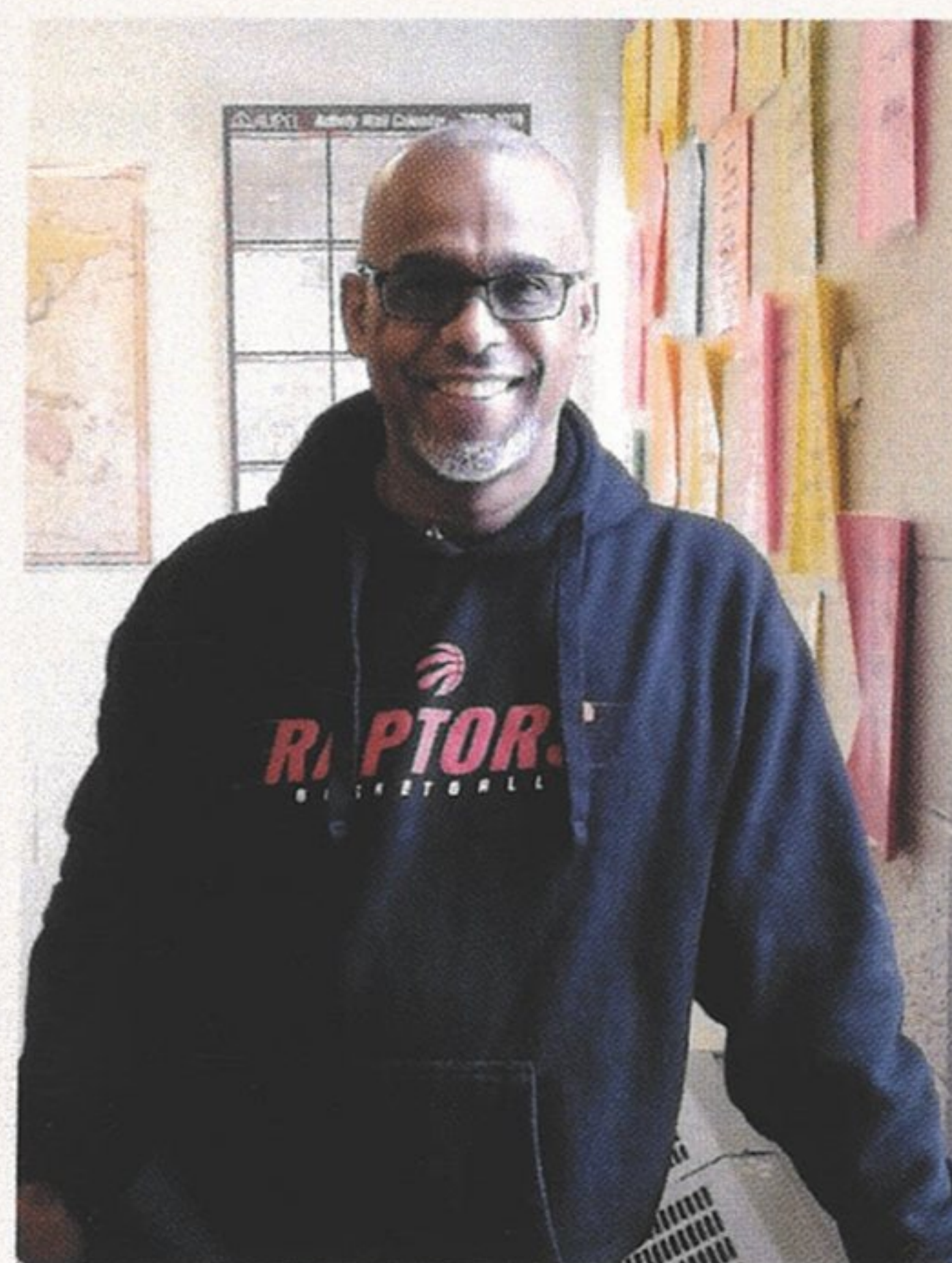
Howard Tran
John Tran
Rosie Tran
Randy Truong
Xabiba Waheleye
Maha Warsame
Jimmy Wu
Dewa Yarmal
Rohullah Yarmal
Obed Yeboah
Avantai Young
Zi Jian Zhang
Al-Amin Zubeir

RETIREMENTS



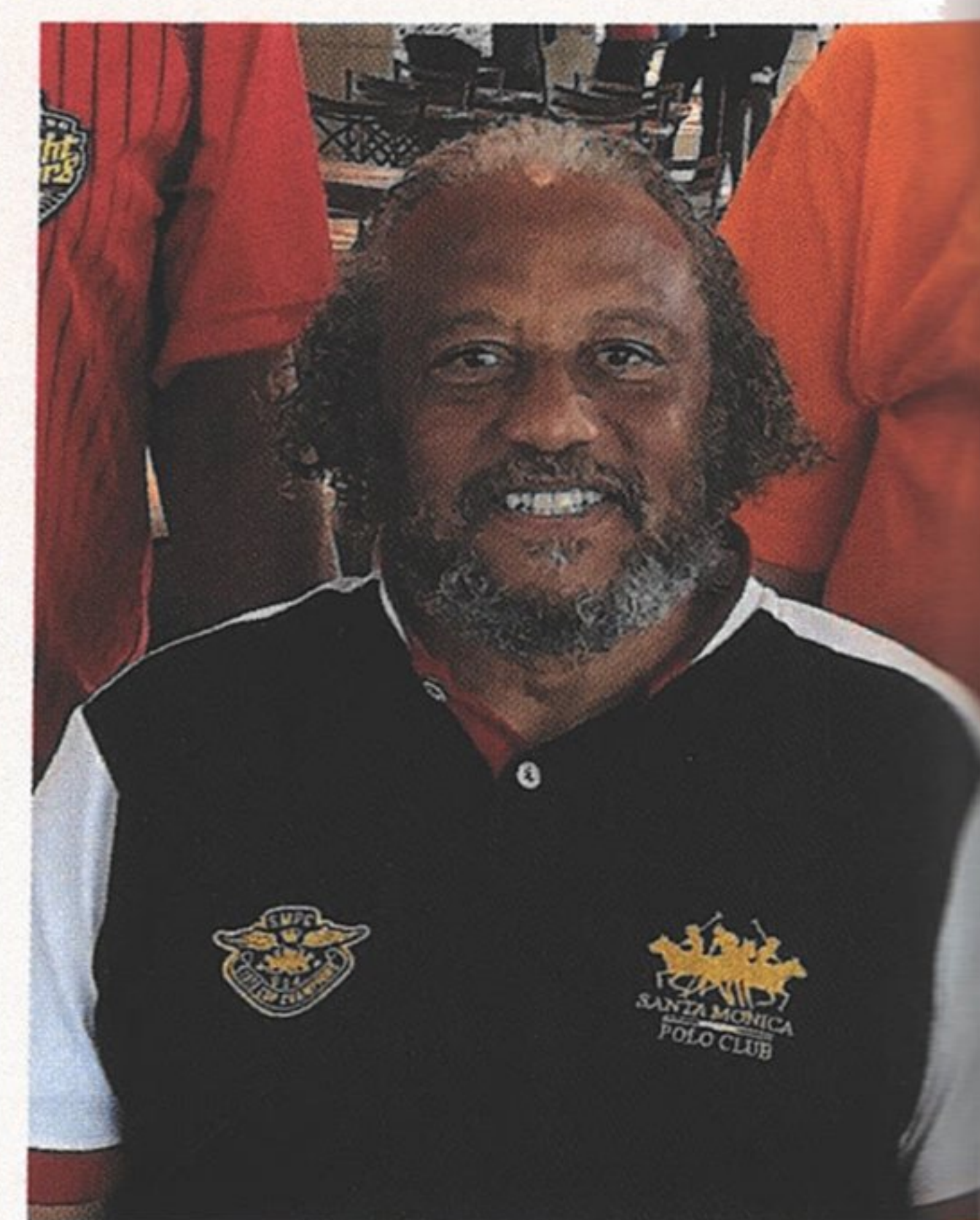
Mr. Henry Elgrichi

I have been teaching at Westview for over 20 years and ten Principals. I started out at Westview as part time in the year of 1999 and eventually full time in year 2000. In 2014, my students entered the Hairstyling Skills Competition, and we won a gold and two silver medals. I was lucky enough to teach hairstyling, something that I enjoyed very much and being able to transfer my skills to students. "My door was always open to students just so they can continue working on their mannequin while they are having their lunch or just to say hello. I really enjoyed working at Westview and I will miss all my students as well as the staff. Westview will always be my home.



Mr. Errol Gaskin

Errol Gaskin started as a teacher at Westview in 1998 and stayed here for the duration of his career--23 years! Errol was a jazz enthusiast, Shakespeare devotee and consummate healthy eater. He was a member of the teacher band, "85 Factor", playing sax, alongside Mr. Soares (on piano), Mr. Schmidt (on bass) and Mr. Kelly (on drums). His signature course was Grade 12 Writer's Craft where he worked with senior students on the timeless and essential art of storytelling. We wish him all the best as he embarks on this new and exciting stage of life.



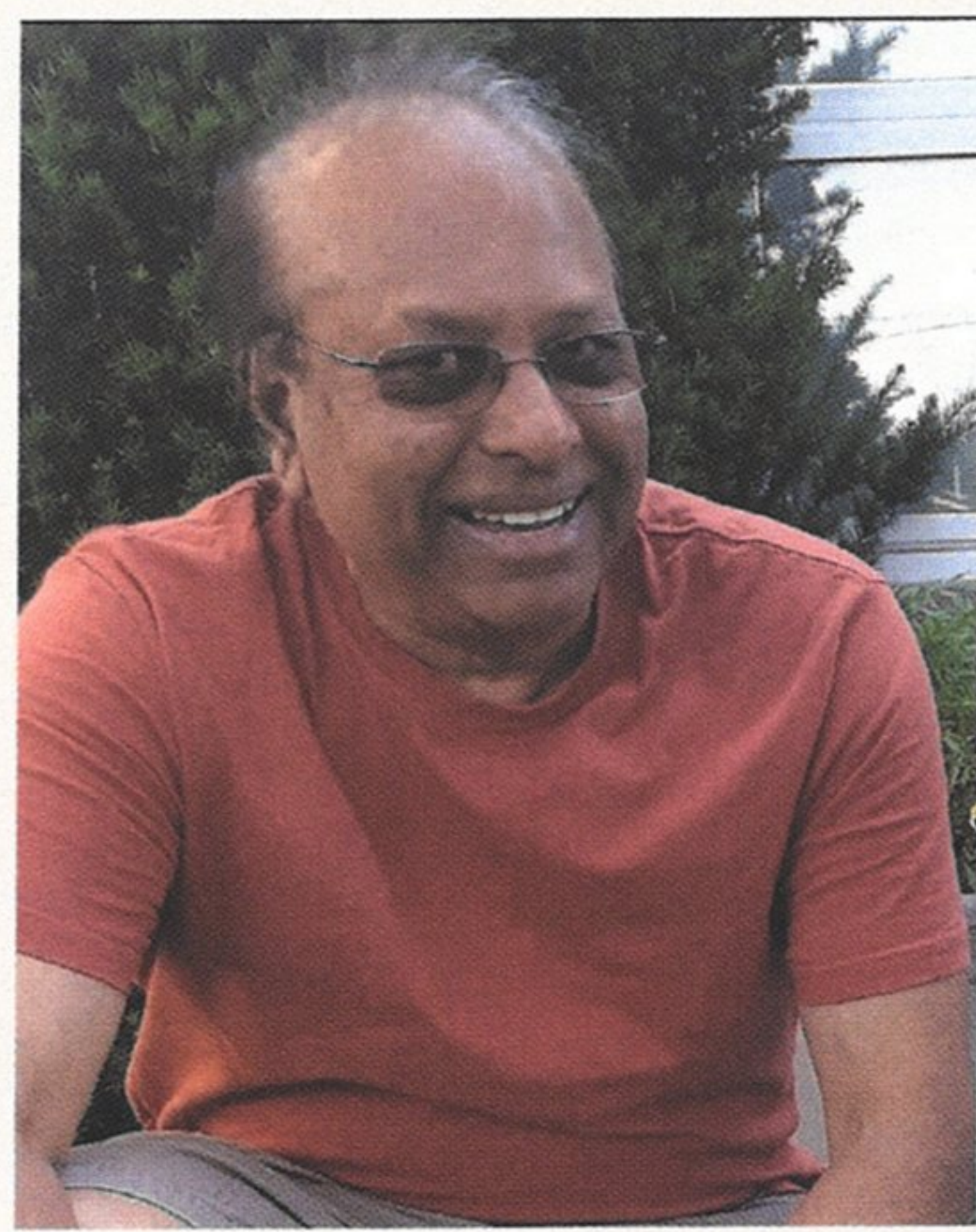
Mr. Terry Jones

It has been twenty-seven wonderful years at Westview. I had the pleasure of meeting and collaborating with some excellent teaching staff and administrators. Most importantly, I have taught some of the best students ever. In addition, I coached skillful and hard-working students in soccer where they were successful in winning several championships. When coaching I was able to see students from a different perspective. I was also the staff advisor for "Students In Action", (SIA) which was initiated by students who were interested in doing volunteer work. Thanks to all who made my time at Westview a joyful and memorable experience and good luck in all your future endeavours.



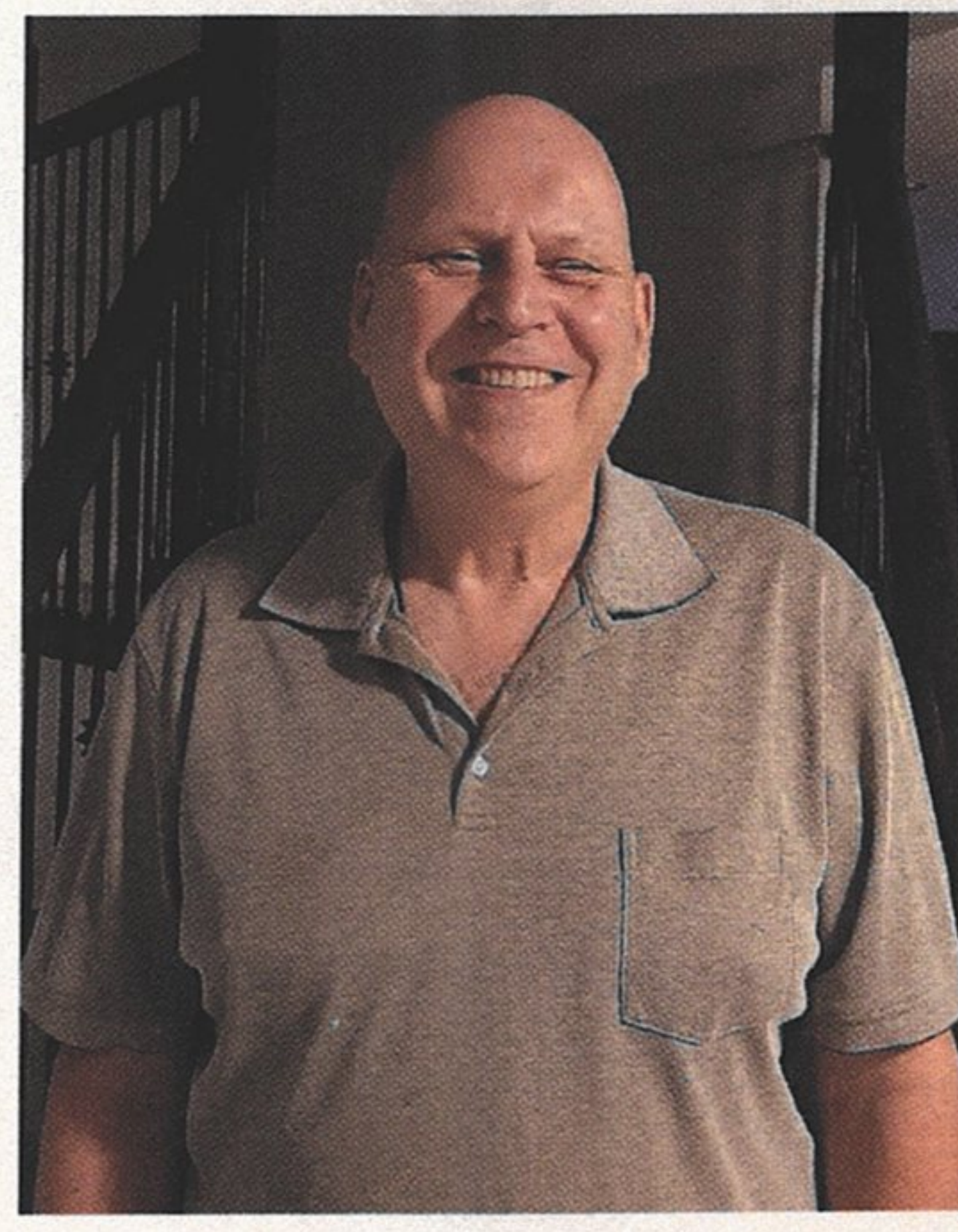
Mr. Darcy Mohr

31 and done, baby. It's been an awesome experience. Thanks to all the current and former students and staff for being part of it. I will cherish my Westview experiences for the rest of my life. I can thank Westview for making me into the man I am today. No matter how much time and distance separates us in the future, our shared Westview experience that we carry in our hearts, will bind us together forever. Best wishes in the future to all of you. To Antarctica and beyond.



Mr. Bishnauth Shewprasad

Mr. Shewprasad- a sweet, calm, caring colleague; an extraordinary, loving, amazing teacher that Westview Centennial S.S. was blessed and lucky to have had for more than two decades! Mr. Shewprasad's passion and love for teaching went above and beyond the call of his duties! He is well respected by many students and staff for his dedication to this profession. Former students come back year after year to visit him, speak volumes of how remarkable and devoted a teacher he was. His constant support, with a big smile for both staff and students, will be greatly missed. We will miss you dearly for years to come! Do enjoy a most deserved retirement Mr. Shewprasad. Thank you once again for your guidance, love, and friendship. On behalf of our math department- Anh Lam & Duncan Vu.



Mr. Steven Silverberg

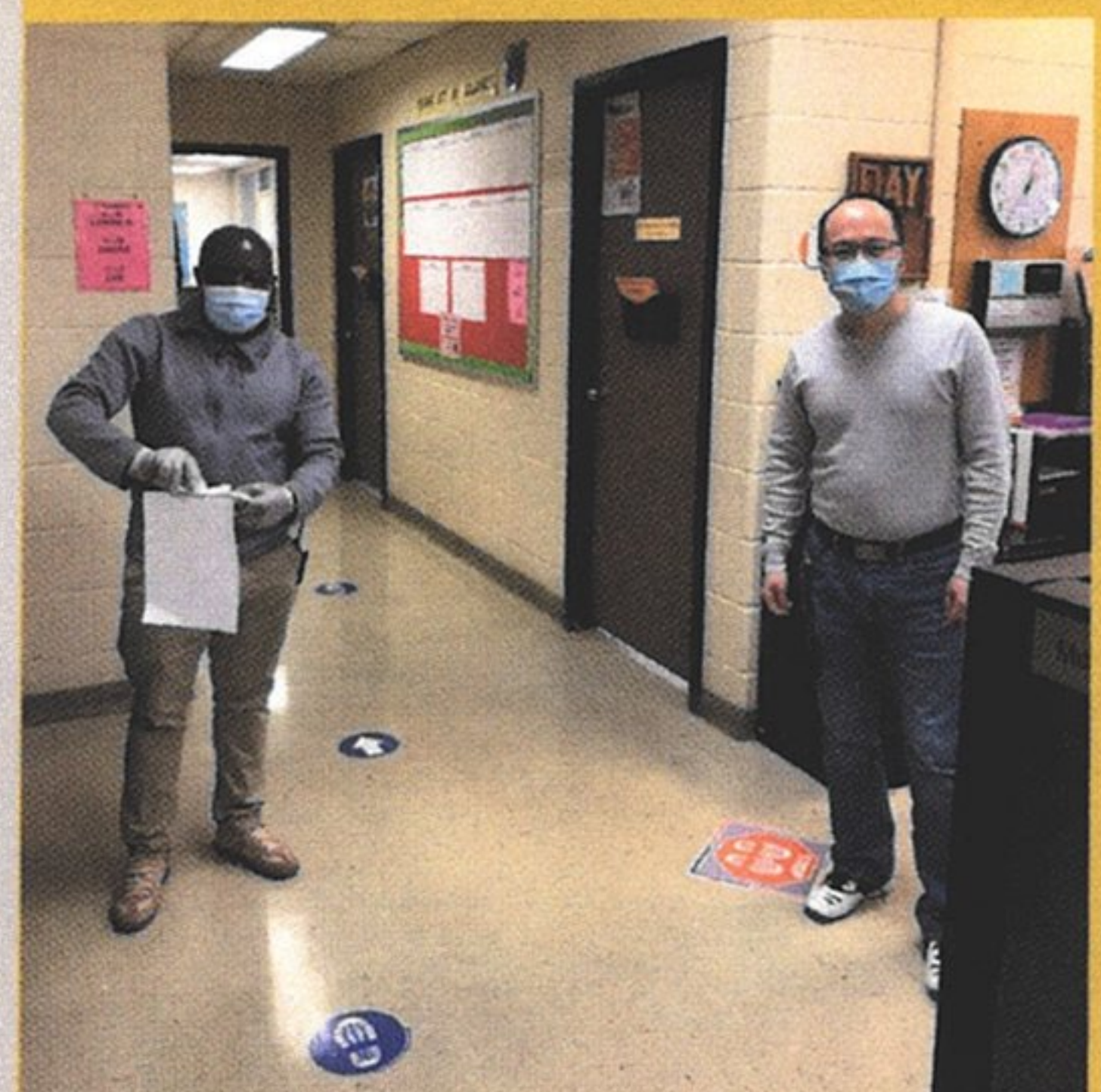
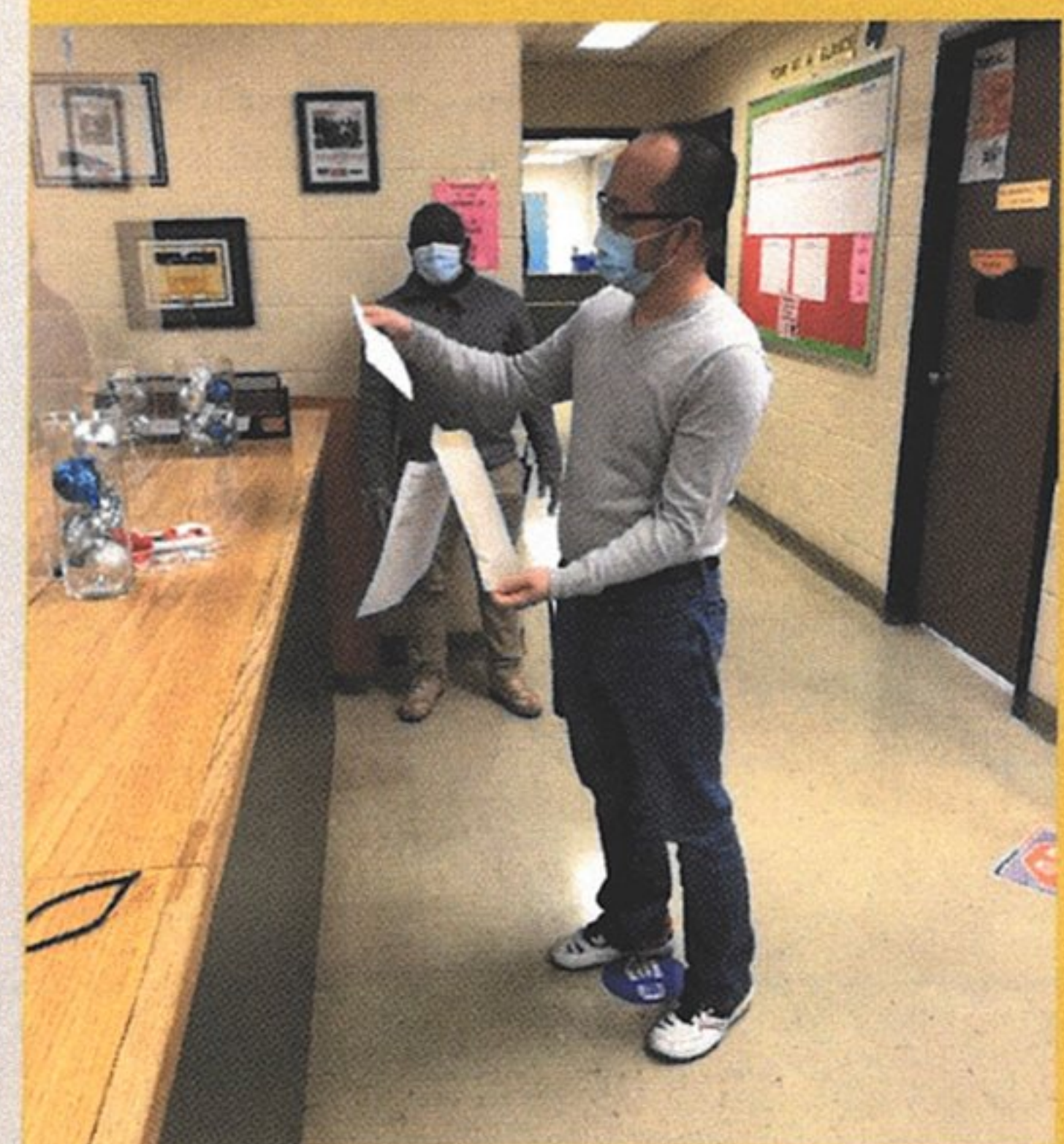
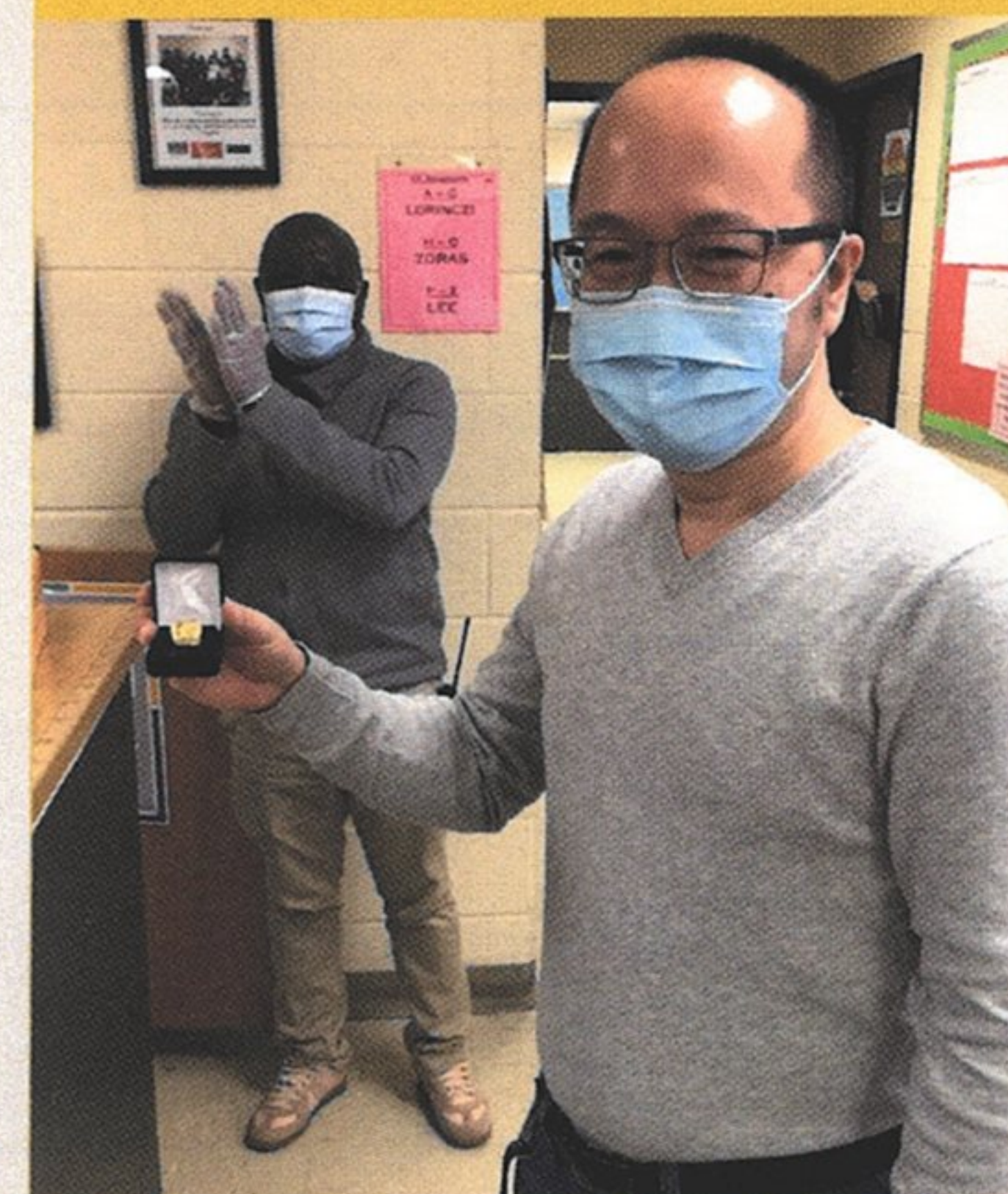
'My best wishes to everyone involved in the future of education at Westview. Whatever I gave in my career at Westview, I received more in return. Thanks to all my colleagues and students for their love. God bless.'

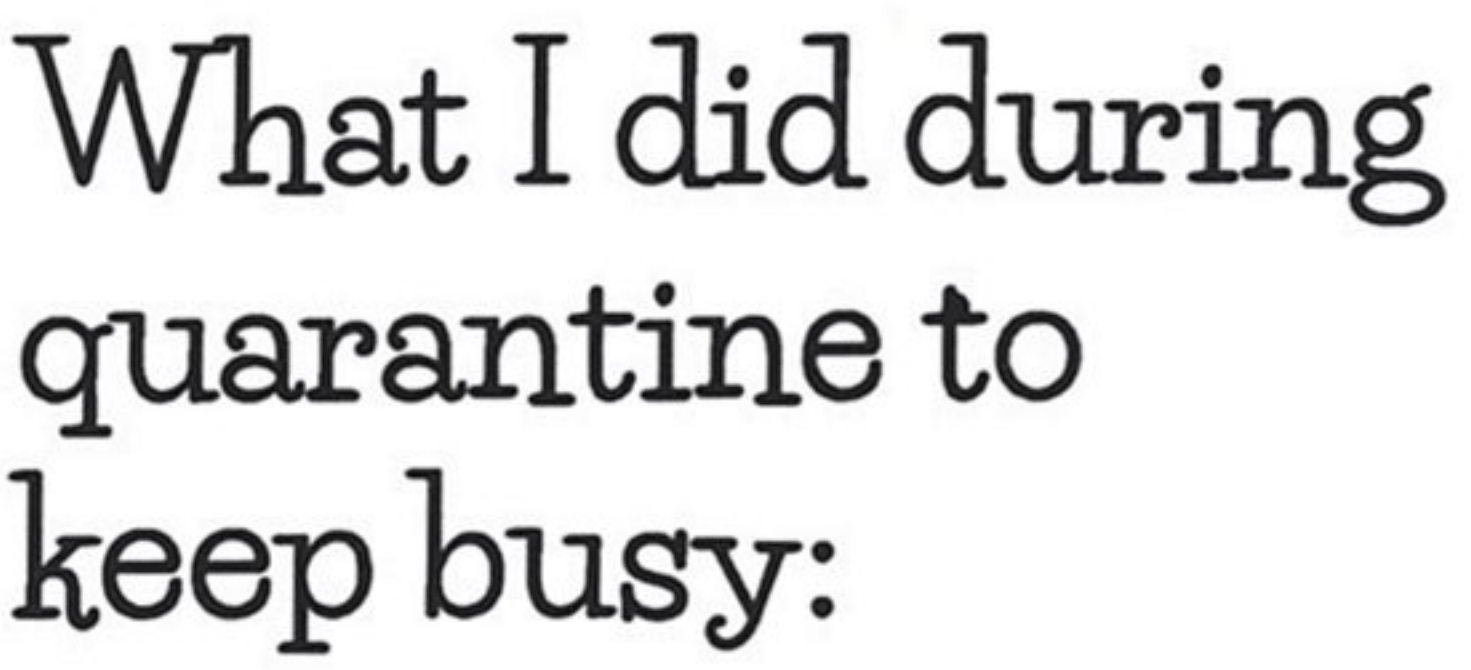
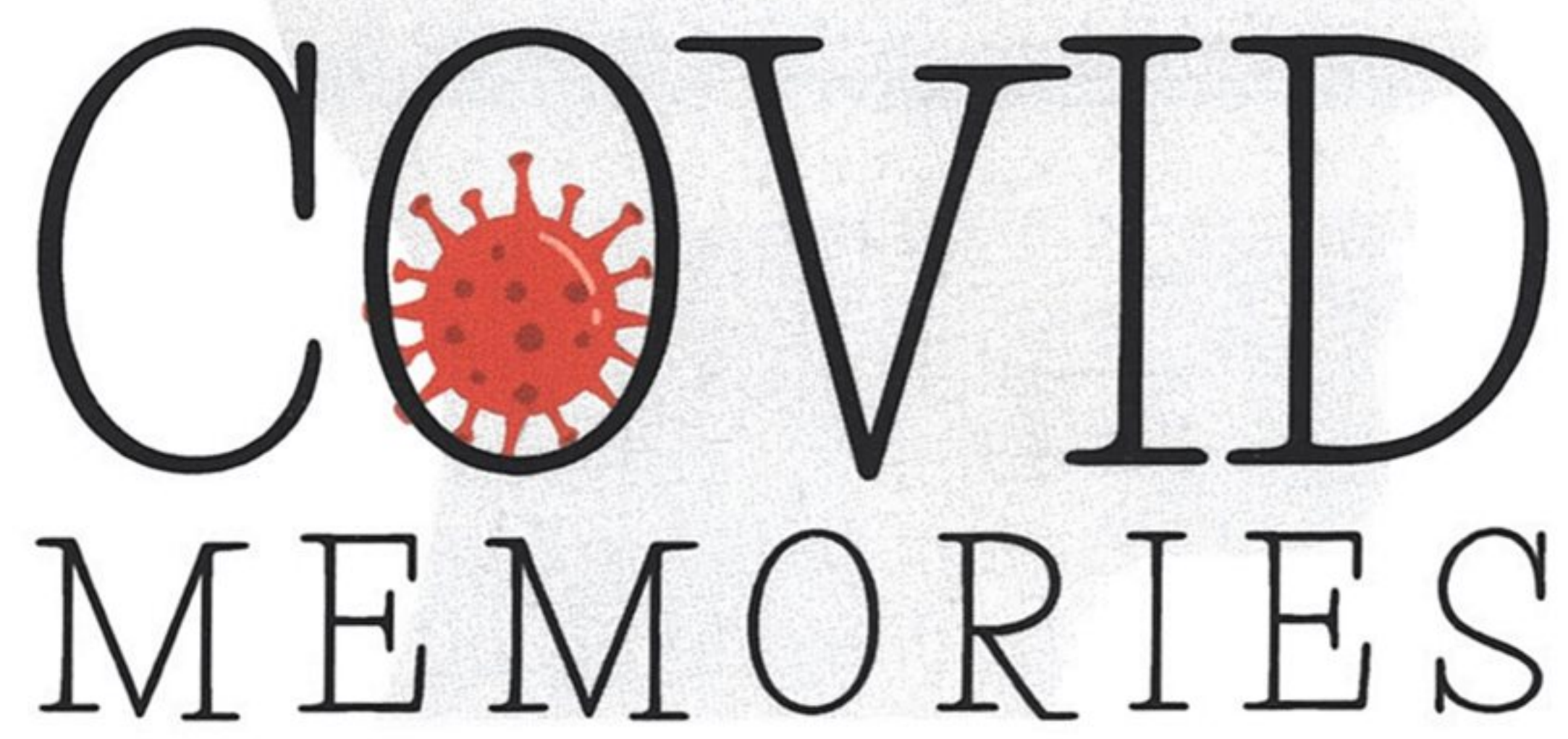
On the students behalf: THANK YOU TO A GREAT COACH AND MENTOR TO THE MANY STUDENT-ATHLETES THAT HAVE WALKED THE HALLS OF WESTVIEW! There is no doubt that your guidance has helped our students to be better people today. Thank you for being a caring friend and a well-sourced of knowledge on the many daily topics! Enjoy your well-deserved retirement.

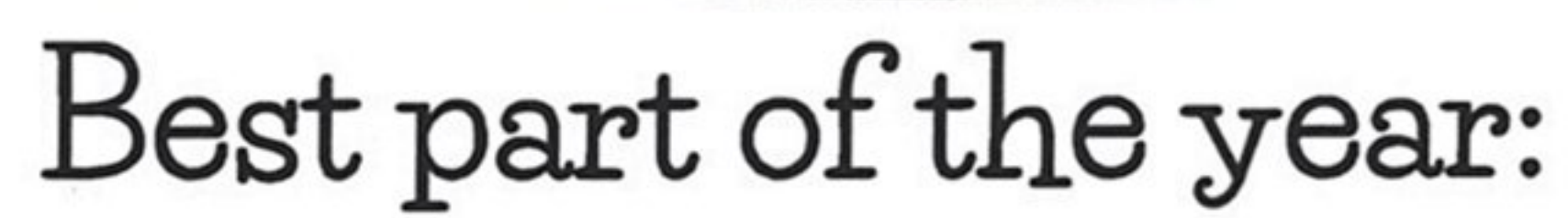
On behalf of our Math department- Anh Lam & Duncan Vu

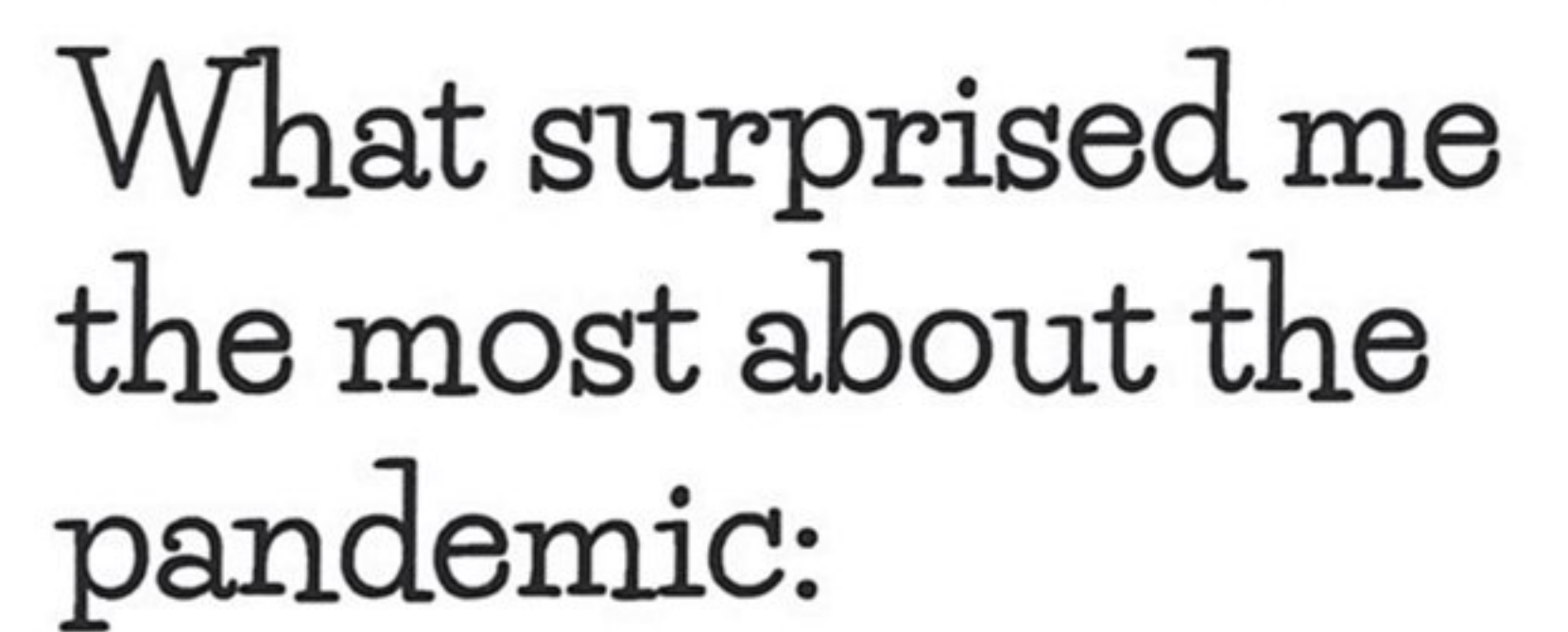
Years of Service Acknowledgement

In November Mr. Vu was recognized by the School Board for his 25 years of service. Congratulations Mr Vu!



This image shows a single page of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has a slightly textured appearance and some minor discoloration or faint smudges, particularly near the top edge. The overall tone is off-white or light cream.



[illegible]This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 10 visible lines. A small, faint yellowish mark is present near the top left, and a tiny dark speck is located near the center of the page.



NOW

YOU

SEE

US